New York State Public High School Athletic Association

SYNOPSIS OF ACTIONS
October 10, 2019 EXECUTIVE COMMITTEE MEETING
Embassy Suites, Saratoga Springs, NY

ACTION ITEMS

1. P3 Approved the agenda for the October 10, 2019 Executive Committee Meeting.
2. P3 Approved the July 30-31, 2019 Executive Committee Meeting minutes.
3. P17 Approved the 2020-2021 school enrollment numbers.
4. P17 Approved the waivers of the Representation Rule for various Sections.
5. P18 Approved as Friends & Neighbors (expiring August 2021): Clark Academy (I), Greenburgh Academy (I), Holy Cross Academy (III).
6. P18 Approved as a New Member: PS 366 Research Laboratory High School (VI).
7. P18 Approved in Swimming and Diving for an 11 Dive Dual Meet, there must be a minimum of 5 judges for the scores to qualify for the State Championships effective 2020-2021.
8. P18 Approved the Boys Soccer Regional Rotation.
10. P18 Approved that the NYSPHSAA/Federation Tournament will be conducted as one (1) tournament.
11. P19 Approved in Wrestling a waiver for the NFHS five-bout rule in the post season.
12. P19 Approved in Wrestling all Sections being required to use the InBody Scale for the NYSPHSAA Weight Certification Program for the 2020-2021 season.
14. P19 Approved the elimination of the International Tie Breaker Rule for all Regional Softball contests permanently starting with the 2020 season.
15. P19 Approved in Baseball for State adoption, with Section and League approval, a game ending procedure run rule effective Spring 2020. The game will end when there is a run differential of 10 runs after 5 innings (or 4 ½ if the home team is winning)
16. P19 Approved Mark Twain Golf Course as the host of the 2020-2022 NYSPHSAA Boys Golf Championships.
17. P22 Approved adjournment.
The Executive Committee meeting was called to order by President Paul Harrica at 9:00 AM on Thursday, October 10, 2019. Executive Director Dr. Robert Zayas introduced the officers and staff present and performed roll call to ascertain a quorum.

**Officers**
- President Paul Harrica
- First Vice President Julie Bergman
- Second Vice President Russell Bartlett
- Past President Jim Osborne

**Staff**
- Executive Director Dr. Robert Zayas
- Assistant Director Todd Nelson
- Assistant Director Joseph Altieri
- Assistant Director Kristen Jadin
- Dir. of Communications Christopher Watson
- Dir. of Sales & Marketing Christopher Joyce
- Dir. of Finance Lisa Hand
- Counsel Renee James
- Secretary Risë Van Iderstine

**Section Representatives**
- Section I: Susan Dullea (Proxy for Karen Peterson), James Mackin
- Section 2: Kathleen Ryan, Matthew Ronca
- Section III: Monica Tooley, Chris Doroshenko
- Section IV: Patti Murphy, Christopher Durdon
- Section V: Kimberly Henshaw, Thomas Schmandt
- Section VI: Marisa Fallacaro, James Graczyk
- Section VII: Patricia Ryan-Curry, John McDonald
- Section VIII: Christine Ceruti; Michael Bongino
- Section IX: Roberta Greene, James Wolfe
- Section X: Carl Normandin (Proxy for Lori Brewer), James Cruikshank
- Section XI: Debra Ferry, Timothy Mullins

**Section Executive Directors**
- Todd Santabarbara, (I), Ed Dopp (II), John Rathbun (III), Ben Nelson (IV), Kathy Hoyt (V), Timm Slade (VI), Matthew Walentuk (VII), Patrick Pizzarelli (VIII), Gregory Ransom (IX), Carl Normandin (X), Tom Combs (XI)

**Standing Committees & Ex-Officios**
- Jim Rose, Modified Co-Coordinator
- Alan Mallanda, Ex. Director – NYSAAA
- Jim Wright, Associate Ex. Director-NYSAAA
- Brett Banker, President - NYSAAA

**Sport Coordinators**
- Al Roy, Baseball State Coordinator
- Marty Sherman, Wrestling State Coordinator
- Jim Amen, Boys Lacrosse State Coordinator
A motion to approve the agenda of the October 10, 2019 Executive Committee meeting carried. Mullins/Ceruti

A motion to approve the July 30-31, 2019 Central Committee Meeting minutes as written carried. Fallacaro/Ryan-Curry

ORAL AND PRINTED REPORTS WERE PRESENTED BY ASSOCIATION OFFICERS AND STAFF

President Paul Harrica
- The year is off to a good start.
- Update on Lori Brewer. She had surgery and the prognosis is very positive.
- Attended the Sport Coordinators meeting and was surprised with number of coordinators that were not aware of the changes in the starting dates.
- Attended the following: Championship Advisory Committee meeting, Championship Philosophy Committee meeting, various AD workshops, several Athletic Council meetings and the National Federation meeting.

1st Vice President Julie Bergman
- Attended the Sport Coordinators meeting. Thanked the coordinators who with the coordination with the office staff makes our Championships run effortless and a great success.
- Took part in the SAAC conference call. Great to see that the future is in good hands.

2nd Vice President Russell Bartlett
- Wished good luck to everyone as we wrap up the fall season.

Past President Jim Osborne
- Nominations are being solicited for the Male PE Representative in the officer rotation vacancy of 2nd Vice President for term – September 1, 2020 to August 31, 2028. This is an eight (8) year commitment. Candidates must be an officer of their Athletic Council. Questions regarding the responsibilities on page 19 of the Handbook under Article #4 or contact Jim Osborne.

Executive Director Dr. Robert Zayas
**June Scholastic Basketball Showcase**
- For Division I coaches to be able to attend any recruiting events during two weekends at the end of June, the events must follow NCAA criteria and be approved by the NFHS.
- College coaches can attend events during the last two weekends of June if organized by groups affiliated with high schools or high school coaching associations; occur at middle schools, high schools or colleges and are approved by the State High School Athletic Association.
- Robert will be requesting formal approval from the Executive Committee at the February 2020 meeting for the NYSPHSAA to approve the endorsement of a recruiting event to be held in New York.

District Superintendent Ex-Officio Member
- Commissioner Elia requested that the District Superintendents be recognized as Ex-Officio members of NYSPHSAA.
- Robert will be presenting a proposal in February 2020 for discussion to address this request.

Transfer Rule
- Robert reviewed the changes to the NYSPHSAA Transfer Rule. These have been presented and discussed in great detail during the Section Athletic Directors Eligibility workshops.
- These changes seem to be having a positive impact.

SED – Unified Sports
- Commissioner Elia presented to the Board of Regents to allow a waiver for students over the age of 19. It is on the agenda for the mid-January Board of Regents meeting. The criteria must be referred to as Inclusive Sports as Unified Sports is copyrighted by Special Olympics. If approved those students participating in Inclusive Sports would be eligible for a waiver.
Assistant Director Joe Altieri

Sport Committees/Meeting Liaison

- Joe was NYSPHSAA liaison or representative to the following committees since July 31st: Cross Country, Girls Basketball, Boys Basketball Planning Meeting, Wrestling, Annual Sport Coordinators Meeting, NYS Federation, Section 8 Athletic Council, Section 8 and 11 workshops, softball state championship site meeting (Center Moriches).

Championship Advisory Committee

- The CAC conducted a conference call on September 18th. The report/minutes were included in the meeting packet.

Championship Administration

- Recently was provided a SUNY contract for one of our events that required our membership to acknowledge child protection policies and get background checks of our dozens of volunteers. After consultation with Renee it was felt necessary to share these policies with our Sections for their awareness and acknowledgement. Member Sections and schools should be aware of these policies. If a Child Protection Policy is not already included in any contract you are signing, it will be.
- NFHS Network – We enter year two of the partnership. The Network has committed to stream 27 of our State Championships in 2019-2020. Changes this year may include more events streamed at the same venue as opposed to multiple venues for one sport as well as improving infrastructure at venues like press box set up and WiFi. With more Pixallot cameras being purchased by our member schools, the Network intends to stream more Regional events.

