

2009 Girls Federation Championship - 11/20/2009 to 11/21/2009

Psych Sheet - Swimming Preliminaries

Event 1 Girls 200 Yard Medley Relay

State Meet R: 1:46.14 11/18/2006 Ithaca(4)

N.Heise, L.Norberg, L.Todhunter, L.Norberg

NY State: 1:47.14 11/18/2006 Ithaca

N.Heise, L.Norberg, L.Todhunter, L.Norberg

1:49.32 AAA

1:50.85 AAC

1:54.46 NYS

	Team	Relay	Seed Time	
1	1-Brewster	A	1:49.30	_____
2	6-Olean	A	1:50.01	_____
3	11-Connequot	A	1:50.05	_____
4	2-Bethlehem	A	1:50.19	_____
5	1-Ursuline	A	1:50.58	_____
6	5-Fairport	A	1:51.08	_____
7	8-Sewanhaka	A	1:51.20	_____
8	3-Christian BA	A	1:51.24	_____
9	6-Frontier	A	1:51.37	_____
10	5-Penfield	A	1:51.81	_____
11	5-Canandaigua	A	1:51.85	_____
12	5-Victor	A	1:51.96	_____
13	1-Greeley	A	1:51.99	_____
14	9-Washingtonvill	A	1:52.03	_____
15	2-Burhill-Ballst	A	1:52.05	_____
16	8-Bellmore Merri	A	1:52.44	_____
17	cs-St Anthonys	A	1:52.50	_____
18	6-Will North	A	1:52.61	_____
19	5-Dansville	A	1:52.83	_____
20	1-Fox Lane	A	1:52.86	_____
21	1-Rye/Blindbrook	A	1:52.98	_____
22	1-Briarvillewes	A	1:53.09	_____
23	9-Monroe-Woodbur	A	1:53.17	_____
24	5-Rush Henrietta	A	1:53.17	_____
25	11-Ward Melville	A	1:53.33	_____
26	5-Pittsford	A	1:53.39	_____
27	ps-Brook Tech	A	1:53.41	_____
28	6-Clarence	A	1:53.44	_____
29	4-Chenangoforks	A	1:53.47	_____
30	3-Fayette-Man	A	1:53.57	_____
31	8-Garden City	A	1:53.99	_____
32	cs-Nardin	A	1:54.18	_____
33	2-Queensbury	A	1:54.22	_____
34	7-Peru	A	2:03.59	_____
35	10-Massena	A	2:05.59	_____

Event 2 Girls 200 Yard Freestyle

State Meet R: 1:48.47 2008 Marissa Dressel

NY State: 1:48.47 2008 Marissa Dressel

1:51.56 AAA

1:52.99 AAC

1:59.00 NYS

	Name	Yr	School	Seed Time	
1	Sara Giberson	12	PSTOT	1:50.17	_____
2	Emily Kelly	SR	CSSH	1:50.25	_____
3	Brittany Friese	FR	9NFA	1:50.69	_____
4	Marissa Dressel	SR	6KWES	1:52.71	_____
5	Kelly Johanson	JR	1MMK	1:53.05	_____
6	Jennifer Bentley	SR	6JMST	1:54.81	_____

7	Lindsey Sagasta	SO	6KWES	1:55.00	_____
8	Kristi Edleson	SR	1BHS	1:55.02	_____
9	Sarah Schlichte	SR	8GC	1:55.23	_____
10	Ashley Smith	SR	CSSH	1:55.35	_____
11	Brigitte Doughty	SR	11SMI	1:55.54	_____
12	Courtney Ciardiello	JR	1R/BB	1:55.64	_____
13	Olivia Samson	SR	2SHE	1:55.89	_____
14	Corinne Vairo	SO	11WM	1:55.95	_____
15	Giovanna Patafio	SR	1BXVL	1:56.57	_____
16	Julia Festa	SR	8GNS	1:56.57	_____
17	Emily Whitaker	JR	2NHS	1:56.63	_____
18	Lauren Marchese	SR	CSNAR	1:56.64	_____
19	Paige Raccioppi	SO	1NROC	1:56.68	_____
20	Emily Kisloski	SR	4OWG	1:56.78	_____
21	Kaitie Buckwell	SR	5SPEN	1:56.93	_____
22	Adrienne Groccia	JR	1URS	1:56.96	_____
23	Julianne Koch	8	11BAB	1:57.16	_____
24	Heather Glenday	SR	11BAB	1:57.23	_____
25	Krista Caputo	11	PSCUR	1:57.30	_____
26	Maura Reissig	SR	5VICT	1:57.54	_____
27	Marissa Oakey	JR	6NW	1:57.81	_____
28	Maggie Johns	SR	CSSH	1:57.82	_____
29	Frances Warren	JR	CSSH	1:57.94	_____
30	Alli Gielowski	SR	CSNAR	1:58.21	_____
31	Farrell Cooke	SR	1SCAR	1:58.32	_____
32	Amanda York	JR	9NFA	1:58.36	_____
33	Bethany Powhida	SR	2BC	1:58.43	_____
34	Cady Zawatson	SO	8LONG	1:58.51	_____
35	Madeline Ashworth	SR	5PITT	1:58.52	_____
36	Alex Cooney	SR	9MV	1:58.55	_____
37	Nicole Rodriguez	9	PSLEW	1:58.64	_____
38	Lisa Liu	SR	2SHE	1:58.70	_____
39	Megan Buisman	JR	5PEN	1:58.74	_____
40	Claudia Reyes	FR	11CON	1:58.81	_____
41	Megan Zariello	JR	8GC	1:58.86	_____
42	Ruthie Speidel	JR	3CBA	2:00.15	_____
43	Sarah Roll	SO	10POT	2:12.47	_____
44	Brittany Friedrich		7AVCS	2:16.00	_____

