The meeting was called to order at 9:40 AM on Thursday, April 11, 2019 by State Coordinator James Rose at the NYSPHSAA office in Latham, New York.

I. Attendance

State Coordinators
James Rose Present
Judy Salerno Present via conference call

Ex-Officio: NYSPHSAA Directors
Todd Nelson, Ass’t Director Present
Robert Zayas, Director Absent with notification

Section Representatives
1 Joe Donaldson Present
   Beth Staropoli Present via conference call
2 James Schlegel Present
   TBA
3 Chris Doroshenko Present
   Barbara Felice Present
4 Carl Koenig Absent with notification
   Sue Franco Present
5 Michael Bromley Present
   Richard Roche Present
6 Matt Librock Present
   Julie Arnold Present
7 Michael Douglas Present
   Victoria McMillan Present
8 Kevin Trentowski Absent with notification
   Cathleen Dnyprowsky Present
9 Gregory Warren Present
   Michelle Henn Present
10 Shawn Miller Present
   Lori Brewer Present via conference call
11 Michael De Joseph Present
   Georgia McCarthy Absent with notification
Boys’ Sports Coordinators

Baseball:   Steve Nolan   Present
Basketball:   Robert Hummel  Present
Cross-Country:  Vera Trenchfield  Absent with notification
Football:   Steve Nolan   Present
Gymnastics:   Janice Trudeau  Present
Ice Hockey:   Dean Berardo   Absent
Lacrosse:   Gordie Pollard  Present via conference call
Soccer:   Matt Wood  Present
Swimming:   Tom DeYoung  Present
Tennis:    Sport Coordinator Needed
Track & Field:   Vera Trenchfield  Absent with notification
Volleyball:   Mira Martincich  Present
Wrestling:   John Richard  Present

Girls’ Sports Coordinators

Basketball:   Sport Coordinator Needed
Cheerleading   Alisa Pacheco   Present
Cross-Country:  Vera Trenchfield  Absent with notification
Field Hockey:   Barbara Felice  Present
Gymnastics:   Janice Trudeau  Present
Lacrosse:   Beth Staropoli  Present via conference call
Soccer:   Matt Wood  Present
Softball:   Micki Bedlington  Present
Swimming:   Tom DeYoung  Present
Tennis:    Sport Coordinator Needed
Track & Field:   Vera Trenchfield  Absent with notification
Volleyball:   Mira Martincich  Present

A welcome was extended to all. Modified Committee co-chair Judy Salerno, Section I representative and modified girls’ lacrosse sport coordinator Beth Staropoli, Section X representative Lori Brewer, and modified boys’ lacrosse sport coordinator Gordie Pollard were present via telephone conference call.

II. Acceptance of Minutes of the September 20, 2018 Fall Modified Committee Meeting, Latham, New York

Motion (Dnyprowsky, Henn) to approve the minutes unanimous.

III. Executive Committee Report – Todd Nelson & Jim Rose

1. Todd reviewed that the following language was removed from the handbook by the Executive Committee at the Summer 2018 meeting: “Only sneakers and shoes with molded soles or molded cleats are permitted in the Modified Program.” However, this was erroneously not edited in the modified portion of the handbook. Therefore, it was clarified that the use of metal posts and spikes is permitted, except in those sports that specifically restrict their use within their sport ‘Equipment’ rules.
2. The association has been looking at the starting dates and lengths of the sport seasons starting in Fall 2020. It is probable that the high schools will start the fall season at Week 8, the winter season at Week 20, and the spring season at Week 36. Each section will have to decide when it will start their modified seasons, especially those sections that start their modified fall season at the same time as their high school season, and those sections that have four modified seasons per year.

3. Currently, on the Modified Sport Standards Chart, there are minimum number of practices specified before scrimmages and games, and for individuals and teams. These will no longer exist. As of Fall 2019, six (6) practices will be required for the individual and most team sports, and ten (10) will be required for the sports of baseball, football, gymnastics, and wrestling.

4. Currently, modified football game conditions specify and limit the content of the first ten days of practice:
   - **Three (3) days** - non-contact conditioning with helmet & face mask, dental guard, t-shirt and shorts, socks, shoes, elbow and knee pads only
   - **Five (5) days** - addition of shoulder pads, use of blocking dummies and sleds, teaching and training devices, no scrimmages or live contact drills
   - **Two (2) days** – contact permitted with full protective equipment and use of training devices.