Championship Dates and Sites

- NYSPHSAA Championship dates and sites through 2023 were included in the meeting packet. Approval will be requested for Mark Twain Course in Elmira to host the Boys Golf Championships for 2020-2022.

Branding/Marketing

- For the Fall, Joe and Chris Joyce are working on another digital marketing campaign for field hockey, boys and girls soccer and football using Google, YouTube TruView, and Facebook display and video ads.
- Working on two grass roots marketing campaigns to market our events to sports clubs and businesses around the state. The campaign would use flyers and posters as the vehicle to promote our events.

NYSPHSAA Hall of Fame

- Joe is in the process of developing a nomination packet for Abby Wamback (athlete) and Gina Maher (coach), both NYSPHSAA Fall of Famers, for the NFHS Hall of Fame. Each state association can nominate one individual in each category each year. We have had Tracey Fuchs, Missy West and Mike Messere inducted into the NFHS HOF in recent years.

Fall Semester Interns

- Welcomed Danielle Breen and Derrick Peprah, both students at The Sage Colleges in Albany who are interning this fall with us.

Assistant Director Todd Nelson

Unified Sports

- Commissioner of Education’s office presented language to the NYS Board of Regents to add language to Regulation 135.4 to define Inclusive Sports. Inclusive Sports will be defined as sports that are specifically designed to include students with and without disabilities. The added language will also include a waiver for students participating in Inclusive Sports of the Commissioner Age and Duration of Competition regulation. The waiver process will be handled at the local school district level. Current language does not define the data necessary nor the process to help the Superintendent or the Chief School Medical Director to make the decision on the waiver. The 60 day public comment period will be open starting September 25th. NYSPHSAA will also ask for consideration of SED supplying guidance to member schools on the data collection and process to grant a waiver. We have been told that the Board of Regents will have this item on their agenda in January for a vote. If approved it will be effective immediately.
- Four (4) member schools have been recognized as Unified Champion Banner Schools. This is one of the highest honors recognized by Special Olympics and sponsored by ESPN. Three of the schools are from Section 6 (Iroquios Central, Cheektowaga Central and Niagara Falls Central) the other is Guilderland Central from Section 2.
- Some Sections want to expand to include cross country in 2020 and add modified basketball.

Approvals for Special Accommodations/Uniform Waivers

- Have approved over 400 waiver requests for special accommodations and/or uniform waivers this fall. Many of these requests are typical requests we receive every year, but many are not needed because the rules already
address the situation. We ask that you remind athletic administrators and coaches to review the sport specific
rulebook prior to requesting the accommodation. If an official questions the accommodation, then share with
them the rule within the rulebook. The NYSPHSAA staff will speak to the representatives on the OCF and rules
interpreters to request that officials review rulebooks to ensure what is legal and illegal within the sport rules. The
NFHS made the change in the sport of soccer for the home team to wear dark colors and the away team to wear all
white. This rule was changed so that schools could show their school colors at home contests and allow for special
events such as cancer awareness games.

**Assistant Director Kristen Jadin**

**Participation Survey**
- Data collected shows a total of 562,369 participants and reflects a gender breakdown of 52.7% boys and 47.3% girls.
- JV teams decreased in 2015-16 from 7666 to 6407 and participants decreased from 109,185 to 101,923.
- Freshmen teams decreased in 2015-16 from 491 to 270 and participants decreased from 6,070 to 4,589.
- According to the NFHS, New York ranks 3rd in the country for participation numbers.
- Available on the NYSPHSAA website.

**Scholar-Athlete**
- Online submission opens Monday, October 28.
- Pins were distributed at the mandatory Athletic Directors workshops to all schools who participated in the
  program during 2018-2019.
- Schools still need to apply to receive recognition. If a school did not participate last year or needs more pins, it can
  be indicated on the submission form. Certificates will continue to be sent from the NYSPHSAA office after each
  season’s deadline.

**NFHS Spirit of Sport**
- This award seeks to recognize those individuals who exemplify the ideals of the positive spirit of sport that
  represent the core mission of education-based athletics. The award may be given in recognition of a specific act or
  for an activity of longer duration.
- The recipient could be a coach, athletic administrator, administrator, contest official, trainer, student-athlete or
  any others associated with the school or the school’s athletic program.
- The nomination must be for something that occurred between January 1, 2019 and January 31, 2020. Nominated
  individuals do not necessarily need to still be enrolled in high school at the time of nomination.
- Contact Kristen with any nominee suggestions.

**Championship Operations**
- All awards have been ordered for Fall Championships. The streamlined process will help decrease confusion
  regarding payment of regional plaques.
- Championship Operations Packets will continue to be utilized for each sport.
- All sports will now be receiving the unisex champion t-shirts.

**Spalding Ball Contract**
- NYSPHSAA is currently in the 4th year of the 5-year contract with Spalding.
- Fall orders are complete and Kristen is currently working on the winter allotment.

**Special Programs**
- Mental Health Awareness Week will occur on May 4 – May 9, 2020. The main goal of the initiative is to encourage
  schools to provide training to non-healthcare professionals (i.e. Athletic Directors and Coaches). The suggested
  training by NYSPHSAA is the NFHS Student Mental Health and Suicide Prevention course. The SAAC is currently
  brainstorming other ways to promote the week.
- The September Captains Club was released on September 23, 2019. If you know of any inspirational stories,
  contact Chris Watson or Kristen.
- We are in the second year of the new and improved NYSPHSAA Community Service Challenge and the partnership
  with Team Up 4 Community. The fall deadline is Monday, November 11th.
- Hazing Prevention – The Hazing Prevention Course is once again being offered to all NYSPHSAA member schools,
  free of charge. The training kit provided includes a Facilitator’s Guide, multimedia presentation and certificate of
  completion. To register visit: [http://nysphsaa.prevent.zone/](http://nysphsaa.prevent.zone/).

**Director of Finance Lisa Hand**

**Balance Sheet**
- Cash balance as of 8/31/2019 is $652,796.
• Other receivables of $214,985 includes $172,000 due from CP Sportswear.
• Accounts Payable balance is $112,185.
• As of 8/31/2019 we have increase in net assets of $106,185 but this will change with the actuary report.

Income Statement

Revenues
• Investments have earned $136,000 for the fiscal year ended 8/31/2019 which is a decrease of $30,000 from last year.
• Overall championships netted a profit of $536,289 for the 2018-2019 school year compared to $539,866 last year.
• Another good year with CP Sportswear receiving approximately $262,000 in souvenir revenue.
• Overall attendance for year was down 2.5%.
• Received an excess of approximately $40,000 over budgeted amount for Sponsorships.

Expenditures
• Occupancy is overbudget by $44,000 due to no tenant.
• Meetings and travel overbudget by $22,000.
• Marketing expense is overbudget by $20,000.
• Championship transport overbudget by $63,000

Market value of Investments have increased by $54,000 since FYE 8/31/2018.

Director of Communications Chris Watson

Championship Bids
• We continue to post open championships bids on NYSPHSAA.org. We also post on social media bids that are open. We would like to receive more bids so please pass along championship RFP’s to any and all venues you think would be interested.

Overtime Sports
• We have transitioned away from Overtime Sports “articles” on the website and moved toward video storytelling. We have featured the first day of fall practice and the AD workshops.
• If you have a story that deserves highlighting, please let me know. We always have the ability to write traditional stories when needed.