Event 3 Girls 200 Yard IM

State Meet R: 1:58.29 11/18/2005 Julia Smit

NY State: 1:58.29 2005 Julia Smith - Mt. Sanai

2:05.74 AAA

2:07.60 AAC

2:15.66 NYS

	Name	Yr	School	Seed Time	
1	Sara Giberson	12	PSTOT	2:06.14	_____
2	Laura Manor	SO	2NHS	2:08.20	_____
3	Nicole Hetzer	FR	11CON	2:08.56	_____
4	Lauren Flower	SR	1URS	2:08.64	_____
5	Katie Arnott	JR	1SUFR	2:08.74	_____
6	Rachel Kessler	SO	1NRHS	2:08.75	_____
7	Olivia Chan	FR	8SEW	2:08.94	_____
8	Taylor Scilufio	JR	1B/P/	2:09.01	_____
9	Paige Gutowski	SR	6SWEE	2:09.07	_____
10	Alexandra Gorki	SR	1HG	2:09.28	_____
11	Lauren Caldwell	JR	6JMST	2:09.31	_____
12	Kerrie Kolackovsky	SR	8SEW	2:09.60	_____
13	Kristen Purdy	SR	11SWR	2:09.75	_____

2009 Girls Federation Championship - 11/20/2009 to 11/21/2009

Psych Sheet - Swimming Preliminaries

Event 3...(Girls 200 Yard IM)

Name	Yr	School	Seed Time
14 Rachel Heferle	JR	6FRO	2:10.27
15 Colleen Larkin	JR	9WASH	2:10.33
16 Kelsey Barbour	SO	2SHE	2:10.70
17 Victoria Jacumski	SR	6CLAR	2:10.86
18 Alexis Valedon	SO	1BHS	2:10.87
19 Morgan Burns	SO	5HILT	2:11.03
20 Casey Francis	FR	CSSH	2:11.07
21 Kelly McGrath	JR	8GC	2:12.13
22 Monica Poleway	SO	1CLAR	2:12.36
23 Maddy Braddon	FR	5VICT	2:12.54
24 Racquel Giner	SR	1HG	2:12.59
25 Clare Battaglia	SO	6WLL-	2:12.71
26 Ellie Price	SR	5HILT	2:12.97
27 Bridget Doherty	FR	1SOMR	2:12.98
28 Sarah Dempsey	SR	5PITT	2:13.01
29 Liyan Yao	SO	11WM	2:13.55
30 Jamie Ruh	JR	CSNAR	2:13.56
31 Lily Powell	SO	2BC	2:13.60
32 Grace Ayer	13	2BC	2:13.62
33 Lauren Boyce	SR	3NHCS	2:13.65
34 Shannon Lulley	SO	CSSTA	2:14.12
35 Samantha Granan	JR	9FDR	2:14.14
36 Karina Hain	11	PSTH	2:14.27
37 Alexandra Panzarino	SR	1JFK	2:14.35
38 Alissa Leung	JR	8SEW	2:14.39
39 Catherine McAllister		5BAT	2:14.44
40 Gabby Borutecene	SR	8PORT	2:14.44
41 Talia Sternbach	13	2SHA	2:14.45
42 Courtney Cook	09	4CF	2:14.47
43 Kristen Krebs	SR	CSSH	2:14.51
44 Morgan Fairclough	FR	9M-W	2:14.63
45 Danielle Phillips	JR	5PITT	2:14.65
46 Emily Boyko	SO	1OLL	2:14.87
47 Kathryn Madalena	SR	8SS	2:15.06
48 Theresa McKallen	FR	1PEAR	2:15.07
49 Brittany Bailey	8	1TZ	2:15.12
50 Taylor Brooke	SR	8LONG	2:15.33
51 Caryn Smith	JR	CSKMH	2:15.35
52 Sierra Cotrona		7AVCS	2:24.81
53 Emily Smith	JR	10MAL	2:35.03