   As of Fall 2019, a proposal to use a 2-3-5 design is recommended.

IV. Correspondence

- Received recommendations for a new modified girls’ basketball sport coordinator from Sections III and V. Action on these recommendations is reflected under “New Business”.
- Received Modified girls’ lacrosse update from modified sport coordinator Beth Staropoli. The information was distributed to committee members in February 2019.
- Received modified boys’ lacrosse update of game rules and conditions from modified sport coordinator Gordie Pollard. The information is included under Action Item E.

V. Discussion Items

None at this time.
VI.  Action Items

A.  **Baseball:**

Motion:

“*Modified baseball players shall be allowed to use shoes with metal cleats.*”

This item was removed because all language limiting the use of shoes with metal cleats is being removed from the handbook, except for sports that specifically allow only molded shoes.

B.  **Cross-Country**

Motion (DeJoseph, Schlegel):

“It is recommended that there be a *minimum* standard of six meets scheduled for modified cross-country.

The item remains a recommendation to preserve a sufficient season for young runners; weather or facility availability may impact.

The motion *passed* 16-2. It will be sent to the Executive Committee.

This second motion is newly presented, based on the recommendation of Section II and supported by our modified cross-country sport coordinator Vera Trenchfield. It brings modified cross-country closer to matching the high school standards.

Motion (Librock, McMillan):

“The *minimum* time between contests of three nights’ rest for modified boys’ and girls’ cross country shall be reduced to two nights.”

The motion *passed* 18-0. It will be sent to the Safety Committee for approval. If it passes the Safety Committee, it will be sent to the Executive Committee.

C. **Football**

Motion (Doroshenko, Librock)

“*The 11-Man Football Game Rule #2 be edited to allow gap alignment in the 4-man, 5-man and 6-man front.*”

Modified football sport coordinator Steve Nolan introduced another recommendation of the NYSPHSAA Football Committee, seeking approval for defensive linesman to have the ability to align in a shade position in all defensive front alignments. This is not a full gap alignment. In the shade position, the defensive linesman will align his shoulder pad with the shoulder pad of the offensive linesman. This recommendation was discussed by the Modified Committee. It was determined that this is a more restrictive option, and could also be used by schools and coaches. The vote was taken on the original motion above.

The motion *passed* 15-3. It will be sent to the Executive Committee.
It was also recommended that we edit out and eliminate the Administration and Tests portions of the modified football Game Rules and Game Conditions from the modified part of the state handbook (Reference: pages 119-122). This is general safety information that is important in every modified sport.

Motion (Schegel, Felice):
“The Administration and Tests portions of the modified football Game Rules and Game Conditions shall be eliminated (Reference: pages 119-122).”

The motion passed 17-1. It will be sent to the Executive Committee.

A. Gymnastics

Modified gymnastics coordinator Janice Trudeau noted that it is very significant that the latest 6th Edition of the NYSPHSAA Technical Handbook for Girls Gymnastics will be the first to include modified rules. The Modified Sports Standards chart should now list this resource under the Rules column, and schools must be encouraged to purchase it from the NYSPHSAA website for modified coaches. Janice also encouraged the Committee to approve the proposed gymnastics motion:

Motion (McMillan, Franco):
Gymnastics Game Rule #2 shall be edited to read ‘Modified gymnasts shall be permitted to enter more than three (3) slots per meet. More than two (2) All-Around gymnasts are permitted.’’

The motion was passed unanimously 18-0. It will be sent to the Executive Committee.

If you have any questions, contact Janice at her cellphone: 518-420-5797 or her e-mail: trudeau.janice@bcSDK12.org.

E. Boys’ Lacrosse

Modified boys’ lacrosse sport coordinator Gordie Pollard mailed the Modified Committee the following edited Game Conditions and Game Rules for recommendation. Unnecessary older rules, and rules that are already in the NFHS rulebook were cut.

As was decided in modified football, it was also recommended that we edit out and eliminate the Administration and Equipment portions of the modified boys’ lacrosse Game Rules and Game Conditions from the handbook, with the exception of ‘Modified lacrosse players are exempt from the uniform outer clothing and helmet color regulations’ (Reference: NYSPHSAA handbook, pages 124-125). This portion of the original lacrosse recommendations was edited.
In reviewing the Game Rules, Committee members suggested that in an attempt
to encourage the training of several goalkeepers on modified teams, Game Rule
#7 should be edited slightly to include “if a second goalkeeper is unavailable.”
This edit was made.