Throwback Thursday
• Not a new concept. We are utilizing our vast inventory of photo archives to highlight past NYSPHSAA Championships. Will be featured on Twitter and Instagram every Thursday.

Hall of Fame
• Think about nominating the best student-athlete or coach your school or section has ever produced for the NYSPHSAA Hall of Fame. The NYSPHSAA HOF should be the place where we honor the best of the best our State has produced.
• Deadline for the class of 2020 is January 29, 2020.

Sport Landing Pages
• Fall 2019 and Winter 2020 pages have been updated. Spring 2020 is in the process of being updated.

State Records
• State records are continuously updated on NYSPHSAA.org. Encouraged everyone to review the current records to see if you have a student-athlete or coach who may qualify. Also check to see if a streak or record is still “active”. We want the most accurate information as this is what is printed in the Championship programs.
• Reporting form is on the website in the resources section.

Director of Sales and Marketing Chris Joyce

Sponsorships
• The Holiday Inn Hotels of Upstate New York have expanded their brand portfolio and are now known as the IHG Hotels of Upstate New York. Sections and schools should consider these locations when traveling to secure affordable rates. Visit hotelsupstateny.com for a full list of locations.
• Received approval on a grant with NYS Governor’s Traffic Safety Committee that will expand the programs we can offer schools. Guest speakers, driving simulators, and other engagement activities can be provided at no cost. Contact the NYSPHSAA office for more information.
• NYSIR continued their sponsorship with the Heads-Up Football program this fall. Contact Todd Nelson for more information.
• Penn Monto has renewed as the Official Ball of Field Hockey.
M-F Athletic has renewed as the Official Track & Field/Cross Country Equipment Partner.
CSEA has not renewed for the upcoming year, ending the CSEA Excelsior Award Program.
Currently in the process of securing fall and winter tournament sponsors.

Ticketing
- Paper tickets should have been received by each Section. If you are missing your tickets, please contact him.
- Each Section should be posting as many events on GoFan as possible. The contract expires after 2020-21 school year and section participation will be important for future negotiations.
- Digital tickets for fall championships will be posted next week on gofan.co/NYSPHSAA.
- GoFan launched a new Box Office App over the summer that includes the ability to process credit cards. It streamlines all processes at the gate and includes online ticket reports, cash sales, purchased tickets, and credit card sales. We will be piloting at select events in the Fall and will report back on our experience at the next meeting.

Marketing
- Digital Marketing campaigns are schedules for boys soccer, girls soccer, field hockey and football. Ads will run on social media and the Google Network.
- Championship logos have been finalized for 2019-2020.
- With the assistance of our interns, grassroots marketing will target youth programs in the areas surrounding our championship sites in an effort to boost attendance.

NYSPHSAA Foundation
- The foundation was approved by the Central Committee and a committee is being formed to discuss operations. A further update will be provided at the February meeting.

Legal Counsel Renee James
- One legal case pending involving a Stay to allow a Division I student-athlete who is a Junior and has transferred four times. Once transferred to California where they were in the top ten. They are requesting a stay but have no documentation. It was remanded back to the original committee and still no documentation.
- Wrestler – Judge took the easy way out and declared no case pending.
- Child Protection Policy – If you have any questions as to what data can be released, contact Renee.

SECTION CONCERNS

Section V - voiced a concern regarding the new concussion law for football. Would ask that the NYSPHSAA forward any language from the Department of Health that needs to be given to parents. Also mentioned the concussion message should be the same amongst all sports.

Section XI – Girls Lacrosse Shot Clock
Section would like to continue the conversation regarding a shot clock and will present a proposal to Robert Zayas. A sample proposal was included in the meeting packet. The proposal will be presented to the Girls Lacrosse Committee at their meeting in December. It will be a discussion item at the February meeting.

REPORTS FROM EX-OFFICIO MEMBERS

State Education Department. Darryl Daily

PROFESSIONAL DEVELOPMENT OPPORTUNITIES


- Society for Health and Physical Education of America (SHAPE), National Conference Salt Lake City, Utah (April 21-25, 2020) See website: http://www.shapeamerica.org/
New York State Athletic Administrators Association (NYSAAA) Leadership Training Program and Certification Program- See website: http://nysaaa.org/contact-us


Note: NYSAAA, NYSAHPERD are approved for NYSED CTLE credit.

IMPORTANT PHYSICAL EDUCATION AND ATHLETIC RELATED ITEMS:


- Collaborating with NYSAHPERD and numerous constituents – Kicked off at SED on August 6-7, 2018. Multiple (5) meetings were held throughout 2018-2019. Next steps: Public comment – Fall 2019, complete introduction and finalize standards with outcomes. Reviewed National and NYS Learning Standards and Outcomes for NYS. Process and review team included multiple diverse representatives; (SED, ELA’s, BOCES< NYSAHPERD, COA, NYSBAA, NYSUT and SAANYS, K-12 and Higher Education Institutions across the state). Going out to public comment in Fall 2019. Anticipating feedback and amendments. Hoping to have approved by early spring 2020. Follow up would include professional development to the field Summer/Fall 2020 with BOCES and NYSAHPERD.

Content Advisory Panel (CAP) for Physical Education

- The Content Advisory Panel for Physical Education is established. The Panel will function in an advisory capacity to the Office of Curriculum & Instruction and the Department, providing written and verbal feedback on suggested resources, policies, and implementation strategies.
- Members are appointed for a one-year term by the New York State Education Department. The panel will represent a variety of constituents: including elementary, middle level and high school teachers, school administrators, and curriculum specialists.
- CAP will hold three meetings each school year in Albany. Members will serve without compensation, but their reasonable and necessary expenses for attending the meetings will be reimbursed. IE: hotel at the state rate, meals and mileage/train.
- First meeting will be held December 3, 2019.

Most Recent NYS Physical Education Audits and Compliance Checklist that Was Used By The NYS Comptroller’s Office (2018-2019)

- KEY Recommendation From Audits:
  - Develop and institute a PE program to ensure that:
    - Students receive the minimum required amount of PE/
    - The PE plan addresses all requirements in the Commissioner’s regulations.
- Please contact Darryl Daily at Darryl.Daily@nysed.gov for a (draft) compliance checklist so you can prepare for any future potential audits by the NYS Comptroller’s Office.

NYSED Physical Education Teacher Test Development Reviewer Opportunity

- The New York State Education Department (NYSED) is seeking educators to participate in test development activities for the New York State Teacher Certification Examinations (NYSTCE) Content Specialty Tests (CSTs) in Early Childhood Education (birth to grade 2 – Math and ELA), Literacy (grades K-12), English to Speakers of Other Languages (grades K-12), Physical Education (grades K-12) and English Language Arts (grades 5-12). These certification exams have already been revised. The activity this fall is to validate items for an item bank expansions based on the current framework.
- NYSED is looking for New York State educators who hold permanent or professional certification in New York State and are practicing teachers in these areas, supervising programs in these areas, or New York State educator preparation faculty who are preparing teachers to practice in the field.
- Qualified educations with expertise in the teaching or supervising these programs, including those with experience with ELL and SWD populations, as well as educator preparation faculty who are preparing these teachers, are encouraged to apply.
- The NYSED invites all educator and educator stake holders to nominate highly qualified educators at http://research.net/s/NYSTPNominate or provide me with a list of nominees, subject area, and contact information. If you use the nomination portal, please add the certification area in the additional comment section. Please be sure your nominations are received by July 31, 2019. Please ask all nominees to complete our online
application located at http://www.research.net/s/NYSTPRecruit. These activities are tentatively scheduled for the week of December 9, 2019.

