BYLAWS & ELIGIBILITY STANDARDS

NYSPHSAA, Inc.
BYLAWS and ELIGIBILITY STANDARDS

These standards are the rules of the New York State Public High School Athletic Association, Inc. and apply to grades 9-12. Athletes must meet all standards of eligibility for practice and competition. "All schools agree to abide by the minimum eligibility rules adopted by the Central Committee in all interscholastic competitions." – NYSPHSAA, Inc., Constitution, Article II. (2). They are effective August 1, 2014.

1. AGE AND GRADE: Regulation of the Commissioner of Education: A student shall be eligible for interschool competition in grades 9, 10, 11 and 12 until his/her nineteenth birthday. If the age of nineteen years is reached on or after July 1, the student may continue to participate during that school year in all sports. NOTE: Students may be eligible regardless of age or grade if they have been approved through the State Education Department’s Selection/Classification Program. The 15 year old below the 9th grade needs only to meet selection/classification maturity standards to be eligible at the high school level. (Duration of Competition #8)

   Reporting Procedure: All violations shall be reported to the League and Section.

2. AMATEUR:
   a. A student who represents a school in an interscholastic sport shall be an amateur in that sport. An amateur is one who engages in athletic competition solely for the pleasure of the activity and for the physical, mental, and social benefits derived from participation. When competing in non-NYSPHSAA sponsored events, an athlete forfeits amateur status in a sport by:
      1. Competing for money or other compensation (allowable entry fees, travel, meals, and lodging expenses may be accepted.)
      2. Receiving an award or prize of monetary value which has not been approved by this Association. NOTE: Only awards or prizes having a monetary value of two hundred fifty dollars ($250) or less per competition will be approved by the Association. When honoring student-athletes for success in NYSPHSAA sponsored championship events, Boards of Education are encouraged to approve limited awards that are appropriate to high school level competition.
      3. Capitalizing on athletic fame by receiving money or gifts of monetary value (scholarships to institutes of higher learning are specifically exempted).
      4. Signing a professional playing contract in that sport.
      b. Instructing, supervising, or officiating in any organized youth sports program, recreation, playground, or camp activities will not jeopardize amateur standing. Receiving compensation for officiating shall not affect amateur standing.
      c. A student who violates the above rule may apply to the league or to the designated body within that section for reinstatement one year from the date of the latest violation.

   Reporting Procedure: All violations shall be reported to the League and Section.
3. **APPEAL PROCEDURE:** The NYSPHSAA, Inc. is an association of member schools. Therefore, appeals will only be entertained from school, leagues and sections.
   
a. All questions of eligibility and all questions regarding the implementation of the rules and regulations of the NYSPHSAA, Inc. or of any of its subdivisions shall be referred to the league president for a decision unless the league provides for another method for reaching a decision. The league shall be guided by the constitution, bylaws, rules, regulations, and sports standards of the league, the section, and the association. A school which does not belong to a league may apply to the section president for a decision. All appeals are to be in writing and are to be initiated at the league level. **NOTE:** While an appeal is being processed a student(s) may participate in practice sessions commencing from the date the appeal was filed. It is provided, however, that all questions pertaining to general eligibility involving a Sectional activity shall be taken directly to the Athletic Council or its designee: and it is provided further, however, that during regional and state championship activity, all questions concerning the rules and regulations of the NYSPHSAA, Inc. and questions of general eligibility shall be referred to the Executive Director of the NYSPHSAA, Inc. or his or her designated representative for such contest if he or she is unavailable. Because of time constraints, the decision of the Athletic Council or the Executive Director as the case may be, will be final with no right of formal appeal to the Appeal Panel or other administrative body. Any and all questions and/or protests as to game/meet rules or as to the conduct of the game or meet shall be heard and decided by the game/meet committee established by that Section or State Sport Championship Committee as the case may be; and all such decisions shall be final with no right of appeal.
   
b. Appeals from the decision of league presidents and section presidents may be made to the Athletic Council which will review the evidence, may hear arguments, and shall have the power to affirm, reverse, or modify the decisions of the league or section president. The decisions of game officials shall be final unless the individual league or section has made provisions for review. In any event, the Appeal Panel will not review any such decisions.
   
c. An appeal from the decision of the athletic Council may be taken to the Appeal Panel of the NYSPHSAA, Inc., which shall review the evidence, may hear arguments, and shall have the power to affirm, reverse, or modify the decision of the Athletic Council. Such decisions shall not be reversed or modified unless the Appeal Panel finds that:
   1. The decision of the Athletic Council clearly is contrary to the evidence presented.
   2. The facts found by the Athletic Council constitute a violation of the Association’s Constitution, standards or rules, or Regulations of the Commissioner of Education, or
   3. A procedural error affected the reliability of the information that was utilized to support the finding of the Athletic Council.
d. An aggrieved party shall be one or more member schools of the NYSPHSAA, Inc., and the notice of appeal shall be signed by the chief school officer of the schools involved. The aggrieved party must notify the Executive Director of the NYSPHSAA, Inc., of its intention to appeal to the Appeal Panel not later than fifteen (15) calendar days from the date the aggrieved party received written decision of the Athletic Council and submit a statement indicating whether the aggrieved party desires to submit its appeal in writing only or whether they desire to make oral argument by either telephone conference call or in person. A filing fee of $200.00 must be received from the aggrieved party prior to the appeal hearing. The Executive Director of the NYSPHSAA, Inc., shall notify the parties of the date by which written presentation must be submitted and the date, place and time for any oral arguments.

A written brief shall contain: 1) A table of contents, 2) A concise statement of the nature of the appeal and the questions involved, 3) A concise statement of the facts with the supporting references to the transcript of any proceedings had or to a summary of the proceedings as submitted by the recording secretary if there be no transcript, 4) The arguments, which shall be divided into points by appropriate and distinct headings, 5) Exhibits, if any.

e. The Appeal Panel shall be comprised of three persons consisting of the NYSPHSAA, Inc., current past president, who shall serve as chairperson, one representative from the coordinators of a sectional appeals committee, and one representative from section executive directors/secretaries. Should a representative from any of these categories be unable to serve, the Executive Director of NYSPHSAA, Inc., and/or Counsel shall serve in an ex-officio capacity.

f. Expenses incurred by the Appeal Panel members shall be shared in the following manner: One-fourth from the NYSPHSAA, Inc., one-fourth from the section involved and one-half from the appellant. Expenses include all necessary and customary travel expenses, including, but not limited to mileage, lodging and meals. When telephone conference calls are requested a fee of $300 will be paid in full by the appellant (Jan. 2012).

g. If a section is involved in an appeal, no representation shall be selected from that section.

h. The decision of the Appeal Panel shall be the final administrative appeal through the NYSPHSAA, Inc., and shall be final.
i. Any member school which institutes an unsuccessful legal action or appeal to the courts or the Commissioner of Education to overturn, stay or enjoin an eligibility ruling or a rule or rules of the NYSPHSAA or its subdivisions will be liable for reasonable costs and attorney fees incurred by the NYSPHSAA, section(s) or leagues in defending against such action. Further, should the Association or its subdivisions be forced to initiate legal action to collect the aforementioned costs and attorney fees, the member school shall be additionally liable for the Association’s reasonable costs and attorney fees resulting from the collection action and shall be deprived of all rights to participate in any post schedule championship conducted by the NYSPHSAA or its sections.

Any member school which does not make final payment of costs and fees by June 30 of that year shall be denied membership in the Association.

j. Eligibility Standards may be made more restrictive by individual sections. Any appeal involving a more restrictive standard shall not be heard by the Appeal Panel and the decision of the section shall be final. NOTE: If a school, League, or Section becomes a plaintiff or defendant in litigation based on the enforcement of its own rules, NYSPHSAA, Inc., rules, or the Regulations of the Commissioner of Education, this Association offers consultative legal advisement. Requests for consultation are to be directed to the President or the Executive Director, who may refer the question to Counsel. The authorization for payment of legal fees for representation by this Association is limited to actions in which the NYSPHSAA, Inc. is the primary defendant or respondent. After the local action is completed, the Association may offer to appear amicus curiae during Appellant Review.

4. **APPROVED OFFICIALS:** Officials shall qualify through completion of the Officials’ Five Point Program. Each approved official shall:

1. Observe the constitution and bylaws of their local and state official’s organization.
2. Attend interpretation meetings and clinics of the local organization each year.
3. Give satisfactory evidence of proficiency in the mechanics of officiating and of competent performance related to the specific sport.
4. Pass the National Federation State, or other approved rules examination.
5. Be listed with the NYSPHSAA, Inc., Executive Director.

NOTE: To insure quality competitive experiences, the selection and assignment of officials must provide priority to competent officials (those who have been trained and tested in the approved rules and regulations of the specific game to be officiated). (See OCF section of the Handbook)
5. **ASSUMED NAME:** Participating under an assumed name in any athletic contest shall make the student/athlete ineligible for the remainder of that sport season. The Section may extend the period of ineligibility in that sport to one year from the date of violation. The coach responsible for the student’s participation will be ineligible to coach for the remainder of the season and furthermore, the Section may extend the period of ineligibility as deemed appropriate.

6. **BONA FIDE STUDENTS:** *Regulation of the Commissioner of Education:* A contestant must be a bona fide student of the high school represented and must be taking at least four subjects including Physical Education. A foreign exchange student may be considered a bona fide student if all of these eligibility rules are satisfied. A student in an education program in two schools may represent only the home school. NOTE: A student in shared services, part-time or full-time program, taking the equivalent of four subjects including Physical Education, is considered as being registered in the home school. Exceptions for special cases must be approved by League and Section.

   A student who satisfies all eligibility standards, enrolled in the equivalent of three requirements for graduation, may be enrolled in one or more college courses for advance placement. The student must be earning a minimum of three high school credits and Physical Education to be eligible.

   For assistance in determining the eligibility of students enrolled in a GED program, please contact the NYSPHSAA office.

   Students may only be selectively classified into a member school. Furthermore, to be eligible to be selectively classified into a member schools’ athletic programs a student must be registered in that school district.

**COMBINING OF TEAMS** - The joining together of students from two or more member schools in the same district or close proximity to form a single team shall be permitted subject to the following conditions:

1. Permission must be obtained from their league and section on an annual basis.
2. Section approval must be reported to the NYSPHSAA, Inc., Executive Committee.
   NOTE: If a combined school team goes beyond sectional level competition their boys and girls grade 9-11 enrollment shall be combined, using the below criteria, for state level competition. (2015-16 and 2016-17)
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a. The school(s) with the higher (est.) classification number will have a percentage of the other school(s) classification number added according to the graduated scale below. The percentage is dependent upon the association’s “5 sport classification cut-off numbers”.

<table>
<thead>
<tr>
<th>Class AA</th>
<th>Class B</th>
<th>Class D</th>
</tr>
</thead>
<tbody>
<tr>
<td>50%</td>
<td>30%</td>
<td>20%</td>
</tr>
</tbody>
</table>

Class A = 40%
Class C = 30%

3. Section shall determine the deadlines for schools to merge or demerge programs.

4. If a non-public school is part of the merger, the “merged” team may be subject to the Section’s Classification of Non-Public School Committee.

Reporting Procedure: All violations shall be reported to the League and Section.

7. COLLEGE: A student is no longer eligible to represent the school in that sport in that season if the student participates in practice or competition with or against any individual or team(s) representing a college that season. Prior to completion, the NYSPHSAA Executive Director may grant an exemption of the College Rule for an individual sport athlete when vying for a standard that would qualify them for the Olympic trials and/or Olympic Games when this opportunity is not offered through the New York State Public High School Athletic Association and/or the National Federation of State High School Associations. The exemption would permit a student to participate as an "unattached" individual with no affiliation to their school team in a competition against open and college competitors in an approved competition set forth by the Olympic Committee without violating the College Rule. (Jan. 2012)

Reporting Procedure: All violations shall be reported to the League and Section.

8. DURATION OF COMPETITION: Regulation of the Commissioner of Education: A pupil shall be eligible for senior high school athletic competition in a sport during each of four consecutive seasons of such sport commencing with the pupil’s entry into the ninth grade and prior to graduation, except as otherwise specified by the Commissioner Regulations. A pupil enters competition in a given year when the pupil is a member of the team in the sport involved, and that team has completed at least one contest. The eligibility for competition of a pupil who has not attained the age of 19 years prior to July 1 may be extended under the following circumstances.

i. If sufficient evidence is presented by the chief school officer to the section to show that the pupil's failure to enter competition during one or more seasons of a sport caused by illness or accident beyond the control of the student, such pupil's eligibility shall be extended accordingly in that sport.
In order to be deemed sufficient, the evidence must include documentation showing that as a direct result of the illness or accident beyond the control of the student, the pupil will be required to attend school for one or more additional semesters in order to graduate.

**Appeals should be filed with the Section office.**

ii. If the chief school officer demonstrated to the satisfaction of the section that the pupil’s failure to enter competition during one or more seasons of a sport is caused by such pupil’s enrollment in a national or international student exchange program or foreign study program, that as a result of such enrollment the pupil will be required to attend school for one or more semesters in order to graduate, and that the pupil did not enter competition in any sport while enrolled in such program, such pupil’s eligibility shall be extended accordingly in such sport.

**Appeals should be filed with the Section office.**

9. **FOREIGN STUDENTS and INTERNATIONAL STUDENTS:**
   The following criteria apply to all Foreign Exchange and International students:
   
   1. Students who have been graduated from the secondary school system in their country are ineligible for the interschool athletic program.
   2. No member of the school’s coaching staff or athletic director, paid or voluntary, shall serve as a host family. School districts may apply to the Section for a waiver if the student is living with a member of the school’s coaching staff or athletic director and if the student has not played the sport competitively.
   3. There shall be no evidence that a student, school or other interested party has influenced the assignment of the foreign exchange or international student to a school for athletic purposes.
   4. Students must possess the appropriate visa.
   5. The foreign exchange and international student must comply with all other NYSPHSAA and NYSED eligibility requirements.

   In addition to the aforementioned criteria, the following applies to:

   **A. FOREIGN EXCHANGE STUDENTS** - All Foreign Exchange Students must be reported to the Section office using the appropriate form. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval from the Section.
   1. Foreign Exchange Student definition: A foreign exchange student is a student that is enrolled in a NYSPHSAA member school that is a participant in a foreign exchange program. The foreign exchange program may or may not be accepted for listing by the CSIET.
a. A bona fide Foreign Exchange student may be immediately eligible the first year in residence and be limited to one year eligibility provided the student (a) is a participant in an established foreign exchange program accepted for listing by the Council of Standards for International Travel (CSIET) and (b) complies with all State Education Department and NYSPHSAA, Inc., standards. Students that are not in an approved CSIET program are subject to the Transfer Rule. NOTE: CSIET list is available at www.nysphsaa.org

b. There shall be no evidence that a student, school or other interested party has influenced the assignment of the foreign Exchange student to a school for athletic purposes. The foreign exchange program must assign students to host families by a method that ensures that no student, or his/her parents, school or other interested party may influence the assignment for athletic or other purposes. The Foreign Exchange student may not be selected or placed on any basis related to his/her athletic interests or abilities. School districts will be notified by NYSPHSAA if a student is considered to be a "Direct Placement" by CSIET standards. Those Foreign Exchange students who are Direct Placements are subject to the Transfer Rule #30

B. INTERNATIONAL STUDENTS - When needed, International students must receive a waiver of the Transfer Rule to be eligible to practice or compete. Schools must submit the required transfer form to the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval.

1. International Student definition: An International student is a student that is enrolled in a NYSPHSAA member school, who is not enrolled in a foreign exchange program nor living with his/her parents (or other persons with whom the student has resided for at least six months prior).

a. All international students are considered to be transfer students. Eligibility is determined under the transfer rule. NOTE: If an International student has participated in an organized sports program in a particular sport, equivalent to or on a higher level than our high school programs, he/she is ineligible to participate in that sport for one year.

b. There shall be no evidence that a student, school or other interested party has influenced the assignment of the International student to a school for athletic purposes:

NOTE: Noncompliance with one or more of the foregoing provisions shall render the Foreign Exchange or International student ineligible for interscholastic athletics at any high school which is a member of the NYSPHSAA. (2010)
10. HEALTH EXAMINATION: Regulation of the Commissioner of Education: A student who may engage in interschool competition shall receive an adequate health examination and health history update when required, and may not practice or participate without the approval of the school medical officer. NOTE: Physicals for participation in school sports may be scheduled at any time during the calendar year. The results of the physical shall be valid for a period of 12 months during the last day of the month in which the physical was conducted. Unless the medical examination is conducted within 30 days of the start of a season, a health history update is required. Any pupil, whose safe participation is in question as a result of the health history interview, or injury, or prolonged absence, must be prequalified by the school physician prior to participation. If the 12-month period for the physical expires during a sports season, participants may complete the season as long as a health history was conducted prior to the season. For example, a physical conducted on August 1 would be valid through August 31. If a student plays beyond August (ex. football), the student may complete that sports season as long as an interval health history was conducted before the start of the season. Immediately following the last sanctioned tournament competition for that season, a new physical is required if the student is going to play another sport. Sport season includes tryouts. NOTE: The Handbook Committee recommends that each incidence of prolonged absence should be reviewed individually by the coach and the athletic director, consulting with the school physician when necessary, and a reasonable amount of practice time and playing time be established based on the athlete's readiness for safe return to competition.

11. INTERNATIONAL CONTESTS: Member schools may sponsor contests for their athletic teams with foreign countries secondary school teams for the purpose of cultural exchange and competition under the following conditions:

a. League, Conference and Sectional schedule may not be altered to accommodate such a contest.
b. Teams with whom contests are scheduled must be comprised of players comparable in ages to our senior high school level.
c. All competitors on the New York State high school team must be eligible according to NYSPHSAA Inc. regulations.
d. All contests must be scheduled according to appropriate sport standards.
e. No such competition may take place four weeks prior to the starting date of that sport season as established by the Section.
f. The number of organized practice sessions in preparation for international competition shall be restricted to the number required before a first contest in that sport.
g. The Section must approve the plans and the NYSPHSAA, Inc., Executive Director must be notified at least sixty days prior to the scheduled departure.
h. When hosting an international contest, sanctioning request forms must be initiated by the host member school through NFHS (www.NFHS.org). One application per state will be filed when a foreign team tours and plays more than one school.

i. When hosting an international contest, the contest must be conducted within the school’s sport season as established by its Section Athletic Council and must be counted as one of the maximum number of contests. The hosting of a scrimmage with a foreign school’s team does not require sanctioning. It is the school’s responsibility to determine that the criteria listed in this section and Eligibility Standard #12; Interschool Scrimmage/Practice Sessions satisfied.

j. A complete report, including a detailed financial statement, involving all phases of the competition shall be filed with the NFHS and the State Association within thirty (30) Days following final competition.

National Federation Sanction is necessary for international competition. Forms for requesting this sanction must be completed online using the NFHS web site (www.NFHS.org/scanctioning) and must be filed 60 days prior to date of competition.

12. INTERSCHOOL SCRIMMAGE: A scrimmage is a practice that is a SIMULATED CONTEST. In scrimmages: (a) both squads use the same field simultaneously with both coaches making corrections and giving instructions, (b) GAME RULES MUST BE ALTERED - SEE SPORT SPECIFIC REQUIREMENTS (High School Sport Standards), (c) no official score is kept, (d) time period(s) are defined in the Sport Standards section of the NYSPHSAA Handbook, (e) no admission is charged. The use of officials would be permitted and encouraged whenever possible for the purpose of instruction regarding the rules and proper application of rules.

13. INTERSTATE CONTESTS: Sanctioning is a means of encouraging well-managed competition. The sanctioning program has the primary purpose of protecting the welfare of high school students. A secondary purpose of the sanctioning program is to protect the existing programs sponsored by member schools. Schools may obtain information regarding the sanctioning process and print Application for Sanction forms (NYSPHSAA or NFHS applications) from the NYSPHSAA web site (www.nysphsaa.org).

a. When schools schedule interscholastic contests with schools in other states, each school will observe its own state regulations and standards of eligibility.

b. No member school will engage in athletic competition, scrimmage and/or practice with an out-of-state school which is not a member in good standing of its respective state high school athletic association or has not been approved by the respective state association if the school is ineligible to join. Furthermore, member schools will not compete in any interstate contest which is sponsored solely by an outside agency. For dual contests it is the school’s responsibility to determine that these criteria are satisfied.
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c. A member school wishing to host a contest involving an out-of-state school must file an application for Sanction for any contest involving four or more schools, or any contest involving three or more states. Timeline, application fee and application form information is available on the NYSPHSAA web site, www.nysphsaa.org.
d. A member school planning to participate in an interstate contest involving four or more schools, or any interstate contest which is co-sponsored by an organization other than a member high school, must give notice of entry to the NYSPHSAA, Inc., office so that the school may receive verification that the contest has been sanctioned. NOTE: Failure to comply with the above regulation may cause a team or individuals to be ineligible from that date of participation for the remainder of that sport season.

NOTE: NYSPHSAA will approve events that have non-member schools participating provided there can be no direct competition with a non-member school.

14. MIDDLE OR JUNIOR HIGH SCHOOL: Member schools with students in grades 7, 8, or 9 have agreed to abide by the rules of our Modified Programs. Situations not covered in the Modified Rules will follow the high school standards.

15. MIXED COMPETITION: Regulation of the Commissioner of Education. Male and female pupils on interschool athletic teams. See Commissioner Regulation.

a. Equal opportunity to participate in interschool competition either on separate teams or in mixed competition on the same team shall be provided to male and female students, except as hereinafter provided. In schools that do not provide separate competition for male and female students in a specific sport, no student shall be excluded from such competition solely by reason of sex except in accordance with the provision of sub clauses (b) and (d) of this clause. For the purpose of this clause, baseball and softball shall be considered to constitute a single sport.

b. In the sports of baseball, basketball, boxing, field hockey, football, ice hockey, lacrosse, rugby, soccer, softball, speedball, team handball, power volleyball where the height of the net is set at less than eight feet, and wrestling, the fitness of a given student to participate in mixed competition shall be determined by a review panel consisting of the school physician, a physical education teacher designated by the principal of the school and if requested by the parents of the pupil, a physician selected by such parents. Such panel shall make its determination by majority vote of the members, and in accordance with standards and criteria issued by the department.

c. Where a school provides separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, may permit a female or females to participate on a team organized for males. However, where separate competition is provided, males may not participate on teams organized for females. NYSPHSAA NOTE: This clause is to meet the needs of the exceptionally talented girl.
d. Where a school does not provide separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, or the section may decline to permit a male or males to participate on a team organized for females upon a finding that such participation would have a significant adverse effect upon the opportunity of females to participate successfully in interschool competition in that sport.

*The NYSPHSAA requires that the names of girls and boys who participate on a team of the opposite sex be submitted to the league and section before any interschool contest in that sport. Teams with multiple representations of boys and girls must be declared either a girls' or a boys' team by their schools, prior to the first competition.*

NOTE: Teams organized for one sex may only practice and compete against teams of that same sex. Furthermore, once an individual competes on a team for one sex during a season, he/she may not compete for or against a team organized for the other sex during that season. (Representation #25)

16. NATIONAL TEAM/OLYMPIC DEVELOPMENT PROGRAMS: A student may participate as an individual as a member of a National Team or in an Olympic Development Program during the school year. To participate in NYSPHSAA programs in that sport, individuals must meet the sports' standards.

17. NON-FEDERATION MEMBER SCHOOLS: No scrimmage or game shall be played with other than public and those private and parochial schools that belong to the New York State Federation of Secondary School Athletic Associations. Verification of membership may be secured from the NYSPHSAA website (www.nysphsaa.org).

All other schools which are registered with the State Education Department shall apply for Friends and Neighbors status to be eligible to compete with NYSPHSAA, Inc., member schools. Applications must be processed through the Sectional Athletic Council in which the school is located. The application shall contain the agreement to abide by the NYSPHSAA, Inc., rules and will be signed by the applicant. The application, with an administrative fee of two hundred dollars, shall be forwarded by the Section Secretary to the Executive Director of the State Association with recommendations and substantiating statements for or against approval. The State Executive Committee shall make the final determination. Approval shall only be for a period of two years at which time schools may reapply for Friends and Neighbors status. **NOTE:** 1) Friends and Neighbors schools may compete against NYSPHSAA, Inc., member schools only through the league level of play. 2) Friends and Neighbors schools are eligible to compete with NYSPHSAA, Inc., member schools in all Sections excluding post-scheduled contests. 3) The two hundred dollar fee is payable every year.
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18. OUTSIDE AGENCIES: Cooperation is permitted with any organization, college, or university, which may offer encouragement and/or the use of facilities for competition. An application form must be submitted to the Section Athletic Council prior to the planning of a contest. Approval may be given if these conditions are satisfied:

1. A school, league, Section or the Association must cosponsor the activity.
2. Secondary school personnel shall be responsible for planning and for conducting the activity.
3. The contest shall be developed with due regard for health and safety standards as set forth by the Commissioner's Regulations, and policies and standards of the NYSPHSAA, Inc.
4. Insurance shall be provided which will protect the participants in case of injury and the organization or institution against liability.
5. The philosophy and standards which are to be followed shall be consistent with those listed in the NYSPHSAA, Inc., HANDBOOK.
6. Financial arrangements are to be clearly specified in the application for approval.

19. PENALTIES:

a. If a school uses an ineligible student in any interscholastic contest, such contest shall be forfeited to the opposing schools. In individual sports, the use of an ineligible player would result in the contest being forfeited, however, the performances and outcomes of the other individuals would stand.

b. Procedures to address forfeitures during post schedule tournaments shall be as follows:

1. Team Sports: Participation by an ineligible player or team in any post schedule tournament game (sectional, intersectional, regional, semifinal or final) shall result in forfeiture of that game. At the time of discovery the school declared ineligible will be disqualified from the tournament immediately and their last opponent will advance in their place. Schools eliminated prior to the last opponent will not reenter tournament competition.

2. Individual Sports: Participation by an ineligible contestant in any post schedule tournament competition (sectional, intersectional or state championship) shall result in the forfeiture of that competition. The contestant will be disqualified from the tournament immediately and his/her last opponent will advance in their place. Individuals eliminated prior to the last opponent will not reenter the tournament competition.

c. If an individual or team exceeds the maximum number of contests permitted, the penalty is team ineligibility from the date of violation for the rest of the season. In the sports of wrestling, cross country, indoor track and outdoor track, swimming and diving when an individual exceeds the maximum number of contests, only the individual would no longer be eligible for that season. When an athlete exceeds the maximum number of contests the level in which the student-athlete participated as an ineligible competitor will be affected.
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d. For any violation of eligibility or sports standards a school authority may be censured, placed on probation, or suspended by the Section Athletic Council.

e. *Consistent with good ethical standards the prompt reporting of the knowledge of an infraction shall be made to the proper authorities in writing.*

f. *School Districts may appeal to the Section to gain relief from the prescribed penalty if the violation of eligibility standards resulted from circumstances out of the District’s control.*

g. If a coach/supervisor violated the NYSPHSAA Code of Conduct the following actions will be taken:

1. The school and Section will be notified immediately.
2. Documentation of the incident will occur.
3. A recommendation from the Section for disciplinary action will be given.

If a student or team is ineligible according to NYSPHSAA, Inc., Bylaws and Eligibility Standards or Commissioner’s Regulations but is permitted to participate in interschool competition contrary to such rules but in accordance with the terms of a court restraining order or injunction against his/her school and/or the NYSPHSAA Inc., and side injunction is subsequently voluntarily vacated, stayed, reversed, or finally determined by the courts that injunction relief is not or was not justified, any one or more of the following actions may be taken against such school in the interest of restitution and fairness to competing schools.

1. Require that individual or team records and performances achieved during participation by such ineligible student shall be vacated or stricken.
2. Require that team victories shall be forfeited to opponent.
3. Require that team or individual awards earned by such ineligible student be returned to the Association.

**20. POST-SCHEDULE:** No team or individual student may represent its school in any post-schedule contest other than those conducted by school or State Association authorities in accordance with approved standards. NOTE: If contests are within the season established by the Section, within the maximum number allowed and conducted by school authorities, they are allowed.

**21. POST SEASON:** No team, or individual student, may represent its school in any post-season games, meets, or tournaments.
22. PRACTICE SESSIONS: Athletes must meet all Standards of Eligibility to participate in practice.

a. An organized practice in grades 7-12 is a session for the purpose of providing instruction and practice in physical conditioning activities, skills, team play, and game strategy designed expressly for that sport under the supervision of a qualified coach appointed by the Board of Education of the local school district. Such instruction and practice shall be held only during the season designated for that sport. Athletes who switch from a contact/collision or limited contact/impact sport to a strenuous/non-contact or non-strenuous/non-contact sport are permitted to count conditioning practices toward their new sport as follows:

1. Sports with less than ten (10) practices for the individual before the first contest will be allowed to carry over three (3) days.
2. Sports with ten to fifteen (10-15) practices for the individual before the first contest will be allowed to carry over four (4) days. (Contact/collision or limited contact/impact sports include field hockey, football, ice hockey, lacrosse, soccer, wrestling, basketball, baseball, softball, diving, gymnastics, skiing, and volleyball. Strenuous/non-contact or non-strenuous/non-contact sports include cross country, track and field, swimming, tennis, bowling, golf, and riflery.)

NOTE: Athletes whose seasons are lengthened due to participation in NYSPHSAA Regional and Championship contests are allowed to count conditioning practices towards their new sports as follows: 1) sports with less than ten (10) practices for the individual before the first contest will be allowed to carry over three (3) days; 2) sports with ten to fifteen (10-15) practices for the individual before the first contest will be allowed to carry over four (4) days.

b. No student or team may be permitted to participate in school organized practice or play on seven consecutive days during the regular season. Specifically, during the regular season, physical and/or instructional activities related to the sport on seven consecutive days are prohibited. NOTE: Any contests leading up to Sectional play is considered regular season." Only one practice session a day and only six days of a calendar week may be counted toward the total practice sessions required. A practice session conducted on the same day as a game cannot be counted to meet the minimum practice requirement to be eligible for that day’s contest. All required practice sessions shall be organized and planned for a reasonable length of time and shall include vigorous activity specific to the sport for the purpose of improving the physical condition of the players. Each of the required number of practices for an individual must include vigorous activity; however, practice sessions required for the team beyond those needed by the individual may be used solely for meetings, film review and similar activities. NOTE: Practice is considered an integral part of the interschool program in that sport. An individual must be eligible according to age and all other Eligibility Standards to participate in practices or competitions with the high school squad in that sport.
BYLAWS & ELIGIBILITY STANDARDS

c. School sponsored activities conducted out of the sport season such as general conditioning, weight training, weight lifting, intramurals, recreation, open gyms, club activities and camps are permitted: 1) if such programs are not mandated by coaches or school personnel; 2) if such programs are available to all students.
d. Non-school sponsored activities are permitted if such programs are not mandated by coaches or school personnel. It is recommended that no school equipment be used for these programs as per State Comptroller Opinion 85-37.
e. Upon returning from military training, student-athletes shall be eligible for participation in interscholastic athletics once they have completed the required number of practices. Eligibility for participation will also include meeting all eligibility requirements imposed by the Commissioner of Education and NYSPHSAA such as, but not limited to, health examination, age, grade, etc.
f. Schools that have made arrangements with another member school to share the use of a practice facility may do so without violating the Scrimmage Regulation as long as the athletes/teams do not scrimmage before the required number of practices has been completed.

23. PROFESSIONAL TRYOUTS: No tryouts for, or practice, with a specific professional team and their affiliates, are approved except during the summer vacation. A student who participates in such a tryout is ineligible to represent the school in that sport. (See Amateur Rule.) A school may apply on behalf of the student to their section for reinstatement one year from the date of the latest violation.

24. RECRUITMENT AND UNDUE INFLUENCE: Recruiting and Undue Influence is defined as the use of influence by any person connected directly or indirectly with a NYSPHSAA school to induce a student to transfer from one school to another, or to enter the ninth grade at a member school for athletic purposes - whether or not the school presently attended by the student is a member of NYSPHSAA.
a. The use of undue influence to secure a student for competitive purposes in a sport is prohibited. An infraction shall cause the student to forfeit eligibility in that sport for one year from the date of enrollment. The offending school shall be subject to provisions of Bylaw#19 (D).
b. Evidence of undue influence includes, but is not limited to, personal contact by coaches and sponsors in an attempt to persuade transfer, gifts of money, jobs, supplies, clothing, free transportation, admission to contests, invitation to attend practices and/or games, or free and/or reduced tuition.
25. REPRESENTATION:

a. A contestant or athletic team shall not represent a school except in conformance with all rules and regulations. It shall be the duty of trustees and boards of education to require that athletic activities be limited to competition between secondary school students.

To be eligible for sectional, intersectional or state competition, a team must have competed in six (6) school scheduled contests which occurred on six (6) different dates during the season.

**Team Sports:** For the sports of baseball, basketball, field hockey, ice hockey, lacrosse, soccer, softball and volleyball an individual is eligible for the team if he/she has been an eligible participant on a team in that sport in that school for a minimum of six (6) scheduled contests during the regular season. For football, a student must be an eligible participant for a minimum of three (3) contests. For Competitive Cheerleading, a student must be an eligible participant for a minimum of two (2) competitions.

**Team/Individual and Individual Sports:** For the sports of archery, badminton, bowling, cross country, fencing, golf, gymnastics, rifle, skiing, swimming, tennis, outdoor track, winter track and wrestling an individual must also have represented their school in six (6) scheduled contests during the season to be eligible. These required contests must occur on six (6) different dates and must be conducted prior to the conclusion of the team's regular schedule.

*Section Athletic Councils may request in writing approval of the State Executive Committee to adjust the number of school scheduled contests required on an annual basis. The request is to be submitted prior to the governing board meeting. School districts may submit a written request to the Section for adjustment of contests for individual participant based on medical documentation that confirms the individual was not able to participate in the required number of contests. NOTE: For the sports of golf and girls gymnastics, a waiver of the Representation Standard may be granted by the NYSPHSAA Executive Director when a student has qualified for participation in the current school year's NYSPHSAA Championship event and has subsequently transferred to a NYSPHSAA member school. The athlete must meet all other eligibility standards, including transfer, to receive the waiver.*

b. All games, meets, and tournaments must be conducted by appropriate secondary school authority.

c. Participation by a student in more than one sport in the same time division shall be determined by the Section Athletic Council.

d. Games and practice between students and adults (alumni or faculty) are not approved.

e. To avoid unfair advantage a student who elects to participate in an interschool sport may not represent a school in that sport in a subsequent season in that school year.
26. **SENIOR ALL-STAR CONTEST:** A senior all-star contest shall be any athletic contest for which admission is charged or donations accepted in which one or more of the competing teams is composed of one or more players who during the school year was a member of the high school team in the same sport, and whose participation in the senior all-star contest is based on outstanding performance as a member of the high school team.

   a. The only senior all-star contests approved by the NYSPHSAA, Inc., are those approved by a section. These contests must be approved first by the Section in which the contest is to be held, by the NYSPHSAA, Inc. Executive Director, and reported to the Executive Committee.

   b. Only seniors who have completed their secondary school eligibility in that sport may compete in these contests. Special circumstances may be appealed to the Section Executive Director.

   c. A contestant may participate in any approved senior all-star contest in the same sport during the school year.

   d. All approved senior all-star athlete contests must be conducted within the approved sport season.

   e. All application criteria established for the Senior All-Star Contest must be followed. The criteria and contest application shall be obtained from the Section Secretary or Association office.

27. **SPORTSMANSHIP:** The Association recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the NYSPHSAA has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and post schedule play.