Motion (Schlegel, Felice):
“The Administration and Equipment portions of the modified boys’ lacrosse
Game Rules and Game Conditions shall be eliminated, with the exception of
‘Modified lacrosse players are exempt from the uniform outer clothing and helmet
color regulations.’” (Reference: NYSPHSAA handbook, pages 124-125).

Game Rules:
1. The length of quarters, including a fifth quarter, shall be 10 minutes.
2. In the event of a tie, there shall be one 4-minute sudden victory overtime.
3. A one-arm swing with a crosse, whether contact is made or not, shall be
   considered a personal foul--slashing. This includes the over-the-head check.
4. There shall be no such thing as a “brush” in the modified program. Contact
   between the crosse and helmet is a personal foul.
5. In a five-period lacrosse game, the “mercy rule” shall be in effect at the end of
   the third period of play.
6. Substitutes are permitted whenever the ball goes out of bounds. Substitution
   during live play shall be on the fly.
7. When a goalie gets a penalty, the in-home player may serve the penalty if a
   second goalkeeper is unavailable.
8. A goal will be disallowed after the horn sounds to indicate the end of the
   period.

The motion was passed unanimously18-0. It will be sent to the Executive
Committee.

F. Boys’ and Girls’ Soccer

Motions (Wood, Douglas):
“There will be two 40-minute halves in modified boys’ and girls’ soccer”.

“The sliding tackle, overhead scissors kick, and flip throw-in is permitted in
modified boys’ and girls’ soccer.”

“Modified boys’ and girls’ soccer is exempt from the uniform requirements of the
numbered goalie jersey and white home uniforms.”

The motions passed 15-3. They will be sent to the Executive Committee as an
Action Item for implementation in the Fall 2019 season.
A new soccer time-outs motion was proposed for action at this meeting:

**Motion** (Doroshenko, Douglas):

“One time-out per half will be permitted for boys’ and girls’ soccer.”

The motion **passed** 16-1-1. It will be sent to the Executive Committee as an Action Item for implementation in the Fall 2019 season.

**G. Softball**

**Motion:**

“More scrimmages are permitted in modified softball.”

This item was removed. A school is limited to three interschool practice sessions/scrimmages, which, if conducted, may be held at any time after minimum practice requirements and previous to the last scheduled contest. (Reference: NYSPHSAA handbook: *Modified General Eligibility Rule #8 “Interschool Practice Sessions/Scrimmages”*)

**Motion** (McMillan, Miller):

“The number of doubleheaders permitted in modified softball shall be increased from two (2) to three (3).”

The motion **passed** unanimously 18-0. It will be sent to the Executive Committee.

**H. Track and Field**

**Motion** (DeJoseph, Schlegel):

“It is recommended that there be a minimum standard of six meets scheduled for modified track and field.”

The item remains a recommendation to preserve a sufficient season for young runners; weather or facility availability may impact.

The motion **passed** unanimously 18-0. It will be sent to the Executive Committee.
I. **Boys’ and Girls’ Volleyball**

Motion (Dyprowsky, Franco):
“The minimum time between contests of two (2) nights’ rest for modified boys’ and girls’ volleyball shall be reduced to one (1) night.”

The motion passed unanimously 18-0. It will be sent to the Executive Committee.

VII **Sectional Reports: Oral Summaries of Written Reports for Items other than those included in Action Items Above**

Written reports were received from Section I, II, III, IV, VI, VII and XI.

Section I. Joe Donaldson’s section has been working on how they schedule their modified programs, considering geography, school size, ability to compete, and strength of schedule. Technology tools for scheduling have been challenging. They tried sending out a “modified declaration form” to get accurate, to ease cross-over referencing, and to support better, more accurate schedules. They will seek feedback after each season to keep improving.

Section II. No additional information.

Section III. Chris Doroshenko noted that his section would like to propose a modified wrestling Game Condition change to increase participation, allowing wrestlers to participate in one or two more meets per week. Currently the Game Condition reads “No contestant (or team) can accumulate more than 3 points per week.” The section would like to see that changed to four points per week. If we do not vote on this as an Action Item, it cannot be approved for the Fall 2020 season.