Event 4 Girls 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Jenna Bickel	SR	2GV	24.28
2 Aleza Epstein	8	6AMHS	24.33
3 Cari Stankaitis	FR	5HFL	24.39
4 Kina Zhou	13	2NHS	24.47
5 Mikaila Gaffey	JR	11CON	24.50
6 Kali Dean	SR	4LANS	24.60
7 Maggie Tracy	JR	1URS	24.66
8 Rachel Kim	FR	1CLAR	24.69
9 Melissa Fulenwider	FR	1R/BB	24.72

10 Paige Rutkoske	FR	1BEAC	24.72
11 Caitlin Kelly	JR	9WAR	24.73
12 Rachel Cho	10	PSCAR	24.74
13 Lauren Perry	JR	3WHC	24.75
14 Dina Rommel	8	6CLAR	24.75
15 Jessica Peronne	SR	6STAR	24.76
16 Brooke Barber	JR	2QBY	24.80
17 Danica Ross	SO	4CV	24.83
18 Megan Burns	8	5RUSH	24.84
19 Julia Messina	SO	5CANA	24.86
20 Shannon Lampe	FR	11WM	24.87
21 Sarah Culmo	SR	11WI	24.90
22 Marina Preiss	8	11EH	24.91
23 Emma Maglier	SO	5WELL	24.93
24 Hanlon MacDonald	JR	2ALB	24.97
25 Keara Leong	SR	CSTML	24.97
26 Ashley Broderick	JR	5VICT	24.98
27 Kaitlin Sessler	SR	5LIV	24.98
28 Lauren Zemerling	13	2BC	24.99
29 Michelle Dufault	JR	5FAIR	25.00
30 Courtney Hadden	09	4CF	25.00
31 Megan Brady	SO	CSSH	25.01
32 Emily Doe	SO	5DANS	25.02
33 Emma Terwilliger	SR	2NHS	25.02
34 Rebecca Anthone	8	6CLAR	25.05
35 Molly Erickson		6IRQU	25.09
36 Kelli Graber	SR	CSNAR	25.09
37 Emily Simon	FR	6OLEA	25.11
38 Michaela Pujals	JR	11KP	25.12
39 Elle Anastasiou	SO	1B/P/	25.13
40 Taylor DaSilva	FR	11WM	25.13
41 Jenny Riley	SO	5PITT	25.15
42 Carolyn Koch	SO	11BAB	25.15
43 Jessica Kaefer	SR	8BELL	25.15
44 Chandler Lulley	SO	CSSTA	25.16
45 Linda Chang	SR	8GNS	25.20
46 Emily Tan	JR	CSSH	25.21
47 Anastasia Gabriele	SR	6NIFL	25.22
48 Trudiann Patrick	FR	8JER	25.24
49 Emily York	SO	6NIFL	25.25
50 Timea Tuzser	JR	5ATHN	25.26
51 Katie Russell	SR	5ATHN	25.27
52 Katie Baldwin	SR	5MIDL	25.28
53 Juliette Wetzel	SR	3CBA	25.28
54 Julie Holloway	SO	5RUSH	25.29
55 Emily Sauter	SR	3CAR	25.29
56 Michelle Goss	SO	CSKMH	25.29
57 Ellie Price	SR	5HILT	25.33
58 Elizabeth Maier	FR	5PITT	25.35
59 Sarah Bouzarouata	11	PSTEC	25.35
60 Claudia DiCapua	FR	1FL	25.36
61 Justine Woodend	JR	2GM	25.36
62 Maddie Shtults	SR	6SWES	25.40
63 Kelsey Buonaiuto	FR	11MP	25.40
64 Liz Dempsey	8	10POT	26.55
65 Cara Sorenson		7PHS	27.88

2009 Girls Federation Championship - 11/20/2009 to 11/21/2009

Psych Sheet - Swimming Preliminaries

Event 6 Girls 100 Yard Butterfly

State Meet R: 54.35 1990 Richelle Depold
 NY State: 54.35 1990 Richelle Depold - Scotia
 56.75 AAA
 57.50 AAC
 1:01.98 NYS