As of July 1, 2013, the Dignity for All Students Act (Dignity Act-Section 52.2, Part 80 and 57-4) is to provide all public school students with an environment free from harassment, bullying (including cyber bullying) and discrimination, as well as to foster civility in public schools. The Dignity Act focuses on the prevention of discrimination behaviors, including harassment/bullying through the promotion of educational measures meant to positively impact school culture and climate, which includes the interscholastic programs.
Bylaws & Eligibility Standards

a. Coach

1. Any coach excluded by a certified official from an interschool competition for unsportsmanlike conduct, including taunting, is ineligible to coach any interschool competition in that sport until after the next previously scheduled contest at the same level (e.g. junior varsity, varsity, etc.) has been completed. In individual sports a multi-day contest is considered to be a contest. Disqualification from one season carries over to the next season of participation. The coach may not be present at the game site nor communicate in any manner during the contest with any person present at the site.

Note: "Not being physically present at the site" means a disqualified coach is not to be present in the locker room, on the sidelines, in the stands or site area before, during or after the game/meet. (See definitions section of the handbook)

Any coach that does not serve the penalty for violating the Sportsmanship Standard will be ineligible to participate in the next two regularly scheduled contests. If the coach continues to not serve the penalty, the matter will be referred to the Section for further action. If the coach is involved in the NYSPHSAA play-offs, the matter will be referred to the Executive Director of the NYSPHSAA.

Any coach:

1. Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest;
2. Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and
3. Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season (regular season or post schedule play), the Section Athletic Council will assess the penalty carrying over into the next season of participation.
4. The Section Athletic Council will have the authority to extend the period of ineligibility in those cases where the actions of the individual that was disqualified from a contest or scrimmage are warranted. The period of ineligibility cannot exceed one year from the date of the disqualification.

2. A coach who strikes, shoves, kick or makes other physical contact with the intent to annoy, harass or intimidate another person (e.g. official, another coach, player, fan) shall be expelled immediately and banned from further participation or coaching in all sports for a period of time to be determined by the section not to exceed one year from the date of the offense.
b. **Player:**

1. Any member of a squad disqualified by a sport official for unsportsmanlike conduct, including taunting, or for a flagrant foul shall not participate in that sport in the next previously scheduled contest with a member school or in NYSPHSAA tournament play. In individual sports a multi-day contest is considered to be a contest. The contest in which the athlete was disqualified must count in the total maximum number of contests permitted. Disqualifications from one season carry over to the next season of participation. (See definitions section in the handbook)

**AnyPlayer:**

1. Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest;
2. Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and
3. Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season. If the third ejection takes place in the last contest of the season (regular season or post schedule play,) the Section Athletic Council will assess the penalty carrying over into the next season of participation.
4. The Section Athletic Council will have the authority to extend the period of ineligibility in those cases where the actions of the individual that was disqualified from a contest or scrimmage are warranted. The period of ineligibility cannot exceed one year from the date of the disqualification.

2. Any member of the squad who strikes, shoves, kicks or makes other physical contact with the intent to annoy, harass or intimidate an official shall be expelled from the game immediately and banned from further participation in all sports for a period of time to be determined by the section not to exceed one year from the date of the offense. NOTE: Members of the squad includes player, manager, score keepers, timers, and statisticians.

c. **Official:**

1. Unprofessional conduct on the part of the official such as, but not limited to, taunting, baiting, use of profanity, shall be reported by a school administrator from the aggrieved school to the Section Executive Director. A request will be made to the appropriate sport official’s chapter to investigate the incidence and to report their action to the section in a timely manner.
28. **SPORTS SEASONS:** Section Athletic Councils, with the approval of the NYSPHSAA, Inc. Executive Committee, shall determine all sports seasons within the limits of the Commissioner's Regulations. **NOTE:** If a team competes in the same season in which a state championship (regional competition and beyond) is conducted as designated by the NYSPHSAA, Inc. Executive Committee, then the team and its players are ineligible to compete in any other season in that sport in that school year.

29. **STATE CHAMPIONSHIP CONTESTS:**
   
a. Contestants who have shown their proficiency in the sectional contests may be selected for a post-schedule contest. All participating teams and athletes must be approved by their section to be eligible to compete in NYSPHSAA Regional and State Championships. **NOTE:** Any student-athlete who has tested positive for the use of anabolic/androgenic steroids within the preceding six (6) months of a regional or state championship event may be required by the NYSPHSAA Executive Director to provide evidence of a negative test result for anabolic/androgenic steroids prior to participating in the event involved.

b. Plans for all state championship contests are to be submitted for approval to the NYSPHSAA, Inc. Executive Committee (Constitution, Article V, (5)).

c. Policies or procedures for state championship contests shall be determined by the NYSPHSAA, Inc. Executive Committee or Central Committee upon the recommendation of the State Championship Committee. Any awards or items presented to participants not provided by the Association, must receive prior approval. **NOTE:** No NYSPHSAA student athlete will be allowed to participate in any post schedule contests (regional, state, Federation) without completed Code of Conduct document.

d. No raffles (50/50), and other games of chance, will be permitted at any post sectional competition sponsored by the NYSPHSAA. Promotional activities may be permitted with the approval of the NYSPHSAA Executive Director.

e. If a physician is assigned and/or designated by the New York State Public High School Athletic Association or any of its subdivisions for post-schedule competition, that physician shall have the final decision-making authority concerning the entry/reentry of an athlete to competition at the particular contest; however a participating school may use its own physician for final decision-making if it provides a statement by the chief school officer stating the school agrees to indemnify and hold harmless the NYSPHSAA or any of its subdivisions from any claims or lawsuits brought against the NYSPHSAA or any of its subdivisions based on the decision made or advice given by the school district provided physician.

f. Each section shall determine and be responsible for the selection, methods of financing, travel, and supervision of its contestants in a state championship contest.
g. The State Sports Committee Coordinator shall submit complete plans and budget to the State Championship Committee. Financial reports, results, and requests for changes and improvements shall be submitted within 60 days after the event. The State Sports Coordinators shall be responsible for:

1. Conducting these contests according to the policies adopted by the Executive or Central Committees.
2. The selection of the Contest Director from the membership of the State Sports Committee, who shall submit plans and reports to the Coordinator to be forwarded to the Chairman of the State Championship Committee.
3. Reporting the results of each contest and submitting a financial report to the NYSPHSAA, Inc. Executive Director, prior to the next meeting of the Executive Committee.

h. Dual Seasons: Approved state championship contests are to be held before the end of the season established for that sport. Only those sections conducting the specific sport during the season of, or prior to, the state championship are eligible to send representatives. A Section Athletic Council which votes to conduct a sport in a season other than that specified for the state championship may conduct a qualifying tournament for state championship competition in a subsequent season shall be limited to those individuals who qualified during the selected season of competition and the number of organized practice sessions shall be no more than or less than the number required before a first contest in that sport.

30. TRANSFER: (Foreign Exchange/International# 9)

NOTE: The Transfer Rule will be enforced as written with no variations permitted.

a. A student in grades 9-12 who transfers, with a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months) shall become eligible after starting regular attendance in the second school. A residence change must involve a move from one school district to another. Furthermore, when a student moves from public school district to another public school district for athletic eligibility the student must enroll in the public school district or in a private school within that district's boundaries of his/her parent's residency. For athletic eligibility, a residency is changed when one is abandoned by the immediate family and another residency is established through action and intent. Residency requires one’s physical presence as an inhabitant and the intent to remain indefinitely. The Superintendent, or designee, will determine if the student has met district residency requirements.
b. A student who transfers without a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months prior) is ineligible to participate in any interscholastic athletic contest in a particular sport for a period of one (1) year if as a 9-12 student participated in that sport during the one (1) year period immediately preceding his/her transfer. Students who transfer from any school to the public school district of the residence of his/her parents (or other persons whom the student has resided for at least six months) or a private school within that district’s boundaries shall receive a waiver from the Transfer Rule. Such a transfer without penalty will only be permitted once in a high school career. **Schools must submit the required transfer form to the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval.** NOTE: A student in a foreign exchange program listed by CSIET has a one-year waiver of the Transfer Rule. If such a student elects to stay a second year he/she becomes a foreign student at the start of the school year with item (b) in effect.  

**Exemptions to (b):** For athletic eligibility a student must enroll in the public school district or in a nonpublic school within that district’s boundaries of his/her parent's residency.

**Note:** Multiple High School Districts - The policies/boundaries of the school district will be followed. If the district has an open enrollment policy, the interpretation to be used will be the same as used for students of K-8 school districts. When a student enrolls in 9th grade, this is the district (building) of their residence. Any subsequent transfer would be subject to the Transfer Rule.

1. The student reaches the age of majority and established residency in a district and can substantiate that they are independent and self-supporting.
2. If a private or parochial school ceases to operate a student may transfer to another private or parochial school of his/her choice. Otherwise, a student must enroll in the public school district of his/her parents’ residency.
3. A student who is a ward of the court or state and is placed in a district by court order: Guardianship does not fulfill this requirement.
4. A student from divorced or “legally” separated parents who moves into a new school district with one of the aforementioned parents. Such a transfer is allowed once every six months. The legal separation agreement must address custody, child support, spouses support and distribution of assets and be filed with the County Clerk or issued by a Judge.
5. A student who is declared homeless by the superintendent pursuant to Commissioner’s Regulation 100.2.
6. A student of a military employee who is transferred to an active military base may enroll in the non-public school closest to their residence and maintain eligibility if the student enrolls in a non-public school immediately following the change in residence.

**NOTE: It is provided, however, that each school shall have the opportunity to petition the section involved to approve transfer without penalty based on an undue hardship for the student. Educational Waivers will not be considered as an undue hardship effective for the 2015-2016 school years.**
c. Transfer students trying out for sports before school opens in the fall shall register and be accepted by the principal of that school before the medical examination and the first practice. This shall constitute the start of the regular attendance for falls sports.  

**NOTE:** After approval by the school medical officer a student may practice immediately and must satisfy the specific sports standard according to the number of practice sessions.

d. Practices at the previous school may be counted toward the minimum number of practices required provided the principal or athletic director of the previous school submits, in writing, the number and dates of such practices to the principal or athletic director of the new school.

e. 7th and 8th graders that compete at the HS level will be subject to the transfer rule, effective with the 2017-2018 school year.

**31. Proxies:** In addition to the individuals designed to act as proxies in Article III Section (1)(g) and Article V Section (1) of the NYSPHSAA Constitution a member who is not able to attend a Central or Executive Committee meeting may designate the Section Executive Director of that Section to act as a proxy.

**Transfer Appeal Guidelines:**

**Financial** – Appeals require documented proof of a significant loss of income or a significant increase in expenses.

- Written description outlining the circumstances that led to the financial hardship
- Appropriate documentation may include:
  - Evidence of loss income or change in financial obligation that are not self-imposed.
  - Family W2 forms – pay stubs
  - Notarized statement from parent
  - Statement from employer or professional with knowledge of circumstances
  - Most recent tax returns – two years

**Health and Safety** – Appeals are considered for safety, mental health, personal relationships and other similar circumstances.

- Written documentation is required from Superintendent of Schools or HS Principal of the sending school indicating the specific circumstances which necessitated the transfer.
- Supporting documentation from a third party outside of the school may be submitted (ex. police report)
**New York State Public High School Athletic Association Transgender Guidelines**

*The NYSPHSSAA recognizes the value of participation in interscholastic sports for all student athletes. The NYSPHSSAA is committed to providing all students with the opportunity to participate in NYSPHSAA activities in a manner consistent with their gender identity and the New York State Commissioner of Education’s Regulations.*

The Dignity for All Students Act (DASA) prohibits discrimination and/or harassment of students on school property or at school functions by students or employees. The prohibition against discrimination includes discrimination based on a student’s actual or perceived sex and gender. Gender includes a person’s actual or perceived sex as well as gender identity and expression.

**Definitions:**
For purposes of these guidelines the following definitions will apply:

**Assigned Sex at Birth:** the sex designation, usually male or female, assigned to a person when they are born.

**Gender Expression:** the manner in which a person represents or expresses gender to others, often through behavior, clothing, hairstyles, activities, voice or mannerisms.

**Gender Identity:** a person’s gender-related identity, appearance or behavior, whether or not that gender-related identity, appearance or behavior is different from that traditionally associated with the person’s physiology or behavior assigned sex at birth.

**Gender non-conforming (GNC):** a term used to describe people whose gender expression differs from stereotypic expectations. The term “gender variant” or “gender atypical” are also used. Gender nonconforming individuals may identify as male, female, some combination of both, or neither.

**Sexual Orientation:** a person’s sexual orientation and sexual attraction to other people based on the gender of the other person. Sexual orientation is not the same as gender identity. Not all transgender youth identify as gay, lesbian or bisexual, and not all gay, lesbian and bisexual youth display gender-nonconforming characteristics.
**BYLAWS & ELIGIBILITY STANDARDS**

Transgender: An adjective describing a person whose sex assigned to him or her at birth does not correspond to their gender identity.

Transition: The process in which a person goes from living and identifying as one gender to living and identifying as another.

Privacy Policy:
All discussions and documentation shall be kept confidential to the extent permitted by law unless the student and the family make a specific request in writing.

Procedure:
1. The student and the parent(s)/guardian shall notify the Superintendent (or designee) that the student would like the opportunity to participate in interscholastic athletics consistent with the gender he/she identifies as.

2. The student’s home school will determine the eligibility of a student seeking to participate in interscholastic athletics in a manner consistent with his/her gender identity where the student’s gender identity does not correspond to his/her sex assigned at birth.

3. The Superintendent (or designee) will confirm the gender identity asserted for purposes of trying out for an interscholastic sports team through documentation from the parent, guardian, guidance counselor, or from a doctor, psychologist or other medical professional.

4. Once a member school has rendered a determination of eligibility to try out for an interscholastic sports team or teams which corresponds to the student’s gender identity the eligibility is granted for the duration of the student’s participation in interscholastic athletics. The student must meet all NYSPHSAA standards for eligibility for practice and competition.

5. The Athletic Director should notify the NYSPHSAA if any accommodations are needed.

Appeals:
All appeals with respect to a District’s determination as to eligibility of a transgender student to participate in interscholastic sports will go directly to the Commissioner of Education.

Reference: New York State Education Department: Guidance to School Districts for Creating a Safe and Supportive School Environment for Transgender and Gender Nonconforming Student.
## HIGH SCHOOL SPORTS STANDARD CHART FOR INTERSCHOOL COMPETITION

<table>
<thead>
<tr>
<th>Sport</th>
<th>TEAM</th>
<th>IND</th>
<th>Number Practices Prior to First Scrimmage</th>
<th>Number Practices Prior to First Contest</th>
<th>Team and Individual Maximum No. Contests*</th>
<th>Min. Time Between Contest or Scrimmages</th>
<th>Individual Contest Limitations Per Day</th>
<th>RULES</th>
<th>Scrimmage Limitations Per Day</th>
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<tbody>
<tr>
<td>Badminton</td>
<td>6</td>
<td>4</td>
<td>8</td>
<td>6</td>
<td>1 night</td>
<td>3 matches 1 contest</td>
<td>USBA</td>
<td>6</td>
<td>1</td>
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<tr>
<td>Baseball</td>
<td>10</td>
<td>6</td>
<td>15</td>
<td>8</td>
<td>20</td>
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<td>2 contests</td>
<td>NFHS</td>
<td>2</td>
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<tr>
<td>Basketball</td>
<td>8</td>
<td>6</td>
<td>10</td>
<td>8</td>
<td>20</td>
<td>1 night</td>
<td>1 contest</td>
<td>NF-Boys NCAA-Boys</td>
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<tr>
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<td>Training</td>
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<td>1 competition</td>
<td>NFHS</td>
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<td>10</td>
<td>10</td>
<td>16</td>
<td>2 nights</td>
<td>5000 meters or 3.1 miles</td>
<td>NFHS</td>
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<td>1 night</td>
<td>3 contest</td>
<td>USFA</td>
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<td>6</td>
<td>10</td>
<td>8</td>
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<td>1 contest</td>
<td>NFHS</td>
<td>1</td>
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<tr>
<td>Football</td>
<td>11</td>
<td>10</td>
<td>15</td>
<td>14</td>
<td>10</td>
<td>4 nights(1)</td>
<td>1 contest</td>
<td>NFHS</td>
<td>1</td>
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<tr>
<td>Golf</td>
<td>Training</td>
<td>Training</td>
<td>16</td>
<td>1 night</td>
<td>1 match 2 – 9 hole M non-school days</td>
<td>USGA &amp; Local course rules</td>
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<td>Gymnastics</td>
<td>10</td>
<td>8</td>
<td>15</td>
<td>13</td>
<td>16</td>
<td>1 night</td>
<td>6 events (boys) 4 events (girls) 1 contest</td>
<td>NFHSBoys USAGQO-Girls</td>
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<td>6</td>
<td>10</td>
<td>8</td>
<td>20</td>
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<td>1 contest</td>
<td>NFHS</td>
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<td>8</td>
<td>16</td>
<td>1 night</td>
<td>1 contest</td>
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<td>10</td>
<td>8</td>
<td>16</td>
<td>1 night</td>
<td>2 events</td>
<td>FIS &amp; USSA</td>
<td>1</td>
</tr>
<tr>
<td>Soccer</td>
<td>8</td>
<td>6</td>
<td>10</td>
<td>8</td>
<td>16</td>
<td>1 night</td>
<td>1 contest</td>
<td>NFHS</td>
<td>1</td>
</tr>
<tr>
<td>Softball</td>
<td>6</td>
<td>4</td>
<td>8</td>
<td>6</td>
<td>20</td>
<td>1 night</td>
<td>2 contests</td>
<td>ASA</td>
<td>2</td>
</tr>
<tr>
<td>Swimming/Diving</td>
<td>12</td>
<td>10</td>
<td>12</td>
<td>10</td>
<td>16+</td>
<td>1 night</td>
<td>4 events 1 contest</td>
<td>NFHS</td>
<td>1</td>
</tr>
<tr>
<td>Tennis</td>
<td>6</td>
<td>4</td>
<td>8</td>
<td>6</td>
<td>16</td>
<td>1 night</td>
<td>2 matches **</td>
<td>USTA</td>
<td>1</td>
</tr>
<tr>
<td>Outdoor Track</td>
<td>10</td>
<td>8</td>
<td>10</td>
<td>10</td>
<td>16+</td>
<td>1 night</td>
<td>4 events 1 contest</td>
<td>NFHS</td>
<td>1</td>
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<tr>
<td>Winter Track</td>
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<td>10</td>
<td>10</td>
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<td>3 events 1 contest</td>
<td>NFHS</td>
<td>1</td>
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<tr>
<td>Volleyball</td>
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<td>8</td>
<td>6</td>
<td>20</td>
<td>1 night</td>
<td>2 matches/day</td>
<td>NCAA</td>
<td>1</td>
</tr>
<tr>
<td>Wrestling</td>
<td>10</td>
<td>8</td>
<td>15</td>
<td>13</td>
<td>20 points*</td>
<td>1 night</td>
<td>4 bouts</td>
<td>NFHS</td>
<td>1</td>
</tr>
</tbody>
</table>

(1) 2 nights for scrimmage

* indicates maximum plus section, state championships and games necessary to break divisional or league ties

+ indicates maximum number of contests in which an individual competitor may participate

++ Modified scoring system must be used (see Tennis Standard)

The maximum number of contests is in effect for the 2015-2016 year
NYSPHSAA, Inc. SPORTS STANDARDS

JEWELRY RULE - No jewelry, which includes visible body piercing objects, shall be worn in a sport. Any piece of jewelry that is visible at the start of or during a contest is in violation of the NYSPHSAA Jewelry Rule. Religious medals must be taped to the body and under the uniform. Medical medals must be taped to the body so they are visible. Soft, pliable barrettes are permissible, body gems are not. The use of metal hair fasteners to secure hair is permissible in Girls Gymnastics. NOTE: The sports of Bowling and Golf are exempt from this rule. Wristwatches are permitted in cross country and in practice only for track and field. Hair restraints, to control a competitor's hair, are permitted in track and field and cross country. (Dec. 2010)

UNIFORMS - The use of an American flag or a memorial patch/arm band is approved when it is worn and/or placed in accordance to the sport specific rules. THE NYSPHSAA Executive Director may grant individual schools a waiver of the uniform rule when compliance is related to budget concerns. (Jan. 2011)

GAME BALLS - NFHS authenticating mark is not required on game balls for competition.

THUNDER & LIGHTENING POLICY (EFFECTIVE 10/25/01): Applied to regular season through NYSPHSAA Finals:

1) Thunder and lightning necessitates that contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation or discussion - thunder is thunder, lightning is lightning.
   a) With your site administrator, set up a plan for shelter prior to the start of any contest.
2) When thunder is heard and/or lightning is seen, the following procedures should be adhered to:
   a) Suspend play and direct participants to go to shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g. bus, van, car).
   b) Do not permit people to stand under or near a tree; and have all stay away from poles, antennas, towers and underground watering systems.
   c) After thunder and/or lightning have left the area, wait 30 minutes after the last boom is heard or strike is seen before resuming play or competition.

HEAT INDEX AND WIND CHILL POLICY (EFFECTIVE SPRING 2010): Applies to regular season through NYSPHSAA finals. Go to www.nyshsaa.org.

31. BADMINTON - A contestant may participate in no more than 3 matches per day. There must be a 15 minute rest between matches 1 and 2, and a 30 minute rest between matches 2 and 3. For other requirements see HS Sport Standards Chart.
32. **BASEBALL** - Battery candidates shall have at least thirteen practice sessions. All catchers shall wear a throat guard protector attached to the mask. It is recommended the protector be rubber. A contestant may participate in two regulation games per day with a fifteen-minute rest between games. A pitcher in a maximum of twelve (12) innings in one (1) day but no more than eighteen (18) innings in any six (6) consecutive day period. Delivery of one (1) pitch constitutes having pitched an inning. If he pitches in eight (8) or more innings in a day, he must have two (2) nights of rest before he can pitch again. Any violation of the rule will be considered in the same light as a school using an ineligible player. The game will be forfeited.

*NOTE: The baseball Agreement between the National Federation and the Major and Minor Baseball Leagues provides that no professional team may enter into a contract with a student until after graduation or that class has been graduated from high school, or one is no longer eligible for high school competition. Contact NFHS for more details.*

**State Association Adoptions:**

1. Commemorative patches are permitted in accordance with Rule 1-4-4. (Jan. 2006)
2. Umpires may wear navy, light blue or red uniform shirts. (Oct. 2007)
3. All Adult base coaches will wear a hard shell helmet while on the first and third baselines during a game, effective with the 2016 season. (July 2105)
4. **TIED AND SUSPENDED GAME RULE:** To be used for NYSPHSAA Championship Tournament. May also be used during regular season play with Section approval:

1) An official game is 5 innings or 4 and one-half if the home team is ahead. If a winner can be determined and no more baseball can be played that day, the game is over and a winner is declared. The game does not have to go 7 innings.

2) If a game is stopped before it becomes an official game, the game is a suspended game. This game will be picked up at that point. Score, inning, count of batter etc. should all be recorded in the scorebook.

3) If the game is stopped after having gone long enough to be an official game, however a winner cannot be determined due to a tied score. This game becomes a tied/suspended game at that point score, inning, count of batter etc., should all be recorded in the scorebook.

4) If a game is stopped after having gone long enough to become an official game and;
   A. The visitors score a run or runs in the top half of the inning. Then game reverts back to the last completed inning and either a winner is declared or we have a tied/suspended game. Or,
   B. The visitors score a run or run in the top half of the inning and the home team does not complete their at bat. The game reverts back to the last completed inning and either a winner is declared or we have a tied/suspended game. If we have a tied/suspended game we pick up from that point (Visitors runs in the top half of the inning and home team runs in the bottom half count). This game will be picked up at that point. Score, inning, count of batter etc., should all be recorded in the scorebook.
C. The home team ties the game in the bottom half of the inning but doesn't complete the inning. If we cannot play anymore we have a tied/suspended game at point. This game will be picked up at that point. Score, inning, count of batter, etc., should all be recorded in the scorebook. Or,
D. The home team takes the lead in the bottom half of the 5th or 6th inning, and then the game is called. At that point the home team is declared the winner.

**Scrimmages:** A softball/baseball scrimmage must include free substitutions and lineup cards will not be exchanged. Scrimmages must also include one or more of the following:

1. Play six (6) outs per half inning (example – 3 outs clear the field/3 more outs).
2. Batting order must be altered or modified to include more batters than Rules permit.
3. Start with a runner(s) on base with a predetermined situation for at least two (2) full innings. Adopted January 2009.

**33. BASKETBALL –** Boys’ basketball will use a 35 second shot clock.

**Waivers/Modifications – Girls Basketball:**

1. The game will consist of four (4) quarters of eight (8) minutes each. Intermission will be one (1) minute after the first (1st) and third (3rd) quarter and ten (10) minutes at the half. Extra periods shall be four (4) minutes in length. (Oct. 2003)
2. Modification of foul and penalties, Rule 10, Sections 4, 6 and 8, have been approved. (Oct. 2000)
3. A waiver of the requirement for officials to request a physician’s note when an athlete wears a “sleeve” on the arms or legs. (Oct. 2008)
4. For the 2012-2014 seasons, a waiver of the NCAA women’s rules to allow for the sections that so desire to experiment with sixteen (16) minute halves. This waiver applies only to non-league contests at the varsity level upon mutual agreement of both schools (August 2012-2014)
5. A waiver of the NCAA Rule Book requiring two (2) visible shot clocks, one (1) at each end of the court. If the shot clocks are not functional, the waiver would permit the game to be played with an alternate timing device. (Dec. 2009)
6. A waiver of the orange ball for the month of February if both teams agree. (Dec. 2010)
7. The NFHS Concussion Rule will be utilized. (Dec. 2010)
8. A waiver of NCAA Rule 1-7 to maintain the 3 point line at a distance of 19'9”. (Oct. 2011)
9. A waiver of the NCAA Rule 1 requiring the use of the restricted area. (Oct 2011)
SPORTS STANDARDS

Waivers/Modifications – Boys Basketball:

1. With Section approval schools may experiment with two 16 minutes halves in tournament and non-league games during the 2012-2014 seasons. (Oct. 2010-August 2014)
2. The use of NFHS Rule 2-2-1 for all NYSPHSAA Championship semi-final and final games if it can be done at no additional expense to the Association.
3. A waiver of the orange ball for the month of February if both teams agree. (Dec, 2010)
4. A waiver of Rule 2-12 to require the officials’ scorer to wear a striped shirt only in NYSPHSAA Semi-finals and Finals.

Scrimmages – Boys and Girls: A basketball scrimmage must include ten (10) minute time periods with running time (except time-outs) and unlimited time outs. The score will be cleared at the end of the time period and the time will be reset. Scrimmages must also include one or more of the following:

1. Optional shot clock
2. Shoot only fouls against the shooter with free throws awarded in a one plus one.
3. At the end of the first (1st) and third (3rd) quarters, each team will run five (5) special plays. Example: out-of-bounds play underneath the basket sideline out-of-bounds.

34. Bowling – USBC rules will be used for scoring purposes only, with the exception of USBC rule #400 pertaining to amateur status. Any violation of USBC rule #400 will result in a one year suspension from the date of the infraction which mirrors the penalty for Eligibility Standard #2.

GAME: A game consists of 10 frames. MATCH (contests): Consists of a maximum of three (3) games. Tournament: Consists of a maximum of six (6) games and counts as one (1) contest. The Baker format may be used a maximum of two (2) times per season with a maximum of fifteen (15) Baker format games per tournament. A combination tournament is permitted with the maximum of eight (8) Baker formats games and three (3) individual games. A Combination Tournament counts towards the maximum of two (2) Baker format tournaments. Individual Limitations: A student may not participate in more than one contest per day. Tie Breaking Procedures: In tournament competition only one of the following tie breaking procedures may be used until the tie is broken. 1) Regular game; 2) 9th and 10th frame roll; 3) one game Baker format. The tie breaking procedure must be designated prior to the start of the tournament. With Section approval, Section championship tournaments may utilize a combination tournament that will consist of a maximum of three (3) standard team games and a maximum of fifteen (15) Baker style games (Dec. 2009). No practice bowling will be allowed in the tournament house after midnight of the day preceding the State Championship. Violations of this rule will result in individual or team disqualification. The oil pattern will be prepared for the practice round, with the understanding that pattern will be set as consistent as possible throughout the tournament. Other pertinent lane information will be included in the pre-tournament announcement. (August 2009). It is recommended that training should precede the first contest and that all competitions be in uniform. The foul line rule shall never be set aside.
**SPORTS STANDARDS**

**Scrimmages:** In a bowling scrimmage any format may be used and substitutions may be made at any time. No official scores may be kept; therefore, scores may not be used in calculating season average or for qualifying for sectional or state tournaments. Scores may not be used toward league or not-league standing.

**35. Competitive Cheerleading** – A routine will be 2 minutes and 30 seconds and must include cheer and dance. A competition must use a minimum of 3 panel judges and 1 safety judge. All competitive cheerleading coaches must have a current AACCA Safety course completed (October 2014). Students and teams may be able to compete in both the Fall and Winter Competitive Cheerleading season. Championship format will be a preliminary round for all divisions/classes in the morning and then a final round for the top 5 teams.

**36. CROSS COUNTRY** – Interschool cross country runs shall not exceed 3.1 miles or 5000 meters in length. A maximum of two (2) meets per week (Monday – Sunday) shall be permitted. An individual competitor may participate in a maximum of sixteen (16) contests.

**Waivers/Modifications:**

1. Waiver of the NYSPhSAA Jewelry Rule to allow the wearing of a wristwatch. (Oct. 2008)

**37. FENCING** – Interschool competition in fencing shall be conducted under the rules of the United States Fencing Association, provided such rules do not conflict with NYSPhSAA, Inc., requirements. A contest consists of three (3) bouts. Individual competition may not exceed nine (9) bouts in one day.

**38. FIELD HOCKEY** – Protective eye wear which meets the ASTM Standards shall be worn by all member school field hockey players (May 2007). If undershirts are worn, they must be white in color for the home team and dark in color for the away team (Feb. 2008). Sections may determine which of the approved overtime procedures to follow (May 2006).

**State Association Adoptions:**

1. Officials may wear a colored or black and white striped shirt. (Jan. 2005)
2. The game clock may continue to run after goals are scored and when one team is ahead by five (5) or more goals. (Jan. 2005)
3. When a player is yellow carded during overtime, the offended team will play shorthanded.
4. A waiver of rule 1-5-1, player uniforms, for the 2015-2017 seasons. (May 2014)
5. Field Hockey overtime procedures will be a ten (10) second one-on-one from Sectional play and beyond. Penalty strokes have been eliminated. With Sectional approval the procedure may be used during the regular season.
**SPORTS STANDARDS**

**Scrimmages:** A field hockey scrimmage must start with a sideline or sixteen (16) yard hit and includes *one or more* of the following:

1. A running clock and/or modified periods
2. Incorporate all or part of the Overtime Procedure into the scrimmage
3. Each team will take five (5) offensive corners, playing until either a goal is scored; ball goes out of bounds or crosses the 25 yard line.

**39. FOOTBALL:** With Section approval a contestant (or team) may participate in no more than ten (10) interschool football contests, inclusive of sectional championships. For those sections involved in the state championship three additional games are permitted for a total of thirteen (13) games for the season: (1) game for regionals, (1) game for semifinals, and (1) game for championships. Interschool contacts (both scrimmages and contests) in football shall be permitted only in those schools which have an adequate number of students on the squad who are physically fit, eligible and prepared for each game as follows: Eleven (11) man football – sixteen (16) or more: eight (8) or nine (9) man football – fourteen (14) or more; six (6) man football – twelve (12) or more. All football games of the NYSPHSAA, Inc., shall be played following National Federation Football rules. The *first two* (2) *days* of practice must be noncontact, without the use of protective equipment and mechanical blocking devices. The use of cones, ropes, ladders, step-over dummies, soft hand shields and similar devices as teaching aids is permissible. Helmets may be worn. The *next three* (3) *days* provide a transition from the conditioning phase to full contact. During this phase, players are permitted to wear helmet and shoulder pads. Blocking dummies, sleds and similar devices are permitted. During this phase, player to player tackling drills, team scrimmaging, running full contact plays, etc., is not permitted. The *following six* (6) *days* consist of contact practice with full protective equipment and the use of all training devises. Full player to player contact and team scrimmaging is permitted. *Four* (4) *additional practices* must be completed by the individual and team prior to the first contest. Interscholastic scrimmages may commence after eleven (11) practices have been completed by the individual player and team. Interscholastic contests may commence after fifteen (15) practices have been completed by the individual player and team. (May 2010)

**NOTE:** For any violation of this rule, the head coach will be suspended from the next regularly scheduled contest. The coach may not be present at the game site nor communicate in any manner during the contest with any person present at the site. Not being present at the site means the disqualified coach is not present in the locker room, on the sidelines, in the stands or site area before, during or after the game. The minimum time between interschool football scrimmages shall be two (2) days. It is recommended that at physician be present at all football games. If the services of a physician cannot be obtained, coverage should be provided by persons qualified to give emergency care (e.g. physician assistants, emergency squads, athletic trainers).
**Sports Standards**

**Football Contact Limitations:** Contact in the sport of football for High school and modified football teams shall have no more than two “Full-Contact practices” per week during the season; with no Full-Contact session to exceed 90 minutes. “Full-contact” means a practice where drills or live action is conducted that involves collisions at game speed, where players execute tackles and other activity that is typical of an actual tackle football game. Limitation of “Full-Contact practices” will begin with the 13th day (high school and the 14th day (modified).

**Note:** NYSPHSAA fully endorses the USA Football Heads Up Coaching Education Program for all of our member schools (May 2016).

**Waivers/Modifications:**
1. A waiver to rule 1-5-1b, 6 and 7 for home and visiting jerseys for the 2015-2016 seasons. (July 2015)
2. Waived NFHS rule for officials to wear Northwestern socks when wearing shorts and to wear all black shoes.

**Scrimmages:** Football scrimmages shall be governed by the following: (a) no official score is kept, (b) no definite time is set or kept, (c) coaches are permitted on the field to provide instruction and make corrections, (d) different configurations governing possession time and down and distance situations (than those normally used in a game) may be used to govern play, (e) unlimited time-outs and stoppages of play are permitted and encouraged for the purpose of both providing instruction and adequate rest periods, (f) the use of officials would be permitted and encouraged whenever possible for the purpose of instruction regarding the rules and proper application of rules, (g) no kickoffs are permitted, (h) punts and extra point kick attempts may involve live play until the ball is kicked. Punts may not be advanced and all fumbled punts and muff will be blown dead immediately, (i) the total number of plays should be recorded to prevent an individual player from being involved in more than a maximum of 90 live contact plays during the entire scrimmage, (j) no admission may be charged, (k) the participation of student support groups such as cheerleaders, bands, kick lines, etc., are prohibited.

40. **Golf** – Practice sessions should precede the first match. It is recommended that practice and matches be carefully supervised by the school coach.

**Waivers/Modifications – Girls/Boys Golf:**
1. Girls Golf - Allow competitors to use non-motorized push or pull carts during league, sectional or NYSPHSAA Championship competition. (Jan. 2012)
2. The use of distance measuring devices as stated by the USGA Rules for all NYSPHSAA regular season, Sectional and State Championship events.
3. Teams and individuals may play two 9-hole matches in a day on non-school days. (Jan 2015).
SPORTS STANDARDS

For NYSPHSAA Championship play:

1. The use of distance measuring devices in Boys Golf is approved as stated by the USGA rules for all NYSPHSAA regular season, sectional, and State Championship events. The use of cell phones is prohibited.
2. Rulings may only be pointed out by the competitors and markers. Spectators are not permitted to make rulings.
3. Practice Rounds: Only competitors may play in the student-athlete’s practice rounds. Coaches are limited to being on the course in a supervisory and coaching capacity.
4. Girls Golf – Point of Emphasis, coaches may coach their athletes from green to tee only.