Chris also questioned whether an 11-man Modified Football team could play an 8-Man modified team, using the rules for 8-man football. What field option would be available to use? Committee members saw no harm in this play option. ButField lines for 8-Man and 11-man football are already laid out and tough to adapt. Game Rule #2 for 8-Man Football reads “The field size shall be 80 yards between the goal lines and 40 yards wide with 15-yard side zones and team box boundaries between the 25-yard lines.” The current language is exactly the rule in the NFHS rulebook. The HS rule for 8-Man football allows sections/leagues to waive any NFHS rules, including field size. Rule #2 could be removed to allow existing fields to be utilized and 11-Man and 8-Man modified football teams to play one another.

These items were deferred to “New Business”. Action is reflected later in these minutes.

Sections IV, V, VI, VII, VIII, IX, and X had no additional information.

Section XI is requesting all their sport chairs to continue to review NYSPHSAA and Section XI sport-specific game rules to “bridge the gap” between modified and JV/Varsity rules. They would like to make any changes that come from the sport chairs without compromising the modified philosophy.
VIII. Sports Coordinators’ Reports: Oral Summaries of Written Reports for Items other than those included in Action Items Above

The following fall and winter sports are scheduled for annual review: boys’ and girls’ basketball, cheerleading, cross-country, field hockey, gymnastics, ice hockey, boys’ and girls’ soccer, boys’ and girls’ swimming, boys’ and girls’ volleyball

Cheerleading
Alisa Pacheco, the modified cheering sport coordinator, is making strides towards gathering information from across the state regarding this new sport. The compiled NYSPHSAA cheerleading survey was distributed and found to be flawed; schools and coaches that do not have modified cheer teams still responded regarding whether their teams cheered during the fall and/or winter seasons, at football and/or basketball games, attended summer cheer camps, attended regional and/or national cheer competitions, and were a part of their high school programs. Alisa will re-do the survey next year to obtain more accurate data.

Alisa wrote and proposed Modified Competitive Cheering Game Rules and Game Conditions for the NYSPHAA handbook:

Competitive Cheerleading: defined as tumbling, jumping and stunting
Traditional Cheerleading: no tumbling, jumping or stunting

Rules: NFHS Spirit Rules

Game Conditions: see Modified Chart

Number of practices prior to first scrimmage: 10
Number of practices prior to first contest: 10
Maximum Number of Contests: 10
Minimum time between Contests: 2 nights
Individual Limitations per Day: 1 competition

Waiver of NFHS Spirit Rules: None

Game Rules
1. NFHS Spirit Rules
2. Follow NYSPHSAA HS Cheer Rules, with these limitations:
3. All extended full twisting stunts must land on two legs
4. Cannot spin more than one full rotation to extended position.
5. No basket tosses. Power Pops are allowed.
6. Preps are required to have a spot for all released skills in pyramids.

Alisa may amend or edit these guidelines after consultation with the HS Cheer Committee in May 2019. Committee members extended their appreciation to Alisa for
her service to this Committee and her dedication towards providing guidance and support for modified level cheerleaders. To be continued!

Many other sport coordinators’ recommendations and concerns are included among the Action Items section of these minutes.

We are still in need of a modified state sport coordinators for boys’ and girls’ tennis.

IX Old Business
None at this time

X. New Business

A. Modified Girls’ Basketball Sport Coordinator
We received recommendations for a new modified girls’ basketball sport coordinator from Sections III (Jason Czamy, Onandaga HS ) and Section V (Heather Mott, South Seneca HS). Their willingness to serve our Modified Committee in this role is appreciated.

Motion (Staropoli, Schlegel):
“Heather Mott shall be appointed as the NYSPHSAA Modified Committee modified girls’ basketball sport coordinator.”

The motion passed 16-0-2. It will be sent to the Executive Committee.

B. Change in Wrestling Game Condition
Motion (Doroshenko, Wood):
“To increase participation, “Modified Wrestling Game Condition #3: ‘No contestant (or team) can accumulate more than three (3) points per week.’ shall be changed to ‘No contestant (or team) can accumulate more than four (4) points per week.’”

The motion passed unanimously 18-0. It will be sent to the Executive Committee as an Action Item for implementation in the 2019-2020 winter season.