Name	Yr	School	Seed Time
1 Ali Polhill	SR	1BHS	55.75
2 Angela Sun	SO	8GNS	56.76
3 Taylor Scilufio	JR	1B/P/	56.89
4 Dani Sims	SO	1BH	57.07
5 Melissa Trail	JR	1FL	57.36
6 Lauren Caldwell	JR	6JMST	57.74
7 Colleen Larkin	JR	9WASH	58.01
8 Michelle Hogan	SR	1URS	58.03
9 Kristen Purdy	SR	11SWR	58.09
10 Haley Rice	SO	6KWES	58.27
11 Rachel Kessler	SO	1NRHS	58.56
12 Emma Maglier	SO	5WELL	58.66
13 Joyce Kwok	10	PSLEW	59.12
14 Maddy Berkman	JR	1B/P/	59.17
15 Courtney Ciardiello	JR	1R/BB	59.19
16 Laura Manor	SO	2NHS	59.27
17 Summer Schmitt	FR	3CBA	59.29
18 Selina Ng	SO	11HHH	59.30
19 Amanda York	JR	9NFA	59.34
20 Alexandra Panzarino	SR	1JFK	59.58
21 Taylor Lansing	SR	4VEST	59.70
22 Aleza Epstein	8	6AMHS	59.87
23 Cami Farkas	SR	6WLL-	59.88
24 Amanda Owens	SR	1R/BB	59.90
25 Lily Powell	SO	2BC	59.93
26 Maddy Braddon	FR	5VICT	59.95
27 Alli Gielowski	SR	CSNAR	1:00.10
28 Sarah Dempsey	SR	5PITT	1:00.20
29 Haleigh Wixson	JR	4WG	1:00.20
30 Courtney Cook	09	4CF	1:00.36
31 Katie Duncalf	FR	1HG	1:00.37
32 Ellie Price	SR	5HILT	1:00.58
33 Jessica Piccoli	JR	9KING	1:00.68
34 Sammie Cooper	SR	1HG	1:00.75
35 Lauren Bailey	JR	1OHS	1:00.79
36 Nicole Shutowich	SO	CSSJB	1:00.83
37 Kerry Schuermann	JR	CSKMH	1:00.83
38 Jade Woodend	JR	2GM	1:00.86
39 Gabbie Toback	FR	8BELL	1:01.02
40 Lauren Zentko	SR	2BH	1:01.08
41 Mariana Militello	FR	CSNAR	1:01.13
42 Michaela Pujals	JR	11KP	1:01.17
43 Shieri Suzuka	SO	1YORK	1:01.22
44 Caitlin Graham	SR	CSSFP	1:01.22
45 Chrisanna Hickey	SR	1JJEF	1:01.23
46 Emily Martin	FR	5PEN	1:01.25
47 Paula Bentley	JR	5CANA	1:01.26
48 Brianna Riley	SR	CSSTA	1:01.34
49 Rachael Gochenaur	SO	5MWHI	1:01.39
50 Rachel Brekovsky	SO	5FAIR	1:01.41
51 Cara Morris	JR	1SHED	1:01.48

52 Erica Bryson	JR	5PITT	1:01.55
53 Maddie Silverman	SO	5HFL	1:01.59
54 Ashley Qian	11	PSSTU	1:01.59
55 Nicole Short	SO	9PB	1:01.69
56 Valerie Zeffiro	SO	11SEA	1:01.69
57 Shelby Williams	SO	4ITH	1:01.74
58 Tara O'Donnell	SR	2BC	1:01.74
59 Julia Milch	SR	8HEW	1:01.80
60 Kelly Marcotte	SR	4WP	1:01.84
61 Emily Henry	JR	9VC	1:01.85
62 Alexxa Poliachik	SR	6NW	1:01.89
63 Kristen Harding	SR	5CANA	1:01.90
64 Nicole Blidy	SO	3CNS	1:01.91
65 Molly Wilkins		7PCS	1:06.53
66 Sarah Roll	SO	10POT	1:06.55

Event 7 Girls 100 Yard Freestyle

State Meet R: 50.53 1989 Richelle Depold
 NY State: 50.53 1989 Richelle Depold - Scotia
 51.72 AAA
 52.39 AAC
 55.51 NYS

Name	Yr	School	Seed Time
1 Marissa Dressel	SR	6KWES	52.08
2 Melissa Fulenwider	FR	1R/BB	52.54
3 Kina Zhou	13	2NHS	52.84
4 Rachel Kim	FR	1CLAR	53.11
5 Nicole Hetzer	FR	11CON	53.17
6 Lauren Perry	JR	3WEST	53.35
7 Corinne Vairo	SO	11WM	53.46
8 Cari Stankaitis	FR	5HFL	53.65
9 Abigail Max	JR	3NHCS	53.72
10 Hannah Graesser	FR	6FRO	53.78
11 Jessica Kaefer	SR	8BELL	53.81
12 Maggie Tracy	JR	1URS	53.97
13 Emily Kisloski	SR	4OWG	54.12
14 Sarah Culmo	SR	11WI	54.22
15 Carolyn Koch	SO	11BAB	54.24
16 Hadley Cameron-Carter	JR	3-FM	54.27
17 Rebecca Anthone	8	6CLAR	54.32
18 Morganne Klein	SR	9WASH	54.36
19 Kali Dean	SR	4LANS	54.39
20 Elle Anastasiou	SO	1B/P/	54.41
21 Elizabeth Henry	SR	8MAN	54.45
22 Kaitlin Sessler	SR	5LIV	54.49
23 Michelle Dufault	JR	5FAIR	54.53
24 Lauren Zemerling	13	2BC	54.53
25 Kaitie Buckwell	SR	5SPEN	54.58
26 Danica Ross	SO	4CV	54.63
27 Trudiann Patrick	FR	8JER	54.63
28 Sarah Fischer	JR	1NYAC	54.66
29 Alex Doody	SO	CSSHA	54.68
30 Megan Burns	8	5RUSH	54.71
31 Paige Rutkoske	FR	1BEAC	54.71
32 Megan Brady	SO	CSSH	54.74
33 Paige Raccioppi	SO	1NROC	54.77
34 Julie Strychalski	SR	6DEPE	54.79
35 Andrea Parish	JR	6NTON	54.81
36 Dina Rommel	8	6CLAR	54.83

