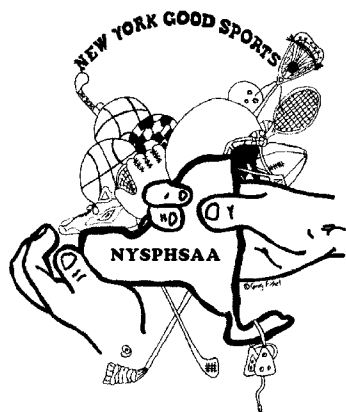


**NEW YORK STATE  
PUBLIC HIGH SCHOOL  
ATHLETIC ASSOCIATION**

**COACHING CLINICS**

- Bringing Professional Development to the Membership
- Promoting the Highest Quality of Coaching for NYS Schools
- Improving the Teaching of Fundamental Skills
- Promoting Safety for Student-Athletes
- Promoting Health & Nutrition for Student-Athletes
- Promoting Sportsmanship



**Welcoming ALL COACHES of Softball  
Schools + Clubs + Associations**

**SCHEDULE**

**Softball Coaches Clinic  
January 20, 2012  
Ithaca College - Ithaca, NY**

7:30-8:15 .....	Registration
8:15-8:30 .....	Welcome: Cathy Allen, State Coordinator
8:30-9:15	Keynote Address .....
	Deb Palozzi
9:20-10:15	The Curve Ball from Start to Finish .....
	Dick Blood
10:20-11:15	Hitting Mechanics .....
	Julie Farlow
11:15- 12:00	Round Table Discussion .....
	Presenters
12:00-1:00 .....	Lunch
1:05-1:55	How to Develop a Program with No "JV's" .....
	Bill Dowsland
2:00- 2:55	Competitive Drills - Adding Competition to Drills .....
	Julie Leinhart

**SHARE YOUR FAVORITE DRILL**

*Bring your favorite drill on paper  
to be shared (100 copies).  
You must bring one to take a copy of all!*

**New York State Public High School  
Athletic Association, Inc.**

**SOFTBALL  
COACHES CLINIC**



**January 20, 2012  
Ithaca College  
Ithaca, NY**

◆ SPEAKERS ◆

**Deb Palozzi**

Head Womens Softball Coach  
Ithaca College

**Dick Blood**

Head Womens Softball Coach  
Cornell University

**Julie Farlow**

Associate Head Softball Coach  
Cornell University

**Julie Lenhart**

Head Womens Softball Coach  
SUNY Cortland

**Bill Dowsland**

Head Varsity Softball Coach  
Hamilton High School

**2012  
COACHES CLINICS**

Softball .....Jan. 20..... Ithaca College  
B/G Lacrosse .....Feb. 10..... SUNY New Paltz  
Track/ X-C.....Mar. 24-25.... Holiday Inn, Liverpool  
Volleyball.....Mar. 31 ..... Binghamton  
Cheerleading.....Apr. 28..... John Jay HS, E. Fishkill  
B/G Soccer .....June 1..... SportsPlex, Clifton Park

**DIRECTIONS TO**

HILL CENTER, ITHACA COLLEGE

From 96B and the entrance of Ithaca College, follow the main road to the rotary, take the first right and follow road past the baseball field then veer left. Hill Center is the second building on the left.

**HOTEL**



Holiday Inn - Ithaca Downtown  
222 S. Cayuga St. - Ithaca NY 14850

From the New York State Thruway: From the West, take Exit 42 onto Route 96 South, then onto Route 79 East. From the East, take Exit 34A onto Route I-81 South. Proceed to Exit 12 onto Route 13 South. From Route 17: From the West, take Elmira Exit to Route 13 North and from the East, take Owego Exit to Route 96B North.

**HOTEL RESERVATIONS**

For those wishing to arrive Thursday, January 19, rooms are available at Holiday Inn for \$119.00/night/double. Call 607-272-1000 for reservations by January 13. Request the NYSPHSAA Softball Clinic room rate.

**COACHES CRACKER BARREL SESSION**

**8:00pm - ?  
Holiday Inn  
Thursday, January 19  
Questions & Answers**

**REGISTRATION FORM**

NYSPHSAA

SOFTBALL COACHES CLINIC

FRIDAY, JANUARY 20, 2012

HILL CENTER, ITHACA COLLEGE - ITHACA, NY

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE/ZIP \_\_\_\_\_

PHONE # \_\_\_\_\_

EMAIL \_\_\_\_\_

SCHOOL/AFFILIATION \_\_\_\_\_

*Minimum of 50 required to register by 1/15 to conduct workshop. You will be contacted via email or phone if workshop is cancelled.*

**ONLINE REGISTRATION:**

<https://nysphsaclinics.ticketleap.com>

Seminar entry fee is \$80 if pre-registered and paid as follows:  
credit card, purchase order or check

Seminar entry fee is \$85 if paid at the door:  
credit card, purchase order, check or cash

\*PURCHASE ORDER REQUIRED TO INVOICE SCHOOL

Make checks payable to:

NYSPHSAA SOFTBALL CLINIC

Submit this entry form and fee to:

**Todd Nelson, Assistant Director**

**NYS Public High School Athletic Association**

**8 Airport Park Blvd.**

**Latham, NY 12110**

Phone: 518-690-0771

Fax: 518-690-0775