C. Football Play Between 8-Man and 11-Man Modified Football Teams

Motion (Doroshenko, Franco):
“8-Man and 11-Man Modified Football teams may play one another using 8-Man Modified Football Rules. National Federation High School Rule #2 defining 8-Man field size: ‘The field size shall be 80 yards between the goal lines and 40 yards wide with 15-yard side zones and team box boundaries between the 25-yard lines’ will be removed in this circumstance.”
The motion **passed** 15-0. It will be sent to the Executive Committee as an Action Item for implementation in the Fall 2019 season.

**XI. NYSPHSAA Modified Committee Meeting Dates for 2019-2020**

The 2019-2020 meeting dates for the Committee for Modified Athletics will be:

- **Fall:** Friday, September 20, 2019 9:30 AM, NYSPHSAA Office
- **Spring:** Friday, March 27, 2020 9:30 AM, NYSPHSAA Office

Motion to adjourn (Bromley, DeYoung) was **approved** at 12:45 PM.

The Action/Discussion Items Summary is included on the following pages.

Respectfully submitted,

*Mira Martincich,*

Secretary
**Action/Discussion Items Summary**  
(Minutes reference pages are noted beside each item)

I. **Items that will go to the State Executive Committee:**

A. **Cross-Country** (Page 4)  
Motion:  
“It is recommended that there be a minimum standard of six meets scheduled for modified cross-country.”  
The motion passed 16-2.

B. **Football** (Pages 4-5)  
Motion:  
“The 11-Man Football Game Rule #2 shall be edited to allow gap alignment in the 4-man, 5-man and 6-man front.”  
The motion passed 15-3.

Motion:  
“The Administration and Tests portions of the modified football Game Rules and Game Conditions shall be eliminated (Reference: pages 119-122).”  
The motion passed 17-1.

**Play Between 8-Man and 11-Man Modified Football Teams** (Pages 8, 10)  
Motion (Doroshenko, Franco):  
“8-Man and 11-Man Modified Football teams may play one another using 8-Man Modified Football Rules. National Federation High School Rule #2 defining 8-Man Football field size: ‘The field size shall be 80 yards between the goal lines and 40 yards wide with 15-yard side zones and team box boundaries between the 25-yard lines’ will be removed in this circumstance.”  
The motion passed 15-0. It will be sent to the Executive Committee as an Action Item for implementation in the Fall 2019 season.

C. **Gymnastics** (Page 5)  
Motion:  
“Gymnastics Game Rule #2 shall be edited to read ‘Modified gymnasts shall be permitted to enter more than three (3) slots per meet. More than two (2) All-Around gymnasts are permitted.’”  
The motion passed unanimously 18-0.
D. **Boys’ Lacrosse** (Pages 5-6)

**Motion:**

“The Administration and Equipment portions of the modified boys’ lacrosse Game Rules and Game Conditions shall be eliminated, with the exception of ‘Modified lacrosse players are exempt from the uniform outer clothing and helmet color regulations.’” (Reference: NYSPHSAA handbook, pages 124-125).

**Game Rules:**

1. The length of quarters, including a fifth quarter, shall be 10 minutes.
2. In the event of a tie, there shall be one 4-minute sudden victory overtime.
3. A one-arm swing with a crosse, whether contact is made or not, shall be considered a personal foul—slashing. This includes the over-the-head check.
4. There shall be no such thing as a “brush” in the modified program. Contact between the crosse and helmet is a personal foul.
5. In a five-period lacrosse game, the “mercy rule” shall be in effect at the end of the third period of play.
6. Substitutes are permitted whenever the ball goes out of bounds. Substitution during live play shall be on the fly.
7. When a goalie gets a penalty, the in-home player may serve the penalty if a second goalkeeper is unavailable.
8. A goal will be disallowed after the horn sounds to indicate the end of the period.

The motion was **passed** unanimously18-0.

E. **Boys’ and Girls’ Soccer** (Pages 6-7)

**Motions:**

“There will be two 40-minute halves in modified boys’ and girls’ soccer”.

“The sliding tackle, overhead scissors kick, and flip throw-in is permitted in modified boys’ and girls’ soccer.”

“Modified boys’ and girls’ soccer is exempt from the uniform requirements of the numbered goalie jersey and white home uniforms.”

The motions **passed** 15-3. They will be sent to the Executive Committee as Action Items for implementation in the Fall 2019 season.

**Motion:**

“One time-out per half will be permitted for boys’ and girls’ soccer.”