Scrimmages: A golf scrimmage must include one or more of the following:

1. Use different tees
2. Play multiple shots and multiple putts
3. Play two (2) or three (3) balls
4. Alter playing format: match play, Ryder Cup, or best ball format

41. GYMNASTICS – Metal hair fasteners are permissible. For all competition the Technical Handbook for Girls’ Gymnastics, 4th edition will be used (approved August 2014). Handspring and twisting vaults are only permitted if a facility does not have the appropriate runway length and no Salto type vaults will be allowed.

42. ICE HOCKEY – All games shall be played according to the rules of the NFHS Hockey Rulebook with all approved changes and interpretations as established by the NYSPHSAA, Inc., Ice Hockey Committee. Ice Hockey games shall consist of three (3) fifteen (15) minute periods. The minimum number of ice hockey players for competition as well as interschool practice shall be nine (9) players and one (1) goaltender. All players shall wear helmet including ear piece, full face masks and throat protectors and all goalkeepers must wear a throat guard or neck protector. All players must wear helmets while on the bench or in the penalty box. During regular season each game begins on a clean sheet of ice and at a minimum the ice is cleared after the second (2nd) period. If Ice is not cleaned after each period there will be at least a three (3) minute rest period or intermission between periods one (1) and two (2).

Waivers/Modifications: A waiver of the NFHS rule in Ice Hockey to allow a maximum of two disqualification penalties per contest for a coach or player. (May 2011).

Scrimmages: An ice hockey scrimmage shall be divided into two (2) halves with the time to be determined by coaches. The time clock and penalty clocks may be used for time keeping only but no score may be kept. During the scrimmage one or more of the following must be included.

1. Each team must play short – handed in predefined situations.
2. Use of half (1/2) ice situations.
SPORTS STANDARDS

43. LACROSSE – All games shall be played according to the rules of the NFHS Lacrosse Guide (boys) or U.S. Lacrosse Standards (girls) with all approved changes and interpretations as established by the NYSPHSAA, Inc., Lacrosse Committees. In girls' lacrosse field players are required to wear lacrosse goggles which meet ASTM standards.

Waivers/Modifications:

Boys Lacrosse:
1. Boys JV Lacrosse will play twelve (12) minute quarters. (May 2007)
2. A waiver to NFHS rule 2-5-2, to permit officials to wear black shorts.

Girls Lacrosse:
1. Permanently waive Rule 1 Field Dimension for regular season play only (Aug. 2004). Waiver to rule 2-13, 3” panel and trim around the neck for the 2013-2015 seasons. (Jan. 2012)
2. Goalkeeper Substitutions: After reporting to the score table, a goalkeeper is permitted to move down the sideline to await the current goalkeeper to exit the field. She then may enter the field of play. (Oct. 2005)
3. Suspend Game: In Sectional, Regional and State Semi-finals and Finals the game will be resumed from the point of interruption on the next available date. Teams that have possession at the point of interruption will retain possession in a draw alignment with the opposing center four (4) meters away. IF there is not team possession, it will be a draw. (May 2010)

Scrimmages: A lacrosse scrimmage must have modified time periods and include one or more of the following:
1. Alternate possessions
2. Start the scrimmage with either a Draw (girls) or a Face-off (boys)
3. Include the following game situations:
   a. Face-off/Draws – Boys/Girls
   b. Clears and Rides – Boys/Girls
   c. Extra Man and Man-Down – Boys/Girls
   d. Fast Breaks – Boys/Girls

44. OUTDOOR TRACK AND FIELD – A contestant shall be permitted in any one meet to compete in any four (4) events. There must be one night of rest between contests and not more than three (3) contests scheduled per week. An individual competitor may participate in a maximum of sixteen (16) contests. Wristwatches are approved for practice only. NOTE: Failure of the home school to meet its obligation of providing legal equipment for an event shall result in all points for the event being forfeited to the offended team.
SPORTS STANDARDS

Scrimmages: A track and field scrimmage must conform to the following:
1. No scoring – no official results or place finishers recorded.
2. No performance may be used to meet the qualifying standard or be considered a record.
3. Competitors and events must adhere to the limitations of the NFHS.

45. RIFLERY – Interschool competition in riflery shall be conducted according to the rules of the National Rifle Association. For competition between teams in both small bore and air rifle, four (4) contestants may fire with all four (4) scores to count for the team score. One or more of these three (3) positions are to be used: prone, offhand, or kneeling as determined by the Section. Only .22 caliber rifles with iron sights and .22 caliber rim fire ammunition are to be used. Air rifle events are approved. The home team is to furnish official N.R.A. targets for both teams. All safety precautions must be observed at all times. Rifles shall be cased when transported. Competitors shall wear hearing protective devices. The use of eye protection is recommended. For other requirements see HS Sports Standards Chart. Coaching will be permitted for air rifle during Regional competition. (Oct. 2006)

46. SKIING – Each contestant shall wear a protective hard shell helmet during practice and competition for all alpine skiing practices and races, giant slalom and slalom. A contestant may participate in no more than two (2) events in any one day of competition, provided that the last event of the day is cross country and that no more than one cross country event is raced per day. It is recommended that all meets be conducted under the rules of the U. S. Eastern Amateur Ski Association, the National Ski Association of America, and the Federation International de ski (F.I.S.).

Waivers/Modifications: The minimum ski lengths for slalom and giant slalom. (May 2005)

Scrimmages: A skiing scrimmage will consist of one (1) or more runs of slalom, giant slalom and/or Nordic. Electronic timing and officials may be used for instructional purposes only.

47. SOCCER

Waivers/Modifications:

1. Waiver to rule 4-1-1; home white jerseys for the 2016-2017 seasons for JV and Freshman. (May. 2016)

Boys Overtime Procedure: Regular season games should consist of two (2) 40-minute halves with two (2) 10-minute sudden victory overtimes, if needed, to break the tie. Beginning with Section play and continuing on through the State Tournament, overtimes would consist of two (2) 15- minute sudden victory periods and, if still tied, penalty kicks. The only exception to this would be in the State Championship game where co-champions would be declared after the two (2) sudden victory overtime periods. (May 2008)
Sports Standards

**Girls Overtime Procedure:** Regular season games should consist of two (2) 40-minute halves followed by two (2) mandatory ten-minute fully played overtimes. In Sectional and State Tournament play, the overtimes would be two (2) 10-minute periods of full play followed by two five-minute sudden victory overtime periods, if needed. Co-champions would be declared in the State Championship game if the tie was not broken after two (2) 5-minute sudden victory overtimes. (May 2008)

**State Association Adoptions:** (May 2008)

**Length of Period:** The game will be played in two (2) equal halves of 40-minutes each.

**Shorten Periods:** By mutual agreement or in any emergency, by agreement of coaches or ordered by the head referee, provided it is determined to shorten the periods before the game or before the second half begins and all remaining periods are the same length.

**Suspended Game:** If less than one-half of the game has been completed, the game will be restarted from the point of interruption.

**Time on Field:** Time may be kept on the field by the head referee.

**Score of Game:** The official score may be kept by the head referee.

**Reserve Official:** The reserve official may assume the duties of the scorer.

**Single Soccer Official:** It is permissible to conduct a soccer game with a single official, provided both teams agree to a single referee before the game begins.

**Yellow Card Accumulation Policy:** It is the intention of the NYSPHSAA Sportsmanship Committee to address the issue of the accumulation of Yellow Cards during the soccer season by an individual player or coach. The situation surrounding Red Cards are dealt with directly under the NYSPHSAA Guidelines for Sportsmanship and Misconducts outlined in the State Handbook for all sports. The consequences for the accumulation of excessive Yellow Cards will be as follows:

1. Five Yellow Cards accumulated by a single player or coach in the regular season will result in a one game suspension. Disqualifications due to an accumulation of five (5) Yellow Cards occurring in the last game of the season will carry over into the next season of participation, if the team does not enter post season play.
2. The continued accumulation of Yellow Cards by the same individual or coach will result in a one game suspension per additional Yellow Card.
3. In the event that the player or coach receives two Yellow Cards in the same game, resulting in a Red Card, the two (2) Yellow Cards will not count towards the season total, since the player or coach will receive a one game suspension as a result of the misconduct and ejection.
4. The accumulation card total is for regular season play only and the process will start over again for post season play. However, any penalties awarded as a result of the last regular season game will carry over into the post season.
5. The post season policy will provide a one game suspension after three (3) Yellow Cards and a one game suspension for each additional card received through the State Final. A one game suspension resulting from a yellow card in a team's last post season game will carry over into the next season of participation.
SPORTS STANDARDS

6. The coaches of both schools are to report all Yellow Cards to their League and Section by means of mail, email or fax for tabulation. The officials should report to their boards concerning games in which cards are given and the reasons for issuance of the card. Board policy will determine the method of notification to the League and Section. A final end of the year report including data on disqualifications shall be sent to the NYSPHSAA Sportsmanship Coordinator.

7. Refusing to report, or failing to report infractions and allowing players to continue play under these circumstances will result in the forfeiture of all games in which the individual in question participated.

Scrimmages: A soccer scrimmage may not exceed a total of 100 minutes and unlimited substitutions are permitted. The length of time for the periods of play is to be determined by the coaches, not to exceed 40-minutes in any one period: halves, three-quarters or quarters. Scoreboards may be used for timekeeping only. The clock will begin with the goal keeper in possession of the ball. When a goal is scored, play will be restarted with goalie possession. The goalie can restart play with a goal kick, goalie throw or goalie punts.

48. SOFTBALL – A contestant may participate in two (2) regulation games per day with at least a 15-minute rest between games. By Section adoption five (5) headers may be played. Varsity softball teams can play three (3) contests in one day only for invitational tournaments during the regular season. Tie breaker rule in effect at top of the tenth (10th) inning. An unannounced substitution during a contest will not be penalized.

Waivers/Modifications:

1. The pitching distance will be 43 feet for the varsity, JV and freshman levels. (Dec. 2010)
2. Metal cleats are prohibited on all levels of play. (Dec. 2010)
3. Waiver to ASA rule 3-1D to keep that bat grip at 10” to 15”.
4. Two year pilot to eliminate the International tie breaker rule for NYSPHSAA semi-final and final championship games. (January 2015).
5. All adult base coaches would be required to wear a hard shell protective helmet while on the first and third baselines during the game effective with the 2016 season.
6. Softball Regionals and on – the host team will be the home team effective with the 2016 season (May 2016).

Scrimmages: A softball/baseball scrimmage must include free substitutions and lineup cards will not be exchanged. Scrimmages must also include one or more of the following:

1. Play six (6) outs per half inning (example – 3 outs clear the field/3 more outs).
2. Batting order must be altered or modified to include more batters than rules permit.
3. Start with a runner(s) on base with a predetermined situation for at least two (2) full innings.
SPORTS STANDARDS

49. SWIMMING – Shaving (wet or dry) is prohibited at all swimming competitions and practice sites. Violation will result in disqualification. Sections may permit schools to compete in quad/dual meets. The minimum diving depth requirements are as follows: Pools built before January 1987 meet the NFHS minimum depth requirement (currently 10 feet) and pools built after January 1987 meet the NYS Department of Health’s minimum requirement (currently 11 feet).

Waivers/Modifications:

1. Sections may reduce the number of dives for junior varsity and freshman meets. (Aug. 2002)
2. The NFHS Metric Conversion Chart will be used when applicable. (Jan. 2012)
3. Approved to use the track style blocks in practice but not in competition in both boys and Girls swimming for 2013-2014 season.

Scrimmages: In swimming scrimmage no official times or scores will be kept. Times may not be used to meet the qualifying standard. More than one heat per event is permitted.

50. TENNIS – A player may compete in either a singles or doubles competition on the same day. Only two (2) matches are allowed per day and both matches must use a modified scoring system that conforms to one of the following formats: best 2 of 3 sets, using no-add scoring, with a 12-point tie breaker at 6-all; or, ten-game pro-set, using regular scoring with a 12-point tie breaker at 9-all (May 2011). In tournament play, the maximum number of matches shall be three in one day. Participation in a two-day invitational tennis tournament shall count as one of the 20 contests permitted and only three (3) such tournaments shall be allowed within the 20 meet limitation. In league and sectional competition, sections would have the option to increase the number of matches to four (4) in one day using modified scoring with rest periods being 30-minutes for the quarter final and below, 45-minutes for the semi-finals and 60-minutes for the finals. (May 2010) The Commitment to Compete form must be completed to be eligible to compete in the NYSPHSAA tournament (Boys-May 2003; Girls-May 2006). Failure to honor your commitment to complete the tournament for reasons other than injury or illness will result in forfeiture from the tournament and ineligibility from next year’s NYSPHSAA State Tennis Tournament. This incident will also be reported to the student’s school administration (May 2011). At the NYSPHSAA Championship coaching on the court is permitted, however cheering remains prohibited (Jan. 2009).

Scrimmages: A tennis scrimmage must alter format so it does not follow the regular competition format for league/sectional play. Suggested formats include but are not limited to:

1. Teams use tie breaks only
2. Five (5) game pro-set – first (1st) one to three (3) points
3. Modified eight (8) game pro-set – first (1st) players to three (3) points completes the scrimmage
4. Teams compete using an eight (8) game pro-set rather than two (2) out of three (3) sets with tie breakers at six-six (6-6).
SPORTS STANDARDS

51. VOLLEYBALL: A contestant (or team) may participate in a maximum of two (2) matches in a day. Each day of a tournament shall count as one (1) contest. The total number of tournament games played in one day shall not exceed fifteen (15) games. An additional 15-point game is permitted only to break ties in pool play to advance to finals as per tie-breaking procedures. In tournament play, volleyball teams shall have at least ten-minutes of rest between matches. All games will be played according to NCAA Rules with all games played to 25-points. Teams will be permitted eighteen (18) substitutions and will switch at 13-points in the deciding game.

Waivers/Modifications:

A. Girls and Boys Volleyball:

1. Two score keepers are permitted with a home score book as the official score book. (Feb. 2008)
2. With Section approval, the use of lines of people during league play may be waived. (May 2007)
3. Teams can warm-up behind or adjacent to the court during the warm-up period. (May 2005)
4. If uniform specifications are not compliant, these procedures will be followed:
   a. Notify the coach of the team at fault of the violation. The team will attempt to legalize the uniform of the team member(s) in question.
   b. If the uniform fault cannot be legalized, meet with the opposing coach to determine whether a protest will be filed.
   c. If no protest is filed at this time, no future protest will be accepted on this issue.
   d. If no protest is filed, follow protest procedure and play the match.
   e. The libero uniform is exempt from this modification.

5. The time length of all time outs is 60 seconds (August 2009)
6. Jewelry Rule: A waiver of NCAA Rule 7.2.3 to permit, if a substitution request is acknowledged (whistled), and the player is wearing an illegal uniform or jewelry or has illegal equipment, the substitution is denied and a delay sanction assessed. If warm-up activities or play must be interrupted because player wearing an illegal uniform, jewelry or equipment, that team is assessed a delay sanction. The jewelry must be removed before the player can participate further. If, during the warm-up period, a player responds promptly to a referee’s request to remove jewelry or illegal equipment, a delay sanction is not assessed. (May 2010)
7. Officials may not issue a yellow card to a coach for un-sportsmanship like behavior. (August 2012)
8. Waiver of rule 1.5.4 – referee stand in Boys and Girls Volleyball.
SPORTS STANDARDS

Scrimmages: A volleyball scrimmage must include one or more of the following:
1. Each server shall serve 3-5 consecutive serves regardless if the point was scored before the other team would get the ball. (rotate)
2. Games would start at point 4 all and end at point 25 or a game could be timed with no point cap.

B. Boys Volleyball
1. The use of NCAA Volleyball Rules with the same modifications used in girls' volleyball beginning in the fall of 2009 (Jan. 2009)
2. A player may touch the opponent's court with hand(s) or feet, provided some part of the hand(s), foot/feet remain either in contact with or directly above the centerline, and the penetration does not interfere with the opponents play.
3. For boys' competition, the height of the net from the center of the court is 7' 11 5/8". (August 2011)
4. Section VI experiment to allow the use of two liberos for the 2015 season. (July 2015)
5. Libero uniform waiver through the 2018 season. (October 2015).

52. WINTER TRACK – A contestant (girl or boy) shall be limited to participation in three (3) events. There must be one night of rest between contests and no more than three (3) contests scheduled per week. An individual competitor may participate in a maximum of sixteen (16) contests. Wristwatches are approved for practice only.

Scrimmages: A track and field scrimmage must conform to the following:
1. No scoring – no official results or place finishers recorded.
2. No performance may be used to meet the qualifying standard or be considered a record.
3. Competitors and events must adhere to the limitations of the NFHS.

53. WRESTLING – Multiple Dual Meet Events: Each individual competing in these events is charged one (1) point for each dual meet. Triangular Meet: Three (3) teams compete, with each team wrestling a dual meet against each of the other two teams at the same site. Each individual is charged two (2) points toward their dual meet schedule. Double-Dual Meet: Three (3) (or more) teams compete, with each team wrestling a dual meet against two (2) of the other teams at the same site. Each individual is charged two (2) points toward their dual meet schedule. Quadrangular Meet: Four (4) teams compete, with each team wrestling a dual meet against each of the other three teams at the same site. Each individual is charged one (1) point for each match wrestled counting toward their dual meet schedule. Dual Meet Tournaments – Bracket Tournament: Teams are placed in a bracket, with the winning teams advancing to a championship. Losing teams may compete in a consolation bracket to determine team placement. Pool Tournament: Teams are placed in pools. Teams compete in dual meet competition against every team in their pool, to determine the rank of teams in each pool. Teams from each pool wrestle against the same-ranked team(s) from the other pool(s) to determine team placement. Round-Robin Tournament: Each team wrestles a dual meet against every other team in the
SPORTS STANDARDS

tournament. Team placements may be determined by win/loss record, or by total points accumulated in all meets. Each individual competing in these events will be charged two (2) points towards their twenty (20) point limitation and one tournament of the allowable six maximum tournaments as per the NYSPHSAA Handbook. Any school wishing to conduct a dual meet tournament with a unique format shall apply to NYSPHSAA for consideration. Under extenuating circumstances (postponements due to inclement weather, school cancellations) a school may request permission from Section Coordinator to wrestle two (2) meets in one day, with a limitation of two (2) per season.

a. A contestant may participate in competitions not to exceed twenty (20) points during the regular season. A dual meet will be assessed one (1) point, while tournaments will be assessed two (2) points. Participation as a contestant or in any exhibition match in any meet shall count as a contest and only six (6) tournaments shall be permitted within the twenty (20) point limitation. If a wrestler exceeds the six (6) permitted tournaments allowed within the twenty (20) point limitation, said wrestler shall be ineligible for the remainder of the season; the coach will be suspended from the next regularly scheduled contest. Any additional penalty will be determined by the Section Athletic Council. Of the six (6) permitted tournaments, a maximum of two (2) two-day dual meet tournaments will be allowed during the season. A contestant may compete in a maximum of five (5) bouts in one day in tournament competition only. A wrestler must compete (exhibition, forfeit, varsity/JV match) and be charged a competition point, towards the twenty (20) point maximum, in order to count toward the minimum required contests under the Representation Standard (six (6) contests).

b. The minimum weight class in which a contestant may compete will be determined by a NYSPHSAA approved assessor, following guidelines of the Minimum Weight Certification Program. A contestant shall be prohibited from wrestling within a weight classified Program. A contestant shall be prohibited from wrestling within a weight classification more than one class above his/her actual weight. For other requirements see HS Sports Standard Chart.

c. A contestant may compete in a maximum five (5) bouts in one day in tournament competition only.

d. A wrestler may compete two (2) times in a regular two-team dual meet in the following situations:

1. A wrestler from Team A accepts a forfeit from Team B.
   a. The Team A wrestler may wrestle an exhibition match with a Team B member.
   b. Points Team A: One (1) for the forfeit and One (1) for the exhibition match.
   c. Points Team B: One (1) for the exhibition match
SPORTS STANDARDS

2. Wrestling vs. the extra wrestlers weighed in.
   a. A wrestler from Team A wrestles a match vs. Team B has a second wrestler weighed in at this weight (or one weight class higher). The Team A wrestler may wrestle an exhibition match with the other Team B wrestler.
   b. Points Team A: One (1) for the first match and one (1) for the exhibition match.
   c. Points Team B: One (1) for the exhibition match.

3. Team A and B may match a wrestler in two exhibitions.
   a. Points Team A: Two (2) for the exhibitions.
   b. Points Team B: Two (2) for the exhibitions.

The following must be followed in each of the above situations:
1. There must be a 45 minute rest between matches.
2. The wrestlers may only wrestle one weight class higher than their weighed in weight class.
3. Each match/forfeit counts one (1) point toward the individual's twenty (20) point limit. (May 2008)

Additional information:
   a. All wrestlers with braces on their teeth are required to wear a mouth guard to cover all appliances. (Oct. 2006)
   b. NFHS 1.5% Weight Loss Rule is waived. (May 2007)
   c. A wrestler found to have cheated on the hydration test can no longer participate in wrestling from that point for the remainder of the season. (May 2008)
   d. A Parents' Awareness Form for the wrestling minimum weight certification is required to be signed by the parent/guardian and the student and kept on file by the school athletic director.

Waivers/Modifications:
1. A waiver to rule 4-1-5 to allow tape on the chin straps and straps on the top of the head gear. (Jan. 2012)
2. A waiver of the uniform rule during the month of February to permit pink ribbon(s) on the uniform in recognition of Breast Cancer Awareness initiatives. (Jan. 2012)

Scrimmages: A wrestling scrimmage must include one or more of the following:
1. Must wrestle in predefined situations such as pinning, takedowns, turns, etc.
2. Must wrestle in neutral position. If a takedown occurs would go back to the neutral position.
3. Must wrestle in the referee’s position using both styles. If a pin occurs, restart in the referee’s position.
SPORTS STANDARDS

NYSPPHSA, INC. WRESTLING WEIGHT CONTROL PLAN

On the recommendation of the State Wrestling Committee and with the approval of the State Executive Committee the following weight classes are in effect: 99, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 and 285 for dual meets and tournaments. (August 2011)

1. The NYSPPHSA Wrestling Minimum Weight Certification Program is to be followed by all high schools sponsoring wrestling. Based on 7% body fat for males/14% for females, the minimum wrestling weight is the lowest weight at which an athlete will be allowed to compete. Certification must be conducted by a NYSPPHSA Approved Assessor and must occur within 14 days, exclusive of Sundays and school closing for holidays or emergencies, from the first day of the season. Wrestlers will be certified at a minimum weight (May 2010 and May 2012). A wrestler cannot begin practice until the waiver is approved. The approved date of the waiver starts the 14-day clock for certification (Aug. 2011).

Centralized Assessment Sites will be mandated for the minimum weight assessment of all wrestlers. Only the refractometer will be used to test hydration.

**Option 2:** Wrestlers that are involved in the Fall NYSPPHSA Championships may apply for a waiver of the 14 day rule. Wrestlers that chose this option may not begin practice until the waiver has been approved by the section coordinator.

2. The use of sweat boxes; hot showers; whirlpools; rubber, vinyl and plastic type suits; or similar artificial heating devices; diuretics or other methods for quick weight reduction purposes is prohibited and shall disqualify an individual from competition. See NFHS Rule 4-4-4.

3. A profile form from a NYSPPHSA Approved Assessor must be filed in the home school prior to competition. Sectional wrestling forms must be received by the Section Wrestling Chairman before competition.

4. Dual meets scheduled on a school day shall use the honor weigh-in procedure. A certified list of recorded weights signed by the Principal or Athletic Director shall be submitted at the official weigh-in before the meet. Honor Weigh-Ins for a school day, dual meet wrestling matches are allowed; Honor Weigh-Ins for non-school day, dual meet wrestling matches are not allowed and if one team has school and the opponent does not have school on the day of a dual meet, Honor Weigh-Ins are allowed. Each wrestler shall make the scratch weight at the weigh-in to be conducted prior to the school’s first scheduled academic instruction period on the day of the match and may be permitted an allowance of 3 pounds at the mat side weigh-in. One not making the scratch weight at the early weigh-in will not be permitted the 3 pounds allowable and must make scratch weight at the mat side in order to compete. In the event that a competition is postponed or cancelled, the honor weigh-in is not an official weigh-in, and therefore does not count towards the 50% rule.
5. Restrictions for Competition: A minimum weight is required for selectively classified athletes. Students in grades 9-12 do not have to make minimum weight (Aug, 2011). The minimum required weight for all weights as listed MUST be met and RECORDED at both the honor weigh-in and the mat side weigh-in.

   a. To compete at the 99 lb. class a wrestler MUST weigh in excess of 91 lbs. to be eligible.
   b. To compete at the 106 lb. class a wrestler MUST weigh in excess of 96 lbs. to be eligible
   c. To compete at the 220 lb. class a wrestler MUST weigh in excess of 185 lbs. to be eligible.
   d. To compete at the 285 lb. class a wrestler MUST weigh in excess of 210 lbs. to be eligible.

6. The minimum required weight for the 99 lb., 106 lb., 220 lb., and 285 lb., weight class MUST be met and RECORDED at both the honor weigh-in and the mat side weigh-in.

7. A wrestler found to have cheated on the hydration test can no longer participate in wrestling from that point for the remainder of the season.

8. There shall be an allowance of one (1) pound granted each day over the weight limit of the previous day in tournament competition. There is a one (1) pound allowance for all involved teams the second day of a dual meet or tournament competition conducted on consecutive days. The maximum allowance for consecutive dual meets or the first day of a tournament following a dual meet is two (2) pounds. **NOTE:** A minimum of 48 hours notification to your opponent is required in order to be granted this one-pound allowance. This rule is voided at post-season wrestling tournaments, namely Class and Sectional competitions that are involved in the process of selection of competitors for championship competition.

   NYSPHSAA will grant a two (2) pound growth allowance for each weight class on December 25. This two (2) pound growth allowance does not apply to the minimum weight requirements for the weights of 99 lbs., 106 lbs., 220 lbs., and 285 lbs.

9. Weigh-in for the second day of a tournament must be on the morning of the second day, with a 1 lb. allowance.

10. Effective in 2006-2007 and after, 50% of the weigh-ins during the season must be at the minimum weight he/she will wrestle during the state tournament series.

   a. An official weigh-in counts towards this 50% rule whether an athlete competes or not, as long as he/she is eligible to compete and has made weight at both the honor weigh-in (a.m.) and the mat side weigh-in (p.m.)

11. Section sponsored tournaments are not considered part of the regular season; therefore, do not count toward the 50% rule, 20 point rule, or the Representation Standard.
CODE OF ETHICS

IT IS THE DUTY OF ALL CONCERNED WITH HIGH SCHOOL ATHLETICS:

1. *To emphasize* the proper ideals of sportsmanship, ethical conduct and fair play.

2. *To eliminate* all possibilities which tend to destroy the best values of the game.

3. *To stress* the values derived from playing the game fairly.

4. *To show* cordial courtesy to visiting teams and officials.

5. *To establish* a happy relationship between visitors and hosts.

6. *To respect* the integrity and judgment of the sports officials.

7. *To achieve* a thorough understanding and acceptance of the rules of the game and standards of eligibility.

8. *To encourage* leadership, use of incentive, and good judgment by the players on the team.

9. *To recognize* that the purpose of athletics is to promote the physical, mental, moral, social, and emotional well-being of the individual players.

10. *To remember* that an athletic contest is only a game... not a matter of life or death for player, coach, school, official, fan, community, state or nation.
MODIFIED PROGRAM

Grades 7, 8, 9

NYSPHSAA, INC., COMMITTEE
FOR MODIFIED ATHLETICS GRADES 7, 8, 9

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   Michael Kardash, Stillwater HS 12170

3. Chris Doroshenko, Morrisville Eaton 13408
   Barb Felice, Holland Patent HS 13354

4. Carl Koenig, Oxford 13830
   Sue Franco, Oxford 13830

5. Tom DeYoung, Newark 14513
   Ann Hosmer, Canisteo-Greenwood CSD, Canisteo 14825

6. Adam Stoltman, Alden CS, Akron 14004
   Katie McGowan, Wilson CS 14172

7. Matt Winslow, Newcomb CSD 12852
   Victoria McMillan, Morrisville 12962

8. Jonathon Bloom, Freeport PS, Freeport 11520
   Denise Romanello, Roslyn MS, Roslyn Heights 11547

   Michele Henn, Washingtonville, 10992

10. Gary Tischler, Madrid-Waddington CS 13660
    Lori Brewer, Russell 13684

11. Dan Robinson, Brentwood USFD 11717
    Georgia McCarthy, Huntington UFSD 11743
Boy's Modified Athletics Sports Coordinators

**Baseball:** Steve Nolan, Warrensburg CSD 12885  
**Basketball:** Bob Hummel, Queensbury HS 12804  
**Cross Country:** Patrick Patterson, Newark Valley CS, Newark 12811  
**Football:** Steve Nolan, Warrensburg CSD 12885  
**Ice Hockey:** Dean Berardo, Brewster HS 10509  
**Lacrosse:** Gordie Pollard, Vestal HS 13850  
**Soccer:** Matt Wood, Vestal Middle School 13850  
**Tennis:** Tom Fitzpatrick, Wheatley School 11568  
**Track & Field:** Teresa Lee, Little Falls MS 13365  
**Volleyball:** Mira Martincich  
**Wrestling:** John Richard, Holland Patent CS 13354

Girl's Modified Athletics Sports Coordinators

**Basketball:** Jim Miller, Cato-Meridian HS, Cato 13033  
**Cross Country:** Patrick Patterson, Newark Valley CS, Newark 13811  
**Cheerleading:** TBD  
**Field Hockey:** Barbara Felice, Holland Patent CS 13354  
**Gymnastics:** TBA  
**Lacrosse:** Beth Staropoli, Fox Lane HS, Bedford 10506  
**Soccer:** Matt Wood, Vestal Middle School 13850  
**Softball:** Micki Bedlington, Yonkers 10701  
**Swimming:** Tom DeYoung, Newark 14513  
**Tennis:** Tom Fitzpatrick, Wheatley School 11568  
**Track & Field:** Teresa Lee, Little Falls MS 13365  
**Volleyball:** Mira Martincich

**Staff Liaison:** Todd Nelson, Assistant Director
THE MODIFIED INTERSCHOLASTIC SPORTS PROGRAM

Interscholastic competition in sports for pupils below the tenth grade level has been modified by the NYSPHSAA, Inc., and adapted to students in grades 7-8-9. School administrators need to realize that the NYSPHSAA, Inc., Modified Sports Program has been approved by its member schools and is based on twenty years of experimentation and implementation with SAFETY as the major concern.

MEDICAL APPROVAL

The Medical Society of the State of New York and the American Medical Association has officially approved the NYSPHSAA, Inc., Modified Program as a sound, safe program. It is most important that all school administrators, directors, and coaches note this approval. The safety of the pupil has been the dominant factor in the establishment of the policies, rules, game conditions, and modified rules under which participants in this program compete.

INDIVIDUAL SCHOOLS, ATHLETIC LEAGUES, AND SECTIONAL ATHLETIC COUNCILS have definite responsibilities to assure proper administration of the program:

THE SCHOOL

1. Abides by the rules by providing proper administration of the program.
2. Informs all essential personnel of program rules, regulations, and program philosophy.
3. Participates actively in the organized group of schools to properly administer the interscholastic athletic competition within the rules of the Modified Program.
4. Becomes involved in sectionally sponsored modified sports administrative committee or council, participating in rules and games clarification programs and clinics.

THE LEAGUE

1. Abides by the rules by providing proper league administration of the modified program through chairmen and committee members.
2. Gives consideration to more restrictive program policies if desired.
3. Expects league sports chairmen to participate actively on sectional sports committees.
4. Provides official, active representation on sectional council.
THE SECTION-COUNCIL FOR MODIFIED ATHLETICS

1. Establishes essential administrative units and sports chairmen to provide the leadership necessary for the Modified Sports Programs in the schools of the section. Official league representatives and sports chairmen shall comprise the Section’s Council for Modified Athletics.
   a) Shall establish the dates for the opening of all sports seasons.
      - Fall – With Section/League approval the modified program Fall season starting date will be week #8 in the NYSPHSAA Standard Calendar.
      - Winter – Week #18 is the earliest possible date for the winter sports season. Later dates may be set.
      - Spring – Week #35 is the earliest possible date for the spring sports season. Later dates may be set.
      Four sports seasons may be set by sectional action and approval. The established fall starting date may not be changed without approval of both the NYSPHSAA Modified Committee and the NYSPHSAA Executive Committee. Earlier winter and spring starting dates may be established by sectional action. These dates must be reported to the Modified Committee.
   b) Conducts all organized team practice and competition during one season.
   c) Cooperates with officials’ organizations – to provide officials with the essential information relating to the modified program and to secure competent officiating for the Modified Sports Program.
   d) Administers all policies essential for proper functioning of the modified program of sports.
      --No sectional championships or tournaments shall be conducted.
      --Clarifies sectional participation in innovative programs to assist in experimentation to meet obvious needs for program improvement.

2. Participates actively in the functioning of the NYSPHSAA, Inc., State Committees on Modified Athletics by:
   a) Having official, active representation on the State Committee.
   b) The officially selected sectional sports chairmen shall provide the leadership for the sports conducted in the schools of the section and cooperate with the State Sports Chairmen in their continuing efforts to improve the sports programs and the safety of the participants.

3. Establishes a relationship with the Sectional H.S. Athletic Council and Central Committee members to clarify section’s final approval of policies, programs, and with representatives involved in the Modified Sports Program of the schools of the section.
   a) More restrictive policies may be adopted for sectionally approved programs if desired.
   b) Recommendations for additional programs that may be desirable to meet particular needs in the section may be inaugurated.
   c) Participation in innovative programs may be clarified and approved.
**MODIFIED PROGRAM**

d) With sectional approval, variations of modified athletic game rules and conditions may be adopted selectively for use by specified conferences or leagues.
e) Essential communications should be established so that all schools are informed as to programs, policies, and administrative procedures necessary for the proper functioning of the Modified Sports Program.
f) Definite understanding needs to exist between the Section Council for Modified Athletics and the Senior H.S. Sectional Athletic Council relative to the responsibilities and authority of each.

The elected Central Committee members are the section’s official representatives to the NYSPHSAA, Inc., governing bodies – the Central and Executive Committees. The Modified Sports Program for Grades 7-8-9 is their responsibility and complete understanding of the actions and activities of the Modified Athletics Council needs to exist.

**INNOVATIVE PROGRAMS**

The establishment of essentially sound, safe, and modified sports programs to meet the needs of varying sized schools has always been a challenge for the State Committee. When new programs have been presented to meet specific needs the committee has requested sections to experiment with the new program to determine its value before recommending the program for official approval and referenda. Equitable competition is the constant aim.

Innovative programs may be participated in only after being officially requested by Sectional Representatives on the Committee and the approval of the State Committee. This procedure has been of real value in presenting practical programs for referenda.

GIRLS may participate on boys’ teams according to Eligibility Standard #15.

LIFETIME SPORTS competition is a part of the athletic program in some schools involving grades 7-8-9. The Committee coordinators welcome suggestions from any schools involved in these sports and who feel standards need to be established. There definitely needs to be a very close correlation of intramurals, extramurals, and interscholastic activities to provide a broad program for all interested students of all levels of ability.