2009 Girls Federation Championship - 11/20/2009 to 11/21/2009

Psych Sheet - Swimming Preliminaries

Event 7 ... (Girls 100 Yard Freestyle)

Name	Yr	School	Seed Time
37	Julianne Koch	8 11BAB	54.88
38	Taylor DaSilva	FR 11WM	54.88
39	Rachel Cho	10 PSCAR	54.88
40	Caitlin Kelly	JR 9WAR	54.90
41	Julia Messina	SO 5CANA	54.90
42	Linda Chang	SR 8GNS	54.91
43	Emily York	SO 6NIFL	54.92
44	Hanlon MacDonald	JR 2ALB	54.94
45	Keara Leong	SR CSTML	54.94
46	Shelby Williams	SO 4ITH	54.96
47	Emily Doe	SO 5DANS	54.98
48	Courtney Hadden	09 4CF	54.98
49	Julie Holloway	SO 5RUSH	54.99
50	Summer Sawaya	JR 6OLEA	54.99
51	Madyson Cassano	SO 1ARL	55.01
52	Sarah Bouzarouata	11 PSTEC	55.03
53	Chandler Lulley	SO CSSTA	55.05
54	Emily Whitaker	JR 2NHS	55.08
55	Claudia Reyes	FR 11CON	55.10
56	Lisa Liu	SR 2SHE	55.11
57	Maggie Fletcher	FR 3CBA	55.17
58	Emma Terwilliger	SR 2NHS	55.22
59	Justine Woodend	JR 2GM	55.24
60	Marina Preiss	8 11EH	55.24
61	Taylor Slone	SO 2SAR	55.27
62	Corinne Zotter	JR 4VEST	55.28
63	Becky Evangelista	3LP	55.31
64	Ashley Harrington	SR CSNAR	55.36
65	Timea Tozser	JR 5ATHN	55.37
66	Rachael McMahon	JR 2QBY	55.37
67	Shannon Lulley	SO CSSTA	55.41
68	Emily Tan	JR CSSH	55.42
69	Juliette Wetzel	SR 3CBA	55.43
70	Andrea Tremper	SR 9VC	55.45
71	Jessica Peronne	SR 6STAR	55.46
72	Liz Bondor	SR 5GENV	55.48
73	Elizabeth Barry	FR 1HG	55.50
74	Bridget Doherty	FR 1SOMR	55.50
75	Anastasia Gabriele	SR 6NIFL	55.50
76	Liz Dempsey	8 10POT	58.82
77	Caitlin Houle	7PCS	59.93

Event 8 Girls 500 Yard Freestyle

State Meet R: 4:46.97 1995 Jessica Foschi
NY State: 4:46.97 1995 Jessica Foschi - Friends Adm
4:58.13 AAA
5:02.19 AAC
5:18.58 NYS

Name	Yr	School	Seed Time
1	Kelly Johanson	JR 1MMK	4:58.97
2	Annie Zhu	10 PSTEC	5:01.10
3	Brittany Friese	FR 9NFA	5:01.41
4	Julia Festa	SR 8GNS	5:01.53
5	Ashley Smith	SR CSSH	5:02.52
6	Sarah Schlichte	SR 8GC	5:03.97
7	Emily Kelly	SR CSSH	5:04.20
8	Kristi Edleson	SR 1BHS	5:04.42