The motion **passed** 16-1-1. It is being sent to the Executive Committee as an Action Item for implementation in the Fall 2019 season.
F. **Softball** (Page 7)

Motion:
“The number of doubleheaders permitted in modified softball shall be increased from two (2) to three (3).”

The motion passed unanimously 18-0.

G. **Track and Field** (Page 7)

Motion:
“It is recommended that there be a minimum standard of six meets scheduled for modified track and field.”

The motion passed unanimously 18-0.

H. **Wrestling** (Page 8)

Motion:
“To increase participation, Modified Wrestling Game Condition #3: ‘No contestant (or team) can accumulate more than three (3) points per week.’ shall be changed to ‘No contestant (or team) can accumulate more than four (4) points per week.’”

The motion passed unanimously 18-0. It is being sent as an Action Item for implementation in the 2019-2020 winter season.

I. **Modified Girls’ Basketball Sport Coordinator** (Page 10)

Motion:
“Heather Mott shall be appointed as the NYSPHSAA Modified Committee modified girls’ basketball sport coordinator.”

II. Items that will be Sent to the State Safety Committee

A. **Cross Country**

Motion:
“The minimum time between contests of three nights’ rest for modified boys’ and girls’ cross country shall be reduced to two nights.”

The motion passed 18-0. If it passes the Safety Committee, it will be sent to the Executive Committee.
B. **Boys’ and Girls’ Volleyball**

**Motion:**

“The minimum time between contests of two nights’ rest for modified boys’ and girls’ volleyball shall be reduced to one night.”

The motion **passed** unanimously 18-0. If it passes the Safety Committee, it will be sent to the Executive Committee.

*Both of these items were approved by the NYSPHSAA Safety Committee meeting on April 12, 2019. These items will be forwarded to the Executive Committee.*

### III Items which will occur before the Fall 2019 Modified Committee meeting:

A. Distribution of an edited “Survey Monkey” for Modified Cheerleading by NYSPHSAA office, and reporting of survey results to modified cheerleading sport coordinator Alisa Pacheco.

B. Development of the Modified Committee’s Strategic Planning final document to the NYSPHSAA for their summer meeting.

C. Appropriate report presentations by spring coordinators. The following sports are scheduled for review: baseball, boys’ and girls’ lacrosse, softball, boys’ and girls’ tennis, and boys’ and girls’ track and field.

### IV Discussion Items for Next Modified Committee Meeting

None at this time

### V. Action Items for Next Modified Committee Meeting

None at this time
To: Sectional Representatives

From: Mira Martincich

Re: Synopsis of Spring 2018 Meeting
NYSPHSAA Committee for Modified Athletics

The following synopsis may be helpful to you.

I have summarized the Spring 2019 meeting in a few pages, in hopes that it will be useful to you when you report to your constituents in your section. Just write your names in, and edit as you wish.

The NYSPHSAA Safety Committee met the day after our Modified Committee. They supported all the items that we sent to them for approval. The safety items were forwarded to the Executive Committee.

I will send you the results of what happened at the Executive Committee after that committee meets, so that you can include that information in your synopsis.

Have a great rest of school year and summer! See you in the fall!
April 15, 2019

To: Modified Athletics Representatives  
Section: Athletic Council

From:

Re: Spring 2019 Meeting Report  
NYSPHSAA Committee for Modified Athletics

The spring meeting of the NYSPHSAA Committee for Modified Athletics took place on Thursday, April 11, 2019 in Latham, New York. A synopsis of the meeting is as follows:

I. Items that went to the State Executive Committee:
   
   A. Cross-Country
      
      Motion:  
      “It is recommended that there be a minimum standard of six meets scheduled for modified cross-country.”  
      The motion passed 16-2.

   B. Football
      
      Motion:  
      “The 11-Man Football Game Rule #2 be edited to allow gap alignment in the 4-man, 5-man and 6-man front.”  
      The motion passed 15-3.

      Motion:  
      “The Administration and Tests portions of the modified football Game Rules and Game Conditions shall be eliminated (Reference: pages 119-122).”  
      The motion passed 17-1.

   Play Between 8-Man and 11-Man Modified Football Teams
      
      Motion:  
      “8-Man and 11-Man Modified Football teams may play one another using 8-Man Modified Football Rules. National Federation High School Rule #2 may be waived in this circumstance.”  
      The motion passed 15-0. This new motion is being sent as an Action Item for implementation in the Fall 2019 season.