- All NYSTCE exams are developed in accordance with national industry and professional standards for educational testing. If you have any questions or concerns about the NYSTCE committee work or the development process, please feel free to contact Ann Hartjen (anne.hartjen@nysed.gov) or Emily Bryans (Emily.bryans@nysed.gov).
- Anne S. Hartjen, Supervisor in Education Programs
- New York State Education Department, Office of State Assessment

Unified Sports Extended Eligibility (Request and review 2018-TBD)
- The Department has been requested by NYSPHSAA to review the eligibility rule for Unified Sports.
- There is continued collaboration between NYSPHSAA and SED with this initiative.
- Brought to the BOR at September meeting. Public comment and review of guidelines to follow.

Athletic Director Certification (Request and review 2018-TBD)
- Upper management has give the go ahead for the Office of Teaching Initiatives to begin developing license procedures around the National Certification requirements and regulations around it.
- There is continued collaboration between NYSAAA and SED on this initiative. More information to follow.
- Internal SED meetings will be in Fall 2019.

Approved Coaching Course List For FA/CPR/AED (Updated February 2019)
- The list has been updated on February 2019.

Concussion Management Guidelines Updated (June 2018)
- The New York State Education Department Guidelines for Concussion Management in Schools have been revised to reflect the current recommendations on managing concussions. Previous guidance was that students must be completely symptom free to return to activities. Now there is emerging research suggesting that some symptoms may be acceptable during return to activities. The updated guidelines now reflect this practice along with emphasizing that schools follow guidance of the student’s health care provider on what symptoms are acceptable for return to activities.
- A gradual return to physical activity typically is done by progressing a student through levels of activity that increase in duration and/or intensity. Gradual return to activity should occur with the introduction of a new activity level every 24 hours. If any post-concussion symptoms return, the student should stop the activity and drop back to the previous level of activity. Current research suggests that some level of symptoms with activity is acceptable. Therefore, schools will need to follow provider orders on return to activities. Students should be monitored by district staff daily following each progressive level of physical activity, for any return of signs and symptoms of concussion. A gradual progression should be followed based on the private healthcare provider’s or other specialist’s orders and recommendations.

Please note: No such pupil shall resume athletic activity until the pupil has been symptom free for not less than twenty-four hours and has been evaluated by and received written and signed authorization from a licensed physician; and for extra class athletic activities, has received clearance from the medical director to participate in such activity. [8NYCRR 136.5 (d)]
- Please direct questions to the Office of Student Support Services at 518-486-6090 or studentsupportservices@nysed.gov.

RECENT SCHOOL HEALTH SERVICES CHANGES (Effective July 1, 2018)
- Revisions to commissioner’s regulations 136.1-135.3 go into effect 7/1/18.
- Grade levels for health examinations and required screenings have been revised.
- New guidelines are available for Health Examination, Vision Screening, Hearing Screening, and Scoliosis Screening. Due to changes in screening requirements it is important that school health personnel review the new guidelines.

Please Note- Schools districts should continue to accept ANY health exam form received as NYSED and medical providers' organizations continue to partner to revise the NYS Required Health Exam Form and develop an electronic record compatible version. School districts should not require health care providers to use a particular form. District should accept any health exam form received. School districts can choose to use the NYS Health Exam Form currently on the NYSCSH/NYSED website. The fact that the form is not required should be communicated when it is shared.
NYSED will notify school districts when the new revised NYS Required Health Exam Form is ready for use and when it will be required.

Questions may be directed to the Office of Student Support Services, at 518-486-6090, or studentsupportservices@nysed.gov.

NEW INITIATIVES TO COMBAT SUBSTANCE ABUSE AMONG SCHOOL AGED CHILDREN AND STUDENT ATHLETES (2018)

- Heroin and opioid use continues to grow at an alarming rate. Recent studies have shown that the percentages of high school students in New York State who have reported using heroin or who have injected an illegal drug have more than doubled from 2005 to 2015.
- Another recent concern with the Department of Health (DOH) is use of Fentanyl among youth.
- Education and healthcare leaders can increase awareness by talking about underage drinking, substance use disorders, addiction, warning signs, and how to access help. These materials provide guidance on how to have those conversations.
- NYSED partnered with the New York State Health Department and the New York State Office of Alcoholism and Substance Abuse Services to provide the New York State Addiction and Substance Use Disorder Educational Resource.
- A Free Flash Drive Educational Resource was developed through the New York State Department of Health, specifically to assist you in reaching your students and their families in combating this epidemic. This tool provides readily accessible and striking sample presentations, videos and discussion guides on how to engage students that may be dealing with sports-related injuries and pain relief involving opioid prescriptions or self-treatment with opioid medications. We know how our athletes look up to physical education teachers, athletic directors and coaches to guide them, so please order a flash drive.

The New York State Addiction and Substance Use Disorder Educational Resource is available free on a flash drive that may be ordered by sending an email to: B0019W@health.ny.gov (email address contains zeros), or by mailing your request to: PUBLICATIONS NYSDOH Distribution Center P.O. Box 343 Guilderland, New York 12084

Materials sent to addresses within New York State are provided free of charge. Quantities may be limited.

Please include the name of your school, company, or facility; physical address; name and email address of contact person; and the following description and order number: New York State Addiction and Substance Use Disorder Educational Resource - Pub.# 12029. (Flash drives cannot be mailed to post office boxes).

GUIDELINES FOR COACHING (FIRST AID/CPR/AED) (Updated February 2018)


IMPORTANT HEALTH EDUCATION RELATED ITEMS:

A) GUIDANCE FOR PROVIDING EDUCATIONAL RESOURCES TO ADDRESS SUBSTANCE ABUSE (June 2019)


B) MENTAL HEALTH EDUCATION LEGISLATION (Effective July 1, 2018)

- Mental Health Education Legislation Chapter 390 of the Laws of 2016 amending Section 804 of Article 17 and states as of July 2018 all schools under the jurisdiction of the department will ensure their health education programs recognize the multiple dimensions of health by including mental health and the relation of physical and mental health so as to enhance student understanding, attitudes and behaviors that promote health, well-being and human dignity –http://public.leginfo.state.ny.us/lawssrch.cgi?NVLWO
- SED & Mental Health Association of NYS collaborated as a stakeholder task force to develop guidance resources to implement the new mental health law by July 2018.
- Meetings and professional are ongoing with collaboration between NYSED and MHANYS

C) SOCIAL-EMOTIONAL LEARNING GUIDELINES (BOE- Presentation May 2018)

- Introducing New Guidance and Resources for Social Emotional Learning

D) HIV/AIDS GUIDANCE DOCUMENT (Pending approval Fall 2019)

- Document will provide a curriculum framework to assist local school districts to develop quality instructional HIV/AIDS Prevention Education Programs, in alignment with Commissioner’s Regulations (CR’s) §135.3.
E) Letter to Schools from Commissioners of the New York State Department of Health and Education Department to raise awareness and educate on the dangers of e-cigarettes. (606 KB) - January 02, 2019

- Evidence-based E-Cigarettes and Vaping Webinar, and an E-Cigarettes Learning Page available at the NYS Center for School Health, a contracted technical assistance resource center for the NYSED, with additional resources located at the NYSDOH Get the Facts Website.

F) NEW YORK STATE COMBAT HEROIN AND PRESCRIPTION OPIOID ABUSE CAMPAIGN

- At its meeting in January 2015, the Board of Regents convened a panel to discuss combatting opioid and heroin use and abuse. Presenters shared their thoughts on prevention, warning signs, intervention, referral, treatment, recovery, and outreach.
- In 2015, New York State enacted laws allowing schools to provide and maintain opioid antagonists (naloxone) on-site, and late last year, NYSED issued guidance and information for schools regarding opioid overdose prevention programs. Additional resources to combat opioid and heroin use and abuse include:

  Kitchen Table Toolkit
  - The Kitchen Table Toolkit was developed to assist individuals (parents, spouses, siblings, teachers, coaches, counselors, probation officers, etc.) with initiating conversations about heroin and opioid abuse. Information, resources, and supports are available, so no one needs to be alone in the fight to combat heroin and opioid abuse. Recognizing that addiction is not exclusive to heroin and opioids, this information may be applicable for alcohol and other drugs, also addressed in this toolkit. See page 12 for school-focused information.