9	Frances Warren	JR CSSH	5:04.97
10	Adrienne Groccia	JR 1URS	5:05.39
11	Michelle Hogan	SR 1URS	5:05.65
12	Jennifer Bentley	SR 6JMST	5:06.02
13	Brigitte Doughty	SR 11SMI	5:08.10
14	Casey Francis	FR CSSH	5:08.57
15	Olivia Samson	SR 2SHE	5:10.38
16	Giovanna Patafio	SR 1BXVL	5:10.87
17	Heather Glenday	SR 11BAB	5:10.98
18	Maggie Johns	SR CSSH	5:11.52
19	Lindsey Sagasta	SO 6KWES	5:11.77
20	Kathryn Schaefer	SR 1EHS	5:12.48
21	Megan Zariello	JR 8GC	5:12.88
22	Lindsey Schlichte	FR 8GC	5:13.47
23	Bethany Powhida	SR 2BC	5:14.11
24	Madeline Ashworth	SR 5PITT	5:14.21
25	Sara Swett	13 2BH	5:14.67
26	Kristen Krebs	SR CSSH	5:14.70
27	Jessica Fabrizio	SO 11WM	5:15.19
28	Cady Zawatson	SO 8LONG	5:15.68
29	Marissa Oakey	JR 6NW	5:15.71
30	Megan Mullaney	SO 11WM	5:15.92
31	Isabel Shipman	FR 1URS	5:16.23
32	Charlene Lichota	SR 6FRO	5:16.50
33	Krista Caputo	11 PSCUR	5:16.51
34	Ruthie Speidel	JR 3CBA	5:16.73
35	Gabriana Beckford	14 2SG	5:16.88
36	Nicole Sears	JR 1BXVL	5:17.02
37	Jamie Ruh	JR CSNAR	5:17.02
38	Meaghan Burke	JR 1TZ	5:17.03
39	Shannon Toal	JR 1R/BB	5:17.13
40	Emily Hovey	FR 9NFA	5:17.81
41	Alex Cooney	SR 9MV	5:17.98
42	Kelly McGrath	JR 8GC	5:18.17
43	Karina Browning	09 4ITH	5:18.41
44	Megan Kuzniewski	SR CSKMH	5:18.49
45	Molly Wilkins	7PCS	5:55.67
46	Michaela Bartlett	8 10POT	6:00.17

Event 9 Girls 200 Yard Freestyle Relay

State Meet R: 1:36.19 11/17/2007 Ithaca(4)
C.Nicholson, L.Todhunter, L.Norberg, E.Peck
NY State: 1:36.19 11/17/2007 Ithaca
C.Nicholson, L.Todhunter, L.Norberg, E.Peck
1:38.34 AAA
1:39.64 AAC
1:43.65 NYS

Team	Relay	Seed Time
1	11-Connequot	A 1:38.41
2	6-Kenmore West	A 1:38.98
3	6-Clarence	A 1:39.56
4	5-Victor	A 1:39.76
5	11-Ward Melville	A 1:39.94
6	5-Pittsford	A 1:39.95
7	cs-Sacred Heart	A 1:40.03
8	6-Great Neck Sou	A 1:40.05
9	1-Ursuline	A 1:40.35
10	5-Greece Athena	A 1:40.42
11	2-Nyskayuna	A 1:40.75

2009 Girls Federation Championship - 11/20/2009 to 11/21/2009

Psych Sheet - Swimming Preliminaries

Event 9 ... (Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time
12 2-Shenendehowa	A	1:40.75
13 5-Canandaigua	A	1:41.12
14 9-Newburgh	A	1:41.15
15 cs-Nardin	A	1:41.49
16 3-Christian BA	A	1:41.56
17 1-Fox Lane	A	1:41.58
18 9-Pine Bush	A	1:41.61
19 6-Niagara Falls	A	1:41.64
20 5-Hilton	A	1:41.66
21 1-Bronxville	A	1:41.69
22 1-Clarkstown	A	1:41.78
23 4-Chenangoforks	A	1:41.83
24 8-Sewanhaka	A	1:42.06
25 cs-St Anthonys	A	1:42.18
26 3-New Hartford	A	1:42.21
27 8-Garden City	A	1:42.50
28 6-Will North	A	1:42.57
29 4 - Lansing	A	1:42.66
30 1-Rye/Blindbrook	A	1:42.71
31 5-Hfl	A	1:42.77
32 1-Greeley	A	1:42.77
33 3-Auburn	A	1:42.88
34 5-Livonia	A	1:42.96
35 6-Frontier	A	1:43.00
36 4 - Owego	A	1:43.08
37 2-Queensbury	A	1:43.11
38 6-North Tonawand	A	1:43.21
39 8-Manhasset	A	1:43.24
40 5-Rush Henrietta	A	1:43.36
41 2-Burhill-Ballst	A	1:43.41
42 cs-Mary Louis	A	1:43.41
43 11-Smithtown	A	1:43.58
44 1-Briarvillewes	A	1:43.63
45 ps-Stuyvesant	A	1:44.91
46 7-Plattsburg	A	1:52.40
47 10-Potsdam	A	1:52.49

Event 10 Girls 100 Yard Backstroke

State Meet R:	53.98	11/22/2008	Kim Holden
NY State:	55.15	2005	Julia Smit - Mt. Sania
	57.50	AAA	
	58.43	AAC	
	1:02.31	NYS	