   C. Gymnastics
      
      Motion:  
      “Gymnastics Game Rule #2 shall be edited to read ‘Modified gymnasts shall be permitted to enter more than three (3) slots per meet. More than two (2) All-Around gymnasts are permitted.’”  
      The motion passed unanimously 18-0.
D. Boys’ Lacrosse

Motion:
“The Administration and Equipment portions of the modified boys’ lacrosse Game Rules and Game Conditions shall be eliminated, with the exception of ‘Modified lacrosse players are exempt from the uniform outer clothing and helmet color regulations.’” (Reference: NYSPHSAA handbook, pages 124-125).

Game Rules:
1. The length of quarters, including a fifth quarter, shall be 10 minutes.
2. In the event of a tie, there shall be one 4-minute sudden victory overtime.
3. A one-arm swing with a crosse, whether contact is made or not, shall be considered a personal foul--slashing. This includes the over-the-head check.
4. There shall be no such thing as a “brush” in the modified program. Contact between the crosse and helmet is a personal foul.
5. In a five-period lacrosse game, the “mercy rule” shall be in effect at the end of the third period of play.
6. Substitutes are permitted whenever the ball goes out of bounds. Substitution during live play shall be on the fly.
7. When a goalie gets a penalty, the in-home player may serve the penalty if a second goalkeeper is unavailable.
8. A goal will be disallowed after the horn sounds to indicate the end of the period.

The motion was passed unanimously 18-0.

E. Boys’ and Girls’ Soccer

Motions:
“There will be two 40-minute halves in modified boys’ and girls’ soccer”.

“The sliding tackle, overhead scissors kick, and flip throw-in is permitted in modified boys’ and girls’ soccer.”

“Modified boys’ and girls’ soccer is exempt from the uniform requirements of the numbered goalie jersey and white home uniforms.”

The motions passed 15-3. They are being sent as Action Items for implementation in the Fall 2019 season.

Motion:
“One time-out per half will be permitted for boys’ and girls’ soccer.”
The motion passed 16-1-1. It is being sent as an Action Item for implementation in the Fall 2019 season.
F. Softball
Motion: “The number of doubleheaders permitted in modified softball shall be increased from two (2) to three (3).”
The motion **passed** unanimously 18-0.

G. Track and Field
Motion: “It is recommended that there be a minimum standard of six meets scheduled for modified track and field.”
The motion **passed** unanimously 18-0.

H. Wrestling
Motion: “To increase participation, Modified Wrestling Game Condition #3: ‘No contestant (or team) can accumulate more than three (3) points per week.’ shall be changed to ‘No contestant (or team) can accumulate more than four (4) points per week.’”
The motion **passed** unanimously 18-0. It is being sent as an Action Item for implementation in the 2019-2020 winter season.

I. Modified Girls’ Basketball Sport Coordinator
Motion: “Heather Mott shall be appointed as the NYSPHSAA Modified Committee modified girls’ basketball sport coordinator.

II Items that went to the State Safety Committee

A. Cross Country
Motion: “The minimum time between contests of three nights’ rest for modified boys’ and girls’ cross country shall be reduced to two nights.”
The motion **passed** 18-0. If it passes the Safety Committee, it will be sent to the Executive Committee.

B. Boys’ and Girls’ Volleyball
Motion: “The minimum time between contests of two nights’ rest for modified boys’ and girls’ volleyball shall be reduced to one night.”
The motion **passed** unanimously 18-0. If it passes the Safety Committee, it will be sent to the Executive Committee.

Both of these items were approved by the NYSPHSAA Safety Committee meeting on April 12, 2019. These items will be forwarded to the Executive Committee.
III  Items which will occur before the Spring 2019 Modified Committee meeting:

A. Distribution of an edited “Survey Monkey” for Modified Cheerleading by NYSPHSAA office, and reporting of survey results to modified cheerleading sport coordinator Alisa Pacheco.

B. Appropriate report presentations by spring coordinators. The following sports are scheduled for review: baseball, boys’ and girls’ lacrosse, softball, boys’ and girls’ tennis, and boys’ and girls’ track and field

IV  Discussion Items
None at this time.

V.  Action Items
None at this time.

VI  Information Items

1. The following language was removed from the handbook by the Executive Committee at their summer meeting: “Only sneakers and shoes with molded soles or molded cleats are permitted in the Modified Program.” But the modified section of the handbook never saw those editions. Therefore, it was clarified that the use of metal posts and spikes is permitted, except in those sports that specifically restrict their use within their sport ‘Equipment’ rules in the handbook.