If a student or school participates in the Modified Program on an interschool level in the lifetime sports, then all General Eligibility Rules must be observed.
MODIFIED PROGRAM

PROGRAM CONTROLS

SPECTATORS: Parents and interested students are usually the great majority of spectators at Modified Program games. Spectator buses to away games are most questionable and never should be permitted without the approval of the host school. When spectators visit another school, adequate and appropriate staff members should be available to supervise their spectators.

SCHOOL BANDS: Bands at Modified Program games are not desirable, since they tend to develop an overemphasized atmosphere for the competitors.

COACHES: The most important factor in the program is the coach. One must adapt coaching to the age level and the abilities of the junior high school youngsters and must teach the basic fundamentals of the games and avoid the intricacies of more advanced programs. Real patience and knowledge of the youngsters at this particular age level is necessary. An understanding of all program policies and game rules and conditions is essential. Relations with opposing coaches should be one of cooperativeness and good sportsmanship, yet teaching and coaching the team to be the best of one's ability, realizing that the chief obligations are to the pupils and their proper sports education.

SCOUTING: There is no need for scouting of opponents' games at this level of completion.
GENERAL ELIGIBILITY RULES FOR THE MODIFIED PROGRAM

Situations not covered by the following specified modified rules shall be governed by the Eligibility Standards of the New York State Public High School Athletic Association, Inc.

1. **AGE:** Upon entry into the 7th grade, a student is eligible for modified program competition. One is ineligible when the sixteenth birthday is attained; however, if a student attains the sixteenth birthday during a sport season he/she may complete that sport season. **NOTE:** Schools, leagues and sections may organize Modified Program competition by age, grade, geography and/or ability levels within the limitations of the NYSPHSAA Eligibility Rules to ensure safe and equitable competition. Teams shall practice and compete only against other teams that use the same criteria for organization (i.e. age, grade, performance).

2. **BONA FIDE STUDENTS:** A contestant must be a bona fide student of grades 7, 8, 9 of the school represented. **NOTE:** If it becomes necessary to combine member schools to maintain a team or sport, a written request must be submitted and approval obtained from the league and section involved. Schools which have combined must submit a report to the Modified Committee and this will be submitted to the Executive Committee.

3. **CHAMPIONSHIPS-TOURNAMENTS:** Tournament competition is not permitted in the Modified Program. No sectional team or individual championships are to be conducted, nor are there to be championship playoffs on a team or individual basis.

4. **DURATION OF COMPETITION:** High School Eligibility Standard #8 becomes effective on the date of entry in ninth grade.

5. **EMERGENCY PROCEDURES:** It is recommended that all schools develop emergency procedures to be followed by coaches.

6. **EXTENDED PLAYING TIME:** Eligibility for play in an extended playing time should be determined on the basis of the following participation standards:
   
a) Players with no participation in the regular game/contest should be eligible for play in an extended playing time.

b) Players whose participation in the regular contest is limited, i.e., their total participation was no more than one-half of the regular playing periods/quarters shall also be eligible for play in an extended playing time.

c) Limited participation shall be further defined to mean that entry into a playing period rather than actual playing time shall constitute “participation” in the regulation contest.
MODIFIED PROGRAM

Optional Plan for use at the league or Section level: If a team has fewer than the minimum number of players to play the five (5) period concept the following game rules will apply.

A four (4) quarter game will be played with the number of minutes being increased for each quarter (see chart); however no player may play more than three (3) quarters (*see exception). This will apply provided the team has a sufficient number of players so as not to exceed the NYSPHSAA regulated playing time allocation for each sport (see following chart).

<table>
<thead>
<tr>
<th>SPORT</th>
<th>TIME LIMIT</th>
<th>MINIMUM # OF PLAYERS REQUIRED</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Regulation Game</td>
<td>4 Quarter Extended Play</td>
</tr>
<tr>
<td>BASKETBALL</td>
<td>7 minute quarters</td>
<td>9 minute quarters</td>
</tr>
<tr>
<td>FIELD HOCKEY</td>
<td>25 minute halves</td>
<td>12 minute quarters</td>
</tr>
<tr>
<td>FOOTBALL</td>
<td>10 minute</td>
<td>10 minute quarters</td>
</tr>
<tr>
<td>BOYS LACROSSE</td>
<td>9 minute quarters</td>
<td>11 minute quarters</td>
</tr>
<tr>
<td>GIRLS LACROSSE</td>
<td>25 minute halves</td>
<td>12 minute quarters</td>
</tr>
<tr>
<td>SOCCER</td>
<td>15 minute quarters</td>
<td>18 minute quarters</td>
</tr>
</tbody>
</table>

In boys’ and girls’ lacrosse and in girls’ field hockey, if a team has only one goal keeper that goal keeper may play in all periods of 4 Quarter Extended Play or in all periods of 5 Period Play. Except for the goal keeper, the “time” allocated for the game will not be extended. All players except for the goal keeper will follow the 4 quarter or 5 periods extended playing time format and are therefore only eligible to play 3 periods.

7. **HEALTH EXAMINATION:** A student who may engage in interschool competition shall receive an adequate health examination and may not practice or participate without the approval of the school medical officer. **NOTE:** Physicals for participation in school sports may be scheduled at any time during the calendar year. The results of the physical shall be valid for a period of 12 months after the last day of the month in which the physical was conducted. Unless the medical examination is conducted within 30 days of the start of a season, a health history update is required. Any pupil whose safe participation is in question as a result of the health history interview, or injury, or prolonged absence must be re-qualified by the school physician prior to participation. If the 12 month period for the physical expires during a sports season, participants may complete the season as long as a health history was conducted prior to the season. For example, a physical conducted on August 1 would be valid through August 31. If a student plays beyond August (ex,
MODIFIED PROGRAM

football), the student may complete that sports season as long as an interval health history was conducted before the start of the season. Immediately following the last sanctioned tournament competition for that season, a new physical is required if the student is going to play another sport. Sport season includes tryouts.

NOTE: The Handbook Committee recommends that each incidence of prolonged absence should be reviewed individually by the coach and the athletic director, consulting with the school physician when necessary and a reasonable amount of practice time and playing time be established based on the athlete's readiness for safe return to competition.

8. INTERSCHOOL PRACTICE SESSIONS/SCRIMMAGES: A school is limited to three (3) interschool practice sessions/scrimmages which, if conducted, may be held at any time after minimum practice requirements and previous to the last scheduled contest. By sectional approval, in cases where officials are not available for contests and all avenues of obtaining certified official have been exhausted, additional scrimmages are permissible as replacements to the scheduled contests. Interschool practice sessions/scrimmages are governed by the same hours to elapse between such sessions/scrimmages as for regularly scheduled contests with the exception of football.

NOTE: With Section/League approval, up to 50% of the maximum number of games permitted for each modified level sport may be designated as scrimmages. (Example: Basketball – 14 games scheduled, 50% (7) could be scrimmages plus 7 games for a total of 14. Under this option, if a contest is converted to a scrimmage, the scrimmage would count toward the 50% as outlined in the Promotion Rule. NOTE: In practice sessions/scrimmages:

a) Both squads use the same field simultaneously with both coaches making corrections and giving instruction to players as they would do during their own practice,
b) No official score is kept,
c) No admission is charged,
d) No spectators are permitted unless such is the usual plan whenever the squad has a practice.

9. MIXED COMPETITION: see Eligibility Standard #15.

10. MULTI-SCHOOL CONTESTS/TOURNAMENT COMPETITION/CHAMPIONSHIP/FINALS AND AWARDS: Tournament competition is not permitted in the modified program. No sectional team or individual championships are to be conducted. With sectional/league approval in multi-school contest and invitational, may award place ribbons to the top competitors. Championship playoffs on a team or individual basis are prohibited. Sections, leagues, devices or groupings should not host an end-of-season finale multi-school contest that can be construed as a jamboree, carnival, or invitational tournament. Multiple school contests can be conducted at the end of the season only if it is in a sport in which multiple team contests are regularly scheduled throughout the season and the final contest mirrors that of the rest of the schedule, thus the contest is not larger than all the others. This may be true for individual dual sports (i.e. squad meets for wrestling, cross country or track). Team sport multiple school contests prior to the end of the season are permitted provided:
**11. PENALTIES:**

a) If a school uses an ineligible student in any interschool contest, the penalties shall be as follows:

1. In all team sports-forfeiture of the contest. In individual sports, the use of an ineligible player would result in the contest being forfeited. However, the performances and outcomes of the other individuals would stand.
2. In the individual sports-bowling, cross country, fencing, golf, gymnastics, rifle, skiing, swimming, tennis, t rack, wrestling – all points scored by the individual shall be forfeited and places moved up accordingly.

b) For any violation of eligibility or sports standards a school or a school authority may be censured, placed on probation, or suspended.

c) Consistent with good ethical standards the prompt reporting of the knowledge of an infraction shall be made to the proper authorities in writing.

d) School Districts may appeal to the Section to gain relief from the prescribed penalty if the violation of eligibility standards resulted from circumstances out of the District’s control.

**12. PRACTICE SESSIONS:** Each student may participate in only one practice session a day on only six days of a calendar week. Practice sessions shall be limited to two hours and be at least 45 minutes in length. No student may be permitted to participate in school organized practice or play on seven consecutive days. All required practice sessions shall include vigorous activity related to the specific sport. A tryout session may be used toward the required number of practices needed prior to the first scrimmage or contest when the high school and modified seasons start simultaneously or when the high school tryout periods are contiguous to the beginning of the modified sports season.

**13. PROMOTION:** A contestant in grades 7, 8, and 9 who practices or competes with or against a freshman, junior varsity or varsity performer shall not return to the modified athletic program in that same season in that same sport. Contestants shall not be promoted to a higher classification within the modified program or to a junior varsity or varsity team after completion of fifty percent of their modified schedule.

**NOTE:** EXCEPTIONS:

a) General Eligibility Rule #17 “TRYOUTS”.

b) In school where no junior varsity program is provided in a specific sport, a ninth grade modified contestant may be promoted to the varsity team at any point in the season if he/she displays the skills and maturity to compete at the varsity level. A promoted 9th grade contestant is eligible to participate immediately upon promotion providing
that he/she has completed the necessary number of required practices for that specific sport. The contestant may not exceed the total number of contests as outlined in the HS Sport Standards Chart.

c) In a section whose “early winter” season ends in mid-winter, followed by the “late winter” season, the modified ninth grader could not be elevated to the varsity for post schedule contests in a sport played in the “early winter” modified season.

d) Promotion Regulation shall be waived for Boys’ and Girls’ Swimming & Diving and Boys’ and Girls’ Outdoor Track and Field permitting schools with section approval the option of running combined modified and varsity swimming and diving meets, alternating events.

e) The NYSPHSAA Executive Director may grant a waiver of the promotion rule if a High School team is dropped by the school district.

14. **SPORTS SEASONS:** All competition shall be completed within the sport season indicated by each individual section.

15. **TIME INTERVAL:** Unless extenuating circumstances arise, it is recommended that no more than two contest should be scheduled per week. Except in football and cross country, contests may be played with only one night of rest three times per season for rescheduling purposes only. A team may never play three days in a row. There shall not be more than three contests played per calendar week. Baseball and softball shall be permitted to play two games a day twice during the season. (See Baseball and Softball – Game Conditions.)

16. **TRANSFER:** A student who is enrolled in one school may subsequently transfer no more than once during a school year without a corresponding change in the residence of his parents or guardians, or having reached the age of majority establishes a residency.

a) A student who transfers from one school to another becomes eligible after starting regular attendance.

b) Transfer students trying out for sports before school opens in the fall shall register and be accepted by the principal of that school before the medical examination and the first practice. This shall constitute the start of regular attendance for fall sports.

**NOTE:** After approval by the school medical officer a student may practice immediately and must satisfy the specific Sports Standard according to the number of practice sessions required.

c) Practices at the previous school district may be counted toward the minimum number of practices required provided the principal or athletic director of the previous school submits, in writing, the number and dates of such practices to the principal or athletic director of the new school.
MODIFIED PROGRAM

17. TRYOUTS:

a) A section may establish tryout periods to allow EXCEPTIONAL ATHLETES who have completed and passed the NYS Education Department Selection/Classification (S/C) Procedures and Standards the opportunity to be selected for a high school team.

b) Seventh and eighth grade students must pass the S/C qualifications prior to the tryout period.

c) Ninth grade students do not have to pass the S/C qualification to participate in the tryout.

d) The tryout period for a modified athlete shall be defined as participation in three (3) of the first five (5) practice days of the high school season. During the tryout period, the modified athlete may not return to modified program until the athlete’s tryout is complete.

e) Tryout periods for wrestling, boys lacrosse and ice hockey shall be a maximum of five (5) of the first seven (7) practice days of the high school season.

f) The tryout period for football shall be a maximum of eight (8) of the first ten (10) days of the high school season.

g) Student athletes participating in sectionally approved tryout sessions are not subject to the Promotion rule.

h) In cases involving new transfer students, overlapping season, and/or medical conditions the student's try-out period will be 3 out of 5 days, 5 out of 7 days, or 8 out of 10 days of the high school season depending on the sport.
PROGRAM SAFETY

PHYSICIANS: It is recommended that a physician be present at all football games and to be readily available during practice sessions. If an injury occurs during a game in any sport, the physician in attendance will determine the athlete’s fitness to continue play. During practice sessions, in the event of potentially serious injury to head, neck or spine of a player, a physician should see the injured as soon as possible. Any pupil whose safe participation is in question as a result of the health history review interview, or injury, or prolonged absence must be re-qualified by the school physician prior to participation.

OFFICIATING: Proper officiating is a most important safety factor. The following policies should be in effect:
1. The use of the “fast whistle” is mandatory when participant safety is questionable.
2. Strict enforcement of all rules violations will inculcate the proper playing habits and attitudes.
3. Special attention should be made to determine “potentially dangerous” holds in wrestling and to eliminate them.
4. It is required that certified officials should be used in contact sports to provide the safest possible game supervision. Three (3) officials are preferred for football.

EQUIPMENT: Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.

Protective equipment which is properly fitted should be provided for sports of a contact nature. Supporter cups should be worn in those sports where this protection is logical.

Protective headgear may be worn by soccer goalies for protective purposes. Shin guards must be worn at all times by all soccer players and field hockey players.

COACH ON THE FIELD: The coach is permitted to be on the field during timeout periods to check such matters as seem desirable to control the safety of the games and to use the existing situation as a teaching opportunity. It is realized that this rule is subject to abuse by overzealous coaches. Any coach violating the spirit of this rule should be removed from the program.

RULES OF THE GAME: The approved game rules for all sports are listed in the Modified Sports Standards. All adopted modifications indicated for each sport take precedence.
IT IS THE DUTY OF ALL CONCERNED WITH THE MODIFIED PROGRAM OF ATHLETICS:

1. To provide as broad and varied an athletic program as is possible with an opportunity for competition on an equal basis for all students. A desirable modified interscholastic program will encourage participation at several achievement levels. Interschool competition in a modified sports program should encourage participation for as many children as possible.

2. To realize that the individual schools have the final responsibility to equalize competition and must administer the program so that no overmatching of teams or individuals shall be permitted.

3. To conduct the athletic program so that educational objectives shall be achieved; so that the highest ideals of sportsmanship are upheld; so that no single phase of the educational program is promoted at the expense of other equally important programs.

4. To realize that the athletic program should be balanced with all other activities essential to youth, including those which may be conducted by out-of-school groups, to avoid an excessive load for any student.

5. To administer the program in such a manner that participants are properly examined, approved, equipped, insured, selected, classified, instructed, and supervised so that as safe a program as is possible is conducted.

6. To administer the educationally based athletic program in its proper perspective, with minimal loss of school time, limited publicity, competent officiating, and limited awards focused on participation.

7. To provide qualified leadership that understands the teaching of sports to the age group, the objectives of this modified sports program, and the emphasis on safety procedures.

8. To cooperate with schools in the area in providing an interscholastic athletics administrative organization within your section that will achieve the objectives and will aid in the development of the highest type of cordial interschool relationships.

9. To conduct the program so that proper respect for authority is achieved. All participants, coaches, parents, spectators and interested individuals will demonstrate appropriate conduct at all times.

10. To promote sportsmanship by competing within the spirit of the rules, to give every opponent due credit and respect, and to win honorably and to lose graciously.
**MODIFIED PROGRAM**

11. To finance the program through Board of Education approved funds.

12. To cooperate with the Sectional Athletic Council, League or Conference in its efforts to provide sound leadership for all in modified athletics program. No sectional team or individual championships are to be conducted in modified interscholastic athletics.
### MODIFIED SPORTS STANDARDS CHART FOR INTERSCHOOL COMPETITION

<table>
<thead>
<tr>
<th>SPORT</th>
<th>Number of Practices Prior to First Scrimmage Team &amp; Individual</th>
<th>Number of Practices Prior to First Contest Team &amp; Individual</th>
<th>Team and Individual Maximum No. Contests</th>
<th>Minimum Time Between Contests*</th>
<th>Individual Limitations per Day</th>
<th>RULES</th>
<th>TIME AND DISTANCE LIMITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Badminton</td>
<td>6</td>
<td>8</td>
<td>14</td>
<td>1 night</td>
<td>2 matches* 1 contest</td>
<td>USBA</td>
<td></td>
</tr>
<tr>
<td>Baseball Pitcher</td>
<td>10</td>
<td>15</td>
<td>14</td>
<td>1 night 2 nights*</td>
<td>2 games* 1 game</td>
<td>NFHS</td>
<td>7 innings Pitchers*</td>
</tr>
<tr>
<td>Basketball</td>
<td>9</td>
<td>11</td>
<td>14</td>
<td>2 nights</td>
<td>1 game</td>
<td>NFHS-Boys NCAA-Girls</td>
<td>7 minute quarters</td>
</tr>
<tr>
<td>Bowling</td>
<td>3</td>
<td>3</td>
<td>14</td>
<td>1 night 3 games</td>
<td></td>
<td>USBC</td>
<td></td>
</tr>
<tr>
<td>Cross Country</td>
<td>10</td>
<td>11</td>
<td>10</td>
<td>3 nights 1 run</td>
<td></td>
<td>NFHS</td>
<td></td>
</tr>
<tr>
<td>Field Hockey</td>
<td>9</td>
<td>11</td>
<td>12</td>
<td>2 nights 1 game</td>
<td></td>
<td>NFHS</td>
<td>25 min. halves</td>
</tr>
<tr>
<td>Football</td>
<td>13</td>
<td>17</td>
<td>7</td>
<td>4 nights**</td>
<td>1 game</td>
<td>NFHS</td>
<td>10 min. quarters</td>
</tr>
<tr>
<td>Golf</td>
<td>3</td>
<td>3</td>
<td>14</td>
<td>1 night</td>
<td>1 match</td>
<td>USGA &amp; Local Course Rules</td>
<td></td>
</tr>
<tr>
<td>Gymnastics</td>
<td>10</td>
<td>15</td>
<td>10</td>
<td>2 nights 3 events* 1 contest</td>
<td></td>
<td>NFHS-Boys USAJO-Girls</td>
<td></td>
</tr>
<tr>
<td>Ice Hockey</td>
<td>10</td>
<td>15</td>
<td>14</td>
<td>2 nights**</td>
<td>1 game</td>
<td>NFHS</td>
<td>13 min. periods</td>
</tr>
<tr>
<td>Lacrosse- Boys</td>
<td>10</td>
<td>15</td>
<td>12</td>
<td>2 nights</td>
<td>1 game</td>
<td>NFHS</td>
<td>9 min. quarters</td>
</tr>
<tr>
<td>Lacrosse- Girls</td>
<td>10</td>
<td>13</td>
<td>12</td>
<td>2 nights</td>
<td>1 game</td>
<td>US Lacrosse</td>
<td>25 min. halves</td>
</tr>
</tbody>
</table>

*Minimum time between contests for team contests varies depending on the sport.

**Time limits for individual events vary based on the specific governing body and competition rules.
### Modified Sports Standards

<table>
<thead>
<tr>
<th>Activity</th>
<th>Nights</th>
<th>Events</th>
<th>Nights</th>
<th>Events</th>
<th>FIS &amp; ESA</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skiing</td>
<td>8</td>
<td>10</td>
<td>12</td>
<td>2 nights</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Soccer</td>
<td>9</td>
<td>11</td>
<td>12</td>
<td>2 nights</td>
<td>1 game</td>
<td>NFHS 15 min. quarters</td>
</tr>
<tr>
<td>Softball</td>
<td>8</td>
<td>10</td>
<td>14</td>
<td>1 night</td>
<td>2 games*</td>
<td>ASA 7 innings</td>
</tr>
<tr>
<td>Pitcher</td>
<td></td>
<td>2 nights*</td>
<td>1 game</td>
<td></td>
<td></td>
<td>Pitchers (1)</td>
</tr>
<tr>
<td>Swimming/Diving</td>
<td>12</td>
<td>15</td>
<td>14</td>
<td>2 nights</td>
<td>3 events* 1 contest</td>
<td>NFHS</td>
</tr>
<tr>
<td>Tennis</td>
<td>6</td>
<td>8</td>
<td>14</td>
<td>1 night</td>
<td>2 matches*</td>
<td>USTA</td>
</tr>
<tr>
<td>Outdoor Track</td>
<td>10</td>
<td>13</td>
<td>10</td>
<td>2 nights</td>
<td>3 events* 1 contest</td>
<td>NFHS</td>
</tr>
<tr>
<td>Winter Track</td>
<td>10</td>
<td>15</td>
<td>10</td>
<td>2 nights</td>
<td>3 events* 1 contest</td>
<td>NFHS</td>
</tr>
<tr>
<td>Volleyball</td>
<td>8</td>
<td>10</td>
<td>14</td>
<td>2 nights</td>
<td></td>
<td>NCAA-Girls and Boys</td>
</tr>
<tr>
<td>Wrestling</td>
<td>13</td>
<td>15</td>
<td>14 pts.</td>
<td>2 nights</td>
<td>2 bouts*</td>
<td>Max of 10 pts. Thru 2 pt contests</td>
</tr>
</tbody>
</table>

(*) See detail in Game Rules Section  
*Except in football and cross country, contests may be played with only one night's rest three nights/scrimmage  
(**) Three nights/scrimmage  
(***) In Ice Hockey, contests may be played with only one nights rest three times per season scheduling or rescheduling. See details in Game Rules section.
NYSPHSAA, Inc.
MODIFIED GAME RULES AND GAME CONDITIONS

Situations not covered by the following specified modified rules shall be governed by the Eligibility Standards of the New York State Public High School Athletic Association, Inc.

With Sectional approval, variations of modified athletic game rules and conditions may be adopted selectively for use by specified conferences or leagues.

1. **Badminton**

   **Game Conditions:** See MS chart

   **Games Rules:**
   1. NAGWS Rules
   2. Contests should consist of 4 singles and 4 doubles matches, unless agreed upon prior to the contest.
   3. For the purpose of ensuring that every eligible badminton player has the opportunity to play in a match, each may play one (1) additional singles or doubles match per day. The individual limitations/day for badminton (References; Modified Sports Standards Chart, NYSPHSAA Handbook) shall be increased to two (2) matches per day, provided that every individual eligible player plays once before any player plays twice.

2. **BASEBALL**

   **Game Conditions:** See MS Chart

   1. Pitchers must participate in at least 15 practices before an interschool game.
   2. Doubleheaders: A team may play two (2) games in one day twice during a season, either a doubleheader against a single opponent, or two successive games against two different opponents. The following doubleheader restrictions must be followed:
      a) The maximum number of doubleheaders allowed is two (2).
      b) A team may not play three (3) games in two (2) consecutive days. No more than three (3) games a week may be played.
      c) Pitching limitations remain the same.
      d) Each game of the doubleheader is to be six (6) innings. No team may play more than 14 innings in one day. This allows a total maximum of two (2) extra innings in the event of tie game(s).

3. **Equipment –**

   a) Catchers shall wear the full protective equipment of helmet, mask with throat protector, chest protector, shin guards and cup.
   b) Batters and base runners shall wear protective headgear.
   c) Any player warming up a pitcher, on or off the diamond, shall wear a mask.
   d) Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoe with metal posts or spikes are not permitted in any modified sport.
Game Rules:

1. Regulation game shall be 7 innings. With Section/League approval, a “Mercy Rule” will be permitted; allowing a game to end after a team at the short end of the 15 run rule has completed their fifth at bat. (Dec. 2010)

2. A pitcher may pitch no more than 12 full innings in any one calendar week and no more than 7 innings in any one game. After pitching 4 or more full innings in any one game there must be at least 2 nights of rest before pitching again. When removed, the contestants may play any other position.

3. Designated hitter will not be allowed.

4. An extra player, referred to as EP is optional (on a game-by-game basis), but if one is used, it must be known prior to the start of the game (official lineup card) and be listed on the scoring sheet in the regular batting order. If the EP is used, he must be used for the entire game. Failure to complete the game with the EP results in the forfeiture of the game (except in case of injury or ejection from game with no eligible players left to enter, the rules permit play with eight men). If an EP is used, all 10 players bat, but only 9 can play defense each inning. The person designated as the EP (not a defensive player at the start of the game) may at a later time play a defensive position; the defensive player now is only a batter for that inning and not a fielder. There will always be one player in the lineup not on the field defensively. The EP may be substituted for at any time, either by a pinch-hitter who then becomes the EP. The substitute must be a player who has not yet been in the game. Substitutes and re-entry will be treated as in the past. A starter may re-enter the game into his same batting order position.

5. The re-entry rule may be waived only if an injured player must be replaced and all eligible substitutions were used during the game.

6. With Section/League approval, when the team at bat has two outs with the catcher on base, a pinch runner may be used to allow the catcher to get his/her gear on prior to the third out. (The pinch runner is a player who is a substitute, or in the case that all substitutes have been used, a player off the bench who is not currently in the lineup. This rule does not change the normal substitution rules and does not overshadow the need to get all players in the lineup; it allows for cutting time off the transition between innings).

7. With Section/League approval, a new substitution game rule may be used to maximize modified players’ participation in their baseball/softball games. The official lineup card will list all players on the team in a designated batting order, allowing any of the players listed in a slot to bat when that slot occurs.
MODIFIED SPORTS STANDARDS

3. BOYS BASKETBALL
   **Game Conditions:** See MS chart
   **Game Rules:**
   1. The maximum length of the quarter shall be seven (7) minutes.
   2. If a game is tied at the end of regulation play, there will be an overtime period
      of four (4) minutes duration. If it is still tied, the game will end in a tie.
   3. Free substitution is facilitated by permitting substitutions on:
      a) Any dead ball
      b) Any violation
   4. Sections may adopt the use of a small ball. The section shall determine the
      actual size of the ball.
   5. The three (3) point shot is not allowed.

4. GIRLS BASKETBALL
   **Game Conditions:** See MS chart
   **Game Rules:**
   1. NCAA Women’s Rules. The thirty-second clock rule shall be optional.
   2. The maximum length of the quarter shall be seven (7) minutes.
   3. If a game is tied at the end of regulation play, there will be an overtime period
      of four (4) minutes duration. If it is still tied, the game will end in a tie.
   4. The three (3) point shot is not allowed. Ten (10) second rule waived 2013-2014
      season.

5. BOWLING
   **Game Conditions:** See MS chart
   **Game Rules:**
   1. All competition shall be conducted under United States Bowling Congress
      Rules and NYSPHSAA, Inc., requirements.
   2. At no time shall the foul line rule be set aside.

6. CROSSCOUNTRY
   The Section Athletic Council shall determine the date for the mid-season change-over.
   **Game Conditions:**
   1. See MS chart
   2. Equipment – only sneakers or shoes with molded soles and molded cleats
      are permitted in the modified program. Shoes with metal posts or spikes are
      not permitted in any modified sport.
   3. Pilot Program: Section III shall be permitted to adopt a two year (2015/2016)
      pilot program in modified cross country that will permit modified cross
      country runners to wear spiked running shoe. With section/league approval,
      other sections may participate in this pilot program. Each section/league
MODIFIED SPORTS STANDARDS

participating will be required to provide injury data after the 2015 and 2016 modified cross country season.

Game Rules:
1. NFHS Rules
2. The maximum distance shall be 1-1/2 miles in the first half and should increase to 2 miles in the second half of the season, on the date designated by the Section Athletic Council.
3. For multiple school contests refer to General Eligibility Rule #10.

7. FIELDHOCKEY

Game Conditions: See MS chart

Game Rules:
1. NFHS Rules
2. Halves shall consist of 25 minutes, maximum
3. Substitution: Utilize the NFHS Rolling substitution rule.
   • Time outs: A time out may be called by a team when the ball is dead. Play is restarted as though time out had not been called. Duration of the time out is two (2) minutes. Three (3) time outs may be called by each coach; two (2) in one half and one (1) in the other half.
4. Equipment: Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.

8. FOOTBALL

Game Conditions: See MS chart

Administration:
Modified football should be administered so that all safety precautions are in effect. Every effort should be made during practice and game situations to pair contestants of nearly equal ability as possible. Factors to be considered in the selection of squad members are age, weight, physiological maturity, skills, coordination and desire.

Tests:
Each pupil should be carefully checked to determine readiness before being allowed to participate in interschool contests as follows:

1. Physical - Medical examination which shall include a thorough review of health history before, and as needed, during the season. Tetanus shots as recommended.
2. Maturity – Careful evaluation of the individual’s age, weight, height, physiological maturity and degree of coordination with relation to all of the others, especially one above or below average of others in height, weight, physiological maturity as related to age, should be made.
3. Individual Skills – A thorough program of screening for a period of two weeks shall be conducted. Basic conditioning, running, cutting, falling, rolling, catching, line, and backfield fundamentals, blocking and tackling techniques,
ball handling drills should be participated in. Dummies and sleds should be used and no one should be permitted in live contact drills until ability has been proven to partake in them. Match participants of equal size and ability for participation during live contact drills.

4. Team Skills – Team play leading to game situations should be taught through controlled scrimmages with contestants placed in groups of similar maturity and skills.

5. Desire – Observation of the individual’s alertness and general desire to participate must be noted. (The above mentioned types of testing and teaching, with complete cataloging of the individual’s ability, should enable the coach to screen all candidates and determine their readiness for competition.)

THE MODIFIED PROGRAM OF FOOTBALL FOR BOYS IN GRADES 7-8-9.

6. Equipment –
   a. Properly fitted equipment of good quality is mandatory for safe participation in football.
   b. All essential protective devices are to be used.
   c. In addition to the normal pads and helmets, dental and face protection guards should be provided.
   d. Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts and spikes are not permitted in any modified sport.
   e. All protective pads should be covered by the uniform.
   f. If protective pads are exposed, the uniform part should be replaced or repaired.

*Game Conditions for 11-Man and 8-Man Football:*

1. The first three (3) days of practice sessions must be non-contact exercises and equipment shall be limited to the helmet, face mask, dental protection device, T-shirt, supporter, shoes, ankle supports, socks, shoes, protective pads for elbow and/or knee areas. During the next five (5) days the addition of shoulder pads, along with the use of blocking dummies, sleds, and other similar teaching and training devices is permissible. No scrimmages or live contact drills are allowed. The next five (5) days shall consist of contact with full protective equipment and the use of training devices. Scrimmages are permitted on the fourteenth (14th) day. Four (4) additional practice days must be held prior to the first contest.

2. No school team, or individual player, may participate in more than seven (7) games. These games shall be scheduled with no more than one game per week. In extreme cases, games may be rescheduled if approved by the Sectional Athletic Council. A minimum of four (4) nights of rest must elapse between any games. The time between football scrimmages and the time between football games and scrimmages must be three (3) nights.
MODIFIED SPORTS STANDARDS

3. At least sixteen (16) players must be dressed and available to play on an 11-man team; at least sixteen (16) players for an 8-man team for all interschool contacts, both scrimmages and contests.

Game Rules for 11-Man Football:

1. Time periods shall be 10 minute quarters.
2. Team offensive formations are limited to standard formations. There may be a maximum split of 1 yard between linemen. If a wide receiver is employed, the maximum split from the tackle cannot be more than 10 yards. On the snap of the ball, there may be only two (2) players outside of the normal tackle alignment on either or both sides of the field. Motion is allowed toward the two (2) receiver side of the formation provided the ball is snapped before the player crosses the middle of the formation. If the ends split on punt formation, the team must punt. There are no “walkaway” ends when receiving the punt from this formation. Definition of side of formation – the half of the formation from midline of the center that has a set back to that side and two (2) players outside the tackle. All downfield blocking must be done above the waist. Until the snap the defense shall be 6-2-2-1 or 6-2-3 with six (6) players in an imaginary straight line within 2 yards of the ball; two (2) linebackers must be at least 1 yard behind the deepest lineman; three (3) defensive backs must be at least 3 yards behind the deepest linebacker, inside the 10 yard line defensive backs may be 2 yards behind the deepest linebacker. Penalties: improper formation – 5 yards; down field blocking – 15 yards.
3. No kick-off – start play from own 35 yard line.
4. Two (2) points shall be allowed for a kick extra point and one (1) point for a run or pass. (Optional for section wide use with approval of the section.)
5. Safety – scoring team put ball in play on 50 yard line.
6. All downfield blocking must be done above the waist. Downfield blocking is interpreted as any blocking of an opponent taking place downfield from the free blocking zone, which for this rule is extended from sideline to sideline. The downfield blocking rule is also in effect whenever a defensive team becomes an offensive team as the result of receiving a punt, pass interception, or the recovery of certain types of fumbles. The point that offensive play begins extending from sideline to sideline, would be interpreted as the inception of that play and thus, for rule clarification purposes, would be the scrimmage line for that play (i.e. the point the punt or interception was received). The penalty for a violation of this rule will be 15 yards as spelled out in Rule 9, Section 1 of National Federation Football Rules.
7. Sections may adopt the use of a small ball.
8. Coaches shall be permitted on the field in the experimental five quarter football program. (Optional for section wide use with approval of the section.)
9. When an offensive team employs a wide receiver (split end or flanker), the defensive end to the side of the formation may assume a “walkaway” position. The end may align at a maximum depth even with the two (2)
**Modified Sports Standards**

inside linebackers and no wider than half the distance between the wide receiver and the next lineman.
10. With Section approval, schools will be allowed to use two (2) wide receivers on opposite sides of the formation.

**Game Rules for 8-Man Football:**

1. 11-man rules are used for 8-man football with modifications.
2. The field size shall be 80 yards between the goal lines and 40 yards wide with 15 yard side zones and team box boundaries being between the 25 yard lines.
3. At least Five (5) offensive players shall be on their line at the snap with three (3) Players assigned in the backfield. Note: Line splits, formations, motion, etc. as per existing modified rules.
4. Until the snap, the defense shall be 4-2-2 with four (4) players in an imaginary, straight line 2 yards off the ball. Two (2) linebackers must be at least 1 yard behind the deepest lineman; two (2) defensive backs must be at least 3 yards behind the deepest linebacker.
5. No kick-off. Start play from own 30 yard line.

**Modified Football Pilot Program:** The following sections are participating in the Modified Football Pilot for the 2014 and 2015 season. Section 2, 3, 4, 5, 6, 7 (2015), and 9. For more information on the Pilot Program please contact your section Modified Representative or Todd Nelson in the NYSPHSAA office.

**Football Contact Limitations:** Contact in the sport of football for High school and modified football teams shall have no more than two “Full-Contact practices” per week during the season; with no Full-Contact” session to exceed 90 minutes. “Full-contact” means a practice where drills or live action is conducted that involves collisions at game speed, where players execute tackles and other activity that is typical of an actual tackle football game. Limitation of “Full-Contact practices” will begin with the 13th day(high school and the 14th day (modified).