G) DEVELOPMENT OF RESOURCES TO EDUCATE ON NEED TO ENCOURAGE ORGAN AND TISSUE DONATION

- Legislation (Summer 2016)-SED began working collaboratively with multiple organizations that promote organ and tissue donation to provide a toolkit that contains model exemplar lesson plans and best practice instructional resources on the importance and value of organ and tissue donation. Information will be shared as it becomes available. See: http://alliancefordonation.org/coming-soon-new-york-state-high-school-curriculum-organ-eye-and-tissue-donation

Please note-APRIL is National “DONATE LIFE” month.

H) DEVELOPMENT OF RESOURCES FOR SEPSIS

- SED worked collaboratively with organizations that promote sepsis to provide model exemplar lesson plans and best practice instructional resources for school districts.
- See: https://rorystauntonfoundationforsepsis.org/education-modules/

I) GAMBLING RESOURCES

- In recognition of Problem Gambling awareness Month (April), the Office of Alcoholism and Substance Abuse Services released a tool kit in collaboration with the New York State Education Department (NYSED) to help identify early problem gambling habits in teens.
- According to OASIS, “The new comprehensive Toolkit can be used by school administrators, educators, pupil personnel services, parent-teacher associations, parents, and community groups to teach students and parents about preventing underage gambling.”
- See: https://www.oasas.ny.gov/gambling/SchoolDistrictResources.cfm

J) COMMISSIONER’S REGULATIONS TO REQUIRE INSTRUCTION IN CARDIOPULMONARY RESUSCITATION (“Hands Only” CPR) AND INSTRUCTION IN THE USE OF AUTOMATED EXTERNAL DEFIBRILLATORS (Requirement began September 2015)

- Students in senior high school shall be provided instruction in hands-only cardiopulmonary resuscitation and the use of an automated external defibrillator at least once before graduation.
- See link: https://yourethecure.org/aha/advocacy/details.aspx?BlogId=2&PostId=4139

K) TIC AND LYME DISEASE LEGISLATION (Summer 2016)

- NYSED and Department of Conservation collaborated on instructional tools and materials for school districts to advance and promote education awareness on tick identification and protection.
Contact Information:
Darryl L. Daily
Associate in Physical Education
New York State Education Department
Room 860 EB
89 Washington Avenue
Albany, New York 12234
E-mail: Darryl.Daily@nysed.gov
Phone: (518) 474-5922
Physical Education Web Site: http://www.nysed.gov/curriculum-instruction/physical-education/
Health Education Website: http://www.nysed.gov/curriculum-instruction/health-education

New York State Athletic Administrators Association. Brett Banker, President & Jim Wright, Associate Ex. Director
- Close to having a Certification for Athletic Directors
- Asked that Executive Directors send the flyer to all Athletic Directors in their Section.

REPORTS FROM STANDING COMMITTEES

Budget and Audit Committee. Julie Bergman, 1st Vice President
Revenue Share Program
- Spalding has proposed a three-year extension to our current five-year contract. Robert is working with the 11 Sections to examine the proposal and potential acceptance.
- NYSPHSAA is continuing to provide 25% of the guaranteed broadcast rights revenue (Spectrum & NFHS Network) to the 11 Sections through the Revenue Share Program.

Membership Dues
- There has not been a dues increase since 2012-2013.
- The Fund Balance is approximately $3.1 million. A substantial portion of the fund balance is the post-retirement health care liability that is eventually going to be paid out.
- Auditors have recommended having two years of operating expenses in our fund balance.
- Recommend increase of $40 per year for base dues for the next five years.
- Robert Zayas said the NYSPHSAA is certainly not in an immediate need for an increase in membership dues. This discussion item is an effort to plan for the future and to be fiscally responsible to the membership. Since there is no urgency, Robert said he would like to allow the next strategic planning committee (Fall 2020) to discuss the topic of membership dues.

Ticket Prices
- Recommend keeping 2020-2021 ticket prices the same as they are now, $8 online/$10 on site.

Building Lease
- Contracted with a new commercial real estate firm.
- Should be able to rent at $15.75 per square foot plus utilities.
- $48,000 over budget in occupancy cost because we do not have a tenant.

Next Meeting
- Monday, March 30, 2020 at 1:00 PM (teleconference).

Championship Advisory Committee. Greg Ransom, Chair
- The committee met on Wednesday, September 18, 2019 via conference call.

Informational
- Championship Philosophy Committee Report – Robert provided a report on the CPC which met August 29, 2019. The following items were discussed:
  - Combined NYSPHSAA/Federation championships
  - Virtual connected (e-sports) programs
  - Culminating regional events and how the staff should handle them
  - Standard pre-set regional rotation for all team sports
  - If 8-man football should be its own sport or with the current football program
Action Items
The committee supported the following proposals to be presented for action at the October 10, 2019 Executive Committee meeting:

- Wrestling Eliminating 99lb Class for all Dual Meets –
  - Proposal different from presentation by Marty Sherman.
  - Marty will prepare a re-written proposal for discussion at the October NYSPHSAA meeting, then vote in February. It was decided to not be a voting item at this time.
- Wrestling Waiver for 5-Bout NFHS Rule in Postseason
- Wrestling Conduct One NYSPHSAA/Federation Tournament –
  - CPC supported this proposal.
- Softball Eliminate International Tiebreaker in Regionals
- Boys Soccer New Regional Rotation

For Review/Input, Championship Site Selections
- The CAC voted to support the committee and staff in choosing the following Championship Site selection:
  - Boys Golf - Mark Twain Golf Course for 2020-22.

Discussion Items
These items were introduced for discussion and will be presented for action at the January CAC meeting then subsequently at the February Executive Committee meeting unless otherwise noted:

- Officials Fees & Policies 2020-2023
  - The following members will serve on the sub-committee: Eileen, Carl, Mike, Greg, and Deb.
  - Todd will send a letter to all Executive Directors asking for their input.

Next Meeting
- The next meeting of the CAC is scheduled for Wednesday, January 8, 2020 at 10:00 AM in the NYSPHSAA Office.

Handbook Committee. Patrick Pizzarelli, Chair
- No Report

Student-Athlete Development Committee. Kristen Jadin, Assistant Director
- The Committee met on Friday, September 13, 2019 via teleconference.

Status Updates
- Mental Health Awareness Week – Week #44 – May 4-May 8, 2020
- Scholar Athlete for Unified Sports - NYSPHSAA approved the addition of Unified Bowling and Unified Basketball to the Scholar Athlete program.
- Governor’s Traffic Safety Committee – Chris Joyce will be reaching out to each SADC member to discuss ways to implement the traffic safety into their section’s athletic programs/physical education classes.

SAAC Summit
- The SAAC Summit will take place on November 30-December 1, 2019.

Items Discussion/Action Taken
- School of Distinction/School of Excellence –
  - There was much discussion as to how merged teams should be handled.
  - Committee members were asked to take this back to their Sections to ask for input.
- NYSPHSAA SAAC – Communication is going to be a priority for NYSPHSAA SAAC.
  - Kristen wants to connect SAAC members with the SADC members so they can work hand in hand in their Sections. Many Sections have either already started or are planning on starting a SAAC program.
- NYSPHSAA Student Leadership Conference (2020-2021)
  - Kristen is planning on working with the NYSPHSAA SAAC to implement a NYSPHSAA Student Leadership Conference in 2020-2021.