Name	Yr	School	Seed Time
1 Ali Polhill	SR	1BHS	56.94
2 Jenna Bickel	SR	2GV	57.25
3 Angela Sun	SO	8GNS	57.56
4 Alissa Leung	JR	8SEW	57.74
5 Paige Gutowski	SR	6SWEE	57.89
6 Morgan Fairclough	FR	9M-W	58.28
7 Dani Sims	SO	1BH	58.60
8 Monica Poleway	SO	1CLAR	58.69
9 Shannon Lampe	FR	11WM	59.06
10 Maura Reissig	SR	5VICT	59.41
11 Rachel Heferle	JR	6FRO	59.56
12 Megan Buisman	JR	5PEN	59.63
13 Kelsey Buonaiuto	FR	11MP	59.74

14 Clare Battaglia	SO	6WLL-	59.82
15 Melissa Trail	JR	1FL	1:00.15
16 Rachel Bantelman	SR	6OLEA	1:00.24
17 Rachel Brekovsky	SO	5FAIR	1:00.40
18 Rosemarie O'Connor	12	PSCUR	1:00.44
19 Hadley Cameron-Carter	JR	3-FM	1:00.48
20 Emily Hovey	FR	9NFA	1:00.49
21 Brittany Bailey	8	1TZ	1:00.52
22 Tara O'Donnell	SR	2BC	1:00.52
23 Abigail Max	JR	3NHCS	1:00.52
24 Devon McFadden	08	4OWG	1:00.59
25 Lauren Marchese	SR	CSNAR	1:00.66
26 Katie Chung	FR	1CLAR	1:00.84
27 Caryn Smith	JR	CSKMH	1:00.86
28 Liyan Yao	SO	11WM	1:01.04
29 Emily Hoskinson	SO	2BH	1:01.10
30 Sara Dieterich	SO	11CON	1:01.10
31 Farrell Cooke	SR	1SCAR	1:01.14
32 Gabbie Toback	FR	8BELL	1:01.15
33 Karen Meess	SR	6FRO	1:01.24
34 Kayla Leslie	SO	1URS	1:01.26
35 Rachel King	SR	5ATHN	1:01.35
36 Maggie DiMarco	SR	6IRQU	1:01.37
37 Valerie Zeffiro	SO	11SEA	1:01.38
38 Ashley Qian	11	PSSTU	1:01.43
39 Racquel Giner	SR	1HG	1:01.55
40 Summer Schmitt	FR	3CBA	1:01.56
41 Lissy Schauer	SO	1PELH	1:01.64
42 Julie Strychalski	SR	6DEPE	1:01.70
43 Emily Cheng	SR	8JER	1:01.70
44 Taylor Stalnaker	7	9M-W	1:01.71
45 Kelly O'Neill	JR	1R/BB	1:01.72
46 Haleigh Wixson	JR	4WG	1:01.72
47 Jen Aiello	JR	1RCK	1:01.76
48 Lauren Boyce	SR	3NHCS	1:01.76
49 Blair Wegescheide	SO	1OLL	1:01.97
50 Kelly Mulligan	SO	CSTML	1:02.01
51 Katie Duncalf	FR	1HG	1:02.02
52 Sara Nungesser	JR	5PEN	1:02.03
53 Kelsie Miller		7PCS	1:07.21
54 Bailey Phelps	JR	10CAN	1:09.11

Event 11 Girls 100 Yard Breaststroke

State Meet R:	1:02.43	11/18/2006	Lindsey Norberg
NY State:	1:02.43	11/18/2006	Lindsey Norberg - Ithaca
	1:05.24	AAA	
	1:06.28	AAC	
	1:10.58	NYS	

Name	Yr	School	Seed Time
1 Annie Zhu	10	PSTEC	1:04.99
2 Katie Arnott	JR	1SUFR	1:05.55
3 Briana Borgolini	SO	2BS	1:06.08
4 Kelsey Barbour	SO	2SHE	1:06.15
5 Kerrie Kolackovsky	SR	8SEW	1:06.28
6 Lauren Flower	SR	1URS	1:06.29
7 Victoria Jacumski	SR	6CLAR	1:06.46
8 Morganne Klein	SR	9WASH	1:06.63
9 Mikaila Gaffey	JR	11CON	1:07.11
10 Morgan Burns	SO	5HILT	1:07.28

2009 Girls Federation Championship - 11/20/2009 to 11/21/2009

Psych Sheet - Swimming Preliminaries

Event 11 ...(Girls 100 Yard Breaststroke)