9. **GOLF**

**Game Conditions:** See MSchart Game Rules:
   1. USGA Rules

10. **BOYS GYMNASTICS**

**Game Conditions:** See MSchart

**Game Rules:**

1. NFHS Rules shall govern
2. A gymnast may enter three (3) events with the exception of two team members whose entries may be unlimited.
3. Events – Special Specifications-Minimum Exercise (specific events for meets and their order may be determined by League or Section).
   • Free Exercise – 40’ x 40’ mats placed diagonally across 40’ square. Exercise should combine elements of agility, tumbling, strength and flexibility. The competitor should move in different direction and utilize entire areas. The minimum time of routing is 45 seconds with a maximum time of 70 seconds.
   • Long Horse Vaulting – 47” height with type of takeoff board determined by League or Section. Two vaults may be performed utilizing National Federation Table of Difficulty with best vault to score.
   • Side Horse – Gymnast must work on all three parts of horse without stops or holds and with a minimum of four moves.
   • Horizontal Bar – An adult spotter (the gymnast’s coach) must be used. The exercise should consist of a minimum of six moves including a mount and dismount with a minimum of holding and stopping.
   • Parallel Bars – The exercise should consist of a minimum of six moves, including a mount and dismount, and consist of swinging and vaulting movements combined with strength and holding positions. Movements below and above the bars should also be shown as well as one change of direction.
   • Still Rings – The exercise should consist of a minimum of six moves, including mount and dismount, and should include swinging, strength and hold positions.

Specific Rules for Events

1. Safety and Spotting – a contestant shall be allowed to have a spotter while performing without deduction, unless spotter aides or assists contestant.
2. The coach shall check all apparatus for safety and correct height setting.
3. The use of 4” landing mats are recommended on all events with the equivalent of 4” of mats required under the horizontal bar, still rings and vault landing area. A 12” mat may be used for dismounts without deduction.

11. GIRLS GYMNASTICS

Game Conditions: See MS chart

Game Rules:

1. USA Gymnastics Junior Olympic Rules
2. A gymnast may enter three (3) events per meet, however, two (2) team members are permitted to enter all events.
3. Each team shall be permitted at least 15 minutes of warm-up before the start of the meet.
4. Specific Rules for Events:
   • It is the coaches’ responsibility to check all apparatus for safety and correct settings.
**MODIFIED SPORTS STANDARDS**

- Only unaltered manufactured vaulting boards shall be used.

5. Required dimensions and specifications for events:
   - Vaulting: Competitors can set the vault from 100cm to 135 cm. The horse may be adjusted only once per team; therefore, lineups should reflect this change if needed.
   - Uneven Bars: Either bar can be adjusted to accommodate the gymnasts within the manufacturer's specifications.
   - Balance Beam: Height between 100cm and 125cm.

12. **ICE HOCKEY**

   **Administration**

   1. Tests: Every contestant should be carefully checked to determine his readiness before being allowed to participate, as for football, with exception of:
      - Individual Skills – A thorough program of physical conditioning, skating and ice hockey skills should be conducted prior to permitting one to participate in live contact drills. No one should be permitted in live contact drills until ability has been proved in the individual skills. (It is recommended that all players watch the USA Ice Hockey video covering the proper techniques of body checking.)
   2. Equipment:
      a) All players, including the goalkeeper, shall wear all protective equipment.
      b) Properly fitted equipment of good quality is mandatory for safe participation in ice hockey.
      c) The essential protective equipment must include an ice hockey helmet with a Face mask, elbow pads, ice hockey shoulder pads, ice hockey pants, shin guards, ice hockey gloves, neck guard, ice hockey skates and a mouthpiece.
      d) It is recommended that a player's personal equipment be tested for safety protection in a manner that is satisfying to the individual school district.

   3. For the purposes of scheduling or rescheduling, the minimum time interval between ice hockey contests may be decreased from two (2) nights to one (1) night, with the following restrictions:
      a) This may occur no more than three (3) times per season
      b) A team may never play three (3) days in a row.
      c) There shall not be more than three (3) contests played per calendar week.

   **Game Conditions:** See MS chart

   1. NFHS Ice Hockey rules and NYSPHSAA Ice Hockey Rules Addendum.
   2. One and on-half hours of ice time shall be used for a game.
   3. Games shall consist of three periods of 13 minutes in length (see Mod Chart).
   4. Ice resurfacing between periods is not necessary.
   5. No overtime periods shall be permitted periods shall be permitted.
13. **BOYS LACROSSE**

**Administration:**

1. Tests: Every contestant should be carefully checked to determine his readiness before being allowed to participate as for football (see above) with exception of:

   Individual Skills – A thorough program of physical conditioning, running and lacrosse skills such as throwing, catching, scooping, faking and dodging should be conducted prior to permitting one to participate in live contact drills. No one should be permitted in live contact drills until ability has been proven in the individual skills.

   Contact drills should be conducted against equals only.

2. Equipment –

   - All players, including the goalkeeper, shall wear all protective equipment.
   - Properly fitted equipment of good quality is mandatory for safe participation in lacrosse.
   - The essential protective equipment must include a lacrosse helmet with a face mask, lacrosse arm guards, lacrosse shoulder pads, lacrosse gloves, and a mouthpiece. Goalkeepers must wear a chest protector and throat protection.
   - Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.
   - Face masks for lacrosse competition must have a center bar.
   - With the exception of the goalie’s stick, there shall be no rule restriction on the length of the stick in modified lacrosse if the stick falls between 40-72 inches.
   - Modified lacrosse players are exempt from the uniform outer clothing and helmet color regulations (Rule 1, Section 9, article 1a and 2c).

**Game Conditions:** See MS chart

**Game Rules:**

1. The length of quarters shall be 9 minutes.
2. Two overtime periods of 2 minutes are to be played in the event the game is a tie; and no sudden death period is to be allowed.
3. A team shall be permitted 3 time-outs per half. The time-outs cannot be accrued in the course of the game.
4. A one-arm swing with a Crosse, whether contact is made or not, shall be considered a personal foul – slashing. This includes the over-the-head check.
5. There is no such call as a “Brush” in the Modified Program. Contact between Crosse and helmet is a personal foul.
6. Contact with the ball is disallowed by any offensive players when the ball is loose in the crease.
7. Body checking is allowed ONLY against a player who is in possession of the ball.
8. There will be no timed counts for advancing the ball.
9. In a 5 period lacrosse game the mercy rule shall be in effect at the end of the third period of play.
MODIFIED SPORTS STANDARDS

10. A horn will be used to substitute players when the ball goes out of bounds.
11. When a goalkeeper gets a penalty, the in home player will serve the penalty if a second goalkeeper is unavailable.

14. GIRLS LACROSSE

Game Conditions: See MS chart

Game Rules:

1. US Lacrosse
2. Halves shall consist of 25 minutes, maximum.
3. Equipment –
   • Properly fitted equipment of good quality is mandatory for safe participation in lacrosse. All field players are required to wear lacrosse goggles which meet ASTM standards.
   • Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.
   • All players must wear mouthpieces.
   • Goalkeepers must wear the following equipment: 1) Helmet with facemask, 2) Mouthpiece, 3) Throat protector. 4) Padding on hands, arms, legs, shoulders and chest to conform to US Lacrosse rules (padding does not excessively increase the size of these body parts, maximum thickness is one inch).
4. Modified stick-checking in modified girls’ lacrosse, as outlined in the US Lacrosse Rulebook under the Girls’ Youth Rules – Level A, must be used.
5. A time out may be called when the ball is not in play. One time out per team, per half will be allowed. Duration of the time out will be two minutes.

15. SKIING

Game Conditions: See MS chart

Game Rules:

1. FIS/ESA Rules
2. A skier may enter two (2) events.

16. SOCCER

Game Conditions: See MS chart

Game Rules:

1. NFHS Rules.
2. The maximum length of the quarter shall be fifteen (15) minutes.
3. Free substitution is permitted when the ball goes over the side line or end line.
4. Equipment –
   • Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.
   • Shin guards must be worn at all times by all players.
MODIFIED SPORTS STANDARDS

- An all-purpose type foam helmet may be worn and a mouthpiece shall be worn by the soccer goalie for protective purposes.
5. One time out period per quarter (including each overtime period) may be called whenever the ball is dead. The coach is permitted on the field during the time out period to instruct the players.
6. The sliding tackle is not permitted.
7. The overhead scissors kick is not permitted.
8. Corner flag posts must be flexible in nature (wood, plastic or plastic foam) and conform to the NFHS rule standard of not being less than 5 feet high. Plastic traffic cones may be substituted in place of corner flags.
9. There shall be two overtime periods of four minutes when the regulation game ends in a tie. A coin shall be flipped prior to the first overtime period. If time still exists after the second overtime, no further play shall be conducted.
10. In the event of a disqualification of a player, a substitution must be made for that disqualified player. If a team has no eligible substitute, the team may continue to play short handed.
11. The flip throw-in shall not be permitted.
12. The NFHS regulation that the boys’ and girls’ soccer goalie uniform jersey be numbered shall be waived at the modified level for two years. (2015-2016).

17. SOFTBALL

Game Conditions: See MS chart

1. Any pitcher pitching more than four (4) innings in one game must have at least two (2) nights of rest before pitching again. When removed from pitching, the contestant may play any other position.
2. Ten (10) player teams optional with section approval.
3. Doubleheaders: A team may play two (2) games in one day twice during a season, either a doubleheader against a single opponent, or two successive games against two different opponents. The following doubleheader restrictions must be followed:
   a) The maximum number of doubleheaders allowed is two (2).
   b) A team may not play three (3) games in two (2) consecutive days. No more than three (3) games a week may be played.
   c) Pitching limitations remain the same.
   d) Each game of the doubleheader is to be six (6) innings. No team may play more than 14 innings in one day. This allows a total maximum of two (2) extra innings in the event of tie game(s). See Mod chart for other requirements.

Game Rules:

1. ASA Rules, seven (7) innings. With Section/League approval, a “mercy rule” will be permitted; allowing a game to end after a team at the short end of the 15 run rule has completed their fifth at bat. (Dec. 2010)
2. With Sectional/League approval, the modified softball pitching distance may be established at 40’ or 43’/ (May 2011)
3. A player may re-enter the game once.
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4. **Equipment** –
   b) Batters and base runners shall wear protective headgear.
   c) Any player warming up a pitcher, on or off the field, shall wear protective equipment.
   d) Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.

5. The re-entry rule may be waived only if an injured player must be replaced and all eligible substitutions were used during the game.

6. With Section/League approval, when the team at bat has two (2) outs with the catcher on base, a pinch runner may be used, a player off the bench who is not currently in the lineup. This rule does not change the normal substitution rules and does not overshadow the need to get all players in the lineup; it allows for cutting time off the transition between innings.

7. In Modified Softball, with section/league approval, innings 1-6 may be completed at five (5) runs or three (3) outs and the seventh inning shall be played as a normal inning, with three (3) outs and no run restrictions for that inning (Oct. 2011)

8. With Section/League approval, a new substitution game rule may be used to maximize modified players participation in their baseball/softball games. The official lineup card will list all players on the team in a designated batting order, allowing any of the players listed in a slot to bat when that slot occurs.

18. **SWIMMING & DIVING**

*Administration:* 
Schools may have the option of running combined modified and varsity swimming and diving meets, alternating the events.

*Game Conditions:* See MS chart

*Game Rules:*

1. The NFHS Rules of Swimming and Diving shall be followed except as indicated below.
2. A swimmer is permitted one false start before disqualification. The use of the no re-call false start rule shall **not** be utilized.
3. Swimmers may compete in a maximum of three (3) events. (1 relay and 2 individual, or 2 relay and 1 individual)
4. The events and their order shall be:  
   - 200 yd./m. medley relay  
   - 200 yd./m. freestyle  
   - 100 yd./m. Individual medley  
   - 50 yd./m. freestyle  
   - Diving competition shall consist of (1) voluntary dive (not to exceed 1.8) which shall be done first: week 1-forward group; week 2-back group;
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week 3-inward group (begin rotation over), and three (3) optional dives:
two (2) of the three (3) must be from different groups.

- 50 yd./m. butterfly (optional – 100 yd. butterfly)
- 100 yd./m. freestyle
- 50 yd./m. backstroke (optional – 100 yd. backstroke)
- 50 yd./m. breaststroke (optional – 100 yd. breaststroke)
- 200 yd./m. freestyle relay

Order of Events for Combined Modified/Varsity Swimming Meets

1. Modified 200 yd./m. medley relay
2. Varsity 200 yd./m. medley relay
3. Modified 200 yd./m. freestyle
4. Varsity 200 yd./m. freestyle
5. Modified 100 yd./m. individual medley
6. Varsity 100 yd./m. individual medley
7. Modified 50 yd./m. freestyle
8. Varsity 50 yd./m. freestyle
9. Modified diving (1 voluntary + 3 optional dives) – two separate diving events
   are to occur with all modified diving completed before varsity diving occurs.
10. Varsity diving (1 voluntary + 5 optional dives as per NFHS rules book)
11. Modified 50 yd./m. butterfly
12. Varsity 100 yd./m. butterfly
13. Modified 100 yd./m. freestyle
14. Varsity 100 yd./m. freestyle
15. Varsity 500 yd./m. freestyle
16. Varsity 200 yd./m. freestyle relay
17. Modified 50 yd./m. backstroke
18. Varsity 100 yd./m. backstroke
19. Modified 50 yd./m. breaststroke
20. Varsity 100 yd./m. breaststroke
21. Modified 200 yd./m. freestyle relay
22. Varsity 400 yd./m. freestyle relay

5. With prior mutual agreement of teams, league or section races may be
   conducted by seeded heats with the winners established on time alone. No
   final events may be conducted.
6. For multi-school contests, refer to General Eligibility Rule #10

19. TENNIS

Game Conditions: See MSchart

Game Rules:

1. USTA
2. Contests should consist of 4 singles and 4 doubles matches, unless agreed
   upon prior to the contest.
3. One 8 game set shall be played. A 4 point scoring system shall be used
   with no deuce point. Sections may modify the scoring system.
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4. For the purpose or ensuring that every eligible tennis player has the opportunity to play in a match, each may play one (1) additional singles or doubles match per day. The individual limitations/day for tennis (Reference: Modified Sports Standards Chart, NYSPHSAA Handbook) shall be increased to two (2) matches per day, provided that every individual eligible player plays once before any player plays twice.

20. TRACK AND FIELD (OUTDOOR AND WINTER)

Game Conditions: See MS chart

Game Rules:

1. Equipment – only sneakers or shoes with rubber molded soles and rubber molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.
2. A runner is permitted one false start before disqualification.
3. A student may enter a maximum of three (3) events per day; no more than two track events or two field events may be entered each day. If a student is participating in two running events, the total distance may not exceed 1200 meters for indoor track and 2300 meters for outdoor track (total distance refers to specific events, not total distance of heats).
4. The 55 meter 30” hurdle race with five hurdles shall have the following spacing’s:
   a. Start to first hurdle – 12 meters
   b. Distance between hurdles – 8 meters
   c. Fifth hurdle to finish – 11 meters
   d. With section/league approval, the height of the hurdles in the 55m modified boys’ hurdles may be increased from 30 inches to 33 inches. (Oct. 2011)
5. The 200 meter 30” hurdle race with 5 hurdles shall have the following spacing’s:
   a. Start to first hurdle – 20 meters
   b. Distance between hurdles – 35 meters
   c. Fifth hurdle to finish – 40 meters
6. The 4 K metal shot put may be used for outdoor track.
7. A. The suggested running events and their recommended order for spring track and field meets shall be:

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<td>a.</td>
<td>55 m 30” hurdles</td>
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<td>b.</td>
<td>200 m dash</td>
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<td>c.</td>
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B. The suggested field events shall be: 4 K shot put, 1 K discus, high jump, long jump, pole vault and triple jump. With Section/League approval, a six (6) pound shot put may be used for modified girls’ track and field, rather than a 4 K shot put (Oct. 2011)

a. The suggested running events and their recommended order for combined boy-girl outdoor track meets shall be:

   a. 55m 30” hurdles boys
   b. 55 m 30” hurdles girls
   c. 200 m dash boys
   d. 200 m dash girls
   e. 1500 m run boys
   f. 1500 m run girls
   g. 100 m dash boys
   h. 100 m dash girls
   i. 3000 m run girls
   j. 400 m dash boys
   k. 400 m dash girls
   l. 200 m hurdles boys
   m. 200 m hurdles girls
   n. 800 m run boys
   o. 800 m run girls
   p. 3000 m run (optional) boys
   q. 4 x 200 m relay boys
   r. 4 x 200 m relay girls
   s. 4 x 100 m relay boys
   t. 4 x 100 m relay girls
   u. 4 x 400 m relay (optional)* boys
   v. 4 x 400 m relay (optional)* girls

*The maximum distance limitation for each athlete must be upheld if this event is included.

7. Possible events for winter track and field competition include:

   a. 50/55 m dash (boys)
   b. 50/55 m dash (girls)
   c. 200 m dash
   d. 300 m dash
   e. 400 m dash
   f. 600 m dash
   g. 800 m run
   h. 1000 m run
   i. 1500 m run (400m, 200m, 200m, 800m)
   j. 300 m run
   k. 4 K shot put (plastic cover)
   l. Long jump
   m. Triple jump
   n. High jump
MODIFIED SPORTS STANDARDS

- o. Pole vault
- p. 4 x 200 m relay
- q. 4 x 400 m relay
- r. Sprint medley relay

In facilities with tracks other than 200m in length appropriate modifications in distances are acceptable. For multi-school contests, refer to General Eligibility Rule #10.

21. VOLLEYBALL

**Game Conditions:** See MSchart

**Boys' Game Rules:** NCAA

**Girls' Game Rules:** NCAA

1. Rally scoring in a five (5) game match shall be utilized at the modified level.
2. The number of points in each game of the modified match shall be consistent.
3. With sectional approval, either 20 or 25, but not less than 20 points per game may be used.
4. Two (2) tosses will be permitted per turn of service.
5. With Sectional/League approval, the service line may be moved up into the court, at a distance not to exceed two meters from the regulation service line.
6. With Sectional approval, the use of the three (3) game match, rather than the five (5) game match may be used.
7. With Sectional/League approval, the Libero player may be used at the modified level. The uniform requirement for the Libero is waived.
8. With Sectional approval, the minimum net height shall be seven (7) feet for boys and girls.
9. With Section/league approval, the boys' and girls' modified volleyball rotation may be adjusted so that when a modified athlete successfully serves five (5) consecutive serves that are not returned, that team rotates to its next server.

22. WRESTLING

**Game Conditions:** See MSchart

1. A contestant (or team) may participate in competitions not to exceed 14 points during their season. Points assessed to competitions are as follows:
   a) 1 Point Meets are any competitions where a wrestler or wrestlers compete in one or two bouts.
   b) 2 Point Meets are any competitions where a wrestler or wrestlers compete in 3 or 4 bouts.
2. No contestant (or team) can accumulate more than 10 points out of the maximum 14 points allowed via 2 point competitions.
3. No contestant (or team) can accumulate more than 3 points per week.
4. There shall be no competition between wrestlers with an age difference of more than 24 months.
5. At least 2 nights shall elapse between contests.
6. The time periods for bouts shall be as follows:
   a) If a contestant competes in only one (1) bout per contest, the time periods are:
MODIFIED SPORTS STANDARDS

Program 1: Three 1 and ½ minute periods
Program 2: 1st Period – 1 minute, 2nd & 3rd periods – 1 and ½ minutes

b) If contestant competes in two, three or four bouts per contest, the time periods will be either: (1) Three one (1) minute periods, or (2) 1st period: One (1) minute, 2nd & 3rd periods: 1 ½ minutes.

There must be a 45 minute rest period between bouts.

c) With Section approval, a sudden victory overtime period shall be permitted in modified wrestling. Wrestlers must start in the standing position or the referee’s position, and the period shall not exceed 30 seconds. (May 2010)

7. Weight Control:

a) The Physical Education Director shall establish each wrestler’s weight class prior to the first match. A contestant may not wrestle out of this established weight class except as indicated under b.

b) No attempt at weight reduction before the official weigh-in is permitted except on written permission from the parents and a written recommendation of a physician. Once a wrestler is established in a weight class, weight reduction and participation in a lower weight class is permitted only under a doctor’s authorization and with the parent’s permission.

c) A squad list, indicating the established weight classes for each team member as well as birth dates and ages, shall be sent to all opposing schools.

d) Wrestler’s participating in the Modified Program may progress in weight in their individual classes at the same pound and date allowance as high school wrestlers.

8. Weigh-ins on the day of a dual meet shall be established by the Section Athletic Council.

9. For multi-school contests, refer to General Eligibility Rule #10

10. With Section/League approval, wrestlers shall have the option of wearing an alternative to the traditional singlet. Uniform must include a form-fitting compression shirt and compression shorts, or a form-fitting compression shirt under the school uniform singlet.

Game Rules (Program 1)

1. Weight Classes: the official weight classes for competition are 80, 86, 92, 98, 104, 110, 116, 122, 128, 134, 140, 148. For schools having only 7th and 8th grade students a 155 pound weight class may be optional. Optional classes may be 74, 165 and unlimited classes with contestants competing weighing within 10 pounds of each other. A minimum weight of 67 lbs. will be required to compete in the optional 74 lb. weight class.

2. Honor Weigh-In: The procedures described in the Wrestling Weight Control Plan shall be followed.
MODIFIED SPORTS STANDARDS

3. There is no limit to the total team bouts in a contest.
4. Scoring: Use regular scoring system with teams receiving zero points for tied bouts or count number of bouts won or a combination of both. All bouts to count in team scoring.

Game Rules (Program 2)

1. Weights: Weight class is listed first, variance second: 70-80 lbs. (6 lbs.); 80-90 lbs. (6 lbs.); 90-100 lbs. (6 lbs.); 100-110 lbs. (6 lbs.); 110-120 lbs. (6 lbs.); 120-130 lbs. (6 lbs.); 130-140 lbs. (6 lbs.); 140-150 lbs. (6 lbs.); 150-160 lbs. (6 lbs.); heavier weights (as much as 6 lbs.).
   Variance: The variance listed above permits a contestant to compete against a contestant who is either in a lower or upper weight group. As long as both wrestlers stay within the variance listed. (i.e. a wrestler in the 70-80 lbs. group who weighs 78 lbs. can compete with a wrestler in the 80-90 lbs. group as long as the heavier wrestler does not weigh more than 82 lbs.)
2. Matching wrestlers: both coaches will get together and match their wrestlers. All safety measures on the squad roster form are to be used to equalize competition, namely, experience, physical strength and maturity.
3. There is no limit to the total team bouts in a contest.
4. Scoring: Use regular scoring system with teams receiving zero points for tied bouts or count number of bouts won or a combination of both. All bouts to count in team scoring.
REVISED SELECTION/CLASSIFICATION SCREENING PROCEDURE
MODIFIED PROGRAM PLACEMENT

The State Education Department’s Regulations for the Selection/Classification Program now include Modified Program placement criteria. The Modified Program structure (grades 7, 8, 9) is only recognized by the NYSPHSAA, Inc.

The procedures established by the Regulations of the Commissioner of Education and the State Education Department shall be followed.

Placement in the Modified Program shall be based on the maturation and physical fitness standards established by the NYSED.

Only after evaluation and approval by the NYSED may students who are ineligible for participation by the Modified Program standard of age and grade be placed downward into the Modified (junior high school) sports programs.

NOTE:
Refer to the State Education Department’s manual on election/Classification for procedures and standards.
Through our special partnership with Special Olympics New York, we are pleased to offer Unified Sports Programs to our membership. Unified Sports is an inclusive sports program that combines an approximately equal number of athletes (students with intellectual disabilities) and partners (students without intellectual disabilities) on teams for training and competitions.

Currently, the NYSPHSAA and Special Olympics have just completed a pilot program in Section 2 and are starting a pilot program in Section 5. All pilot programs are for a Spring Unified Basketball season. A key component of the pilot program is the Youth Activation Committee (YAC). The YAC is responsible to help increase awareness and acceptance of students with disabilities within the school district by supporting the Unified Basketball team.

A Unified Sport Committee will be formed in the Fall of 2014 with representatives from all 11 sections. The objective of the committee will be to establish pilot programs in all 11 sections on a voluntary basis and to recommend rules and regulations that will be followed for all Unified Sport Programs within the Association.

**Project Objective:** Unified Sports participation is rooted in the principle of meaningful involvement which ensures that every player is given an opportunity to contribute to the success of his or her team through their unique skills and qualities. This means that every team member: (a) demonstrates sufficient sport-specific skills and game understanding; (b) plays a valued role on the team that emphasizes his or her personal talents; and (c) has an opportunity to play without a heightened risk of injury.

**Basketball:**

**NFHS Playing Rules:**

1. All NFHS Basketball rules will be followed unless a NYSPHSAA or Special Olympics Rule Adaptation is in place.
2. There will not be a shot clock (NFHS rule).
3. The ball used for game play will be a 29.5 inch basketball. (NFHS Rule)
4. If extra time is needed, overtime periods will be 4 minutes. (NFHS Rule)
5. Each team is allowed three Full and two 30 second timeouts per half. Each team is allowed one (1) additional full time out in overtime. (NFHS Rule)
6. Three point shots are in effect.
7. Team bonus will be reached at 7 team fouls and double bonus will be reached at 10 team fouls in each half.

NYSPHSAA and Special Olympics Modifications:

1. The objective of Unified Basketball is to have 3 Athletes and 2 Partners on the court.
2. Traveling will be called if a player scores or has a clear advantage because of the traveling.
3. A game may consist of either four 8 minute quarters or two 16 minute halves.

Points of Emphasis:

1. Double dribbles will be strictly enforced.
2. Any defense is allowed.
3. Free throw lane and 3 second lane violations will be enforced.

Note:

It is our belief that sports and other co-curricular student activities are of the greatest benefit to all students when done in the least restrictive environment.
A. **Philosophy** - The NYSPHSAA, Inc. recognizes the use of mind-altering/performance enhancing chemicals as a significant health problem for many adolescents, resulting in negative effects on behavior, learning and the total development of each individual. The use of mind-altering/performance enhancing chemicals for some adolescents affects curricular participation and development of related skills. The lives of other adolescents are affected when family members, team members and other significant persons use these chemicals.

B. **Position Statements** - It is the position of the NYSPHSAA, Inc. that:

1. Scholastic athletes and other students should abstain from the use of alcohol and controlled substances as well as refrain from using tobacco and smokeless tobacco.
2. Coaches and other adult school personnel should demonstrate responsible use of alcohol and tobacco in an appropriate setting and abstain from the use of controlled substances.
3. No coach should use alcohol, tobacco, or other drugs before, during or immediately after or until his/her supervisory duties are completed.
4. Adults should abstain from the use of 1) alcohol before and during, and 2) tobacco during meetings when business related to athletics is conducted.

C. **Guidelines for Developing a Code of Conduct for Schools**

1. **Statement of Purpose**
   a) To emphasize the school’s concerns for the health of students in areas of safety while participating in activities and the long-term physical and emotional effects of chemical use on their health.
   b) To promote equity and a sense of order and discipline among students.
   c) To confirm and support existing state laws and local regulations which restrict the use of such mind-altering/performance enhancing chemicals.
   d) To establish standards of conduct for those students who are leaders and standard-bearers among their peers.
   e) To assist students who desire to resist peer pressure that directs them toward the use of mind-altering/performance enhancing chemicals.
   f) To assist students who should be referred for assistance or evaluation regarding their use of mind-altering/performance enhancing chemicals.

2. **Model Code**

   A student shall not (1) use a beverage containing alcohol; (2) use tobacco; (3) use steroids; (4) or use or consume, have in possession, buy, sell or give away any controlled substance defined by law as a drug. It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student’s own use by her/his doctor.
3. Consequences for Code Violations: Consequences for rule violations should incorporate the following standards:
   a) A standard of Certainty: An expectation by those to be affected by the rule that it will be applied with a measure of consistency and uniformity to all involved.
   b) A Standard of Severity: An expectation that the consequences for the violation are fair for the act committed and that those affected will be encouraged to follow through with the consequences, including coaches, students, and parents.
   c) A Standard of Celerity: An expectation that the due process will promptly be applied following an alleged violation.

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THE NYSPHSAA, INC. CHEMICAL HEALTH MANDATE

Each section must hold at least one chemical health workshop during the school year emphasizing educational and preventative strategies, and attended by representation from each school in their section. The chemical health workshops were mandated in 1990-91.

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NFHS DIETARY SUPPLEMENT

All student-athletes and their parents/guardians should consult with their physicians before taking any supplement product. In addition, coaches and school staff should not recommend or supply any supplement product to student-athletes.
OFFICIATING
2015 – 2017

STATEMENT OF PRINCIPLES FOR OFFICIATING
INTERSCHOLASTIC GAMES

When NYSPHSAA, Inc. approves a change in rules for the conduct of a sport, the established official’s organization which has been servicing a particular sport program will continue to service that sport provided they have met the new certifying qualifications. Officials who wish to service that program must be certified by this established officials group.

WHEREAS, our high school athletic program is an integral part of our curriculum to be conducted by secondary-school authorities under playing rules adapted to the capacities and safety of our students.

AND WHEREAS, it is essential that the officiating of games shall be performed as a part of the educational program of the school, the details of game administration for interscholastic contests are the responsibility of secondary-school authorities.

WE BELIEVE THAT:

1. Officials who work for our member schools render valuable service.
2. An official performs an exacting task and one’s judgment is to be respected.
3. Continued cooperation with officials ‘organizations is essential.
4. Existing officials’ organizations which meet the standards of the NYSPHSAA, Inc. are to be maintained or new ones formed when the need arises.
5. Since annual elections are held by officials’ organizations, these Chapters, Boards, or Associations shall be registered with the NYSPHSAA, Inc. each year.
6. No implication should be evident that prospective competent officials are prevented from having an opportunity to qualify for officiating.
7. Officials should be able to fulfill requirements comparable to those specified for the licensure of professionally trained personnel who deal with secondary-school students.
8. Officials shall be selected and assigned by secondary-school authorities in the school, the league, or the section, State Association or their designee.
9. Officiating is worthy of recompense commensurate with the experience and training of the official and with the responsibilities assumed.
10. Fees for officiating should be determined in a joint conference between schools’ and officials’ representatives.
OFFICIATING

WE DEPEND UPON OFFICIALS’ ORGANIZATIONS:

1. To establish standards for their members for competent officiating.
2. To recruit and train new members.
3. To provide for the promotion of members.
4. To conduct rules interpretation.
5. To use high school rules interpretations.
6. To administer high school rules examinations.
7. To certify members as to their performance in the game.
8. To make an annual report on each member to the NYSPhSAA, Inc.

NEW YORK STATE HIGH SCHOOL OFFICIALS
COORDINATING FEDERATION

Dennis Burkett, Chairman, New Paltz 12561
Louis Stella, Vice-Chairman, Ballston Spa 12020
Robert Stulmaker, Secretary, Latham 12110
Vince DeFeo, Recording Secretary, Glenmont 12077
OFFICIATING

OFFICIALS' REPRESENTATIVES

Baseball: Ron Gabriel, Hudson 12534
Basketball-Boys: Len Maida, Whitesboro 13492
Basketball-Girls: Louis Stellato, Ballston Spa 12020
Cheerleading: Marsha Tessler
Field Hockey: Vince DeFeo, Glenmont 12077
Football: John Whalen, Binghamton 13903
Gymnastics-Boys: Kurt Stumpf, Williamsville 14221
Gymnastics-Girls: Sarah Jane Clifford, Penfield 14526
Ice Hockey: Jim Keegan, Camillus 13031
Lacrosse-Boys: Skip Spensieri, Ballston Spa 12020
Lacrosse-Girls: Joe Fanning, Farmingdale 11235
Soccer-Boys/Girls: Richard Leaf, Somers 10589
Softball: James Berkery, Cohoes 12047
Swimming-Boys/Girls: Pat Potter, Queensbury 12804
Track & Field-Boys/Girls: Jan O'Shea, Greene 13778
Volleyball-Boys/Girls: Sally Wise, Pulaski 13142
Wrestling: Louis R. Pettinelli, Brewerton 13029

SECTION REPRESENTATIVES:

1. TBA
2. TBA
4. TBA
5. Dennis O'Brien, Hornell 14843
6. Timm Slade, West Seneca 14224
7. John Gallagher, Plattsburg 12901
8. Jay Gallagher, Garden City 11530
9. Dennis Burkett, Marlboro 12542
10. Carl Normandin, Canton 13617
11. Ed Cinelli, Smithtown 11787
OFFICIATING

CONSTITUTION OF THE NEW YORK STATE HIGH SCHOOL OFFICIALS COORDINATING FEDERATION

ARTICLE I – NAME

The name of this Council shall be the New York State High School Officials Coordinating Federation.

ARTICLE II– PURPOSE

To provide a central association of officials and schools through which all approved officials organizations, all Section Athletic Councils, and all high schools may cooperate in making recommendations to the NYSHPSSA, Inc. and to State Officials Organizations toward the following goals.

1. To ensure a sufficient number of well-qualified officials.
2. To maintain good working relationships among all agencies and individuals connected with interscholastic sports.
3. To create equitable standards and procedures for the rating, assigning, and paying of officials.
4. To promote fair officiating policies.
5. To communicate on a state-wide basis all facets relative to the athletic programs sponsored by the NYSHPSSA, Inc.
6. To establish uniform state-wide officiating.
7. To guarantee in-service training of officials according to the Five Point Program.

Under the Five Point Program approved officials are those who:

1. Observe the constitutions and bylaws of their local and state officials’ organizations.
2. Attend interpretation meetings and clinics of the local organization each year.
3. Give satisfactory evidence of proficiency in the mechanics of officiating and of competent performance related to the specific sport.
4. Pass the National Federation, State, or other approved rules examination.
5. Are listed with the NYSHPSSA, Inc.

ARTICLE III – MEMBERSHIP

Membership shall be open to any officials’ organization that is organized on a state-wide basis and:

1. Is accredited and approved by the NYSHPSSA, Inc.
2. Maintains satisfactory membership in the N.Y.S.H.S.O.C.F.
ARTICLE IV – REPRESENTATION

Representation shall consist of the following:

1. One representative from each approved sports officials group.
2. One representative from each Section who will represent all sports in that Section.
3. One representative from the New York State Public High School Athletic Association, Inc.
4. One representative from the New York State Education Department, (Ex-Officio).
5. State Sports Committee Chairman (Ex-Officio).

ARTICLE V – FUNCTION

The New York State High School Officials’ Coordinating Federation shall be the organization to which matters of concern related to officiating shall be referred by the State and Local Officials Organizations, Athletic Associations, Section Athletic Councils, for consideration and recommendations, after all local and sectional efforts have failed to bring agreement to all parties concerned, or injustice being done.

ARTICLE VI – OFFICERS AND DUTIES

1. The Chairman shall prepare the agenda and preside over all meetings.
2. The Vice-Chairman shall preside at meetings in the absence of the Chairman.
3. The Secretary shall be the Assistant Director of the NYSPHSAA, Inc. who will be responsible for arranging all meetings, notifying all officials, State organizations, sectional councils, State Education Department, as requested by the Chairman, and will be responsible for the mailing of the minutes of each meeting.
4. The Recording Secretary will be responsible for the taking of minutes of each meeting.
5. The Treasurer shall be the Executive Director of the NYSPHSAA, Inc.