Future Items
- School of Distinction/School of Excellence
- Mental Health Awareness Week
- NYSPHSAA Leadership Conference
- Encouraging multisport participation

Future Meetings
- Thursday, March 19, 2020 at 3pm – NYSSAA Conference (Saratoga, NY)
**Student-Athlete Advisory Committee.** Devon Wagner, Section 2 NYSPHSAA SAAC Rep

- Kristen introduced Devon Wagner, Section 2 NYSPHSAA SAAC Rep, who presented the SAAC report.

**Status Updates:**

- Expectations of SAAC – Students are expected to attend all teleconferences and the SAAC Summit (unless there are extenuating circumstances). Students were aware of all the dates. Kristen is going to put the SAAC members in touch with the SADC members from each section. SAAC members are expected to promote all NYSPHSAA programs within their Section.
- SAAC Summit – Permission slips were due September 30th. Kristen will help with transportation when needed. NYSPHSAA will pay all expenses associated with the Summit. Last year’s Summit was a very positive experience.

**Discussion Items/Action Items:**

- NYSPHSAA/Federation Championship for Wrestling Championships
  - There was much discussion. Members agreed the Wrestling Championships should be one tournament with one medal.
- Officials Appreciation Day – Kristen informed the committee that the Executive Committee approved an Officials Appreciation day to take place each year (Week #44). This year, Officials Appreciation Day is on Wednesday, October 2, 2019.
  - Ideas on how schools/teams can participate:
    - SAAC create a letter to thank officials to share on social media.
    - Sections maybe hold an event to honor officials. This would give the students an avenue to get to know the officials.
    - A meet and greet.
    - Tailgate for officials.
    - Must not forget the little things we can do for them, like announcing their names before the game and thank them on the PA after the game.
  - The Committee will share their ideas with their Sections.
  - Kristen will work with the Committee to create a letter from NYSPHSAA SAAC.
- Mental Health Awareness Week – This year, the goal is for the committee to brainstorm ways to increase participation from the member schools/student-athletes/teams. The Committee will discuss this at the SAAC Summit.
- Communication Tool – The committee recommended using an app called Group Me. Kristen will look into it as a communication tool for the group.
- Executive Committee Attendance – Several were interested in attending. It will be a good opportunity to see how decisions are made within the association.

**Future Items/Meetings**

- Friday, November 30, 2019-Sunday, December 1, 2019 – SAAC Summit
- Sunday, December 8, 2019 @ 4pm
- Sunday, March 1, 2020 @ 4pm
- Sunday, June 7, 2020 @ 4pm

**Devon Wagner** – A Junior from Stillwater HS (Section 2) who plays basketball and soccer gave a presentation of her experience on the SAAC and the positive impact it has had.

**Sportsmanship Committee.** Todd Nelson, Assistant Director

**Status Updates:**

- Central Committee Update
  - Officials Appreciate Day in Week #13 was approved.
  - Football Committee recommendation on 4 quarter DQ penalty was denied.

**Items Discussion/Action Taken:**

- Officials Appreciation Day Ideas. The Committee discussed ideas that can be used by NYSPHSAA and schools to recognize and thank officials for being part of our Interscholastic team.
  - Social Media Campaign
  - Greeting and escorting officials on day of the game
  - Picture with both teams after the game
  - A Thank You card signed by one or both teams
  - Water, snack or treats for the officials
• NYSPHSAA will send all section representatives a PA announcement to recognize and thank the officials at the games.
• Parent Meetings Video. The NFHS has developed a fantastic video that schools can use at parent meetings that describe the roles and responsibilities of parents at interscholastic games. Schools are encouraged to use the video at meet the coach’s nights. The link to the video is - The Parents Seat: https://nfhslearn.com/library/videos/478.

Section Concerns.
• Section 3 had a recommendation to include the ability for schools completing the Sportsmanship Promotion Survey to list schools in their section they feel are promoting positive sportsmanship. This would give the Section Representatives more information to help select plaque award winners. The current survey relies solely on the school completing the survey to provide the information requested. Listing other schools would provide an outside impression on a school’s sportsmanship.

Future Items/Meeting:
• Sportsmanship PSAs
• Next Meeting: Tuesday, April 7, 2020 @ 1pm

Safety Committee, Todd Nelson, Assistant Director

Status Updates:
• Concussion Management Update
  • NYSPHSAA has been working with Total Concussion Management for the past year. TCM has made significant upgrades to the EasyScreen App. This App is a great tool in a school districts Concussion Management Program. The App allows for Screening by appropriate health care personnel, communication to all those involved in the circle of care of the student athlete and data collection that is kept for current needs and any future questions or concerns regarding the care of the student athlete. TCM has secured BOCES statewide contract to allow schools to take advantage of the NYSPHSAA 35% membership discount as well as the schools BOCES Aid they can receive from purchasing through BOCES. There are many advantages of using this App to help minimize risk to student athletes and protecting your district. This App can be used by districts that have full-time certified athletic trainers, part-time certified athletic trainers, or no certified athletic trainers. Paul Baily and Todd Nelson are willing to come to school districts to meet with athletic directors, certified athletic trainers, school nurses and school medical directors.
  • BIANYS Executive Board approved making recommendations to the NYS Legislators regarding Concussion Management and Awareness Act.
    ▪ Include Private Schools and youth leagues under the Concussion Management Law
    ▪ Require annual Concussion Education for School Medical Directors
    ▪ Require Return to Learn and Return to Play Protocols for all school districts (currently recommended)
    ▪ Recommend schools have access to Certified Athletic Training Services.
    ▪ Require all schools to have a Concussion Management Team (currently a recommendation)
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    ▪ Require Return to Learn and Return to Play Protocols for all school districts (currently recommended)
    ▪ Recommend schools have access to Certified Athletic Training Services.
    ▪ Require all schools to have a Concussion Management Team (currently a recommendation)
  • NYSPHSAA & Utica National are offering member schools free ImPact baseline testing. NYSPHSAA will now be billing schools in our program for tests that they use every two months. Schools are asked to create an open PO to NYSPHSAA for the ImPact tests. NYSPHSAA will evaluate the number of schools in the program at the end of the year. We may discontinue the offer and promote NYSIR and Utica National program.

Items Discussion/Action Taken:
• NYSPHSAA Strategic Plan
  • The Committee has made a recommendation on overuse injuries and specialization to the Executive Committee. The Committee was also informed that the NYSPHSAA Football Committee is discussing requiring all football coaches and football playing schools to be USA Football Heads Up Certified. The requirements have changed to include school sign-up with USA Football and all coaches taking the NFHS Heads Up Football courses online which are paid for by NYSIR. It is now highly recommended that at least one coach attends an in-person clinic, but it is not required by USA Football.

Anyone Can Save a Life
• A reminder that all interscholastic teams should utilize the Anyone Can Save a Life program. This program helps coaches to establish an emergency action plan for their teams in case of a medical emergency. Information can be obtained online at www.anyonecansavealife.com. NYSPHSAA uses this program at all Championships.
• NFHS Injury Surveillance Survey
  • NYSPHSAA posts all these surveys on their website. This program through the NFHS gathers injury data for 18 sports (both boys and girls) from around the country during the school year. When the 2018-2019 report is received, NYSPHSAA will share it with the Safety Committee and post on the website.
• Section Concerns
  • Section 10 had a recommendation that NYSPHSAA establish a position statement on the negative effects of vaping. The Committee will reach out to the SAAC for input and possible suggestions.
  • Todd presented a proposal from the Safety Committee for a NYSPHSAA position statement on overuse injuries and specialization to be added to the Handbook under the recommendation section. This will be an Action Item at the February NYSPHSAA meeting.