Name	Yr	School	Seed Time
11 Emily Gwynn	SO	5CANA	1:07.32
12 Kathryn Coughlin	FR	3CBA	1:07.43
13 Sarah Fischer	JR	1NYAC	1:07.67
14 Olivia Chan	FR	8SEW	1:07.72
15 Eileen Goralski	JR	2QBY	1:07.77
16 Mallory Ward	JR	5PITT	1:08.00
17 Alexandra Gorki	SR	1HG	1:08.02
18 Danielle Phillips	JR	5PITT	1:08.08
19 Leia Federiconi	JR	CSNAR	1:08.15
20 Larissa Dobson	SR	6EDEN	1:08.18
21 Melanie Baron	JR	5FAIR	1:08.29
22 Grace Ayer	13	2BC	1:08.30
23 Taylor Brooke	SR	8LONG	1:08.40
24 Alexis Valedon	SO	1BHS	1:08.43
25 Paula Bentley	JR	5CANA	1:08.45
26 Claudia DiCapua	FR	1FL	1:08.53
27 Lauren Daly	SO	9PB	1:08.62
28 Erica Crane	SR	6LOCK	1:08.72
29 Andrea Parish	JR	6NTON	1:08.85
30 Samantha Granan	JR	9FDR	1:08.87
31 Corinne Zotter	JR	4VEST	1:08.93
32 Megan Waring	JR	11HAR	1:09.01
33 Shannon Walsh	FR	1ARL	1:09.03
34 Maya Olivieri	JR	1WPHS	1:09.13
35 Kellyn McCarthy	12	PSTH	1:09.23
36 Talia Sternbach	13	2SHA	1:09.25
37 Kathryn Madalena	SR	8SS	1:09.26
38 Amy Keech	JR	5PEN	1:09.33
39 Melissa James	FR	3-FM	1:09.37
40 Michele DaMico	SR	3CBA	1:09.42
41 Theresa McKallen	FR	1PEAR	1:09.53
42 Chrisanna Hickey	SR	1JJEF	1:09.59
43 Sarah Mosca	FR	5DANS	1:09.64
44 Caroline Weston	JR	1JJCR	1:09.64
45 Amanda Barry	FR	CSSTA	1:09.79
46 Olga Krestyaninova	SR	1NROC	1:09.81
47 Grace Williamson	SR	6OLEA	1:09.81
48 Ashley Dubois	JR	5RUSH	1:09.86
49 Amanda House	SO	5PITT	1:09.90
50 Alyssa Brennan	JR	11SMI	1:10.02
51 Caitlin Graham	SR	CSSF	1:10.04
52 Jenna DeAngelo	SO	8GC	1:10.07
53 Marissa Watroba	FR	6NW	1:10.12
54 Maddy Berkman	JR	1B/P/	1:10.21
55 Marley McFadden	09	4OWG	1:10.24
56 Kerri-Anne Dodenhoff	SR	8PE	1:10.34
57 Tara DeVerna	8	1URS	1:10.36
58 Anna Brothers	JR	10SLC	1:14.66
59 Sierra Cotrona		7AVCS	1:14.80

Event 12 Girls 400 Yard Freestyle Relay

State Meet R: 3:29.99 11/22/2008 Ithaca(4)

N. Heise, K. Gardner, La. Norberg, Li. Norberg

NY State: 3:29.95 11/6/2007 Ithica

C. Nicholson, L. Todhunter, L. Norberg, E. Peck

3:33.90 AAA

3:36.76 AAC

3:45.48 NYS

Team	Relay	Seed Time
1 1-Brewster	A	3:36.00
2 2-Nyskayuna	A	3:36.93
3 6-Kenmore West	A	3:37.88
4 6-Great Neck Sou	A	3:38.22
5 2-Shenendehowa	A	3:39.03
6 9-Newburgh	A	3:39.40
7 2-Bethlehem	A	3:39.42
8 cs-Sacred Heart	A	3:39.80
9 1-Ursuline	A	3:40.49
10 5-Pittsford	A	3:40.89
11 3-Christian BA	A	3:41.04
12 8-Garden City	A	3:41.85
13 1-Clarkstown	A	3:42.11
14 3-New Hartford	A	3:42.73
15 6-Frontier	A	3:42.81
16 11-Ward Melville	A	3:43.00
17 ps-Francis Lewis	A	3:43.20
18 5-Fairport	A	3:43.30
19 4-Chenangoforks	A	3:43.60
20 5-Canandaigua	A	3:43.62
21 8-Bellmore Merri	A	3:43.69
22 cs-Nardin	A	3:43.79
23 5-Hilton	A	3:43.96
24 5-Dansville	A	3:43.99
25 6-Will North	A	3:44.02
26 5-Penfield	A	3:44.81
27 6-Niagara Falls	A	3:44.90
28 1-Rye/Blindbrook	A	3:45.20
29 9-Washingtonvill	A	3:45.40
30 6-Clarence	A	3:45.45
31 10-Potsdam	A	4:05.64
32 7-Plattsburg	A	4:09.42
33 10-St. Lawrence	A	4:34.56