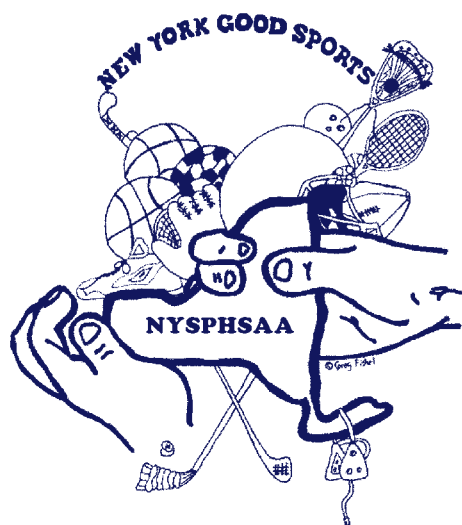


NEW YORK STATE
PUBLIC HIGH SCHOOL
ATHLETIC ASSOCIATION

COACHING CLINICS

- ✓ Bringing Professional Development to the Membership
- ✓ Promoting the Highest Quality of Coaching for NYS Schools
- ✓ Improving the Teaching of Fundamental Skills
- ✓ Promoting Safety for Student-Athletes
- ✓ Promoting Health & Nutrition for Student-Athletes
- ✓ Promoting Sportsmanship



Welcoming ALL COACHES of Field Hockey
Schools • Clubs • Associations

SCHEDULE

Friday, March 5, 2010

7:30-8:15..... Registration (coffee, tea, bagels)

8:30-9:30
Passing, Hitting & Receiving, Part I.... Ange Bradley

9:40-10:40
Individual Defense..... Lynn Farquhar
Skill Developing Drills..... Mary McCracken

10:45-11:45
Goal Keeping..... Ange Bradley

11:45-12:00
Questions & Answers..... Todd Nelson

12:00-12:45..... LUNCH

12:45-1:45
Creating 2 on 1's..... Lynn Farquhar
Game Situation Drills Mary McCracken

1:50-2:50
Passing, Hitting & Receiving, Part II .. Ange Bradley

2:50 Wrap Up

SHARE YOUR FAVORITE DRILL
Bring your favorite drill on paper
to be shared (150 copies).
You must bring one to take a copy of all!

New York State Public High School
Athletic Association, Inc.

**FIELD HOCKEY
COACHES CLINIC**

Field Hockey Specialist
LONGSTRETH

**Make Plans
to Attend!**

FRIDAY-MARCH 5, 2010
FIELD OF DREAMS
UTICA, NY

**(Guaranteed to be warmer inside
than last year!)**



• • CLINICIANS • •

Ange Bradley is entering her fourth season as the Women's Field Hockey Head Coach at Syracuse University. Her first season with the Orange was one for the record books. Syracuse won its season opener for the first time since 2002 and was 2-0 for the first time since 2001. Bradley acquired BIG EAST accolades after guiding Syracuse to a 12-7 overall record. She then earned the honor of being the 2007 BIG EAST Conference Coach of the Year. The honor was Bradley's third Coach of the Year award in the past seven years. She earned Atlantic-10 Conference Coach of the Year honors twice while at Richmond in 2001 and 2004. Bradley arrived at Syracuse after guiding the Richmond Spiders to five consecutive NCAA Tournament appearances. Bradley's 17-year tenure as a head or assistant coach includes stints at Maryland, Iowa and Goucher College. She also was recently named the 2008 Coach of the Year by womensfieldhockey.com.

Third-year Orange assistant **Lynn Farquhar** will work with head coach **Ange Bradley** for the fifth consecutive year. She came to Syracuse with Bradley after spending two years on the Richmond Spiders staff with her. Together, Farquhar and Bradley led the Orange to a No. 1 ranking and an NCAA championship semifinal appearance for the first time in program history. Farquhar has been part of one national championship squad, seven NCAA Tournament teams and six conference champion clubs during her coaching and playing career. Prior to attending Old Dominion, Farquhar was a prep standout as she led West Potomac High School's regional championship team her senior season.

Mary McCracken, former associate head coach at Syracuse University, enters her third season with the Big Red as an assistant coach after helping Cornell to two of its best seasons in program history. In 2008, the Big Red completed the season with an 11-5 record overall and 6-1 mark in the conference to finish in second place in the league rankings for the third straight year. The Big Red also posted a winning conference record for the fourth straight year, marking the first time in program history that the Big Red has had four straight winning seasons in Ivy play. The team set the school mark for overall victories (11) and conference victories (6) in a season as well as setting the school record for goals (45), assists (38) and points (128) in a season. A native of Plymouth Meeting, Pa., McCracken graduated from Ohio Wesleyan in 1979. A three-sport athlete for the Bishops, McCracken was a four-year letter winner in field hockey, helping her team to the Ohio State Championship as a freshman and earning Great Lakes Field Hockey Association Team honors all four seasons.

DIRECTIONS TO

Field of Dreams

2413 St. Rt. 5, Utica, NY 13502

Exit 30 (Herkimer) NYS Thruway to Route 5. Route 5 west to Field of Dreams.

or

Exit 31 (Utica) NYS Thruway To Route 5. Route 5 east to Field of Dreams.

Field of Dreams sits behind the Holiday Motel. Look for the Balloons.

**HOTEL ACCOMMODATIONS
RADISSON**

200 Genesee St., Utica NY 13502

Exit 31 (Utica) NYS Thruway. Keep left off of exit toward Genesee St. S/NY5S/Downtown Utica. Keep right toward N Genesee St., turn right onto N. Genesee St. and turn right onto Columbia St. Radisson located on the left.

HOTEL RESERVATIONS

For those wishing to arrive Thursday, March 4, rooms are available at the Radisson for \$79.00. Call 315-797-8010 for reservations by March 1. Request the NYSPHSAA Field Hockey Clinic room rate.

**COACHES
CRACKER BARREL
SESSION**

**8:00pm - ?
Radisson Lounge
Thursday, March 4
Questions & Answers**

REGISTRATION FORM

NYSPHSAA

FIELD HOCKEY COACHES CLINIC

FRIDAY, MARCH 5, 2010

FIELD OF DREAMS

UTICA NY 13502

NAME _____

ADDRESS _____

CITY _____

STATE/ZIP _____

PHONE # _____

EMAIL _____

SCHOOL/AFFILIATION _____

Minimum of 50 required to register by 3/1 to conduct workshop. You will be contacted via email or phone if workshop is cancelled. Coaches are urged to register as soon as possible. Payment can be made on the day of the clinic.

Seminar entry fee is \$75 and must be paid as follows:

1. Day of Workshop: credit card, cash, purchase order, check
2. Mail in Pre-registration (by 3/1): purchase order or check

*PURCHASE ORDER REQUIRED TO INVOICE SCHOOL

Make checks payable to:

NYSPHSAA FIELD HOCKEY CLINIC

Submit this entry form and fee to:

Todd Nelson, Assistant Director
NYS Public High School Athletic Assoc.
8 Airport Park Blvd.
Latham, NY 12110

Phone: 518-690-0771

Fax: 518-690-0775