Future Items/Meeting
• Next Meeting, Tuesday, April 9, 2020 @ 1pm.

Modified Committee. James Rose, Modified Co-Coordinator
• The committee met on Friday, September 20, 2019 in the NYSPHSAA office.

Items Which Will Occur Before the Spring 2020 Modified Committee meeting
• The following sports are scheduled for review: boys’ and girls’ basketball, cheerleading, cross-country, field hockey, gymnastics, ice hockey, boys’ and girls’ soccer, boys’ and girls’ swimming, boys’ and girls’ volleyball and wrestling.

Information Items
• Modified Athletics Review Completed – Over the past two years, there has been an extensive review of the modified athletics philosophy, and all the rules and game conditions of the modified sports. The information was compiled by the Modified Committee and all items were approved by the NYSPHSAA Executive Committee at the Summer 2019 meeting. The changes have moved modified athletics closer to the high school program while simultaneously attempting to preserve the safety and development of young athletes and protect the quality and goals of modified athletics.
  • This school year will be an opportunity to evaluate and implement the new variations and rules. The verbiage of the Modified Game Rules and Game Conditions section of the NYSPHSAA Handbook has been edited and reduced. Read the modified portion of the handbook carefully. These variations should be communicated to Athletic Directors, coaches, sport coordinators school communities and officials’ organizations, especially if they impact contracts and salaries.
  • With sectional approval, more restrictive variations of modified game rules and conditions may still be adopted selectively for use by specified conferences or leagues. Extended playing time and other methods of increasing student participation continue to be encouraged. Some sections have decided to proceed slowly as they decide which variations they would like to utilize.
  • New recommendations and modifications suggested from this point on can only be justified and approved if they meet the criteria of improving player development, minimizing risk, and/or increasing student-athlete participation.
  • Principal on Modified Committee. Scott Reinhart, a Principal in Section V has been appointed as a representative of the NYS Middle-School Principals Organization on the Modified Committee. The principals’ association hopes to improve a network of support for modified athletics across the state and enhance communications among school administrators and athletic administrators. He will be a non-voting ex-officio member of the Modified Committee.
  • Baseball. As of this year, chest protectors and all practice and game baseballs must be NOCSAE approved and stamped on the equipment.
  • Field Hockey and Lacrosse goggles are different and cannot be interchanged between the sports. Field Hockey goggles have a straight bar down the front. They must be stamped with ASTM seal and cannot have sealed tags hanging from them.
  • Shading in Modified Football. Todd Nelson reminded the Committee that there is no shading permitted in modified football; only the allowance of the gap alignment.
  • The Modified Committee is planning a workshop presentation at the spring conference of the NYSAAA in March 2020. Participating members of the Committee will be Jim Rose, Julie Arnold and Matt Librock (Section VI), Cathleen Dnyprovsky (Section VIII) and Georgia McCarthy (Section XI). If anyone else would like to participate or offer suggestions for the workshop contact Jim Rose.

Future Meeting Dates
• Spring: March 27, 2020 at 9:30 AM in the NYSPHSAA Office
Discussion Item for Executive Committee
- Modified Boys Lacrosse – 4 Minute Sudden Victory Overtime – Jim presented the proposal for discussion.
- This will be an Action Item for the February NYSPHSAA meeting.

Officials Coordinating Federation, Todd Nelson, Assistant Director
Recruitment of Officials – is the biggest issue
- Start a Junior Officials Program – There is no age requirement so a 16 or 17-year-old should be covered. Volleyball is interested in starting a program.
- Student Based Proposal – These officials would primarily only do their schools’ games. The officials would waive their fees for the first year. Maybe the Sections would assist with costs of uniforms, etc.
- Take this proposal back to your Sections for discussion.

Officials Concerns
- Sections where BOCES does the assigning. There isn’t the ability to assign one older official with a new official.
- Busing – Would like some consideration ahead of time so that they are not sitting around waiting when a school has a busing issue.
- Section III – If we need to make a change to the time for busing, they ding us $2.
- Section VI – Would like the new officials to be able to take the online course
  - Dr. Zayas advised some State Officials Organizations register with State Associations. He will reach out to his co-directors.

GENERAL DISCUSSION & ACTION ITEMS
2020-2021 School Enrollment Numbers
Dr. Zayas announced the following updates/amendments to the final report.
- Cold Spring should be listed under Section VIII.
- Section V – Rush Henrietta should be 1183 and Fairport should be 1298.
A motion to approve the school enrollment numbers for the 2020-2021 school year carried. Mullins/McDonald

Waivers of the Representation Rule for Various Sections.
A motion to approve the following reductions in the required number of contests carried. Mackin/Ryan

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<th>Section</th>
<th>Requirement Change</th>
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<td>6 to 3</td>
<td>Nordic/Alpine Skiing</td>
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Friends & Neighbors and New Members

A motion to approve the following applications for NYSPHSAA Friend and Neighbor and New Member status carried.
(Friend & Neighbor status expires August 2021) Mullins/Ferry

FRIEND AND NEIGHBORS
Section I
Clark Academy
71 Broadway
Dobbs Ferry, NY 10522
Grades 7-12

Section I
Greenburgh Academy
108 Shonnard Place
Yonkers, NY 10703
Grades 9-12

Section III
Holy Cross Academy
4020 Barrington Road
Oneida, NY 13421
Grades 9-12

NEW MEMBER
Section VI
PS 366 Research Laboratory High School
2885 Main Street
Buffalo, NY 14214
Grades 9-12

Swimming & Diving Number of Judges
A motion to approve in an 11 Dive Dual Meet there must be a minimum of 5 judges in order for the scores to qualify the athlete for the State Championship effective Winter 2020. Mullins/Henshaw

• Dr. Zayas cautioned that the girls swimming & diving season has already started.
• Todd Nelson advised that the girls committee was aware of this and had no problem.

Original motion amended to be effective 2020-2021, carried (20-2) (Section V - 2 No). Mullins/Henshaw

Boys Soccer Regional Rotation
A motion to approve the Boys Soccer Regional Rotation for six years beginning in the fall of 2020 and ending with the 2025 fall soccer season carried. Henshaw/Murphy

Girls Basketball – Waiver for NCAA Rule 2-11.6
A motion to approve the waiver for the NCAA rule 2-11.6 in Girls Basketball carried. Graczyk/Ryan-Curry

Wrestling – Utilize the NFHS Weight Classes
Discussion Item:
Wrestling State Coordinator, Marty Sherman, presented the Wrestling Committee’s proposal to seek approval to utilize the NFHS weight classes for all Dual Meets and Dual Meet Tournaments in the year 2020-2021 for a two (2) year pilot. The 99 lb. weight class would not be a scoring contested bout during the 2020-2021 school years. All individual tournaments including the NYSPHSAA State Championships will include the 99 lb. weight class during the two (2) year pilot.

• Marty advised that this is the revised version of the original proposal that was presented to the CAC on September 18th. We are trying to follow the NFHS rules. The 99 lb. wrestlers can wrestle. They just will not count in the scoring or they could wrestle at 106 and score. There is widespread concern over the amount of forfeits at this weight class across the State.
• Questions:
  • Comments:
    ▪ Not good overall for the sport.
    ▪ Need to recruit kids for the lower weight classes.
    ▪ Dr. Zayas advised that we don’t have to use the NFHS weight classes.
  • Marty agreed to share with the Sections information regarding the breakdown of percentage of forfeits, how many athletes are APP’d and by Division.

Action Item at the February meeting.