2. Allowing more scrimmages in softball was withdrawn at this spring meeting. A school is limited to three interschool practice sessions/scrimmages, which, if conducted, may be held at any time after minimum practice requirements and previous to the last scheduled contest. (Reference: NYSPHSAA handbook: Modified General Eligibility Rule #8 “Interschool Practice Sessions/Scrimmages).

3. Cheerleading. Alisa Pacheco, the modified cheering sport coordinator, is making strides towards gathering information from across the state regarding this new sport. The compiled NYSPHSAA cheerleading survey was distributed and found to be flawed; schools and coaches that do not have modified cheer teams still responded. Alisa will re-do the survey next year to obtain more accurate data.
Proposed Modified Competitive Cheering Game Rules and Game Conditions

Competitive Cheerleading: defined as tumbling, jumping and stunting
Traditional Cheerleading: no tumbling, jumping or stunting

Rules: NFHS Spirit Rules

Game Conditions on Modified Chart:
Number of practices prior to first scrimmage: 10
Number of practices prior to first contest: 10
Maximum Number of Contests: 10
Minimum time between Contests: 2 nights
Individual Limitations per Day: 1 competition
Waiver of NFHS Spirit Rules: None

Game Rules
1. NFHS Spirit Rules
2. Follow NYSPHSAA HS Cheer Rules, with these limitations:
3. All extended full twisting stunts must land on two legs
4. Cannot spin more than one full rotation to extended position.
5. No basket tosses. Power Pops are allowed.
6. Preps are required to have a spot for all released skills in pyramids.

4. Gymnastics. Modified gymnastics coordinator Janice Trudeau noted that is very significant that the latest 6th Edition of the NYSPHSAA Technical Handbook for Girls Gymnastics will be the first to include modified rules. The Modified Sports Standards chart will now list this resource under the Rules column, and schools will be encouraged to purchase it from the NYSPHSAA website for modified coaches.

5. The association has been looking at the starting dates and lengths of the sport seasons starting in Fall 2020. It is probable that the high schools will start the fall season at Week 8, the winter season at Week 20, and the spring season at Week 36. Each section will have to decide when it will start their modified seasons, especially those sections that start their modified fall season at the same time as their high school season, and those sections that have four modified seasons per year.

6. Currently, on the Modified Sport Standards Chart, there are minimum number of practices specified before scrimmages and games, and for individuals and teams. These will no longer exist. As of Fall 2020, six (6) practices will be required for the individual and most team sports, and ten (10) will be required for the sports of baseball, football, gymnastics, and wrestling.

7. Currently, modified football game conditions specify and limit the content of the first ten days of practice:
   - **Three (3) days** - non-contact conditioning with helmet & face mask, dental guard, t-shirt and shorts, socks, shoes, elbow and knee pads only
   - **Five (5) days** - addition of shoulder pads, use of blocking dummies and sleds, teaching and training devices, no scrimmages or live contact drills
   - **Two (2) days** – contact permitted with full protective equipment and use of training devices.
A 2-3-5 design to match the high school is being brought to the Executive Committee. We will let you know what will be in place for Fall 2019.

8. Heather Mott (South Seneca HS) was appointed as the NYSPHSAA Modified Committee girls’ basketball sport coordinator."

9. We need a new boys’ and girls’ tennis sport coordinator for the NYSPHSAA Modified Committee. If you would consider taking on this role, please let us know. Your participation would be appreciated.

VII. NYSPHSAA Modified Committee 2019-2020 Meeting Dates

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<tr>
<th></th>
<th>Fall 2019</th>
<th>Spring 2020</th>
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<tbody>
<tr>
<td>Date</td>
<td>September 20, 2019</td>
<td>March 27, 2020</td>
</tr>
<tr>
<td>Time</td>
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<td>9:30 AM</td>
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<tr>
<td>Location</td>
<td>NYSPHSAA Office</td>
<td>NYSPHSAA Office</td>
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If you wish to have us bring items from our section to the NYSPHSAA meetings for consideration, please speak up at our local meetings, or put your thoughts in writing for discussion. Contact your modified state and local sectional representatives and sport coordinators if you have suggestions, concerns or good ideas. Change starts at the local level; we encourage and welcome your input and participation.