ARTICLE VII – MEETINGS

1. The Coordinating Federation shall hold a minimum of two meetings per school year, plus any special meetings as needed. (At least one meeting shall be devoted exclusively to Article II.) The meetings shall, whenever possible, be held in conjunction with meetings of the NYSPHSAA, Inc.
2. State Sports Committee Meetings. There shall be at least one meeting per year between Sports Officials representatives and the State Sports Committee Chairman of each individual sport; this shall be held prior to the Coordinating Federation meeting, at which time each Sports Chairman will report on matters of mutual interest and concern.
3. Rules Interpretation Meetings. There shall be one rules interpretation meeting per school year for each sport for the purpose of standardizing officiating procedure to be attended by an officer or representative of the Coordinating Federation, at least one representative from each section for each sport and the State Sports Committee Chairman.
OFFICIATING

ARTICLE VIII—AMENDMENTS AND BYLAWS

1. Proposals to amend this Constitution, Bylaws, or an addition to, change in, or deletion of any policy, relative to the activities of the Federation may be presented at any regular meeting of the Coordinating Federation. Written notice of the proposed amendment must be provided with the mailing of the agenda for the next scheduled meeting of the Federation.

2. A two-thirds (2/3) vote of the members of the Coordinating Federation shall be necessary to approve any amendment.

3. Amendments become effective beginning with the next Federation meeting following approval.

4. All meetings of the Federation shall be conducted in accordance with accepted practice of parliamentary procedure.

5. All amendments and bylaws shall conform to all rules and regulations regarding officiating as set forth by the NYSPHSAA, Inc. and the New York State Education Law.
AGREEMENT, made this____day of__, 20 __, by and between the NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION, INC., hereinafter referred to as the NYPHSA, Inc. and the #, hereinafter referred to as #.

WHEREAS, the # is an association whose members are qualified # officials who are also officials of the local # officials association throughout the State of New York, and members in good standing of the state officials' organization.

WHEREAS, the # desires to furnish officials for # to member schools of the NYPHSA, Inc. and
WHEREAS, the NYPHSA, Inc. is an association whose members are secondary schools within the State of New York.

NOW THEREFORE, IT IS AGREED AS FOLLOWS:
The # will accept and comply with the Five Point Program of the NYPHSA, Inc. with respect to each if its local # officials associations and its members, and through its local chapters, shall assume the responsibility of training, testing and certifying competent officials for all interscholastic # contests scheduled by each of the member schools at all levels of competition in each of the sections of the NYPHSA, Inc.

The # will cooperate with the sectional athletic councils in the expansion of recruiting and training programs to achieve these objectives and to provide an opportunity for all interested individuals to become qualified officials.

The # will establish territories of service for its local # official's chapters. The NYPHSA, Inc. and its subdivisions will recognize and abide by the territorial rights of these chapters to service schools within these areas.

The # will provide a representative to the NEW YORK STATE HIGH SCHOOL OFFICIALS' COORDINATING FEDERATION and will ensure that each # chapter that has territorial rights in a section will participate with the sectional council(s) of officials.

The NYPHSA, Inc. may be represented among those administering and grading the local test, written and practical, and will be furnished a copy of the name of each individual tested.

The # will submit a list of approved or certified officials (with updates as they occur) of each of its local associations (chapters) to the Assistant Director of the NYPHSA, Inc. each year.

The # will discipline its officials through its local # officials' association when necessary and will process and resolve all controversies regarding officiating procedures.

The # recognized that the member schools of the NYPHSA, Inc. bear the primary responsibility for creating and maintaining qualified athletic programs. The NYPHSA, Inc. will process and resolve all controversies regarding actions of contestants, coaches
or authorities of its member schools and will discipline such persons or its member schools in accordance with the provisions of the Eligibility Standards entitled APPEAL PROCEDURE and PENALTIES of the NYSPHSAA, Inc. HANDBOOK.

The # agrees that the officials shall be selected and assigned by the secondary school authorities in the school, the league, the section or their designee as the case may be. The NYSPHSAA, Inc. and its member schools shall use only those approved officials who are active members in good standing of a local official's association of the #.

The NYSPHSAA, Inc., represented by its sections, shall initiate negotiation sessions. Furthermore, the NYSPHSAA, Inc. or its sections shall determine the structure and format of negotiations including the number of representatives. Each chapter of officials servicing a section will be involved in these negotiations with representation being indirect.

Should any member school of the NYSPHSAA, Inc. or any of its subdivisions fail to reach contact terms with regards to officiating for any sport season with #, or if a grievance of any nature should arise after the execution of such contract, the parties agree to abide by the following procedure:

Step No. 1: In case of failure to reach contract terms, the NYSPHSAA, Inc. must be notified no later than the first day of the month of October proceeding the school fiscal year in question. Sections and/or officials groups may not be entitled to impasse resolution procedures unless a minimum of 4 bargaining sessions were held (exclusive of ground rules meetings). Within thirty (30) days of notifying the NYSPHSAA, Inc., a concise statement of the issues and supporting facts, as well as evidence of agreed upon ground rules that governed the conduct of the negotiations and the schedule (record) of bargaining sessions held, must be submitted in writing to the Assistant Director. Should the declared impasse concern a grievance of any nature, the appealing party will also submit a filing fee of $100.00, c/o the NYSPHSAA, Inc, prior to the convening of a hearing conducted by the NYSPHSAA, Inc. A hearing will be convened by a representative of the NYSPHSAA, Inc. and a representative of a sports officials organization both selected by the President of the NYSPHSAA, Inc. These two (2) representatives will serve to determine the facts and to recommend resolution of the issues as presented by two (2) representatives of the section involved and two (2) representatives of the Sport Chapter(s) involved. Neither party may introduce new topics for resolution that were not introduced during contract/grievance negotiations. All discussions and agreements should be completed by the following first day of January.

Step No. 2: If contract terms are not reached by the aforementioned first day of January; or if a grievance has not been resolved within ten (10) days of its presentation, a written report stating the issues involved, discussions held at the hearing and recommendations for settlement shall be presented to the parties. Acknowledgement of acceptance (or not) shall be dated and signed by all participating representatives; and submitted to the Assistant Director of the NYSPHSAA, Inc. Failure to respond to the proposed report within thirty (30) calendar days after receipt shall result in acceptance of the report. The report will be sent certified mail.
Step No. 3: If contract terms are not reached nor the grievance resolved within thirty (30) days after receipt of the recommendations under the provisions of Step No. 2, the issues shall be submitted by the Assistant Director for arbitration. The Arbitration Panel will consist of three (3) members: one (1) representative from the NYSPHSAA, Inc., one (1) representative from the Officials and one (1) Arbiter from the American Arbitration Association (AAA). If issue(s) concern a grievance of any nature, the appealing party will remit a filing fee of $200 to convene the committee.

All fees and expenses, including those required by the American Arbitration Association (AAA) and arbiter, will be split equally between both parties.

Expenses incurred by the personnel of the NYSPHSAA, Inc. in accordance with implementing any of the steps listed above shall be shared equally by the officials’ organization(s) involved and the section involved. Expenses include all necessary and customary travel expenses, including, but not limited to mileage at the prevailing rate paid Executive Committee members, lodging and meals.

Since this agreement provides for the orderly and amicable adjustment and settlement of any and all disputes, differences and grievances, there will be no resort to strikes (withholding of services) by the # or its local chapters or lockouts by the NYSPHSAA, Inc., its subdivisions or any of its member schools.

The # shall retain its autonomy and the autonomy of each of its member associations shall be preserved.

Notwithstanding any other provisions to the contrary, each approved official shall be acting in his/her capacity as an official who is an independent contractor with regard to his/her relationship to any member school, the NYSPHSAA, Inc. or any of its subdivisions and in no way does an employer-employee relationship exist. Each official shall perform services in accordance with currently approved methods and practices in his or her professional capacity and in accordance with the standards of the # and of the NYSPHSAA, Inc. Such services shall include any reporting requirements established by the NYSPHSAA or its subdivisions concerning student/athlete and/or coach misconduct.

This AGREEMENT shall remain in effect until the 30th day of June, 20 .

IN WITNESS WHEREOF, the parties hereto have executed this agreement on the date first above written.
PUPIL BENEFITS PLAN, INC.  
1932-2015

THANK YOU FOR YOUR LOYAL SUPPORT

GOOD LUCK TO ALL YOUR ATHLETIC TEAMS

Our pledge is to give you the best possible service,  
and provide coverage you can count on.

CALL ANYTIME FOR ANY REASON

Thomas D. McGuire, Executive Director  
1-800-393-3301  
518-377-5144  
518-377-3291(fax)
PUPIL BENEFITS

PUPIL BENEFITS PLAN, INC.
BOARD OF DIRECTORS

David Alena
Ass't. Superintendent
Lyons
17 years

Dr. Michael McCarthy
Superintendent
Mechanicville
7 years

Martha Slack
Retired Athletic Director
Massena
6 years

Dr. Eric Aronowitz
Orthopedic Surgeon
Schenectady
2 years

Cliff Moses
Retired Superintendent
Galway
8 years

Kathy Sullivan
Superintendent
Johnstown
3 years

Margaret Boice
Ass't Superintendent
Ithaca City SD
3 years

Michael Picciano
Retired Superintendent
Weedsport
24 years

Dr. W. Bruce Watkins
Retired Ass't Superintendent
Briarcliff Manor
16 years

Ed Cinelli
Executive Director
Section XI, Smithtown
1 year

Patrick Pizzarelli
Past President
Lawrence
3 years

Theodore Woods
Retired Executive Secretary
Section V, North Rose
24 years

Dr. David Civale
Chiropractor
Scotia
12 years

Dr. Virginia Plaisted
Dentist
Delmar
18 years

EXECUTIVE COMMITTEE

Tom Heinzelman
Retired Athletic Director
Potsdam
4 years

Luigi Rendi, MD, ATC
Director, Center for Sports Medicine, Waterford
1 year

Dr. Dan MacGregor
President
Ballston Spa

Dr. Donald Henline
Orthopedic Surgeon
Potsdam
5 years

Carol Rog
Retired Director of Physical Education
Chenango Forks
12 years

Cliff Moses
Galway

Doug Kenyon
Executive Director
Section 2, Glens Falls
6 years

Dale Schumacher
Retired Superintendent
Whitney Point CSD
11 years

Dr. Michael McCarthy
Mechanicville

Dr. Dan MacGregor
Retired Superintendent
North Warren
6 years

Dr. Frank Segreto
Orthopedic Surgeon
Ronkonkoma
11 years

Dr. Stanley Maziejka
Stillwater

Dr. Stanley Maziejka
Superintendent
Stillwater
3 years

Dr. Ryan Sherman
Superintendent
Schuylerville
3 years

Theodore Woods
Recording Secretary
North Rose

William Bate
Council
34 years

Dr. Ryan Sherman
Superintendent
Schuylerville
3 years

Dr. W. Bruce Watkins
Retired Ass't Superintendent
Briarcliff Manor
16 years

Dr. David Civale
Chiropractor
Scotia
12 years

Dr. Virginia Plaisted
Dentist
Delmar
18 years

EXECUTIVE COMMITTEE

Tom Heinzelman
Retired Athletic Director
Potsdam
4 years

Luigi Rendi, MD, ATC
Director, Center for Sports Medicine, Waterford
1 year

Dr. Dan MacGregor
President
Ballston Spa

Dr. Donald Henline
Orthopedic Surgeon
Potsdam
5 years

Carol Rog
Retired Director of Physical Education
Chenango Forks
12 years

Cliff Moses
Galway

Doug Kenyon
Executive Director
Section 2, Glens Falls
6 years

Dale Schumacher
Retired Superintendent
Whitney Point CSD
11 years

Dr. Michael McCarthy
Mechanicville

Dr. Dan MacGregor
Retired Superintendent
North Warren
6 years

Dr. Frank Segreto
Orthopedic Surgeon
Ronkonkoma
11 years

Dr. Stanley Maziejka
Stillwater

Dr. Stanley Maziejka
Superintendent
Stillwater
3 years

Dr. Ryan Sherman
Superintendent
Schuylerville
3 years

Theodore Woods
Recording Secretary
North Rose

William Bate
Council
34 years
PUPIL BENEFITS

PUPIL BENEFITS PLAN, INC. BYLAWS

ARTICLE I

The purpose of the corporation shall be:

A. To furnish medical, dental and hospital expense indemnity under the supervision of the New York State Public High School Athletic Association to bona fide students in elementary and high schools injured in intramural and interscholastic athletic games and sports activities, or while engaged in preparation for such games, sports, or contests, or in physical education classes, or in any other accidents which in the judgment of the Superintendent of Insurance, should be included. The Plan shall be open to the participation of every duly licensed physician and dentist in the territory to be served and there shall be free choice by the subscribers of physicians and dentists admitted to such a plan, subject to the acceptance of patients by the physicians and dentists.

B. To do all and everything necessary and proper for the accomplishment of any or all of the objects herein enumerated or necessary or incidental thereto or to the protection and benefit of the corporation and in general to carry on any lawful business or understanding necessary to the attainment of the purposes of the corporation, subject, however, to all provisions of the Insurance Law of the State of New York.

ARTICLE II

The corporation shall be organized for the benefit of its members and not for profit.

ARTICLE III

Members

The members of the corporation shall be divided into two classes, active members, and subscribing members.

A. The active members shall be not less than twenty-four (24) of whom at least one-fourth shall be persons other than physicians and/or dentists and of whom at least one-fifth shall be physicians and/or dentists duly licensed to practice in the State of New York.

B. The active members of the corporation shall be the persons signing the Certificate of Incorporation and each person thereafter elected as Director. Active membership shall terminate when such person ceases to be a Director.

If for any reason a member of the Board of Directors does not attend two consecutive meetings of the Board of Directors, unless excused by the Board of Directors of which
PUPIL BENEFITS

he is a member, which action shall be entered on the minutes of such Board, that member is disqualified to serve as a member of the Board of Directors for the ensuing year.

C. Subscribing members shall consist of any schools registered and approved by the Board of Regents of the State of New York who may subscribe to the corporation’s insurance plan. “Schools” as herein defined shall be deemed to include Boards of Education, high school athletic associations, groups of students or agents or representatives thereof.

ARTICLE IV
Directors

A. The corporation shall be managed by a Board of Directors consisting of twenty-four (24) members who shall be elected by the active members of the corporation. At least one-fourth of the said directors shall be persons other than physicians and/or dentists and at least one-fourth shall be physicians and/or dentists licensed to practice in the State of New York. At no time shall more than one-half of the directors be persons who are licensed to practice medicine in this state (other than physicians employed on a full-time basis in the fields of public health welfare, medical research, or medical education) or who are employees of a corporation organized for hospital purposes or any combination thereof.

B. Nominations for director of the corporation may be made by any member whether subscribing or active but all elections shall be conducted by the corporation and only active members shall have a right to vote.

C. Directors shall be elected at the annual meeting of the corporation and shall serve for a period of one year.

D. Vacancies occurring in the office of director shall be filled by vote of the remaining directors of the corporation at a regular or special meeting of the Board of Directors.

E. The majority of members of the Board of Directors shall be designated representatives of the member schools of the New York State Public High School Athletic Association.
ARTICLE V
Officers

A. The officers of the corporation shall consist of a president, a vice president, a secretary, a treasurer, and shall be elected by the Board of Directors immediately following the annual meeting of the corporation as hereinafter provided, and such other officers to be appointed by the president as the directors may designate. Any two offices, except those of president and vice president, may be held by the same person.

B. Duties:

1. The president shall preside at meetings of the Board of Directors and the corporation, and shall perform such other duties as the Board of Directors may designate. The president shall have power to appoint such other subordinate employees of the corporation as may be authorized by the Board of Directors, whose compensation shall be fixed by the Board of Director of the Executive Committee.

2. The vice president shall assume the duties of the president during his absence or inability to act.

3. The secretary shall keep the minutes and records of the corporation and the Board of Directors, and shall perform such other duties as the Board of Directors may designate.

4. The treasurer shall have custody of the funds of the corporation and shall disburse them in insurance benefits or in such other manner as the Board of Directors may direct. If required by the Board of Directors, the treasurer shall furnish a surety bond in an amount designated by resolution of the directors.

C. Vacancies in any office shall be filled by the directors for the unexpired term of such office.

ARTICLE VI
Meetings

A. The annual meeting of the corporation shall be held on the Saturday after Labor Day in September.

B. A regular meeting of the Board of Directors shall be held once a year, immediately following the annual meeting of the corporation.

C. Special meetings of the corporation or the Board of Directors may be called at any time by the president and shall be called at the request of any five (5) members of the Board of Directors. At least five (5) days’ notice of time and place of such special meetings shall be given by postpaid mail.
ARTICLE VII
Quorum

A. At any meeting of the corporation ten (10) active members shall constitute a quorum.

B. At any meeting of the Board of Directors eight (8) members shall constitute a quorum.

C. At any meeting of the Executive Committee, three (3) members shall constitute a quorum.

D. Consent of Absentees. The transaction of any meeting of any constituted body of this corporation, either annual, regular, or special, however called or noticed, shall be valid as though it had a meeting duly held after regular call and notice, if a quorum be present and if, either before or after the meeting, each of the members entitled to vote, not present, sign a written waiver of notice or consent to the holding of such meeting or an approval of the minutes thereof. All such waivers, consents, or approvals shall be filed with the corporate records or made a part of the corporate minutes of the meeting.

E. Acting Without Meeting – Mail Vote. Any action which may be taken at a meeting of members, directors, or the Executive Committee may be taken without a meeting, if authorized by a writing signed by two-thirds of such members, directors, or members of the Executive Committee entitled to vote at a meeting for such purposes and filed with the secretary of the corporation.

ARTICLE VIII
Committees

The Committees for the Board of Directors shall consist of an executive committee consisting of five members to be appointed by the President and such other committees as may from time to time be authorized by resolution of the Board of Directors. The Executive Committee shall meet from time to time when summoned by the Chairman and shall have general management of affairs of the corporation in the intervals between meetings of the Board of Directors.

ARTICLE IX
Rules and Regulations

The Board of Directors may from time to time adopt rules and regulations for the management of the corporation and fixing the form of insurance contract to be issued by the corporation and the terms thereof, including the schedule of benefits and the premiums and the rate to be charged.
ARTICLE X
Amendments

These bylaws may be amended by a two-thirds vote of the members present at any regular or special meeting of the corporation provided notice of the proposed amendment is given by mail at least ten (10) days before such meeting.

PROTECT YOUR STUDENTS
WITH A PLAN THAT HAS
INSURED OVER
ONE-THIRD OF THE SCHOOL DISTRICTS
IN NEW YORK STATE
FOR 73 YEARS!

Student Accident Insurance
101 Dutch Meadows Lane – Guilderland NY 12302
1-800-393-3301
(518) 377-5144 fax (518) 377-3291
www.pupilbenefits.com
NEW YORK STATE FEDERATION OF
SECONDARY SCHOOL ATHLETIC ASSOCIATIONS

DONALD DOUGLAS, President
JOHN PRIZZI, Vice President
DENISE HILLIG, Treasurer
DENISE HILLIG, Secretary
JIM FOSTER, Executive Secretary

New York State Association of Independent Schools Athletic Association:
    JOHN PIZZI, Riverdale
    M.J. QUIGLEY, New York City
    ROBERT ANNUNZIATA, Bronx

New York State Catholic High Schools Athletic Association:
    DENISE HILLIG, Astoria
    DONAL BUCKLEY, South Huntington
    THOMAS MURRAY, Bronx

New York State Public High School Athletic Association:
    ROBERT ZAYAS, Latham
    STEPHEN BROADWELL, Willsboro

Public Schools Athletic League of the City of New York:
    DONALD DOUGLAS, New York City
    BRENDA MORGAN, New York City
    DANIEL HARRIS, New York City

Consultants:
    DARRYL DAILY, State Education Dept., Albany
CONSTITUTION OF THE
NEW YORK STATE FEDERATION OF
SECONDARY SCHOOL ATHLETIC ASSOCIATIONS

ARTICLE I-NAME:
The name of this organization shall be the New York State Federation of Secondary School Athletic Associations.

ARTICLE II-PURPOSES:
The purpose of this Federation shall be:

1. To coordinate the cooperative efforts of its member Associations to insure fair interschool amateur competition among all schools.
2. To support each of its member Associations in the observance of good sportsmanship and high ideals in amicable interschool relations.
3. To encourage maximum participation in a variety of appropriate athletic activities.
4. To assist in the proper interpretation, observance, and improvement of the Regulations of the Commissioner of Education (135.4) governing athletics so that interschool athletics are an integral part of the secondary school curriculum.
5. To assure that secondary school competitions are in compliance with Regulations of the Commissioner.
6. To protect student athletes from exploitation, commercialism, and professionalism in order to uphold the values of wholesome, clean, appropriate competition for boys and girls in our schools.
7. To participate in research and experimentation to strengthen programs and to improve safety in sports.
8. To cooperate in the development of high standards for officiating.
9. To support the Constitution, Bylaws and Rules adopted by this Federation.

ARTICLE III-MEMBERSHIP:

1. Membership in this Federation shall be open to these recognized Associations representing secondary schools chartered by the State Education Department: New York Catholic High Schools Athletic Association, New York State Public High School Athletic Association, Public Schools Athletic League of the City of New York, and NYS Association of Independent Schools Athletic Associations of this State. Other Associations may apply for membership in this Federation if organized on a similar basis as the member Associations named above.
2. The governing Board of each of these Associations shall ratify this Constitution in order to approve membership.
3. The Executive Committee of this Federation shall prepare and approve a budget for allocation of expenditures for the ensuring year and notify each member Association of the amount of its annual assessment.

4. A membership fee for each Association may be assessed as an equal share of the total amount required.

5. The membership year shall be from July 1 through June 30.

6. No part of the net earnings of this Federation shall inure to the benefit of any member, trustee, officer, or director of the Federation or any private individual (except that reasonable compensation may be paid for services rendered to or for the Federation affecting one or more of its purposes) and no member, trustee, officer, or director of the Federation or any private individual shall be entitled to share in the distribution of any of the Federation's assets on dissolution of the Federation. Upon the dissolution of the Federation or the winding up of its affairs, the assets of the Federation shall be distributed exclusively for educational purposes in accordance with the provisions of Section 501 (c) 3 of the Internal Revenue Code and its Regulations as they now exist or they may hereafter be amended.

ARTICLE IV–EXECUTIVE COMMITTEE:

1. The Executive Committee of the Federation shall consist of a number not to exceed three (3) representatives designated by each member association.

2. Each member Association shall have one vote on any action to be taken by the Executive Committee.

3. The Executive Committee may invite representatives of organizations and agencies as well as individuals to participate as consultants to the Federation.

4. The Executive Committee shall meet at least twice a year.

5. Notice of a meeting of the Executive Committee shall be sent to each representative at least thirty (30) days prior to a meeting date.

6. The president of the Federation may call a special meeting of the Executive Committee, providing twenty (20) days’ notice is given to each representative.

7. Any action which may be taken at any meeting of the Executive Committee may be taken without a meeting by a mail vote, if authorized in writing signed by a majority of the member Associations.

ARTICLE V–OFFICERS

1) The Federation Executive Committee shall elect a slate of officers at the spring meeting as presented by the Nominating Committee. Officers shall be elected from members of the Executive Committee for a two (2) year term of office: President, Vice President (2), Secretary, Treasurer, and Executive Secretary. The duties of the officers shall be as follows:

a. President
   i) Preside at all meetings of the Federation.
   ii) Convene, when necessary, special meetings of the Executive Committee.
iii) Appoint coordinators of all subcommittees approved by the Executive Committee.
iv) Prepare agendas for meetings of the Executive Committee.
v) Represent the Federation in venue contract negotiations with the Executive Secretary.
vi) Attend Federation Championship events.
The mission of the National Federation is to serve its members and its related professional groups by providing leadership and national coordination for the administration of interscholastic activities which will enhance the educational experiences of high school students and reduce risks of their participation. The National Federation will promote participation and sportsmanship to develop good citizens through interscholastic activities which provide equitable opportunities, positive recognition and learning experiences to students while maximizing the achievement of educational goals.

National Federation Mission Statement

High school activities programs will attract more than 10 million participants this year. Nearly 50% of the student body of most schools will be involved in some phase of the interscholastic program.

In virtually all of these schools, the interscholastic activities program will require a school board subsidy between one and three percent of the total school budget. That includes equipment, supplies, transportation, coaches’ salaries and a portion of the utility bills.

Fifty percent of the students at one to three percent of the budget: that could be the best bargain in public is demanding. Rather than being squeezed out of school programs, interscholastic activities programs should be held up to the communities as model programs for these times.

THE MEMBERSHIP of the National Federation consists of 51 individual state high school athletic and/or activity associations and the association of the District of Columbia. Also benefiting from National Federation services are affiliated members of 11 Canadian provincial associations and similar groups in the Philippines, Guam, Bermuda and the Virgin Islands. Policies for high school athletics emanate from the National Federation and its members.

THE SERVICES of the National Federation are based on the belief that strong state and national high school organizations are necessary to: protect the activity and athletic interests of high schools and the student participants, and promote growth of programs which are educational in both means and ends for the participants.
COACHES AND OFFICIALS are also served in a variety of ways through the National Federation Interscholastic Coaches Association (NFICA) and National Federation Interscholastic Officials Association (NFIOA). Each individual member receives a monthly tabloid containing information to assist individual professional development as well as inform and involve high school coaches and officials in the work of their state and national administrative organizations.

ATHLETIC DIRECTORS benefit directly from National Federation services, including an annual conference conducted for them and printed proceedings distributed to them. A quarterly journal, Interscholastic Athletic Administration, is published as a continuing forum for the exchange of ideas pertinent to athletic administration, a growing profession which the National Federation recognizes as vital to the welfare of high school sports.

NATIONAL FEDERATION PUBLICATIONS are published in 17 sports. The National Federation rules committee’s consist of high school coaches and administrators.

THE HIGH SCHOOL TODAY is a comprehensive publication distributed ten times a year. Included in each publication are all major athletic rule changes, questions and answers for various sports while in session, plus a section containing music and speech information. The HS TODAY is provided to members of the various National Federation professional organizations as part of their membership. The Publication reaches thousands of high school administrators, coaches and officials, as well as the general public and news media across the nation.

FEDERAL LEGISLATION is monitored by the National Federation staff, and the membership aggressively opposes bills which would adversely affect interscholastic activities programs on the local, state or national levels.

ATHLETIC EXPERIMENTATION is conducted by the National Federation through its rules committees and cooperating agencies, such as the National Operating Committee for Standards of Athletic Equipment. The result is safety in high school athletics which is unparalleled on any other level of competition.

SANCTIONING of interstate and international contests is carried out by the National Federation to curb abuses which might result without such a program. Applications for sanction are carefully reviewed to assure that students will not be exploited and that certain programs are not overemphasized to the expense of others.

NATIONAL RECORDS are maintained by the National Federation in order to bring proper recognition to boys and girls who achieve unprecedented performances in interscholastic competition. It is believed such recognition stimulates public interest in high school programs and motivates other boys and girls to improve their skills.

HIGH SCHOOLS are represented by the National Federation on the U.S. Olympic Committee and national sport governing bodies. The National Federation cooperates with many other national organizations such as Major League Baseball, the National Collegiate Athletic
FEDERATION

Association, the National Junior College Athletic Association, the National Association of Secondary School Principals and the Young Men’s Christian Association to the extent that such organizations’ activities affect interscholastic programs and participants.

NEW YORK STATE INVOLVEMENT WITH THE NATIONAL FEDERATION

The New York State Public High School Athletic Association, Inc. has been a member of the National Federation of State High School Associations since 1926.

COMMITTEE REPRESENTATIVES

Coaches Quarterly: Carl Normandin
Officials Quarterly: Bob Kersch
Lacrosse: Jackie Gow
Swimming: Diane Hicks -Hughes
NYSPHSAA, INC. MEMBERSHIP

<table>
<thead>
<tr>
<th>Section</th>
<th>Members (Sr.HS)</th>
<th>Members (Jr.HS)</th>
<th>Total Schools</th>
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<td>101</td>
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<td>Section 7 (Champlain Area)</td>
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CLASSIFICATION PROCEDURE

For school classification purposes, enrollment figures are collected by the Section Athletics Councils from the October State Education Department BEDS (Bureau of Education Data Systems) forms. The classification of schools shall be approved and set for the following school year by executive committee in January. For classification purposes the school's total enrollment, boys and girls, grades 9, 10, 11 are used.

Classification numbers are verified with the State Education Department numbers when they become available.

The classification of a single gender school will be established by doubling its enrollment (9-11). Publically funded special act schools may be classified by the Section by sport according to the unique enrollment of such school. Non-public and charter schools may be classified by sport. Sections will establish a process for the review of the classification of all nonpublic and charter schools in their section.

If a combined school team goes beyond sectional level competition, their boys' and girls' grades 9, 10, 11 enrollments shall be combined for state level competition.

Schools within each section may choose to move up but not down in classification prior to the season. A school, following its section's established procedure for moving up in class for a particular sport, must remain in that class throughout that entire sports' season.

Check the NYSPHSAA website @ www.nysphsaa.org for Friend and Neighbor updates.
### 2016 – 2017 FIVE CLASS NUMBERS

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### INDIVIDUAL SPORTS

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### TEAM SPORTS (3 CLASS)

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### CLASSIFICATION VARIATIONS

(as approved by the NYSPHSAA Executive Committee)

All Variation Sports will receive Championship Advisory approval prior to presenting changes to classification cut-off numbers to the Executive/Central Committee and to abide by a uniformed calendar.

#### Cross Country

<table>
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#### Girls Volleyball

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#### Field Hockey

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#### Girls Lacrosse

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#### Football

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#### Boys Lacrosse

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#### Boys Volleyball

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<td>Div II</td>
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#### Ice Hockey

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<tr>
<td>Div II</td>
<td>999-below</td>
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</tbody>
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THE NYSPHSAA's official school address directory is the Clee Wade New York State Coaches Directory. Available for purchase online at [www.coachesdirectory.com](http://www.coachesdirectory.com)

High school enrollment numbers used for classification purposes can be found on the Association website [www.nysphsaa.org](http://www.nysphsaa.org)
Membership

Section 1

President: Jim Lindsay, Dobbs Ferry HS 10522
Vice President: Scott Mosenthal, Irving UFSD 10533
Executive Director: Jennifer Simmons, So. Westchester BOCES, Elmsford 10523
Treasurer: Jennifer Simmons, So. Westchester BOCES, Elmsford 10523

Ardsgley Ardsley Union Free School District 10502
  Ardsley High School, Ardsley 10502
  Ardsley Middle School, Ardsley 10502
Armonk Byram Hills Central School District 10504
  Byram Hills Sr. High School, Armonk 10504
  H.C. Crittenden Middle School, Armonk 10504
Bardonia Albertus Magnus High School, Bardonia
Beacon Beacon City School District 12508
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Briarcliff Manor Union Free School District 10510
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Greenburgh Heleven UFSD 10522
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  Willow Grove Middle School, Thiells 10984
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Harrison HARRISON CENTRAL SCHOOL DISTRICT 10528
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  Farragut Middle School, Hastings-on-Hudson 10706
  Hastings-on-Hudson GREENBURGH-GRAHAM UFSD 10706
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Hartsdale GREENBURGH CENTRAL SCHOOL DISTRICT 10530
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Irvington IRVINGTON UNION FREE SCHOOL DISTRICT 10533
  Irvington High School, Irvington 10533
  Irvington Middle School, Irvington 10533
Katonah KATONAH-LEWISBORO UNION FREE SCHOOL DISTRICT 10536
  John Jay Sr. High School, Cross River 10518
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Lincolndale SOMERS CENTRAL SCHOOL DISTRICT 10540
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Mahopac MAHOPAC CENTRAL SCHOOL DISTRICT 10541
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Mamaroneck MAMARONECK UNION FREE SCHOOL DISTRICT 10543
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Mamaroneck RYE NECK UNION FREE SCHOOL DISTRICT 10543
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Montrose HENDERICK HUDSON CENTRAL SCHOOL 10548
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  Blue Mountain Middle School, Cortland Manor 10567

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Mount Vernon MOUNT VERNON CITY SCHOOL DISTRICT 10553
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  Nelson A. Mandela Community High School, Mount Vernon 10550
  Thornton School, Mount Vernon 10550
  Davis Middle School, Mount Vernon 10552

Nanuet NANUET UNION FREE SCHOOL DISTRICT 10954
  Nanuet Sr. High School, Nanuet 10954
  A MacArthur Barr Middle School, Nanuet10954

New City CLARKSTOWN CENTRAL SCHOOL DISTRICT 10994
  Clarkstown North Sr. High School, New City 10956
  Clarkstown South Sr. High School, West Nyack 10994
  Felix V Festa Middle School, West Nyack 10994

New Rochelle NEW ROCHELLE CITY SCHOOL DISTRICT 10801
  New Rochelle Sr. High School, New Rochelle 10804
  Albert Leonard Middle School, New Rochelle 10804
  Isaac E Young Middle School, New Rochelle 10805

New Rochelle URSULINE SCHOOL 10804
  Ursuline Jr./Sr. School, New Rochelle 10804

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  Ossining Sr. High School, Ossining 10562
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  Carmel Sr. High School, Carmel 10512
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Pearl River PEARL RIVER UNION FREE SCHOOL DISTRICT 10965
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Pawling PLEASANTVILLE-COTTAGE SCHOOL UFSD 10570
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  Pleasantville PLEASANTVILLE UNION FREE SCHOOL DISTRICT 10570
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Port Chester PORT CHESTER-RYE UNION FREE SCHOOL DISTRICT 10573
  Port Chester Sr. High School, Port Chester 10573
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Poughkeepsie ARLINGTON CENTRAL SCHOOL DISTRICT 12603
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  Arlington Middle School, Poughkeepsie 12603
  LaGrange Middle School, LaGrangeville 12540
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Poughkeepsie OUR LADY OF LOURDES 12603
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 Purchase KEIO ACADEMY 10577
  Keio Academy, Purchase 10577
Putnam Valley PUTNAM VALLEY CENTRAL SCHOOL DISTRICT 10579
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  Putnam Valley Middle School, Putnam Valley 10579
Rye RYE CITY SCHOOL DISTRICT 10580
  Rye High School, Rye 10580
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Rye Brook BLINDBROOK-RYE UNION FREE SCHOOL DISTRICT 10573
  Blind Brook Middle/High School, Rye Brook 10573
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  Edgemont Jr./Sr. High School, Edgemont 10583
Scarsdale SCARSDALE UNION FREE SCHOOL DISTRICT 10583
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  Sleepy Hollow Middle/High School, Sleepy Hollow 10591
Sleepy Hollow POCANTICO HILLS CENTRAL SCHOOL DISTRICT 10591
  Pocantico Hills (Jr.) Central School, Sleepy Hollow 10591
Somers JOHN F KENNEDY HIGH SCHOOL 10589
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  Spring Valley Sr. High School, Spring Valley 10977
  Pomona Middle School, Suffern 10901
  Chestnut Ridge Middle School, Chestnut Ridge10977
Thornwood MOUNT PLEASANT UNION FREE SCHOOL DISTRICT 10594
  Westlake High School, Thornwood 10594
  Westlake Middle School, Thornwood 10594
Valhalla VALHALLA UNION FREE CENTRAL SCHOOL DISTRICT 10595
  Valhalla High School, Valhalla 10595
  Valhalla Middle School, Valhalla 10595
Wappingers Falls WAPPINGERS CENTRAL SCHOOL DISTRICT 12590
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  Roy C Ketcham Sr. High School, Wappingers Falls 12590
  Van Wyck Jr. High School, Wappingers Falls 12590
  Wappingers Falls Jr. High School, Wappingers Falls 12590
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  Casimir Pulaski School, Scarsdale 10583
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Section 1 FRIEND & NEIGHBOR ........................................... Expiration Date
Hallen School (7-12)
97 Center St., New Rochelle, NY 10801. .............................. 8/16

Horace Mann School (7-12)
231 West 246th St., Bronx, NY 14071. .............................. 8/17

St. Margaret School (7-8)
34 No. Magnolia Street, Pearl River, NY 10965. .............................. 8/16

NY School for the Deaf, Fanwood (7-12)
555 Knollwood Rd, White Plains, NY 10603. .............................. 8/17