Wrestling – Conduct one NYSPHSAA/Federation Tournament
A motion to approve to conduct the NYSPHSAA/Federation Wrestling Tournament as one tournament carried (17-5). Eight places in all weight classes will be recognized with medals. Ryan/Mullins
Wrestling – Waiver of the NFHS Five-Bout Rule
A motion to approve a waiver for the NFHS five-bout rule in the postseason carried. This would allow competitors to wrestle in a sixth bout during individual postseason tournaments. Mullins/Fallacaro

Wrestling – Inbody Scale
A motion to approve all Sections being required to use the Inbody Scale for the NYSPHSAA Weight Certification Program effective the 2020-2021 season. Ceruti/Durdon
Motion to approve holding the vote on the original motion until Todd Nelson provides additional information later in the meeting. Tooley/Ferry

Wrestling – Inbody Scale
Vote on original motion carried.

• Several Sections asked if it would be possible to receive a discount if the InBody Scales were purchased in bulk. Robert Zayas said he would work with his contact at the National Wrestling Coaches Association to determine if a discount would be an option.

Boys Lacrosse – Allow Sections to Determine Spring Start Date
Discussion Item:
Boys Lacrosse State Coordinator, Jim Amen, presented the Boys Lacrosse Committee’s proposal to allow individual Sections to determine their spring start date of Week #36 or Week #37 for Boys Lacrosse.

• Discussion:
  • If the start date is Week #37, many schools would have a lot of three (3) game weeks due to the weather.
  • Sport Committees provided input, and we voted on the start dates.
  • Football wanted to start Week #8 and we said no.

Boys Lacrosse – Allow Sections to Determine Spring Start Date
Action Item for the February meeting.

Softball – Elimination of the Existing Waiver Banning Metal Cleats
A motion to approve the elimination of the waiver banning metal cleats for High School Softball players effective Spring 2020 carried. McDonald/Tooley
As a caveat to this proposal, the committee recommends maintaining the waiver for Modified Softball.

Softball – Eliminate the International Tie Breaker for Regional Contests
A motion to approve the elimination of the International Tie Breaker Rule for all Regional contests permanently starting with the 2020 season carried. Ceruti/Henshaw

Baseball – Adopt Game Ending Procedure Run Rule
A motion to approve for State adoption, with Section and League approval, a game ending procedure run rule effective Spring 2020. The game will end when there is a run differential of 10 runs after 5 innings (or 4 ½ if the home team is winning) carried. (19-3) Murphy/Ryan-Curry

Boys Golf – State Tournament Site
A motion to approve Mark Twain Golf Course (IV) as the host of the 2020-2022 NYSPHSAA Boys Golf State Championships carried. McDonald/Murphy

INFORMATIONAL ITEMS

Senior All-Star Contests
The following contests were approved by the Executive Director per Executive Committee authorization and are presented for your information. (Eligibility Standard #9).

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<tr>
<td>1</td>
<td>11-09-19</td>
<td>Section 1 All-Star Game – B/G Soccer</td>
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<td>11-06-19</td>
<td>Football</td>
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<td>IAC League B/G Basketball</td>
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**Combining of Teams**

The following combining school teams have been approved by the respective leagues and sections for the 2019-2020 school year and are presented for your information. (Eligibility Standard #6)

<table>
<thead>
<tr>
<th>SECTION</th>
<th>SCHOOLS</th>
<th>SPORT</th>
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<tbody>
<tr>
<td>3</td>
<td>Holland Patent, Remsen, Poland</td>
<td>G. Tennis (V)</td>
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<td>SCSD West, Frazer MS</td>
<td>G. Soccer (M)</td>
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<td>South Jefferson, Belleville-Henderson</td>
<td>G. Swim/Dive (V, M)</td>
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<td>Afton, Harpursville</td>
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<td>B/G Cross Country (V, JV, M)</td>
<td>Field Hockey (V, JV, Mod.)</td>
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<td>B/G Bowling (V, JV)</td>
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<td>B/G Track &amp; Field (V, JV, M)</td>
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<td>Downsville, Livingston Manor, Roscoe (Section 9)</td>
<td>B. Soccer (V, M)</td>
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<td>B/G Cross Country (V, M)</td>
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<td>Football (V, M)</td>
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<td>Downsville, Roscoe (Section 9)</td>
<td>G. Soccer (V, M)</td>
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<td>Gilbertsville-Mt. Upton, Morris</td>
<td>B/G Cross Country (V, M)</td>
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<td>Harpursville, Afton</td>
<td>Football (V, M)</td>
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Championship Philosophy Committee Report. Robert Zayas, Executive Director

- The committee met on Thursday, August 29, 2019 via teleconference.

Items Discussion/Action Taken:
- Wrestling Proposal to Combine NYSPHSAA & Federation Championships
  - After much discussion, the CPC voted to support Wrestling’s proposal.
- Consideration of Virtual/Connected Events (i.e. e-sports)
  - Robert Zayas said that an e-sports sub-committee was created to examine the potential implementation of e-sports. The sub-committee expressed a desire for NYSPHSAA to be involved in some fashion.
  - The proposal is seeking the approval of a two-year pilot program for NYSPHSAA staff to work with a third-party vendor to conduct Virtual/Connected events to examine interest and long-term sustainability. The e-sports sub-committee supports this proposal.
  - After much discussion, the CPC voted to take the proposal back to their respective Sections for support.
- Involvement in Regional Events
  - NYSPHSAA Staff is seeking support of a proposal for NYSPHSAA to oversee and coordinate culminating Regional events for Emerging Sports as defined by the Championship Philosophy and would no longer support the sport of rifle as it does not meet the definition of an Emerging Sport. A culminating event would be defined as a final tournament crowning a Champion.  
    - Currently, Girls Ice Hockey is the only culminating Regional event that meets the definition of an Emerging Sport. Girls Wrestling and GameDay Cheer are gaining momentum in meeting the definition of an Emerging sport.
• At this time, Rifle does not meet the definition of an Emerging Sport, therefore NYSPHSAA would no longer recognize the Rifle Regional competition following the 2020 Rifle Regional. This would mean the event would be independent and possibly handled like sports such as Badminton or Fencing (i.e. organized and coordinated by the host the Section).
  
• CPC supports the proposal.

• Regional Rotation Feedback
  
• Robert explained the State Sport Committees can propose Regional Rotations to the Executive Committee as they see fit for their sport. The question that needs to be addressed is: Should there be a standard regional rotation for all sports (template/ format) or a requirement of contiguous sections to be matched up in Regional Rotations?
  
• After much discussion, Robert proposed the NYSPHSAA Staff develop a standard pre-determined rotation plan to propose to the CAC prior to the February 2020 Executive Committee meeting. If the CAC supports the rotation it would go to the Executive Committee for discussion and potential action.
  
• The CPC unanimously supported the proposal.

• Eight Main Football Feedback
  
• Robert explained that Eight Man Football continues to generate a great deal of momentum. Many schools are using Eight Man Football to keep football at their school and to maintain their identity.
  
• Several items discussed:
    ▪ Should Eight Man be a 6th classification.
    ▪ Should it remain under the purview of the Football Committee?
    ▪ Add it as a State Championship or play their Championship as a Regional event?
  
• CPC supports Eight Man remaining part (no additional classification) of Football and under the purview of the Football Committee.

REPORTS FROM CONSULTANTS

Legislative Lobbyist. Kevin Banes
  • No Report

Council of Administrators (COA). Greg Warren
  • No Report

NYS Coaches Association. Ron Woodruff
  • Their conference will be held on November 20-22, 2019 at Turning Stone.

NYS Council of Superintendents. Dr. Jeff Rabey
  • No Report

A motion to approve adjournment of the October 2019 Executive Committee meeting on Thursday, October 10, 2019 at 12:00 PM carried. Ryan/Ferry

Respectfully submitted,

Robert Zayas
Executive Director

rvi