The Montfort Academy (7-12)
125 E. Birch St. Mount Vernon NY 10552 .............................. 8/16

EF International Academy (9-12)
582 Columbus Avenue, Thornwood NY 10594 .............................. 8/18

German International School New York (7-12)
50 Partridge Road, White Plains NY 10606 .............................. 8/18
SECTION 2

PRESIDENT: Paul Jenkins, Glens Falls HS 12801
1ST VICE PRESIDENT: Jamian Rockhill, Schoharie CS 12866
EXECUTIVE DIRECTOR: Wayne Bertrand, Saratoga Springs 12866
TREASURER: TBA

Albany ACADEMY OF THE HOLY NAMES 12208
   Academy of the Holy Names High School, Albany 12208
   Academy of the Holy Names Middle School, Albany 12208

Albany ACADEMIES (THE) 12208
   The Albany Jr./Sr. Academies, Albany 12208

Albany ALCANY CITY SCHOOL DISTRICT 12207
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   North Albany Academy MS, Albany 12204
   Stephen & Harriet Myers MS, Albany 12209
   William S Hackett Middle School, Albany 12202

Albany ALBANY LEADERSHIP CHARTER SCHOOL 12208
   Albany Leadership Charter School, Albany 12208

Albany BISHOP MAGINN HIGH SCHOOL 12202
   Bishop Maginn High School, Albany 12202

Albany CHRISTIAN BROTHERS ACADEMY 12205
   Christian Brothers Jr./Sr. Academy, Albany 12205

Albany DOANE STUART SCHOOL 12202
   Doane Stuart Jr./Sr. High School, Albany 12202

Albany GREEN TECH HIGH CHARTER SCHOOL 12210
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Albany KIPP TECH CHARTER SCHOOL 12110
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Albany SOUTH COLONIE CENTRAL SCHOOL DISTRICT 12205
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   LishaKill Middle School, Albany 12205
   Sand Creek Middle School, Albany 12205

Amsterdam AMSTERDAM CITY SCHOOL DISTRICT 12010
   Amsterdam High School, Amsterdam 12010
   Lynch Middle School, Amsterdam 12010

Argyle ARGYLE CENTRAL SCHOOL DISTRICT 12809
   Argyle Jr./Sr. High School, Argyle 12809

Averill Park AVERILL PARK CENTRAL SCHOOL DISTRICT 12018
   Averill Park High School, Averill Park 12018
   Algonquin Middle School, Averill Park 12018

Ballston Spa BALLSTON SPA CENTRAL SCHOOL DISTRICT 12020
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Berlin BERLIN CENTRAL SCHOOL DISTRICT 12022
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Berne BERNE-KNOX-WESTERLO CENTRAL SCHOOL DISTRICT 12023
   Berne-Knox-Westerlo Jr./Sr. High School, Berne 12023
Bolton Landing BOLTON CENTRAL SCHOOL DISTRICT 12814
   Bolton Jr./Sr. High School, Bolton Landing 12814
Brodalbin BROADALBIN-PERTH CENTRAL SCHOOL DISTRICT 12025
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Delmar BETHLEHEM CENTRAL SCHOOL DISTRICT 12054
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East Greenbush EAST GREENBUSH CENTRAL SCHOOL DISTRICT 12061
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Fonda FONDA-FULTONVILLE CENTRAL SCHOOL DISTRICT 12068
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Fort Ann FORT ANN CENTRAL SCHOOL DISTRICT 12827
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Fort Edward FORT EDWARD UNION FREE SCHOOL DISTRICT 12828
  Fort Edward Jr./Sr. High School, Fort Edward 12828
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Galway GALWAY CENTRAL SCHOOL DISTRICT 12074
  Galway Middle/High School, Galway 12074
Germantown GERMANTOWN CENTRAL SCHOOL DISTRICT 12526
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Ghent HAWTHORNE VALLEY SCHOOL 12075
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Glens Falls GLENS FALLS CITY SCHOOL DISTRICT 12801
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  Glens Falls Middle School, Glens Falls 12801
Gloversville GLOVERSVILLE CITY SCHOOL DISTRICT 12078
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  Gloversville Middle School, Gloversville 12078
GRANVILLE CENTRAL SCHOOL DISTRICT 12832
  Granville Jr./Sr. High School, Granville 12832
Green Island GREEN ISLAND UNION FREE SCHOOL DISTRICT 12083
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Greenville GREENVILLE CENTRAL SCHOOL DISTRICT 12083
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  Greenwich GREENWICH CENTRAL SCHOOL DISTRICT 12834
  Greenwich Jr./Sr. High School, Greenwich 12834
Guilderland GUILDERLAND CENTRAL SCHOOL DISTRICT 12084
  Guilderland High School Guilderland Center 12085
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HARTFORD CENTRAL SCHOOL DISTRICT 12838
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Hoosick Falls HOOSICKFALLS CENTRAL SCHOOL DISTRICT 12090
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Hudson Falls HUDSON FALLS CENTRAL SCHOOL DISTRICT 12830
    Hudson Falls Sr. High School, Hudson Falls 12839
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Johnstown JOHNSTOWN CITY SCHOOL DISTRICT 12095
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        Knox Jr. High School, Johnstown 12095
Lake George LAKE GEORGE CENTRAL SCHOOL DISTRICT 12845
    Lake George Jr./Sr. High School, Lake George 12845
Lake Luizerne HADLEY-LUZERNE CENTRAL SCHOOL DISTRICT 12846
    Hadley-Luizerne Sr. High School, Lake Luizerne 12846
    Stuart M. Townsend Middle School, Lake Luizerne 12946
Latham NORTH COLONIE CENTRAL SCHOOL DISTRICT 12110
    Shaker High School, Latham, 12110
        Shaker Jr. High School Latham 12110
Loudonville LOUDONVILLE CHRISTIAN SCHOOL 12211
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Mayfield MAYFIELD CENTRAL SCHOOL DISTRICT 12117
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Mechanicville MECHANICVILLE CITY SCHOOL DISTRICT 12118
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Middleburgh MIDDLEBURGH CENTRAL SCHOOL DISTRICT 12122
    Middleburgh Jr./Sr. High School, Middleburgh 12122
Niskayuna NISKAYUNA CENTRAL SCHOOL DISTRICT 12309
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Northville NORTHVILLE CENTRAL SCHOOL DISTRICT 12134
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Queensbury QUEENSBURY UNION FREE SCHOOL DISTRICT 12804
    Queensbury Sr. High School, Queensbury 12804
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Ravena RAVENA-COEYMANS-SELKIRK CENTRAL SCHOOL DISTRICT 12158
    Ravena-Coeymans-Selkirk Sr. High School, Ravena 12143
        Ravena-Coeymans-Selkirk Middle School, Ravena 12143
        Draper Middle School, Schenectady 12303
Rensselaer RENSSELAER CITY SCHOOL DISTRICT 12144
    Rensselaer Jr./Sr. High School, Rensselaer 12144
Rotterdam ROTTERDAM-MOHONASEN CENTRAL SCHOOL DISTRICT 12303
    Mohonasen Sr. High School, Schenectady 12303
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    St. Johnsville Jr./Sr. High School, St. Johnsville 13452

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Saratoga SARATOGA CENTRAL CATHOLIC HIGH SCHOOL 12866
   Saratoga Central Catholic Jr./Sr. High School, Saratoga Springs 12866
Saratoga SARATOGA SPRINGS CITY SCHOOL DISTRICT 12866
   Saratoga Springs High School, Saratoga Springs 12866
Saratoga Jr. High School, Saratoga Springs 12866
   Maple Avenue Middle School, Saratoga Springs 12866
Schaghticoke HOOSIC VALLEY CENTRAL SCHOOL DISTRICT 12154
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Schoharie SCHOHARIE CENTRAL SCHOOL DISTRICT 12157
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Schuylerville SCHUYLERVILLE CENTRAL SCHOOL DISTRICT 12871
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Scotia BURNT HILLS-BALLSTON LAKE CENTRAL SCHOOL DISTRICT 12302
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Scotia SCOTIA-GLENVILLE CENTRAL SCHOOL DISTRICT 12302
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Scotia MEKEEL CHRISTIAN ACADEMY 12302
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   Oliver W Winch Jr. High School, So. Glens Falls 12803
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Troy CATHOLIC CENTRAL HIGH SCHOOL 12182
  Catholic Central Jr./Sr. High School, Troy 12182
Troy EMMA WILLARD SCHOOL 12180
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Troy LASALLE INSTITUTE 12180
  LaSalle Jr./Sr. Institute, Troy 12180
Troy TROY CITY SCHOOL DISTRICT 12180
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  W Kenneth Doyle Middle School, Troy 12180
Valatie KINDERHOOK CENTRAL SCHOOL DISTRICT 12184
  Ichabod Crane Sr. High School, Valatie 12184
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Waterford WATERFORD-HALFMOON CENTRAL SCHOOL DISTRICT 12188
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Watervliet WATERVLIET CITY SCHOOL DISTRICT 12189
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West Lebanon NEW LEBANON CENTRAL SCHOOL DISTRICT 12125
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Whitehall WHITEHALL CENTRAL SCHOOL DISTRICT 12887
  Whitehall Jr./Sr. High School, Whitehall 12887
Wynantskill WYNANTSKILL UNION FREE SCHOOL DISTRICT 12198
  Gardner-Dickinson Middle School, Wynantskill 12198

Section 2 FRIEND & NEIGHBOR ........................................ Expiration Date
Darrow School (9-12)
  110 Darrow Rd, New Lebanon, NY 12125 ........................................ 8/16
St. Mary’s/St. Alphonsus Academy (7-8)
  97 School St., Glens Falls, NY 12801 ........................................ 8/16
Waldorf School of Saratoga (7-12)
  122 Regent, Saratoga Springs, NY 12866 ........................................ 8/16
Grapeville Christian School (7-12)
  2416 CR 26, Climax, NY 12042 ........................................ 8/17
Saint Gregory’s School (7-8)
  121 Old Niskayuna Rd, Loudonville NY 12211 ........................................ 8/16
The Kings School (7-12)
  PO Box 300, Lake Luzerne NY 12846 ........................................ 8/17

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Gardner Dickinson (7-8)
25 East Ave, Troy NY 12180 ................................................................. 8/17
SECTION 4

PRESIDENT: Ramona Wench, Laurens CS 13796
VICE PRESIDENT: Margo Martin, Tioga CS, Tioga Center 13845
INTERSchOLASTIC SPORTS COORDINATOR: Ben Nelson, 21 Liberty Street,
   Civic Center Box 7, Sidney 13838
TREASURER: Thomas De Laurentiis, 21 Liberty Street, Civic Center Box 7, Sidney 13838

Afton AFTON CENTRAL SCHOOL DISTRICT 13730
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Andes ANDES CENTRAL SCHOOL DISTRICT 13731
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Aurora SO. CAYUGA CENTRAL SCHOOL DISTRICT 13206
   Southern Cayuga High School, Poplar Ridge 13139
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Bainbridge BAINBRIDGE-GUILFORD CENTRAL SCHOOL DISTRICT 13733
   Bainbridge-Guilford Jr./Sr. High School, Bainbridge 13733
Binghamton BINGHAMTON CITY SCHOOL DISTRICT 13902
   Binghamton High School, Binghamton 13905
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   West Middle School, Binghamton 13905
Binghamton CHENANGO FORKS CENTRAL SCHOOL DISTRICT 13901
   Chenango Forks High School, Binghamton 13901
   Chenango Forks Middle School, Binghamton 13901
Binghamton CHENANGO VALLEY CENTRAL SCHOOL DISTRICT 13901
   Chenango Valley Middle/High School, Binghamton 13901
Binghamton SETON CATHOLIC CENTRAL HIGH SCHOOL 13905
   Seton Catholic Central High School, Binghamton 13905
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   St. John School, Binghamton 13903
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Cherry Valley CHERRY VALLEY-SPRINGFIELD CENTRAL SD 13320
   Cherry Valley-Springfield Jr./Sr. High School, Cherry Valley 13320
Conklin SUSQUEHANNA VALLEY CENTRAL SCHOOL DISTRICT 13748
   Susquehanna Valley Sr. High School, Conklin 13748
   Richard T. Stank Jr. High School, Conklin 13748
Corning ALL SAINTS ACADEMY 14830
   All Saints Academy, Corning 14830
Davenport CHARLOTTE VALLEY CENTRAL SCHOOL DISTRICT 13750
   Charlotte Valley Jr./Sr. High School, Davenport 13750
Delhi DELHI CENTRAL SCHOOL DISTRICT 13753
   Delaware Academy Middle/High School, Delhi 13753
Deposit DEPOSIT CENTRAL SCHOOL DISTRICT 13754
   Deposit Jr./Sr. High School, Deposit 13754

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Downsville DOWNSVILLE CENTRAL SCHOOL DISTRICT 13755
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Dryden DRYDEN CENTRAL SCHOOL DISTRICT 13053
  Dryden Middle/High School, Dryden 13053
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  Edmeston Jr./Sr. High School, Edmeston 13335
Endwell MAINE-ENDWELL CENTRAL SCHOOL DISTRICT 13760
  Maine-Endwell Sr. High School, Endwell 13760
  Maine-Endwell Middle School, Endwell 13760
Elmira ELMIRA CITY SCHOOL DISTRICT 14905
  Elmira Free Academy, Elmira 14904
  Southside Sr. High School, Elmira 14904
  Broadway Middle School, Elmira 14904
  Ernie Davis Middle School, Elmira 14901
Elmira Heights ELMIRA HEIGHTS CENTRAL SCHOOL DISTRICT 14903
  Thomas Edison Sr. High School, Elmira Heights 14903
  Cohen Middle School, Elmira Heights 14903
Endicott UNION-ENDICOTT CENTRAL SCHOOL DISTRICT 13760
  Union-Endicott Sr. High School, Endicott 13760
  Jennie F Snapp Middle School, Endicott 13760
Franklin FRANKLIN CENTRAL SCHOOL DISTRICT 13775
  Franklin Jr./Sr. High School, Franklin 13775
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Freeville GEORGE JR. REPUBLIC UFSD 12068
  George Jr. Republic Jr./Sr. High School, Freeville 13068
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  Gilbertsville-Mt Upton Jr./Sr. High School, Gilbertville 13776
Gilboa GILBOA-CONESVILLE CENTRAL SCHOOL DISTRICT 12076
  Gilboa-Conesville Jr./Sr. High School, Gilboa 12076
Greene GREENE CENTRAL SCHOOL DISTRICT 13778
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Groton GROTON CENTRAL SCHOOL DISTRICT 13073
  Groton Middle/High School, Groton 13073
Hancock HANCOCK CENTRAL SCHOOL DISTRICT 13783
  Hancock Jr./Sr. High School, Hancock 13783
Harpursville HARPURSVILLE CENTRAL SCHOOL DISTRICT 13787
  Harpursville Jr./Sr. High School, Harpursville 13787
Horseheads HORSEHEADS CENTRAL SCHOOL DISTRICT 14845
  Horseheads Sr. High School, Horseheads 14845
  Horseheads Middle School, Horseheads 14845

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Ithaca ELIZABETH A. CLUNE MONTESSORI SCHOOL 14850
Elizabeth A. Clune Montessori School, Ithaca 14850

Ithaca ITHACA CITY SCHOOL DISTRICT 14851
Ithaca Sr. High School, Ithaca 14850
Boynton Middle School, Ithaca 14850
DeWitt Middle School, Ithaca 14850

Ithaca NEW ROOTS CHARTER SCHOOL 14851
New Roots Charter School (9-12), Ithaca 14851

Jefferson JEFFERSON CENTRAL SCHOOL 12093
Jefferson Jr./Sr. High School, Jefferson 12093

Johnson City JOHNSTON CITY CENTRAL SCHOOL DISTRICT 13790
Johnson City Jr./Sr. High School, Johnson City 13790
C Fred Johnson Middle School, Johnson City 13790

Lansing LANSING CENTRAL SCHOOL DISTRICT 14882
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Lansing Middle School, Lansing 14882

Laurens LAURENS CENTRAL SCHOOL DISTRICT 13796
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Marathon MARATHON CENTRAL SCHOOL DISTRICT 13803
Marathon Jr./Sr. High School, Marathon 13803

Margaretville MARGARETVILLE CENTRAL SCHOOL DISTRICT 12455
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Milford MILFORD CENTRAL SCHOOL DISTRICT 13807
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Moravia MORAVIA CENTRAL SCHOOL DISTRICT 13118
Moravia Jr./Sr. High School, Moravia 13118

Morris MORRIS CENTRAL SCHOOL DISTRICT 13808
Morris Jr./Sr. High School, Morris 13808

New Berlin UNADILLA VALLEY CENTRAL SCHOOL DISTRICT 13411
Unadilla Valley High School, New Berlin 13411
Unadilla Valley Middle School, New Berlin 13411

Newark Valley NEWARK VALLEY CENTRAL SCHOOL DISTRICT 13811
Newark Valley Sr. High School, Newark Valley 13811
Newark Valley Middle School, Newark Valley 13811

Newfield NEWFIELD CENTRAL SCHOOL DISTRICT 14867
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Norwich NORWICH HOLY FAMILY SCHOOL 13815
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Odessa ODESSA-MONTOUR CENTRAL SCHOOL DISTRICT 14869
Odessa-Montour Jr./Sr. High School, Odessa 14869

Oneonta ONEONTA CITY SCHOOL DISTRICT 13820
Oneonta S. High School, Oneonta 13820
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High school enrollment numbers used for classification purposes and friend and Neighbor updates can be found on the Association Website at: www.nysphsaa.org
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Otego OTEGO-UNADILLA CENTRAL SCHOOL DISTRICT 13825
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Owego OWEGO-APALACHIN CENTRAL SCHOOL DISTRICT 13825
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    Owego-Apalachin Middle School, Owego 13827
Oxford OXFORD ACADEMY & CENTRAL SCHOOL DISTRICT 13830
  Oxford Academy High School, Oxford 13830
    Oxford Academy Middle School, Oxford 13830
Painted Post CORNING CITY SCHOOL DISTRICT 14870
  Corning-Painted Post HS Learning Center, Corning 14830
  Corning-Painted Post East High School, Corning 14830
  Corning-Painted Post West High School, Painted Post 14870
    Corning Free Academy Middle School, Corning 14830
    Northside Blodgett Middle School, Corning 14830
Richfield Springs RICHFIELD SPRINGS CENTRAL SCHOOL DISTRICT 13439
  Richfield Springs Jr./Sr. High School, Richfield Springs 13439
Roxbury ROXBURY CENTRAL SCHOOL DISTRICT 12474
  Roxbury Jr./Sr. High School, Roxbury 12474
Schenevus SCHENEVUS CENTRAL SCHOOL DISTRICT 12155
  Schenevus Jr./Sr. High School, Schenevus 12155
Sidney SIDNEY CENTRAL SCHOOL DISTRICT 13838
  Sidney High School, Sidney 13838
    Sidney Middle School, Sidney 13838
So. Kortright SO. KORTRIGHT CENTRAL SCHOOL DISTRICT 13842
  So. Kortright Jr./Sr. High School, So. Kortright 13842
Spencer SPENCER-VANETTEN CENTRAL SCHOOL DISTRICT 14883
  Spencer-VanEtten High School, Spencer 14883
    Spencer-VanEtten Middle School, Spencer 14883
Stamford STAMFORD CENTRAL SCHOOL DISTRICT 12167
  Stamford Jr./Sr. High School, Stamford 12167
Tannersville HUNTER-TANNERSVILLE CENTRAL SCHOOL DISTRICT 12485
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Tioga Center TIOGA CENTRAL SCHOOL DISTRICT 13845
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    Tioga Middle School, Tioga Center 13845
Trumansburg TRUMANSBURG CENTRAL SCHOOL DISTRICT 14886
  Charles O Dickerson High School, Trumansburg 14886
    Russell I Doig Middle School, Trumansburg 14886
Union Springs UNION SPRINGS CENTRAL SCHOOL DISTRICT 13160
  Union Springs Middle/High School, Union Springs 13160
Vestal VESTAL CENTRAL SCHOOL DISTRICT 13850
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    Vestal Middle School, Vestal 13850

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Walton WALTON CENTRAL SCHOOL DISTRICT 13856
    Walton High School, Walton 13856
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Watkins Glen WATKINS GLEN CENTRAL SCHOOL DISTRICT 14891
    Watkins Glen Central High School, Watkins Glen 14891
    Watkins Glen Middle School, Watkins Glen 14891
Waverly WAVEWLY CENTRAL SCHOOL DISTRICT 14892
    Waverly Middle/High School, Waverly 14892
Whitney Point WHITNEY POINT CENTRAL SCHOOL DISTRICT 13862
    Whitney Point Sr. High School, Whitney Point 13862
    Whitney Point Middle School, Whitney Point 13862
Windham WINDHAM-ASHLAND-JEWITT CENTRA SCHOOL DISTRICT 12496
    Windham Ashland Jr./Sr. High School, Windham 12496
Windsor WINDSOR CENTRAL SCHOOL DISTRICT 13865
    Windsor Central High School, Windsor 13865
    Windsor Central Middle School, Windsor 13865
Worcester WORCESTER CENTRAL SCHOOL DISTRICT 12197
    Worcester Jr./Sr. High School, Worcester 12197

Section 4 FRIEND & NEIGHBOR ................................................ Expiration Date
Chemung Valley Montessori School (7-8),
    23 Winters Rd, Elmira, NY 14903 .............................................. 8/16
Holy Family School (7-8),
    17 Prospect St., Norwich, NY 13045. ................................. 8/16
Elmira Christian Academy ...................................................... 8/15
Twin Tiers Christian Academy (7-12),
    1811 N. Chemung Rd. Breesport, NY 14816 ............................ 8/16
SECTION 3

PRESIDENT: Brad Hamer, Jordan Elbridge HS, Jordan 13080
VICE PRESIDENT-GIRLS: April Wertheim, Corcoran HS, Syracuse 13207
VICE PRESIDENT-BOYS: Christopher Doroshenko, Morrisville-Eaton CS, Morrisville 13408
EXECUTIVE DIRECTOR: John Rathbun, 4983 Brittonfield Pkwy, Ste 201, E. Syracuse 13057

Adams SOUTH JEFFERSON CENTRAL SCHOOL DISTRICT 13605
   South Jefferson Jr./Sr. High School, Adams 13605
Alexandria Bay ALEXANDRIA CENTRAL SCHOOL DISTRICT 13607
   Alexandria Jr./Sr. High School, Alexandria Bay 13607
Auburn AUBURN CITY SCHOOL DISTRICT 13021
   Auburn High School, Auburn 13021
   East Middle School, Auburn 13021
   West Middle School, Auburn 13021
Auburn ST. JOSEPH SCHOOL 13021
   St. Joseph School (7-8), Auburn 13021
Auburn TYBURN ACADEMY OF MARY IMMACULATE 13021
   Tyburn Academy, Auburn 13021
Baldwinsville BALDWINSVILLE CENTRAL SCHOOL DISTRICT 13027
   Charles W. Baker High School, Baldwinsville 13207
   Theodore R Durgee Jr. (8-9) High School, Baldwinsville 13201
   Donald S. Ray School (6-7), Baldwinsville 13027
Beaver Falls BEAVER RIVER CENTRAL SCHOOL DISTRICT 13305
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Belleville BELLEVILLE HENDERSON CENTRAL SCHOOL DISTRICT 13611
   Belleville-Henderson Jr./Sr. High School, Belleville 13611
Boonville ADIRONDACK CENTRAL SCHOOL DISTRICT 13309
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Brookfield BROOKFIELD CENTRAL SCHOOL DISTRICT 13314
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Camden CAMDEN CENTRAL SCHOOL DISTRICT 13316
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   Camden Middle School, Camden 13316
Canastota CANASTOTA CENTRAL SCHOOL DISTRICT 13032
   Canastota High School, Canastota 13032
   Robert Street Middle School, Canastota 13032
Carthage CARTHAGE CENTRAL SCHOOL DISTRICT 13619
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   Carthage Middle School, Carthage 13619
Camillus WEST GENESEE CENTRAL SCHOOL DISTRICT 13031
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   Camillus Middle School, Camillus 13031
   West Genesee Middle School, Camillus 13031

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Fabius FABIUS-POMPEY CENTRAL SCHOOL DISTRICT 13063
   Fabius-Pompey Middle/Sr. High School, Fabius 13063
Frankfort FRANKFORT-SCHUYLER CENTRAL SCHOOL DISTRICT 13340
   Frankfort-Schuyler Jr./Sr. High School Frankfort 13340
Fulton FULTON CITY SCHOOL DISTRICT 13069
   G Ray High School, Fulton 13069
   Fulton Jr. High School, Fulton 13069
Hamilton HAMILTON CENTRAL SCHOOL DISTRICT 13346
   Hamilton Jr./Sr. High School, Hamilton 13346
Hannibal HANNIBAL CENTRAL SCHOOL DISTRICT 13074
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Herkimer HERKIMER CENTRAL SCHOOL DISTRICT 13350
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Holland Patent HOLLAND PATENT CENTRAL SCHOOL 13354
   Holland Patent Central High School, Holland Patent 13354
   Holland Patent Middle School, Holland Patent 13354
Homer HOMER CENTRAL SCHOOL DISTRICT 13077
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   Homer Intermediate and Jr. High School, Homer 13077
Ilion CENTRAL VALLEY SCHOOL DISTRICT 13357
   Central Valley High School, Ilion 13357
Jordan JORDAN-ELBRIDGE CENTRAL SCHOOL DISTRICT 13080
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LaFargeville LAFARGEVILLE CENTRAL SCHOOL DISTRICT 13656
   LaFargeville Jr./Sr. High School, LaFargeville 13656
LaFayette LAFAYETTE CENTRAL SCHOOL DISTRICT 13084
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   Onondaga Nation School, Nedrow 13120
Little Falls LITTLE FALLS CITY SCHOOL DISTRICT 13365
   Little Falls Middle/High School, Little Falls 13365
Liverpool LIVERPOOL CENTRAL SCHOOL DISTRICT 13090
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   Chestnut Hill Middle School, Liverpool 13088
   Liverpool Middle School, Liverpool 13088
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Lowville LOWVILLE ACADEMY & CENTRAL SCHOOL 13367
   Lowville Jr./Sr. High School, Lowville 13367
Madison MADISON CENTRAL SCHOOL DISTRICT 13402
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Manlius FAYETTEVILLE-MANLIUS CENTRAL SCHOOL DISTRICT 13104
   Fayetteville-Manlius Sr. High School, Manlius 13104
   Eagle Hill Middle School, Manlius 13104
   Wellwood Middle School, Fayetteville 13066

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  C. S. Driver Middle School, Marcellus 13108
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  McGraw Jr./Sr. High School, McGraw 13101
Mexico MEXICO CENTRAL SCHOOL DISTRICT 13114
  Mexico High School, Mexico 13114
  Mexico Middle School, Mexico 13114
Morrisville MORRISVILLE-EATON CENTRAL SCHOOL DISTRICT 13408
  Morrisville Middle/High School, Morrisville 13408
Munnsville STOCKBRIDGE VALLEY CENTRAL SCHOOL DISTRICT 13408
  Stockbridge Valley Jr./Sr. Central School, Munnsville 13409
Nedrow ONONDAGA CENTRAL SCHOOL DISTRICT 13120
  Onondaga Jr./Sr. High School, Nedrow 13120
New Hartford NEW HARTFORD CENTRAL SCHOOL DISTRICT 13413
  New Hartford Sr. High School, New Hartford 13413
  Perry Jr. High School, New Hartford 13413
Newport WEST CANADA VALLEY CENTRAL SCHOOL DISTRICT 13416
  West Canada Valley Jr./Sr. High School, Newport 13416
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  Roxboro Road Middle School, Mattydale 13211
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  Oswego Middle School, Oswego 13126
Parish ALTMAR-PARISH-WILLIAMSTOWN CENTRAL SCHOOL DISTRICT 13131
  Altmar-Parish-Williamstown High School, Parish 13131
  Altmar-Parish-Williamstown Middle School, Parish 13131
Philadelphia INDIAN RIVER CENTRAL SCHOOL DISTRICT 13673
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  Indian River Middle School, Philadelphia 13672
Phoenix PHOENIX CENTRAL SCHOOL DISTRICT 13135
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  Emerson J Dillon Middle School, Phoenix 13135

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MEMBERSHIP

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<th>School District</th>
<th>School Name</th>
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<td>Poland</td>
<td>Poland POLAND CENTRAL SCHOOL DISTRICT 13431</td>
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<td>Syracuse</td>
<td>Syracuse SYRACUSE CITY SCHOOL DISTRICT 13210</td>
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<td><strong>Corcoran High School, Syracuse 13207</strong></td>
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<td><strong>Fowler High School, Syracuse 13204</strong></td>
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<td><strong>Henninger High School, Syracuse 13206</strong></td>
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<td><strong>Institute of Technology@Syracuse Central, Syracuse 13206</strong></td>
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<td><strong>Nottingham High School, Syracuse 13224</strong></td>
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<td>Clary Middle School, Syracuse 13205</td>
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<td>Danforth Middle School, Syracuse 13205</td>
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<td>Edward Smith K-8 School, Syracuse 13210</td>
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<td>Expeditionary Learning Middle School, Syracuse 13210</td>
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</tbody>
</table>

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Grant Middle School, Syracuse 13208
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Bishop Ludden Jr./Sr. High School, Syracuse 13219

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Christian Brothers Jr./Sr. Academy, Syracuse 13214

Syracuse FAITH HERITAGE SCHOOL 13205

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Syracuse LIVING WORD ACADEMY 13106

Living Word Jr./Sr. Academy, Syracuse 13206

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Lyn court (7-8) School, Syracuse 13208

Syracuse SYRACUSE ACADEMY OF SCIENCE CHARTER SCHOOL 13204

Syracuse Academy of Science Charter School, Syracuse 13204

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Turin SOUTH LEWIS CENTRAL SCHOOL DISTRICT 13273

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Utica UTICA CITY SCHOOL DISTRICT 13501

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Senator James H. Donovan Middle School, Utica 13502

Van Hornesville VANHORNESVILLE-O.D.YOUNG CENTRAL SD 13475

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   Augustinian Academy, Carthage 13619
Waterville WATERVILLE CENTRAL SCHOOL DISTRICT 13480
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Weedsport WEEDSPORT CENTRAL SCHOOL DISTRICT 13166
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Westmoreland WESTMORELAND CENTRAL SCHOOL DISTRICT 13490
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West Winfield MOUNT MARKHAM CENTRAL SD 13491
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Yorkville WHITESBORO CENTRAL SCHOOL DISTRICT 13495
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Section 3 FRIEND & NEIGHBOR ........................................ Expiration Date
Holy Cross Academy, (7-12),
4020 Barrington Rd., Oneida, NY 13421.............................................. 8/16
St. Mary’s School (7),
61N. Main St., Cortland, NY 13045.............................................. 8/15
Southside Academy (7-8),
2200 Onondaga Creek Blvd Syracuse NY 13207............................... 8/16
MEMBERSHIP

SECTION 5

PRESIDENT: Joe Backer, Letchworth HS, Gainesville 14066
EXECUTIVEDIRECTOR: Ed Stores, 5151 Kelly Rd., Wyoming 14591
TREASURER: Jackie Meyer, Box 55, Wolcott 14590

Addison ADDISON CENTRAL SCHOOL DISTRICT 14801
  Addison Jr./Sr. High School, Addison 14801
Alexander ALEXANDER CENTRAL SCHOOL DISTRICT 14005
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Almond ALFRED-ALMOND CENTRAL SCHOOL DISTRICT 14804
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Attica ATTICA CENTRAL SCHOOL DISTRICT 14011
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Belmont GENESEE VALLEY CENTRAL SCHOOL DISTRICT 14813
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Bergen BYRON-BERGEN CENTRAL SCHOOL DISTRICT 14416
  Bryon-Bergen High School, Bergen 14416
  Byron-Bergen Middle School, Bergen 14416
Bolivar BOLIVAR-RICHBURG CENTRAL SCHOOL DISTRICT 14715
  Bolivar Jr./Sr. High School, Bergen 14416
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  AD Oliver Middle School, Brockport 14420
Caledonia CALEDONIA-MUMFORD CENTRAL SCHOOL DISTRICT 14423
  Caledonia-Mumford High School, Caledonia 14423
  Caledonia-Mumford Middle School, Caledonia 14423
Campbell CAMPBELL-SAVONA CENTRAL SCHOOL DISTRICT 14821
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Canandaigua CANANDAIGUA CITY SCHOOL DISTRICT 14424
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  Canandaigua Middle School, Canandaigua 14424
Canaseraga CANASERAGA CENTRAL SCHOOL DISTRICT 14822
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Canisteo CANISTEO-GREENWOOD CENTRAL SCHOOL DISTRICT 14823
  Canisteo-Greenwood High School, Canisteo 14823
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Churchville CHURCHVILLE-CHILI CENTRAL SCHOOL DISTRICT 14428
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Clifton Springs PHELPS-CLIFTON SPRINGS CENTRAL SCHOOL DISTRICT 14432
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  Midlakes Middle School, Clifton Springs 14432
Clyde CYLDE- SAVANNAH CENTRAL SCHOOL DISTRICT 14433
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Corfu PEMBROKE CENTRAL SCHOOL DISTRICT 14036
  Pembroke Jr./Sr. High School, Corfu 14036
Cuba CUBA-RUSHFORD CENTRAL SCHOOL 14727
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Dundee DUNDEE CENTRAL SCHOOL DISTRICT 14837
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East Bloomfield EAST BLOOMFIELD CENTRAL SCHOOL DISTRICT
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East Rochester EAST ROCHESTER UNION FREE SCHOOL DISTRICT 14445
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Elba ELBA CENTRAL SCHOOL DISTRICT 14058
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Fairport FAIRPORT CENTRAL SCHOOL DISTRICT 14450
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   Minerva Deland Middle School, Fairport 14450
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Fillmore FILLMORE CENTRAL SCHOOL DISTRICT 14735
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Friendship FRIENDSHIP CENTRAL SCHOOL DISTRICT 14739
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Honeoye HONEOYE CENTRAL SCHOOL DISTRICT 14471
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Honeoye Falls HONEOYE FALLS-LIMA CENTRAL SCHOOL DISTRICT 14472
   Honeoye Falls-Lima Sr. High School, Honeoye Falls 14472
   Honeoye Falls-Lima Middle School, Honeoye Falls 14472

Hornell HORNELL CITY SCHOOL DISTRICT 14843
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Houghton HOUGHTON ACADEMY 14744
   Houghton Jr./Sr. High School, Houghton 14744

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Jasper JASPER-TROUPSBURG CENTRAL SCHOOL DISTRICT 14855
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Kendall KENDALL CENTRAL SCHOOL DISTRICT 14476
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LeRoy LEROY CENTRAL SCHOOL DISTRICT 14482
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Lima LIMA CHRISTIAN SCHOOL 14485
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Livonia LIVONIA CENTRAL SCHOOL 14487
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   L A Webber Middle/High School, Lyndonville 14098
Lyons LYONS CENTRAL SCHOOL DISTRICT 14489
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Marion MARION CENTRAL SCHOOL DISTRICT 14505
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Mount Morris MOUNT MORRIS CENTRAL SCHOOL DISTRICT 14510
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Naples NAPLES CENTRAL SCHOOL DISTRICT 14512
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Newark NEWARK CENTRAL SCHOOL DISTRICT 14513
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   Newark Middle School, Newark 14513
Newark ST. MICHAEL SCHOOL 14513
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North Greece GREECE CENTRAL SCHOOL DISTRICT 14515
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   Greece-Athena High School, Rochester 14612
   Greece-Olympia Sr. High School, Rochester 14615
   Odyssey Academy, Rochester 14615
   Arcadia Middle School, Rochester 14612
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   Athena Middle School, Rochester 14612
Nunda DALTON-NUNDA (KESHEQUA) CENTRAL SCHOOL DISTRICT 14517
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   Dalton-Nunda Middle School, Nunda 14517
Oakfield OAKFIELD-ALABAMA CENTRAL SCHOOL DISTRICT 14125
   Oakfield-Alabama Middle/High School, Oakfield 14125
Ontario Center WAYNE CENTRAL SCHOOL DISTRICT 14520
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Palmyra PALMYRA-MACEDON CENTRAL SCHOOL DISTRICT 14522
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Penfield PENFIELD CENTRAL SCHOOL DISTRICT 14526
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  Bay Trail Middle School, Penfield 14526
Penfield CHARLES G. FINNEY HIGH SCHOOL 14526
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Perry PERRY CENTRAL SCHOOL DISTRICT 14530
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Rochester GREECE CHRISTIAN SCHOOL 14612

  Greece Christian School, Rochester 14612

Rochester MCQUAID JESUIT HIGH SCHOOL 14618

  McQuaid Jesuit Jr./Sr. High School, Rochester 14618

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Rochester OUR LADY OF MERCY HIGH SCHOOL 14610

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Clara Barton, Rochester 14608

Dr. Charles T Lunsford, Rochester 14608

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Enrico Fermi, Rochester 14611
Lincoln Park, Rochester 14621
Nathaniel Rochester, Rochester 14611
George Mather Forbes, Rochester 14611
John Walton Spencer, Rochester 14619
John Williams, Rochester 14608
Roberto Clemente, Rochester 14621

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University Prep Charter School-Young Men (Jr.), Rochester 14613

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Drake Junior High School, Rochester 14617
Iroquois Middle School, Rochester 14617
Rogers Middle School, Rochester 14617

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Young Women’s College Prep Charter School, Rochester 14613

Rochester Vertus Charter School (9-10) 14606
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Romulus Jr./Sr. High School, Romulus 14541

Rushville GORHAM-MIDDLESEX (MARCUS WHITMAN) CENTRAL SCHOOL DISTRICT 14544
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Scio SCIO CENTRAL SCHOOL DISTRICT 14880
Scio Jr./Sr. High School, Scio 14880

Scottsville WHEATLAND-CHILI CENTRAL SCHOOL DISTRICT 14546
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Finger Lakes Christian School 13148

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Sodus SODUS CENTRAL SCHOOL DISTRICT 14551
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Spencerport SPENCERPORT CENTRAL SCHOOL DISTRICT 14559
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A M Cosgrove Middle School, Spencerport 14559

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MEMBERSHIP

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High school enrollment numbers used for classification purposes and Friend and Neighbor updates can be found on the Association Website at: www.nysphsaa.org
MEMBERSHIP

SECTION 6

PRESIDENT: Brett Banker, Kenmore-Tonawanda Union Free School District 14223
PRESIDENT ELECT: Alan Gens, Dunkirk City Schools 14048
EXECUTIVE DIRECTOR: Timm Slade, 355 Harlem Road, West Seneca 14224
TREASURER: Donald Scholla, 355 Harlem Rd, West Seneca 14224

Akron AKRON CENTRAL SCHOOL DISTRICT 14001
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Albion ALBION CENTRAL SCHOOL DISTRICT 14411
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   Carl I. Bergerson Middle School, Albion 14411

Alden ALDEN CENTRAL SCHOOL DISTRICT 14004
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Brocton BROCTON CENTRAL SCHOOL DISTRICT 14712
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Tapestry Charter School, Buffalo 14216
Buffalo WESTERN NY MARITIME CHARTER SCHOOL 14204
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Cattaraugus CATTARAUGUS-LITTLE VALLEY CENTRAL SD 14719
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Cattaraugus-Little Valley Middle School, Cattaraugus 14719
Cheektowaga CHEEKTOWAGA CENTRAL SCHOOL DISTRICT 14225
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Pine Hill Education Center, Buffalo 14215
Cheektowaga CHEEKTOWAGA-MARYVALE UNION FREE SD 14225
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Clymer Middle/High School, Clymer 14724

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  Depew Middle School, Depew 14043
Dunkirk DUNKIRK CITY SCHOOL DISTRICT 14048
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  Dunkirk Middle School, Dunkirk 14048
East Aurora EAST AURORA UNION FREE SCHOOL DISTRICT 14052
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  East Aurora Middle School, East Aurora 14052
Eden EDEN CENTRAL SCHOOL DISTRICT 14057
  Eden Jr./Sr. High School, Eden 14057
Ellicottville ELLICOTTVILLE CENTRAL SCHOOL DISTRICT 14721
  Ellicottville Middle/High School, Ellicottville 14731
Elma IROQUOIS CENTRAL SCHOOL DISTRICT 14059
  Iroquois Sr. High School, Elma 14059
  Iroquois Middle School, Elma 14059
Falconer FALCONER CENTRAL SCHOOL DISTRICT 14733
  Falconer Middle/High School, Falconer 14733
Forestville FORESTVILLE CENTRAL SCHOOL DISTRICT 14062
  Forestville Jr./Sr. High School, Forestville 14062
Franklinville FRANKLINVILLE CENTRAL SCHOOL DISTRICT 14737
  Franklinville Jr./Sr. High School, Franklinville 14737
Fredonia FREDONIA CENTRAL SCHOOL DISTRICT 14063
  Fredonia High School, Fredonia 14063
  Fredonia Middle School, Fredonia 14063
Frewsburg FREWSBURG CENTRAL SCHOOL DISTRICT 14738
  Frewsburg Jr./Sr. High School, Frewsburg 14738
Gowanda GOWANDA CENTRAL SCHOOL DISTRICT 14070
  Gowanda High School, Gowanda 14070
  Gowanda Middle School, Gowanda 14070
Grand Island GRAND ISLAND CENTRAL SCHOOL DISTRICT 14072
  Grand Island Sr. High School, Grand Island 14072
  Veronica E. Connor Middle School, Grand Island 14072
Hamburg FRONTIER CENTRAL SCHOOL DISTRICT 14075
  Frontier Sr. High School, Hamburg 14075
  Frontier Middle School, Hamburg 14075
Hamburg HAMBURG CENTRAL SCHOOL DISTRICT 14075
  Hamburg Sr. High School, Hamburg 14075
  Hamburg Middle School, Hamburg 14075
Holland HOLLAND CENTRAL SCHOOL DISTRICT 14080
  Holland High School, Holland 14080
  Holland Middle School, Holland 14080

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And Friend and Neighbor updates can be found on the Association
Website at: www.nysphsaa.org
MEMBERSHIP

Jamestown JAMESTOWN CITY SCHOOL DISTRICT 14701
- Jamestown High School, Jamestown 14701
- Persell Middle School, Jamestown 14701
- Thomas Jefferson Middle School, Jamestown 14701
- George Washington Middle School, Jamestown 14701
Jamestown SOUTHWESTERN CENTRAL SCHOOL DISTRICT 14701
- Southwestern Sr. High School, Jamestown 14701
- Southwestern Middle School, Jamestown 14701
Lackawanna LACKAWANNA CITY SCHOOL DISTRICT 14218
- Lackawanna High School, Lackawanna 14218
- Lackawanna Middle School, Lackawanna 14218
- Global Concepts Charter School, Lackawanna 14218
Lancaster LANCASTER CENTRAL SCHOOL DISTRICT 14086
- Lancaster High School, Lancaster 14086
- Lancaster Middle School, Lancaster 14086
Lockport LOCKPORT CITY SCHOOL DISTRICT 14094
- Lockport Sr. High School, Lockport 14094
- Emmet Belknap Middle School, Lockport 14094
- North Park Middle School, Lockport 14094
Lockport STARPOINT CENTRAL SCHOOL DISTRICT 14094
- Starpoint High School, Lockport 14094
- Starpoint Middle School Lockport 14094
Mayville CHAUTAUQUA LAKE CENTRAL SCHOOL DISTRICT 14757
- Chautauqua Lake Jr./Sr. High School, Mayville 14757
Middleport ROYALTON HARTLAND CENTRAL SCHOOL DISTRICT 14150
- Royalton-Hartland High School, Middleport 14105
- Royalton-Hartland Middle School, Middleport 14105
Medina MEDINA CENTRAL SCHOOL DISTRICT 14103
- Medina High School, Medina 14103
- Clifford Wise Middle School, Medina 14103
Newfane NEWFANE CENTRAL SCHOOL DISTRICT 14108
- Newfane Sr. High School, Newfane 14108
- Newfane Middle School, Newfane 14108
Niagara Falls NIAGARA FALLS CITY SCHOOL DISTRICT 14304
- Niagara Falls High School, Niagara Falls 14305
- Gaskill Prep School (JHS), Niagara Falls 14301
- Lasalle Prep School (JHS), Niagara Falls 14304
North Collins NORTH COLLINS CENTRAL SCHOOL DISTRICT 14111
- North Collins Jr./Sr. High School, North Collins 14111
North Tonawanda NORTH TONAWANDA CITY SCHOOL DISTRICT 14120
- North Tonawanda Sr. High School, North Tonawanda 14120
- North Tonawanda Middle School, North Tonawanda 14120
Olean OLEAN CITY SCHOOL DISTRICT 14760
- Olean Sr. High School, Olean 14760
- Olean Middle School, Olean 14760

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And Friend and Neighbor updates can be found on the Association
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Orchard Park ORCHARD PARK CENTRAL SCHOOL DISTRICT 14127
  Orchard Park High School, Orchard Park 14127
  Orchard Park Middle School, Orchard Park 14127
Panama PANAMA CENTRAL SCHOOL DISTRICT 14767
  Panama Jr./Sr. High School, Panama 14767
Portville PORTVILLE CENTRAL SCHOOL DISTRICT 14770
  Portville Jr./Sr. High School, Portville 14770
Randolph RANDOLPH CENTRAL SCHOOL DISTRICT 14772
  Randolph Jr./Sr. High School, Randolph 14772
Salamanca SALAMANCA CITY SCHOOL DISTRICT 14779
  Salamanca Sr. High School, Salamanca 14779
Sanborn NIAGARA-WHEATFIELD CENTRAL SCHOOL DISTRICT 14132
  Niagara-Wheatfield Sr. High School, Sanborn 14132
  Edward Town Middle School, Sanborn 14132
Sherman SHERMAN CENTRAL SCHOOL DISTRICT 14781
  Sherman Jr./Sr. High School, Sherman 14781
Silver Creek SILVER CREEK CENTRAL SCHOOL DISTRICT 14136
  Silver Creek Sr. High School, Silver Creek 14136
  Silver Creek Middle School, Silver Creek 14136
Sinclairville CASSADAGA VALLEY CENTRAL SCHOOL DISTRICT 14782
  Cassadaga Valley Jr./Sr. High School, Sinclairville 14782
Sloan CHEEKTOWAGA-SLOAN UNION FREE SCHOOL DISTRICT 14212
  John F. Kennedy Sr. High School, Cheektowaga 14227
  John F. Kennedy Middle School, Cheektowaga 14227
South Dayton PINE VALLEY CENTRAL SCHOOL DISTRICT 14138
  Pine Valley Jr./Sr. High School, South Dayton 14138
Springville SPRINGVILLE GRIFFITH INSTITUTE 14141
  Griffith Institute High School, Springville 14141
  Griffith Institute Middle School, Springville 14141
Tonawanda TONAWANDA CITY SCHOOL DISTRICT 14150
  Tonawanda Jr./Sr. High School, Tonawanda 14150
West Seneca WEST SENECa CENTRAL SCHOOL DISTRICT 14224
  West Seneca East Sr. High School, West Seneca 14224
  West Seneca West Sr. High School, West Seneca 14224
  East Middle School, West Seneca 14224
  West Middle School, West Seneca 14224
West Valley WEST VALLEY CENTRAL SCHOOL DISTRICT 14171
  West Valley Jr./Sr. High School, West Valley 14171
Westfield WESTFIELD CENTRAL SCHOOL DISTRICT 14787
  Westfield Jr./Sr. High School, Westfield 14787

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MEMBERSHIP

SECTION 7

PRESIDENT: Fred Hooper, Keene C.S, Keene Valley 12943
1st VICE PRESIDENT: Patricia Ryan-Curry, Indian Lake C.S 12842
2nd VICE PRESIDENT: TBA
PAST PRESIDENT: Paul Savage, AuSable Valley CVS, Clintonville 12924
EXECUTIVE DIRECTOR: Karen Lopez, 3 Tanglewood Drive, Peru 12972
TREASURER: Joe Staves, Plattsburgh H.S 12901

Chazy CHAZY UNION FREE SCHOOL DISTRICT 12921
   Chazy Central Rural Jr./Sr. High School, Chazy 12921
Champlain NORTHEASTERN CLINTON CENTRAL SCHOOL DISTRICT 12919
   Northeastern Clinton Sr. High School, Champlain 12919
   Northeastern Clinton Middle School, Champlain 12919
Clinton AUSABLE VALLEY CENTRAL SCHOOL DISTRICT 12924
   Ausable Valley Middle/High School, Clintonville 12924
Crown Point CROWN POINT CENTRAL SCHOOL DISTRICT 12928
   Crown Point Jr./Sr. High School, Crown Point 12928
Elizabethtown ELIZABETHTOWN-LEWIS CENTRAL SCHOOL DISTRICT 12932
   Elizabethtown-Lewis Jr./Sr. High School, Elizabethtown 12932
Ellenburg Depot NORTHERN ADIRONDAKE CENTRAL SD 12935
   North Adirondack Jr./Sr. High School, Ellenburg Depot 12935
Indian Lake INDIAN LAKE CENTRAL SCHOOL DISTRICT 12842
   Indian Lake Jr./Sr. High School, Indian Lake 12842
Keene Valley KEENE CENTRAL SCHOOL DISTRICT 12943
   Keene Jr./Sr. High School, Keene 12943
Lake Placid LAKE PLACID CENTRAL SCHOOL DISTRICT 12946
   Lake Placid Jr./Sr. High School, Lake Placid 12946
Lake Pleasant LAKE PLEASANT CENTRAL SCHOOL DISTRICT 12164
   Lake Pleasant School, Lake Pleasant 12164
Long Lake LONG LAKE CENTRAL SCHOOL DISTRICT 12847
   Long Lake Jr./Sr. High School, Long Lake 12847
Newcomb NEWCOMB CENTRAL SCHOOL DISTRICT 12852
   Newcomb Jr./Sr. High School, Newcomb 12852
Olmstedville MINERVA CENTRAL SCHOOL DISTRICT 12857
   Minerva Jr./Sr. High School, Olmstedville 12857
Peru PERU CENTRAL SCHOOL DISTRICT 12972
   Peru Jr./Sr. High School, Peru 12972
Plattsburgh BEEKMANTOWN CENTRAL SCHOOL DISTRICT 12901
   Beekmantown Middle/High School, Plattsburgh 12901
Plattsburgh PLATTSBURGH CITY SCHOOL DISTRICT 12901
   Plattsburgh Sr. High School, Plattsburgh 12901
   Stafford Middle School, Plattsburgh 12901
Plattsburgh SETON CATHOLIC CENTRAL HIGH SCHOOL 12901
   Seton Catholic Central High School, Plattsburgh 12901

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and Friend and Neighbor updates can be found on the Association
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MEMBERSHIP

Port Henry MORIAH CENTRAL SCHOOL DISTRICT 12974
  Moriah Jr./Sr. High School, Port Henry 12974
Saranac SARANAC CENTRAL SCHOOL DISTRICT 12981
  Saranac High School, Saranac 12981
  Saranac Middle School, Saranac 12981
Saranac Lake SARANAC LAKE CENTRAL SCHOOL DISTRICT 12983
  Saranac Lake Sr. High School, Saranac Lake 12983
  Saranac Lake Middle School, Saranac Lake 12983
Schroon Lake SCHROON LAKE CENTRAL SCHOOL DISTRICT 12870
  Schroon Lake Jr./Sr. High School, Schroon Lake 12870
Ticonderoga TICONDEROGA CENTRAL SCHOOL DISTRICT 12883
  Ticonderoga Sr. High School, Ticonderoga 12883
  Ticonderoga Middle School, Ticonderoga 12883
Wells WELLS CENTRAL SCHOOL DISTRICT 12190
  Wells Jr./Sr. High School, Wells 12190
Westport WESTPORT CENTRAL SCHOOL DISTRICT 12993
  Westport Jr./Sr. High School, Westport 12993
Willsboro WILLSBORO CENTRAL SCHOOL DISTRICT 12996
  Willsboro Jr./Sr. High School, Willsboro 12996

Section 7 FRIEND & NEIGHBOR ........................................ Expiration Date
St. Mary’s (7-8)
  64 Amherst Avenue, Ticonderoga, NY 12883 ..................................................... 8/16
Adirondack Christian School (7-12)
  6065 Rt. 86, Wilmington, NY 12997 .............................................................. 8/17

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and Friend and Neighbor updates can be found on the Association
Website at: www.nysphsaa.org
SECTION 8

PRESIDENT: Stephanie Joannon, Port Washington UFSD 11050
PAST PRESIDENT: Glen Zakian, Farmingdale High School 11735
VICE PRESIDENT (women): Dawn Cerrone, Garden City High School 11530
VICE PRESIDENT (men): Pat Pizzarelli, Lawrence HS, Cedarhurst 11516
EXECUTIVE DIRECTOR: Nina VanErk, c/o Nassau BOCES, 71 Clinton Road, Garden City 11530
TREASURER: George McElroy, c/o Nassau BOCES, George Farber Administrative Center, 71 Clinton Road, Garden City 11530

Baldwin BALDWIN UNION FREE SCHOOL DISTRICT 11510
  Baldwin Sr. High School, Baldwin 11510
  Baldwin Middle School, Baldwin 11510
Bethpage BETHPAGE UNION FREE SCHOOL DISTRICT 11714
  Bethpage Sr. High School, Bethpage 11714
  John F. Kennedy Middle School, Bethpage 11714
Carle Place CARLE PLACE UNION FREE SCHOOL DISTRICT 11514
  Carle Place Middle/High School, Carle Place 11514
Cold Spring Harbor COLD SPRING HARBOR CENTRAL SCHOOL DISTRICT 11724
  Cold Spring Harbor Jr./Sr. High School, Cold Spring Harbor 11724
East Meadow EAST MEADOW UNION FREE SCHOOL DISTRICT 11554
  East Meadow High School, East Meadow 11554
  W. Tresper Clarke High School, Westbury 11590
  Woodland Middle School, East Meadow 11554
  Clarke Middle School, Westbury 11590
East Rockaway EAST ROCKAWAY UNION FREE SCHOOL DISTRICT 11518
  East Rockaway Jr./Sr. High School, East Rockaway 11518
Elmont SEWANHAKA CENTRAL HIGH SCHOOL DISTRICT 11003
  Elmont Memorial Jr./Sr. High School, Elmont 11003
  Floral Park Memorial High School, Floral Park 11001
  H Frank Carey Jr./Sr. High School, Franklin Square 11010
  New Hyde Park Memorial Jr./Sr. High School, New Hyde Park 11040
  Sewanhaka High School, Floral Park 11001
Farmingdale FARMINGDALE UNION FREE SCHOOL DISTRICT 11735
  Farmingdale Sr. High School, Farmingdale 11735
  Howitt School, Farmingdale 11735
Freeport FREEPORT UNION FREE SCHOOL DISTRICT 11520
  Freeport High School, Freeport 11520
  John E Dodd Jr. High School, Freeport 11520
Garden City GARDEN CITY UNION FREE SCHOOL DISTRICT 11530
  Garden City Sr. High School, Garden City 11530
  Garden City Middle School, Garden City 11530
Glen Cove GLEN COVE CITY SCHOOL DISTRICT 11542
  Glen Cove High School, Glen Cove 11542
  Robert M. Finley Middle School, Glen Cove 11542

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and Friend and Neighbor updates can be found on the Association
Website at: www.nysphsaa.org
MEMBERSHIP

Great Neck GREAT NECK UNION FREE SCHOOL DISTRICT 11020
  Great Neck North Sr. High School, Great Neck 11023
  Great Neck South Sr. High School, Great Neck 11020
Great Neck North Middle School, Great Neck 11023
Great Neck South Middle School, Great Neck 11020
Hempstead HEMPSTEAD UNION FREE SCHOOL DISTRICT 11550
  Hempstead High School, Hempstead 11550
  Alverta B Gray Schultz Middle School, Hempstead 11550
Hewlett HEWLETT-WOODMERE UNION FREE SCHOOL DISTRICT 11557
  George W Hewlett High School, Hewlett 11557
  Woodmere Middle School, Hewlett 11557
Hicksville HICKSVILLE UNION FREE SCHOOL DISTRICT 11801
  Hicksville High School, Hicksville 11801
  Hicksville Middle School, Hicksville 11801
Island Park ISLAND PARK UNION FREESCHOOL DISTRICT 11558
  Lincoln Orens Middle School, Island Park 11558
Jericho JERICHO UNION FREE SCHOOL DISTRICT 11558
  Jericho Sr. High School, Jericho 11753
  Jericho Middle School, Jericho 11753
Lawrence LAWRENCE UNION FREE SCHOOL DISTRICT 11559
  Lawrence Sr. High School, Cedarhurst 11516
  Lawrence Middle School, Lawrence 11559
Levittown LEVIT TOWN UNION FREE SCHOOL DISTRICT 11756
  Division Avenue Sr. High School, Levittown 11756
  Gen. Douglas McArthur Sr. High School, Levittown 11756
  Jonas E Salk Middle School, Levittown 11756
  Wisdom Lane Middle School, Levittown 11756
Levittown ISLAND TREES UNION FREE SCHOOL DISTRICT 11756
  Island Trees Sr. High School, Levittown 11756
  Island Trees Middle School, Levittown 11756
Locust Valley LOCUST VALLEY CENTRAL SCHOOL DISTRICT 11560
  Locust Valley Middle/High School, Locust Valley 11560
Levittown Friends ACADEMY 11560
  Friends Academy, Locust Valley 11560
Long Beach LONG BEACH CITY SCHOOL DISTRICT 11561
  Long Beach Sr. High School, Long Beach 11561
  Long Beach Middle School, Long Beach 11561
Lynbrook LYNBROOK UNION FREE SCHOOL DISTRICT
  Lynbrook Sr. High School, Lynbrook 11563
  Lynbrook North Middle School, Lynbrook 11563
  Lynbrook South Middle School, Lynbrook 11563
Malverne MALVERNE UNION FREE SCHOOL DISTRICT 11565
  Malverne Sr. High School, Malverne 11565
  Howard T Herber Middle School, Malverne 11565

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and Friend and Neighbor updates can be found on the Association
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MEMBERSHIP

Manhasset MANHASSET UNION FREE SCHOOL DISTRICT 11030
  Manhasset Middle/High School, Manhasset 11030
Massapequa MASSAPEQUA UNION FREE SCHOOL DISTRICT 11758
  Massapequa High School, Massapequa 11758
  Berner Jr. High School, Massapequa 11758
Mineola MINEOLA UNION FREE SCHOOL DISTRICT 11501
  Mineola High School, Garden City Park 11040
  Mineola Middle School, Mineola 11501
New Hyde Park HERRICKS UNION FREE SCHOOL DISTRICT 11040
  Herricks High School, New Hyde Park 11040
  Herricks Middle School, Albertson 11507
North Massapequa PLAINEDGE UNION FREE SCHOOL DISTRICT 11758
  Plainedge Sr. High School, Massapequa 11758
  Plainedge Middle School, Bethpage 11714
North Merrick BELLMORE-MERRICK CENTRAL SCHOOL DISTRICT 11566
  Sanford H. Calhoun Sr. High School, Merrick 11566
  John F. Kennedy Sr. High School, Bellmore 11710
  Wellington C. Mepham Sr. High School, Bellmore 11710
  Grand Avenue Jr. High School, Bellmore 11710
  Merrick Avenue Jr. High School, Merrick 11566
Oceanside OCEANSIDE UNION FREE SCHOOL DISTRICT 11572
  Oceanside Sr. High School, Oceanside 11572
  Oceanside Middle School, Oceanside 11572
Old Westbury EAST WILLISTON UNION FREE SCHOOL DISTRICT 11568
  The Wheatley School, Old Westbury 11568
  Willets Road School, Roslyn Heights 11577
Oyster Bay OYSTER BAY-EASTNORWICH CENTRAL SCHOOL DISTRICT 11771
  Oyster Bay Jr./Sr. High School, Oyster Bay 11771
Plainview PLAINVIEW-OLD BETHPAGE CENTRAL SCHOOL DISTRICT 11803
  Plainview-Old Bethpage JFK High School, Plainview 11803
  Plainview-Old Bethpage Middle School, Plainview 11803
  H B Mattlin Middle School, Plainview 11803
Port Washington PORT WASHINGTON UNION FREE SCHOOL DISTRICT 11050
  Paul D Schreiber Sr. High School, Port Washington 11050
  Carrie Palmer Weber Middle School, Port Washington 11050
Rockville Centre ROCKVILLE CENTRE UNION FREE SCHOOL DISTRICT 11570
  South Side High School, Rockville Centre 11570
  South Side Middle School, Rockville Centre 11570
Roosevelt ROOSEVELT UNION FREE SCHOOL DISTRICT 11575
  Roosevelt Jr./Sr. High School, Roosevelt 11575
Roslyn ROSLYN UNION FREE SCHOOL DISTRICT 11576
  Roslyn High School, Roslyn Heights 11577
  Roslyn Middle School, Roslyn Heights 11577

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MEMBERSHIP

Sea Cliff NORTH SHORE CENTRAL SCHOOL DISTRICT 11579
  North Shore Sr. High School, Glen Head 11545
  North Shore Middle School, Glen Head 11545
Seaford SEAFORD UNION FREE SCHOOL DISTRICT 11783
  Seaford Sr. High School, Seaford 11783
  Seaford Middle School, Seaford 11783
Syosset SYOSSET CENTRAL SCHOOL DISTRICT 11791
  Syosset Sr. High School, Syosset 11791
  H B Thompson Middle School, Syosset 11791
  South Woods Middle School, Syosset 11791
Uniondale UNIONDALE UNION FREE SCHOOL DISTRICT 11553
  Uniondale High School, Uniondale 11553
  Lawrence Road Jr. High School, Hempstead 11550
  Turtle Hook Jr. High School, Uniondale 11553
Valley Stream VALLEY STREAM CENTRAL HIGH SCHOOL DISTRICT 11582
  Valley Stream Central High School, Valley Stream 11582
  Valley Stream North High School, Franklin Square 11010
  Valley Stream South High School, Valley Stream 11582
  Valley Stream Memorial Jr. High School, Valley Stream 11582
Wantagh WANTAGH UNION FREE SCHOOL DISTRICT
  Wantagh Sr. High School, Wantagh 11793
  Wantagh Middle School, Wantagh 11793
Westbury WESTBURY UNION FREE SCHOOL DISTRICT 11590
  Westbury Sr. High School, Old Westbury 11568
  Westbury Middle School, Westbury 11590

Section 8 FRIEND & NEIGHBOR ....................................................... Expiration Date

High school enrollment numbers used for classification purposes
and Friend and Neighbor updates can be found on the Association
Website at: www.nysphsaa.org
MEMBERSHIP

SECTION 9

PRESIDENT: John Landro, Tuxedo UFSD 10987
EXECUTIVE DIRECTOR: Robert Thabet, Orange-Ulster BOCES, 53 Gibson Rd., Goshen 10924
SECRETARY/TREASURER: James Osborne, Orange-Ulster BOCES, 53 Gibson Rd., Goshen 10924

Accord RONDOUT VALLEY CENTRAL SCHOOL  **DISTRICT 12404**
   **Rondout** Valley Sr. High School, Accord 12404
   Rondout Valley Jr. High School, Accord 12404
Amenia NORTHEAST CENTRAL SCHOOL  **DISTRICT 12501**
   **Webutuck Jr./Sr. High School, Amenia 12501**
Boiceville ONTEORA CENTRAL SCHOOL  **DISTRICT 12412**
   **Onteora Jr./Sr. High School, Boiceville 12412**
Central Valley MONROE-WOODBURY CENTRAL SCHOOL  **DISTRICT 10917**
   **Monroe-Woodbury Sr. High School, Central Valley 10917**
   Monroe-Woodbury Middle School, Central Valley 10917
Chester CHESTER UNION FREE SCHOOL  **DISTRICT 10918**
   **Chester Jr./Sr. High School, Chester 10918**
Cornwall CORNWALL CENTRAL SCHOOL  **DISTRICT 12518**
   **Cornwall High School, Cornwall 12518**
   Willow Avenue School, Cornwall 12518
Dover Plains DOVER UNION FREE SCHOOL  **DISTRICT 12522**
   **Dover High School, Dover Plains 12522**
   Dover Middle School, Dover Plains 12522
Eldred ELDRED CENTRAL SCHOOL  **DISTRICT 12732**
   **Eldred Jr./Sr. High School, Eldred 12732**
Ellenville ELLENVILLE CENTRAL SCHOOL  **DISTRICT 12428**
   **Ellenville Middle/High School, Ellenville 12428**
Fallsburg FALLSBURG CENTRAL SCHOOL  **DISTRICT 12733**
   **Fallsburg Jr./Sr. High School, Fallsburg 12733**
Florida FLORIDA UNION FREE SCHOOL  **DISTRICT 10921**
   **S S Seward Jr./Sr. Institute, Florida 10921**
Goshen GOSHEN CENTRAL SCHOOL  **DISTRICT 10924**
   **Goshen Central High School, Goshen 10924**
   C J Hooker Middle School, Goshen 10924
Goshen JOHN S. BURKE CATHOLIC HIGH SCHOOL  **DISTRICT 10924**
   **John S. Burke Catholic High School, Goshen 10924**
Grahamsville TRI-VALLEY CENTRAL SCHOOL  **DISTRICT 12740**
   **Tri-Valley Secondary School, Grahamsville 12740**
Greenwood Lake GREENWOOD LAKE UNION FREE SCHOOL  **DISTRICT 10925**
   Greenwood Lake Middle School, Greenwood Lake 10925
Hancock THE FAMILY FOUNDATION SCHOOL  **DISTRICT 13783**
   **The Family Foundation School, Hancock 13783**

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MEMBERSHIP

Pine Bush CHAPEL FIELD CHRISTIAN SCHOOL 12566
  Chapel Field Christian Jr./Sr. High School, Pine Bush 12556
Pine Bush PINE BUSH CENTRAL SCHOOL DISTRICT 12566
  Pine Bush Sr. High School, Pine Bush 12566
                             Cirvlelly Middle School, Circleville 10919
                             Crispell Middle School, Pine Bush 12566
Pine Plains PINE PLAINS CENTRAL SCHOOL DISTRICT 12567
  Stissing Mountain Jr./Sr. High School, Pine Plains 12567
Port Jervis PORT JERVIS CITY SCHOOL DISTRICT 12771
  Port Jervis Sr. High School, Port Jervis 12771
                              Port Jervis Middle School, Port Jervis 12771
Poughkeepsie SPACKENKILL UNION FREE SCHOOL DISTRICT 12603
  Spackenkill High School, Poughkeepsie 12603
                              Orville A Todd Middle School, Poughkeepsie 12506
Red Hook RED HOOK CENTRAL SCHOOL DISTRICT 12571
  Red Hook Sr. High School, Red Hook 12571
                              Red Hook Middle School, Red Hook 12571
Rhinebeck RHINEBECK CENTRAL SCHOOL DISTRICT 12572
  Rhinebeck Sr. High School, Rhinebeck 12572
                              Bulkeley School, Rhinebeck 12572
Roscoe ROSCOE CENTRAL SCHOOL DISTRICT 12776
  Roscoe Jr./Sr. High School, Roscoe 12776
Saugerties SAUGERTIES CENTRAL SCHOOL DISTRICT 12477
  Saugerties Sr. High School, Saugerties 12477
                              Saugerties Jr. High School, Saugerties 12477
Slate Hill MINISINK VALLEY CENTRAL SCHOOL DISTRICT 10973
  Minisink Valley Sr. High School, Slate Hill 10973
                              Minisink Valley Middle School, Slate Hill 10973
Tuxedo Park TUXEDO UNION FREE SCHOOL DISTRICT 10987
  George F. Baker Jr./Sr. High School, Tuxedo Park 10987
Walden THE MOUNT ACADEMY 12586
  The Mount Academy, Walden 12586
Wallkill WALLKILL CENTRAL SCHOOL DISTRICT 12589
  Wallkill Sr. High School, Wallkill 12589
                              John G Borden Middle School, Wallkill 12589
Warwick WARWICK VALLEY CENTRAL SCHOOL DISTRICT 10990
  Warwick Valley High School, Warwick 10990
                              Warwick Valley Middle School, Warwick 10990
Washingtonville WASHINGTONVILLE CENTRAL SCHOOL DISTRICT 10992
  Washingtonville Sr. High School, Washingtonville 10992
                              Washingtonville Middle School, Washingtonville 10992
Wawarsing WAWARSING CHRISTIAN ACADEMY 12489
  Wawarsing Christian Academy, Wawarsing 12489

High school enrollment numbers used for classification purposes
and Friend and Neighbor updates can be found on the Association
Website at: www.nysphsaa.org
MEMBERSHIP

Section 9 FRIEND & NEIGHBOR ................................. Expiration Date
Faith Christian Academy (7-12)
Spackenkill Rd., Poughkeepsie, NY 12603 ........................................ 8/16
West Point Middle School (7-8)
705 Barry Rd., West Point, NY 10996 ........................................ 8/16
Upton Lake Christian School (7-12)
37 Shepards Way, Clinton Corners, NY 12514 ................................. 8/17

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and Friend and Neighbor updates can be found on the Association
Website at: www.nysphsaa.org
MEMBERSHIP

SECTION 10

PRESIDENT: Paul Harrica, Chateaugay Central School 12920
VICE PRESIDENT: Anthony Bjork, Ogdensburg Free Academy 13669
SECRETARY: Rose Bronchetti, St. Lawrence CS, Brasher Falls 13613
TREASURER: Martha Slack, 95 Highland Ave., Massena 13662
DIRECTOR OF ATHLETICS: Carl Normandin, 30 Court St., Canton 13617

Brasher Falls BRASHER FALLS CENTRAL SCHOOL DISTRICT 13613
   St. Lawrence Jr./Sr. High School, Brasher Falls 12613
Brushton BRUSHTON-MOIRA CENTRAL SCHOOL DISTRICT 12916
   Brushton-Moria Jr./Sr. School, Brushton 12916
Canton CANTON CENTRAL SCHOOL DISTRICT 13617
   H C Williams Sr. High School, Canton 13617
   J M McKenney Middle School, Canton 13617
Chateaugay CHATEAUGAY CENTRAL SCHOOL DISTRICT 12920
   Chateaugay Jr./Sr. High School, Chateaugay 12920
Colton COLTON-PIERREPONT CENTRAL SCHOOL DISTRICT 13625
   Colton-Pierrepont Jr./Sr. High School, Colton 13625
DeKalb Jct. HERMON-DEKALB CENTRAL SCHOOL DISTRICT 13630
   Hermon-DeKalb Jr./Sr. High School, DeKalb Jct. 13630
Fort Covington SALMON RIVER CENTRAL SCHOOL DISTRICT 12937
   Salmon River Jr./Sr. High School, Ft. Covington 12937
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<tr>
<td>EXECUTIVE DIRECTOR: Don Webster, 180 East Main St., Suite 302, Smithtown 11787</td>
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<td>TREASURER: Larry Light, 40 Mills Road, Stony Brook 11790</td>
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